

Port Ludlow Voice

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July 2022



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The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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Before attending an event, be sure to confirm the organization's in-person status.

The Voice Online

plvoice.org

Breaking News: Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

Expanded Articles: Read complete versions of articles and media appearing online only.

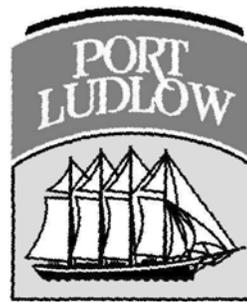
Full Content on the Website: All the content from the magazine is now posted online.

Letters to the Editor: Read comments, criticisms, and suggestions from other readers online.

Advertising Information: Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

Archived Voice Issues Online: Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

Moving It On: A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.



Port Ludlow Voice

P.O. Box 65077
Port Ludlow, WA 98365
www.plvoice.org

Send articles and comments to editor@plvoice.org

Editorial Staff

Arts & Entertainment Editor

Beverly Rothenborg, brothenborg@plvoice.org

Copy Editor

Carol Riley, criley@plvoice.org

Features & Stories Editor

Evie Maxwell, features@plvoice.org

Ludlow Maintenance Commission & Beach Club Editor

Gene Carmody, northbayeditor@plvoice.org

News & Community Editor

Marie Bogan, newseditor@plvoice.org

South Bay Community Association & Bay Club Editor

Carol Riley, criley@plvoice.org

Photo Editor

Steve Deligan, photoeditor@plvoice.org

Recreation & Sports Editors

MaryBeth Sabine and Lisa Taylor
sports@plvoice.org

Village Council Editor

Libbey Lincoln, plvceditor@plvoice.org

Business Staff

Classified Advertising Manager

Cathy Thomas, classified@plvoice.org

Display Advertising Manager

display@plvoice.org

Distribution Manager

Denny Schuch, dschuch@plvoice.org

Production Manager

Mary Ronen, mronen@plvoice.org

Subscription Manager

Sarah Schuch, subscription@plvoice.org

Web Manager

Tom Sprandel, tomsprandel@plvoice.org

ON THE FRONT COVER
Photo by Steve Deligan

News & Community

Editorial

by Mary Ronen, Editor

July. July brings, for me, memories of happy times of celebrations with family picnics (usually rained on here in the Northwest) and spectacular fireworks shows in Seattle and Poulsbo. There were sparklers and smoke bombs as well as “safe and sane” fireworks in the backyard. Understandably, those kinds of things, the “safe and sane” ones, are now to be avoided because of fire dangers. Displays are to be left to the experts, and rightly so.

Some things don’t change, or at least they shouldn’t change. Celebrations are still in order. It has been 247 years since independence was won from Great Britain following the Revolutionary War. There have been unsettling, unpleasant times, and there have been comfortable times. I suspect that this is pretty normal—no one ever promised that all would be well all of the time. Let’s keep celebrating and appreciating the fact that we ARE independent.

I hope you enjoy all the great articles in this issue. More and more of our local clubs and groups are beginning to come together again for in-person meetings or hybrid meetings. There are fun things to enjoy this summer, and some are even free.

And, if you get a chance to get together with family and friends, rain or shine, just do it and enjoy the freedom.

Spotlight on Quilters for Major Show

Quilters by the Bay is planning their annual exhibit, when local quilters showcase their work during the entire month of October at the Bay Club. The group has also voted to hold a craft sale on one day of the monthlong show. Members have been asked to indicate their intention to participate so the group can nail down plans for the two events.

“We do not have enough members to do either one,” said spokesperson Jan Knodle. “Time is running out and the majority of our quilters have found other things to do or forgotten about the joy of quilting. This is a call to one and all.”

The quilting group meets in the Bay Club craft room every Wednesday at 1 p.m. Knodle reported that the quilters “have been given beautiful material by people leaving the area so there is lots to work on.” She said that new members—even those who are just learning to quilt—are welcome to participate.

Knodle added that anyone who can help with the upcoming quilt show and craft sale should come to the next possible Wednesday quilting session.

Submit your articles by email to
newseditor@plvoice.org by the 8th of the preceding month.

Digital Club Gets New Name, Meets for Photo Editing

Port Ludlow DigitalLife (PLDL) is dissolving the non-profit club that has been meeting in Port Ludlow for many years. Those who are interested in camera and computer meetings can now look for notices under the name of Port Ludlow Digital Club (PLDC).

The All Things Digital (computer technology) group will not meet in July, but PLDC will offer a photography session on **Monday, July 25**, at the Bay Club, 10 a.m. to noon.

The focus will continue to be on photo editing using Adobe Photoshop Elements 15. The group will also review some of their recent close-up and macro images. Participants should bring their laptops or other portable photo-editing devices (but they aren’t necessary), as well as their cameras and questions about photography, design, or photo equipment.

PLDC is also planning to resume their annual photo exhibit at the Bay Club for the month of September. Although there is no photography theme this year, the group will display works created during the time of Covid.

Photographers interested in participating in the exhibit should follow these guidelines: Photos should be matted, framed, or otherwise mounted with some means attached to hang the pictures with the Bay Club-provided hardware. Labels with a small amount of information (i.e., photographer’s name, photo title and location, or other pertinent information) will be provided. This information should be attached to any photos intended for the exhibit.

The group’s regular photography workshop on **August 22** will be set aside to collect, organize, and prepare the photos for hanging. A further date will be announced to hang the exhibit and volunteers will be welcome to help.

For additional information please contact Sue Mosenfelder at smmosenfelder@yahoo.com.

Be Safe While Walking Reminder

Pedestrians should always walk facing oncoming traffic. Remember, you can’t see what’s coming behind you!

School Shootings: Terrifying and Gutting

by Scott Mauk, Superintendent, Chimacum School District

The recent school shooting in Texas that left 19 elementary children and two teachers dead is another heartbreaking event that stirs intense emotions for educators. You may not know it, but these shooting events affect educators differently than other Americans. We see ourselves in the place of our colleagues who endure this unimaginable violence, are killed or injured, lose students and friends, are oftentimes blamed, and pick up the pieces of a shattered school community. In short, they are terrifying and gutting to us.

While I don't want to diminish the ache, sadness, and fear that parents feel after these awful events, it is important to remember that the yellow buses roll up every day and the kids pile out expecting us to be at our best, to keep them safe, and to help them love to learn. It's a different burden and we are called to persist, to love, and to show care.

For Chimacum staff the week of the Texas shooting in May was emotionally charged and piled on top of the recent Covid surge, on top of an unprecedented 27 months for educators. The cascading effects of disaster have taken a tremendous toll on the wellbeing of students, staff, and parents. This important topic is for another article. But school safety remains our chief priority. If one child feels unsafe, our work is incomplete.

Public schools still remain relatively safe places in the public sphere. In Chimacum, we work with emergency responders and law enforcement to ensure plans and practices are in place to prevent and respond to an intruder event. We remain committed to improving our communications, facilities, planning, and preparation. Also:

- We regularly teach students emergency skills such as for lockdown or evacuation. We try not to cause stress and anxiety in our students, but to get them used to moving quickly at the direction of an adult in the case of an emergency, whether for a fire, earthquake, or other disaster.
- We all play a role in school safety. We ask students and our community to please let someone at the school or law enforcement know if they see or hear something that makes them feel uncomfortable, nervous, or frightened. Students provide important information, either directly or anonymously, that may prevent harm.
- We continue to be mindful of our students who don't experience belonging at school, who are harassed or bullied, or who bully others. This is a long-term challenge in Chimacum schools, and we are working closely with our staff on behavioral support for students while implementing a social skills curriculum for our kids.

Students want to feel happy and protected at school, with a deep sense of belonging. As our society seems to be more and more contentious and fractured, schools work to create a sense of interconnectedness and belonging that is crucial for safety.

In Chimacum, we focus our efforts on a tiered approach. All students receive instruction in social and emotional learning areas. This includes a curriculum called *Character Strong* at the secondary level, and *Second Step* at the elementary level. Some students need more support, so we provide crisis and intervention counseling at all levels. For the few students struggling more intensely and regularly, we partner with Jumping Mouse Children's Center and other local providers for ongoing therapy as well as emotional and other support for families.

As the heart of a proud and vibrant community where we want all children and families to thrive, we remain deeply committed to the world's most important work: that of public education. We want to provide the best possible education for our students and community, and to make school a place of safety and belonging.

Dr. Mauk has worked in public education for nearly 30 years in a variety of roles, PK to 12. As a principal in the Edmonds school district, Mauk was a certified trainer for the ALICE active shooter response protocols and trained over 500 adults. He has written multiple school safety plans, and has researched, written, and been interviewed about social and emotional learning, bullying, and school violence. He lives in Chimacum with his wife, and he has two grown sons.

County Parks Need Board Volunteers

The Jefferson County Parks & Recreation Advisory Board is looking for two volunteer members. The open board positions are for District 1 and District 3, with the district boundaries corresponding to those of the County Commissioners. District 1 encompasses the greater Port Townsend area, while District 3 comprises what is known as the "South County" area of Port Ludlow, Brinnon, Quilcene, and the West End.

According to its resolution and bylaws, the Board is "to assist in the development of programs and policies concerning Jefferson County parks, to review and comment upon proposed rules, policies or ordinances ... to oversee development and any revisions/amendments to the Jefferson County parks, open space and recreation plan."

Jefferson County Parks & Recreation runs 22 county parks and recreation centers—with three camping parks, 18 day-use parks and one rec center—throughout the county. The most highly visible and used are Memorial Field and the Rec Center in Port Townsend and HJ Carroll Park in Chimacum.

For more information about Jefferson County Parks & Recreation see countyrec.com. Anyone who wants a voice in the future of county parks and recreation can apply for the open board positions by emailing mtyler@co.jefferson.wa.us.

Marine Wiring Workshop

Boat owners can learn to do safe wiring at a special workshop on **Saturday, July 9**, from 9 a.m. to 4 p.m. The session, to be held at the Northwest School of Wooden Boatbuilding, will be geared to boat owners who want to upgrade their vessel's electrical systems.

Topics will include wire sizing, circuit breaker and fuse ratings, cable routing and labeling, shore power circuits, corrosion protection, instrument systems, and troubleshooting. Participants are asked to bring a multimeter to the workshop.

The class will take place in the Marine Systems Building, 42 North Water Street in Port Hadlock. The fee is \$60. Pre-registration is required and can be done at bit.ly/wsg-marine-wiring-7-9-22.

Sponsors of the class are Washington Sea Grant, the Northwest School of Wooden Boatbuilding, and Washington State University Extension. The Sea Grant College program is part of the National Oceanic and Atmospheric Administration. For more information, contact Sarah Fisker at sfisker@uw.edu or 206-543-1225.

Greek Mythology Comes to Life at Martha's Book Group

by Milt Lum, Staff Writer

Madeline Miller's 2018 novel, *Circe*, is the Martha's Book Group selection for July. *Circe*, a minor goddess in the Greek pantheon, is best known as the enchantress of the mythical island of Aeaea and for her ability to transform men into animals. Miller, a classical scholar, educator, and novelist, reimagines *Circe* as she is banished to the island of Aeaea and encounters the superheroes of Greek mythology.

Martha's Book Group will meet on **Tuesday, July 12**, at 3:30 p.m. at the Bay Club to review this new perspective on *Circe*'s narrative, created in the fertile imagination of Madeline Miller. *Circe* is a Jefferson County Library Book Kit club selection. To request a copy of *Circe* or to get more information about the book group, contact Sarah Schuch at bookclub@plvoice.org.

Free Life-Care Planning Zoom Seminars

Attorney Tony Hinson will host a discussion of estate and life-care planning on **Tuesdays, July 12 and 26**, at 11:30 a.m. The online programs will focus on solutions that can help preserve wealth, minimize taxes, and ensure your legacy.

Topics will include estate tax issues and retirement accounts; healthcare, Medicare and Medicaid; long-term care insurance; maintaining quality of life; aging in place; and supplemental needs trusts.

The seminars will be held live on Zoom. To register, visit sherrardlaw.com/seminars, or call 360-779-5551.

Master Gardener Training Class

Washington State University will offer an 11-week master gardener course this fall. It will include professional training from WSU educators via online classes, lectures by local experts, and field trips to local and regional gardens.

Upon completion, participants will give back to the community by volunteering in one of the many WSU-sponsored programs, including the Growing Groceries class, Seed Library, food bank gardens, native plant outreach, and answer-plant clinics. (To learn more about WSU programming, see jefferson.wsu.edu/gardening.)

The sessions will take place on **Thursdays, September 15 through December 1** (no class on November 27), from 9 a.m. to 2:30 p.m., at the WSU classroom in Port Hadlock. The cost is \$264 and class size is limited. Applications are being accepted now, with scholarships available. For more information, see jefferson.wsu.edu/gardening or email bridget.gregg@wsu.edu.

Input Sought for Candidates Forum

The League of Women Voters of Jefferson County is asking the public to submit questions for their Candidates Forum, which will take place on the following days:

Monday, July 11 – The two candidates for Jefferson County Sheriff, Art Frank and Joe Nole.

Tuesday, July 12 – Five of the six primary candidates for two state representative seats from Washington's 24th Legislative District. They are Mike Chapman and Matthew Rainwater for Position 1, and Darren Corcoran, Brian Pruiett, and Steve Tharinger for Position 2. (Position 1 candidate Sue Forde is unable to attend due to a prior commitment.)

Wednesday, July 13 – The three candidates for Jefferson County Commissioner District 3, Greg Brotherton, Jon Cooke, and Marcia Kelbon.

All forums will begin at 5:30 p.m.

Residents can submit their questions to lwvjeffcowa@gmail.com no later than noon on July 8. Concise, unbiased questions directly related to the candidates' positions and policies will be given priority, and similar questions will be combined. The League of Women Voters strives to ensure that questions reflect a wide range of concerns from the county's multiple constituencies.

Links to the primary forums, which can be accessed by computer, tablet, or phone, will be posted on the League's website at lwvwa.org/Jefferson on July 1. Media partner KPTZ 91.9 FM will simulcast the forums and livestream them at kptz.org. The forums will be recorded, edited solely for brevity, and eventually linked on the League's website.

For more information, please contact the League of Women Voters of Jefferson County at lwvjeffcowa@gmail.com.

Port Ludlow Fire & Rescue

Alarm Statistics May 2022

Alarms

Fires	2
Rescue/Emergency Medical	79
Service Call/Good Intent	25
False Alarms	3
Hazmat	2
Total Alarms	111

Ambulance Transports

Jefferson Healthcare	17
St. Michael's	18
Medevac	4
Total Transports	39

Aid

Aid Given	14
Aid Received	6

If your neighborhood group would like a presentation to learn more about protecting property against wildfires and the training your local firefighters have specifically for fighting wildfires, please contact Port Ludlow Fire & Rescue at 360-437-2236.

Walking Tours of Port Townsend Murals



Jefferson County Historical Society is offering one-mile walking tours with stops at Port Townsend’s historic murals. The guided tours will be conducted 11 a.m. to noon on Saturdays during July and August.

In the 19th and early 20th centuries, advertising murals were ubiquitous across the country, where large, vibrant signs were painted on commercial buildings, municipal properties, and even the sides of barns. The signs advertised services and products ranging from cars to shaving cream to beer. Port Townsend was no different, and today its historic “ghost murals” contribute to its distinctive character.

The program, called “Vanishing Murals of Port Townsend,” will feature 10 of the fading signs. The tours will cost \$15 for historical society members and \$20 for non-members, with tour size limited to 12 people. To register, see simpletix.com/e/vanishing-murals-of-port-townsend-walking-tickets-107630.

Garden Club Picnic

The Port Ludlow Garden Club will have a picnic on **Wednesday, July 13**, from 11:30 a.m. to 1:30 p.m. at HJ Carroll Park, 9884 SR Hwy 19 (Rhody Drive). Members will bring their own lunches and meet at the Wild Olympic Salmon Shelter, adjacent to the native plant garden.

Participants are invited to create a cut-flower arrangement and bring it to the event. Flowers used in the arrangement can be purchased or cut from home gardens. Arrangements will be judged by the membership at large, and prizes will be awarded for first-, second-, and third-place winners.

To RSVP for the picnic or get more information, contact Michelle Pelkey at portludlowgardenclub@outlook.com. There will be no garden club meeting in August.

Preparing for Wildfire Season

by *Keppie Keplinger, Public Information Officer, Port Ludlow Fire & Rescue*

Despite having some of the coldest and wettest past six months in years in our area, here in Jefferson County we have already had several brush fires this year. It’s time for our annual reminder about getting prepared for wildfire season.

There are a number of things residents can do to protect their homes and property from wildfires. Here are some guidelines:

- Clean your rain gutters of debris. Keep dead leaves, twigs, and fallen branches away from structures.
- Trim tree branches that are near the ground, preventing a grass fire from becoming a forest fire.
- Remove dead branches that extend over roofs and around chimneys.
- Clear a ten-foot area around propane tanks and barbeques.
- Regularly mow grass. On large parcels, clear dead grass and weeds at least 30 feet from structures (100 feet is better).
- Stack firewood away and uphill from your home.
- Stay aware of and follow local burn regulations.
- Do not use weed burners during the summer months.
- Use caution when mowing your lawn; sparks can ignite the grass. It’s best to mow before 10 a.m.—but not when it’s windy or exceptionally dry.
- Washington state law (RCW 46.09.470) stipulates the need to use spark arresters on all portable gasoline-powered equipment including tractors, chainsaws, weed-eaters, and mowers.

The Northwest Interagency Coordination Center maintains a blog with official fire information. You can also follow them on Twitter at [@nwccinfo](https://twitter.com/nwccinfo).

Free Beach Explorations



Graceful kelp crab.

Washington State University beach naturalists will be on local shores during July, when extra low tides will expose some unique plants and creatures that call the intertidal zone home. The 60- to 90-minute guided beach walks will be at these times and places:

July 13 – Lions Park (251 Lebo Blvd., Bremerton). Meet at the northwest end of Lions Park near the boat launch. 10:30 a.m. to noon.

July 14 – Kingston Ferry Terminal Beach (also known as Saltair Beach Park). Meet north of ferry dock.

Some two-hour free parking is avail-

able in the lower lot next to the marina and in the public park landward of the ferry loading lot. 10:30 a.m. to noon.

July 16 – Shine Tidelands State Park (beneath the west end of the Hood Canal Bridge). Meet at the cable crossing just before the state park. Look for naturalists wearing orange vests. 11:30 a.m. to 1 p.m.



Orange sea cucumber.

These beach explorations are free and suitable for all ages. Boots or closed-toe shoes are recommended. A Washington state Discover Pass is required to park inside state parks.

A New Preschool for Port Ludlow

A new preschool will be opening on Swansonville Hill in the fall. Gayle Moug, the proprietor, has just retired from a 23-year career with Chimacum School District, where she was a paraeducator in kindergarten, focusing on reading and math. She and her husband also operated a construction business in Port Ludlow for 40 years.



Mrs. Moug's Empty Nest preschool will be housed on this "mini farm."

Submitted photo

The school, called Mrs. Moug's Empty Nest, will enroll kids from three to five years old and will offer field trips, nature walks, scavenger hunts, concerts, family picnics, and sports, as well as social and emotional development. "We will be teaching skills to build their confidence and help them become caring and responsible human beings," said Moug. She said she also intends to emphasize the importance of community and community service.

School will be open Tuesdays, Wednesdays, and Thursdays, with drop-offs at 8:30 a.m. and pickups by 1:30 p.m. Enrollment will be limited to 12 students at the outset, with the possibility of adding more students to the roster and another day to the schedule in the future.

The school is located across from the Swansonville church on "a five-acre mini-farm," according to Moug, who said she and her husband also raised their own six children there. An open house will be held in August, with **September 13** as the first day of school. Applications are being accepted now.

Of her recent departure from kindergarten teaching and her launch of this new endeavor, Moug said, "I'm not retiring, just walking away to a smaller audience."

For more information on Mrs. Moug's Empty Nest, see mrsmougemptynest.com/ or email gmoug@hotmail.com.

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Features & Stories

From Seedling to Startup to ...?

by Evie Maxwell, Staff Writer

Let's say you have a great idea, and you want to get it going. Or you had a great idea and then the pandemic sucked the air out of it. Or maybe you've seen some great ideas and you want to make sure more people can be included.

Welcome to the world of startups. It's a risky business, but here in Jefferson County we have a wide variety of organizations, businesses, and even whole government departments ready to help you get started. What follows is a quick look at three groups involved in the business of helping people launch their own enterprises. This is by no means all-inclusive, but it does offer a sampling of the kinds of launch pads currently available.

Let's start with the third example. You've seen something great, but you know there are some serious hurdles involved for many people who want to get started. Such was the case when Jefferson County Farmers' Markets (jcfmarkets.org) manager/director Amanda Milholland watched a new entrant try—and fail—at the Port Townsend Market.

"This person came to the market with a really good idea, but she didn't have the supplies she needed," Milholland says. "Her tent broke because she purchased a less expensive model, her home-made signs didn't stand up to weather, and her kitchen equipment kept breaking."

The experience of this woman, a member of the BIPOC (Black, Indigenous, and people of color) community, helped spur Milholland to start something new. She'd already been thinking about the need to make the market more inclusive, plus she'd spoken to her colleagues at the Tacoma Farmers' Market, which already had a policy of waving some vendor fees for new BIPOC-owned market businesses. After checking with the vendor with a great idea but limited resources, Milholland developed a plan inspired by the Tacoma model to eliminate some of the barriers experienced by new BIPOC business owners. Thus was born the Jefferson County Farmers Market BIPOC Start-Up Business Fund (jcfmarkets.org/bipoc-start-up-business-fund), which offers grants of \$500 to \$1,500 to help new BIPOC business owners get started at the farmers market.

"The money's not enough to cover all the expenses," Milholland notes. But it's a big leg up. And it can be the launch pad to a whole new business. Of last year's crop of BIPOC vendors, one, the Port Townsend Peddler, has gone on to run its own thriving business. This year, the folks from one of the newer restaurants in town, La Cocina, are taking advantage of the program and, judging from traffic at their booth (to say nothing of their delicious blue corn tortillas), they're doing well.

From blue corn tortillas we switch to a problem of sour lemons, which is what Wendy Davis and her husband, Brent Davis, got with their dream for starting a new enterprise called Lila's Kitchen (lilascommercialkitchen.com). Through 2019, the duo worked to

set up a brand-new commercial kitchen designed for caterers who are legally required to work out of licensed kitchens. By early 2020 they were ready to start the business.

Then the pandemic erupted. The caterers vanished. Such might have been the fate of Lila's Kitchen, except, says Davis, "We decided to pivot."



When the pandemic killed their plans for a commercial kitchen designed to serve caterers, Wendy and Brent Davis made a successful pivot to a commercial kitchen serving would-be food startups.

Submitted photo

Re-imagining their business, they opened Lila's Kitchen as a service for food vendors who could rent the kitchen and offer their wares via windows set up for just that purpose. In its first year in business, Lila's Kitchen had two vendors. One of the two is now established in its own brick-and-mortar enterprise, Mo-Chilli's BBQ.

This year, Lila's kitchen is hosting three vendors: Zack's Old-Fashioned Doughnuts; Friendly Nettle, featuring flavors from around the world; and Batch Brothers, with a menu featuring a variety of homemade sauces served on burgers, tacos, chicken wings and more. As for Lila's Kitchen, it's been successful enough to launch yet another culinary effort via a Mobile Bar Car designed to serve private parties.

Last, but definitely not least, we have Jefferson County's entry into the entrepreneur-launch business. This is EDC Team Jefferson (edcteamiJefferson.org), a state-designated associate development organization providing economic development services, including consultation and technical assistance services to all kinds of businesses, whether existing, relocating or still just a gleam in the eye.

This group also provides access to a wide variety of business, technical and financial classes ranging from a simple startup course designed to help "wannabe entrepreneurs" determine whether their goals are realistic, to increasingly sophisticated

continued on next page

Startup continued from previous page

classes on subjects such as cybersecurity, data analysis, using social media and more. Many of these classes are free; those that charge tend to be in the low hundreds. Some are offered in-person, and some are offered online through partner relationships

Perhaps even more important, the EDC Team Jefferson is cultivating a team of volunteer professionals, including business owners, retired executives, entrepreneurs, and community leaders. With this, plus its connections to regional and state networks of business advisors, EDC Team Jefferson can help match businesses to a helpful resource to answer most any question.

On the dollars and cents side of business, the EDC group is established with local sources for raising money, including the well-regarded Jefferson County LION, or Local Investing Opportunities Network (*jeffersonlion.net*). LION investors are local business leaders who are willing to invest their own funds to help local businesses grow, and their website actively encourages people to submit their business opportunities for review.

Says Cindy Brooks, director of the EDC Team Jefferson, “A big difficulty for small businesses is not knowing where to go (for advice and investment) for your industry and business stage of growth. We are becoming a clearing house connecting our community to these services,” including an extensive network of confidential advisors for all sorts of business needs and problems.

So there’s a starter roundup; and, we hope, a lot of opportunity.

Edibles

by Carol Riley, Staff Writer

I often turn to the internet to get inspiration for my food article. It’s been a while since I have done a restaurant review, but guidance on staying safe keeps changing and I keep postponing my dining out. I have heard that the chile rellenos at the San Juan Taqueria at Kala Point are outstanding and that Butcher & Baker Provisions in Port Gamble is a terrific spot for pastry and dinner. In the meantime, I Googled July food holidays and oh, my goodness! The month is packed with the celebration of food and drink—amazing food and drink.

I’m going to list a few of the ones that stood out to me (in truth, they all did) and then circle back to focus on my favorite – National Blueberry Muffin Day.

Starting off sweet, we have National Gingersnap Day on July 1, patriotic on July 4 with National Barbecue Day, finger lickin’ good on July 6—National Fried Chicken Day. According to a recent poll and Oprah Winfrey, we have No. 2 on the Top Ten Fried Chicken Restaurants right here in Edmonds, WA. Yes, indeed; it’s Ezell’s Famous Chicken. On to addictive on July 13 National French Fry Day; cool and creamy National Peach Ice Cream Day on July 17; good excuse for a get-together on July 23 for National Hot Dog Day; not to be missed Hot Fudge Sundae Day on July 25; not to be outdone by the hot dog, National Hamburger Day on July 28; quickly followed by National Lasagna Day July 29, and National Cheesecake Day on July 30.

Interspersed among the food comas are the homage days to libations. July 10 a great tropical escape with Pina Colada Day, July 19 is Daiquiri Day, July 24 Tequila Day, and last, but not least, Scotch Day on July 27.

Now back to July 11, National Blueberry Muffin Day. If you live in my neighborhood, you know that I make blueberry muffins every week and bring them to every get-together and landscape work party. There is just something so satisfying about a home-made blueberry muffin, and they are so easy to make. Try these and let me know what you think.

Ingredients

For the muffins:

- 1 ½ cups white whole wheat flour
- 1/2 cup sugar
- 2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/4 cup vegetable oil (I use half orange juice and half oil)
- 1 large egg
- 1/2 cup milk (I use skim)
- 1 generous cup blueberries (fresh or frozen)

For the streusel topping:

- 1/4 cup brown sugar
- 1/4 cup white whole wheat flour
- 1/4 cup butter, cubed
- 1 1/2 teaspoon ground cinnamon

Preheat oven to 400 degrees. Spray muffin cups or line them with paper. Whisk the dry ingredients together in a large bowl. Mix the wet ingredients together in a separate bowl. Pour wet ingredients into dry and mix well by hand – don’t overmix; fold in blueberries and scoop batter into the muffin tin filling about 2/3 full. I only make 9 muffins.

For the topping: combine ingredients with a pastry blender and sprinkle over the muffin batter. Bake about 20 minutes, cool on rack, and enjoy!

The Little Museum That Could

by Milt Lum, Staff Writer

The Little Museum That Could, aka Quilcene Historical Museum, is located in the unincorporated town of Quilcene, population 697 per the 2020 census. The museum was established in April 1991, after it was granted a land use permit of 0.8 acres and a building was donated by a local church. From its humble origins Quilcene Historical Museum has expanded to “ten acres of possibilities” which includes: an addition to the original museum building, a local park with walking paths, a historic barn and Model T garage, an outdoor stage, and a restored 1892 Victorian mansion. That journey up the steep slope of dreams is all about the commitment and dedication of volunteers saying “we think we can” every year for 30 years.

Eileen Worthington moved to Quilcene in 1974 when she married Robert Worthington in an old Victorian mansion purchased by his

continued on next page

Museum continued from previous page

family in 1907. Eileen became an integral part of the community and was a charter member of the Quilcene Historical Museum. A firm believer in the community, she supported the school and museum with her time and resources, earning her the distinction of being named "Honored Citizen" at the 2008 Quilcene Fair. In 2011 at the age of 92, she presented the Board of Directors of the museum with a two-year option of purchasing her family home and the ten acres of land upon which it was located for \$287,500. She believed they would be "good stewards of the land and use the facilities and grounds to enhance the many new opportunities for our town."

Undaunted by the sum and graced with two years to accomplish that goal, the museum board members contributed their own funds to initiate the process. Led by Carol Christiansen, they developed a team to plan fund-raising events, write grants, and solicit donations from Jefferson County and beyond.

July 2012 was a major step towards meeting the deadline with the dedication of the Linger Longer Performance Stage on the future grounds of Worthington Park. Under the leadership of Bob Rosen, Linger Longer Productions formed a 501(c)(3) corporation with the sole purpose of providing financial support for the Museum. The outdoor stage with twin totem poles carved by Bob Canterbury provided a venue for staging outdoor events and theater productions amidst the dramatic backdrop of Quilcene Bay. By then the project had secured \$110,000 in contributions. Additional funding was obtained through a grant from the C. Keith Birkenfeld Memorial Trust. After meeting Eileen's two-year deadline, the Worthington Estate became Worthington Park Quilcene. What remained was a steeper slope to climb: that of restoring the grounds and mansion to become functional assets for the community.

The century-old building needed a complete remake while retaining its old-world charm. The old cedar log foundation had to be replaced and the dense foliage and trees encroaching the building had to be cleared. To access the building safely, the utility lines fronting the property had to be placed underground. The formidable task of moving the mansion off its original foundation was met by a local moving company. With a new stable concrete foundation in place, project managers Chuck Thrasher and David Satterlee began the task of rebuilding the interior and exterior of the aged mansion. Restoration work meant maintaining the original Victorian exterior and restructuring the interior to meet twenty-first-century building codes. Retrofitting the interior to accommodate modern plumbing, heating, provide handicap accessible facilities, and a fully functional commercial kitchen while maintaining the ambiance of a nineteenth century residence required creativity and ingenuity.

A core group of 120 volunteers with a vast array of talents and skills logged 43 thousand hours of work to paint siding, search out and purchase period furniture and fixtures, groom the grounds, hand-dip and dry nine thousand cedar roof shingles, and numerous other mundane tasks. The results of their efforts were displayed for the public on a bright sunny afternoon in May 2022, when the Hamilton-Mansion held an open house.

The town of Quilcene can no longer be considered as just a pass-through place on the Olympic Peninsula drive. Worthington Park and its "ten acres of possibilities" with its newly restored mansion, green spaces, and outdoor stage is a declaration that this is a town proud of its past and is looking to the future. Take time this summer and make that short drive down Center Road to visit our neighbor. You will be inspired and rewarded in seeing what The Little Museum That Could has done.

Rhubarb: Polygonaceae

by Eline Lybarger, Staff Writer

The plant has been around since the 1100s; in Europe during the 1300's it was known as "Turkish rhubarb." It was primarily a nasty tasting cure for constipation or the "humors" and about anything else you can think of. It wasn't until the 1800s, when sugar became more affordable, that rhubarb gained some popularity.

Today it is an easily recognizable, attractive plant with large, elongated, heart-shaped and crinkled leaves and thick, red-tinted leafstalks. The leaves contain oxalic acid and anthrone glycosides, which make them toxic. The eatable stalks have a unique tart flavor when cooked with sugar as a sauce or in pies.

For good thick stems and red color, the plant needs seven to nine weeks of cold, at 37°F or lower. However, a grown plant that has been damaged by severe cold should not be eaten as some of the oxalic acid in the leaves may have migrated to the stalks, making them toxic. At the other extreme, late spring or summer heat will cause rot and you can lose the plant.

Let the plant grow for two full seasons before the first harvest. Harvest usually is April to May, however, in our area we get a second harvest in June to July. To harvest, grasp a stalk near the base pulling outward and sideways. Do not cut with a knife as this leaves a stub that will decay and damage the plant. To maintain a healthy plant, never remove all the leaves and stalks and stop harvesting when new slender stocks appear. When harvesting is finished, generously feed and water the plant. You are preparing next year's crop. Also, cut out any blossom stalks that appear. In our area it is normal for plants to die back in winter. Did you know that half of the US's commercial production of rhubarb comes from Pierce Co. in Washington?

Today, in some areas of Europe rhubarb is harvested by candle-light and planted in "forcing sheds" where there is no light. Supposedly this produces sweeter, more tender stalks. All rhubarb is a rich source of vitamin K (28% of daily requirement) and vitamin C (10% of daily value).

There is also an ornamental rhubarb, *Rheum australe*, known as Himalayan rhubarb, which is quite showy with round leaves that get over two feet across, have wavy edges and red veins all on a plant that gets six to eight feet tall and wide with white plumes eight to 12 inches long.

For those of us who like rhubarb, here is my Rhubarb Bread recipe:

Preheat the oven to 350°F.

continued on next page

Rhubarb continued from previous page

In the bowl of an electric mixer combine 3 eggs, 1 C. salad oil, 2 C firmly packed brown sugar, 1 T. vanilla; beat until thick and stir in 3 C. finely diced rhubarb.

In a separate bowl, combine 3 C. all-purpose flour unsifted, (can use gluten-free), 2 t. each baking soda and ground cinnamon, 1 t. salt, ½ t. each baking powder, ground nutmeg and all-spice. Add to the rhubarb mixture and stir until just blended.

Divide the batter between 2 greased or parchment lined, 5 X 9-inch loaf pans. Bake for 1 hour. Check for doneness. Cool in pans 10 minutes before turning out onto a wire rack.

This bread is good plain, with a little cream cheese or, my favorite, peanut butter. Enjoy.

Port Ludlow Cemetery— How Many People Were Buried There?

by Tim Rensema, Staff writer



Picture taken from south side of Oak Bay Road. Looking up at Port Ludlow cemetery site.

Photo by Tim Rensema

Port Ludlow Cemetery accepted residents until 1900 when folks who passed were buried in the Forest Hill Cemetery (Swansonville), one of the other active cemeteries, or family cemeteries. The Port Ludlow Cemetery was actively used from 1860 to 1900. Since birth and death records were pretty limited, the only measure for possible burials we have available are census records and individual records of death (family Bibles, etc.). Available information on deaths is hard to come by.

How could you determine the number of people buried in the cemetery? I attempted two methods which are only very general. The first method was to use data from the Jefferson County Genealogical Society Research Center which has a tremendous archive of old cemeteries in Jefferson County. I looked at four inactive or infrequently used cemeteries (Forest Hill, Center, Discovery Bay, and the Soldiers and Sailors Cemetery in Port Townsend) and calculated the number of square feet per burial

(as both figures were available). In the second method, I looked at the census data from Port Ludlow to determine how many people seemed to disappear from one census to the next, but had some family member still show up later to indicate the family still lived in Port Ludlow. Probably the best way to determine how many people were buried in Port Ludlow is to use ground penetrating radar, a proven method to determine how many graves may exist. This method, however, needs somewhat clear ground and is costly.

The outcome of the first method provided an estimated average value of 174 square feet per grave (when calculated as an average of the four cemeteries above). This figure included all the open space as well. This is a very general estimate and is not a statistical study, just an idea for trying to determine the possible number of burials. From surveys we know the Port Ludlow Cemetery was 155 by 58 feet, or 8990 square feet. With this ballpark figure of 174 square feet per grave and the total area of the Port Ludlow cemetery, the number of graves is approximately 52. This does not seem to be extreme, given the number of people who may have died due to accidents (both logging and sawmill operations were and still are one of the highest accident occupations) and children in childbirth or due to disease. For forty years this would be 1.3 deaths per year for an average population of 250 (average census figures for 1860 to 1900, though the 1890 census data were lost in a fire).

The second method was to use the census data from forty years to determine what families lived through successive censuses, which would then provide “missing” members. For example, if a family had a young child show up in the 1860 census at the age of two, but the child did not show up in the 1870 census, even when other members of the family did, I interpreted this to mean the child had died. I also used the territorial census in my assessment, as it gave me more data points. If children did not show up on a successive census but would have been over the age of 15, I assumed that they were still alive but either were working elsewhere or the young women had married. This is a very conservative and rudimentary assessment for determining deaths and does not take into account single men or families that may have left the area but still have lost members before they left. The result of this assessment was that ten folks may have died in Port Ludlow and could have been buried in the cemetery, three adults and seven children. Note that with all, some remnants of the family were counted in future censuses.

Richard Osburn wrote a book in 2018 entitled *Historic Port Ludlow – Narrative of a Cemetery* which researched the location of the Port Ludlow Cemetery and nine possible burials in the cemetery. It is best to read his book to understand the process he went through to determine who was buried in the cemetery. In his book he included the known burial of Minerva Jane Frazer Walker, whose husband purchased an elaborate marble headstone for her grave. Minerva Walker died in childbirth on Christmas day 1876. This is the only available record that uses interviews and available records to identify possible people buried in the cemetery. His list and my list had different names for the burials. This brings a total of 19 people that we may have names for that were buried in the Port Ludlow Cemetery. While this is only 36%

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Cemetery continued from previous page

of the possible burials proposed under the first method (19/52 x 100), given the lack of available information on deaths, 52 burials is not improbable. With the listing of names, we have narratives of some who lived and died in Port Ludlow. Two of the Cooper children who possibly died of diphtheria could be buried there. The Port Ludlow Cemetery is a remnant of Port Ludlow that can't be erased or demolished. While overgrown with salal the graves continue to express their existence today and should not be forgotten.

Meet Your Firefighters

by Ron Dawson, Contributing Writer



Meet Sarah Chapman, firefighter and certified E.M.T. with Port Ludlow Fire and Rescue. She has been with PLFR for one year in January. Sarah is originally from Genola, Utah, a small community an hour south of Salt

Lake City. She came to Port Townsend when she was eighteen to join four of her brothers who had ventured to the Peninsula. There are ten siblings in her family, six boys and four girls. Her parents are still in Utah. She has a boyfriend, Will George, and has been with him for five years. She was home schooled in Utah and has gone through the Fire Academy for training for her job.

Sarah decided to become a firefighter because the physical and mental aspect of the job fit her personal desires. After reading the job description, she became passionate about pursuing a career in the fire service. She has enjoyed learning about the tools used on the job, the equipment she has had to become familiar with, and has learned to drive the equipment that the job requires. Her interests away from work include keeping physically fit, and she loves to read, including literature and history books. She also loves dancing, particularly with a partner.

The things she likes best about her job is the constant learning required and helping people that need what PLFR provides in support and problem solving. The hardest part of the job has been the learning about tools where she had no prior experience with them. She is passionate, when you talk to her, that she made the right decision, that the sacrifices she has made to pursue her vocation were the absolute right choices. Sarah wants to pursue her career, become a Paramedic, and grow in her responsibilities in the department. She has a great attitude.

Stories

by Suyin Karlsen, Guest Writer

Growing up, the book I remember cherishing most was a hard cover edition of Grimms' *Fairy Tales*. Between the covers of that book, the wicked got punished, the virtuous got happy endings. Very early on, a child learns that stories are escapes from boredom, homework, chores, and a dull life. And a good book can be *the* magic carpet escape.

Our books mostly were purchased used at a grimy bookstore on Campbell Street, named after Sir George Campbell, who was the British acting Lieutenant-Governor of Penang in the late 19th century. Ironically, the bookstore was a kind of place you did not want to touch anything. The owner, a loathsome man with bulging eyes, picked his teeth behind stacks of books, his bulbous eyes protruding further whenever a female walked in. It was a dark, scary place with a creepy proprietor but a place nevertheless filled with dreamy within-reach books. It was a wonder how this revolting creature knew just what marvelous books to carry to lure people into his lair. I was convinced this man was the devil himself. Still, the devil did not stop me from reading.

Our copy of the Brothers Grimm book was interspersed with telescopic holes, its old, yellowed pages perfect nutrition for the silver fish that nestled within. Several pages show smatterings of silvery book-kill, our keen reflexes challenged to smash the little buggers in good-hearted revenge. That was the book that began the magic for me—the “once upon a time,” and “they lived happily ever after.” It was also the book, I learned later, that caused the greatest disservice to mankind when people discovered there was no happily ever after, and they had been deceived all their lives. Nevertheless, I continued my young education being happily deceived by Austen. “More, please,” was a phrase I never forgot from Dickens. Shakespeare exposed human nature barefaced. Greene, Maugham, and Woolf are still English favorites. Then there were the Russian writers like Tolstoy and Dostoevsky whose consciousness brought you soulfully inwards.

Reading comics was an all-time pastime for me and my siblings, rated equally with the giants of literature, for comics tumbled us immediately into fantasy that only a young mind can travel to without qualm or quarrel or question. At the outset one knew what one was getting into. The villain looked evil. The hero was handsome and kind. So kind, he always had time to help an old lady cross the street before he went off to save an entire city. It was the most honest kind of intellectual distraction.

As children, nothing ever compares to the oral tradition of storytelling. Parents, grandparents, aunts, uncles, unexpected visitors, were all repositories of the most appealing stories, anecdotes, gossip, rumor, and reports. The British occupation of Malaya, when we were growing up, followed by the brief Japanese occupation in 1941 in WWII, were all grist for the mill.

Ghost stories were particularly high on the list. One in particular, *Pontianak*, a female vampire who lived in the jungles. She appeared wearing red lipstick and a sexy *sarong kebaya*, perfume pervading the air, before she pounced on men, notably on full moon nights. We shook from horror to hear those tales and

continued on next page

Stories continued from previous page

became too afraid to ease ourselves in the middle of the night, wetting our beds sometimes. But we could not get enough of them. Our little selves craved to be frightened to death.

It helped that our gregarious father adored company. He was a storyteller himself, and attracted others like him. No matter where he went, he made friends as easily as weeds would sprout after a monsoon rain. Our house was a Visitor Center. *Is Uncle George at home?* they would ask. No one needed an invitation. If you were in the area, you simply dropped by. With drop-ins came delicious reports and news enjoyed by a captive audience. Owning no television, entertainment was mainly word of mouth. It wasn't at all important if the stories were true or not; it was only essential that they were entertaining. Fake news wasn't a big thing then.

Annual school vacation, which was all of December, was the month we children lived for. Christmas and New Year were the most celebrated events with open-house parties. Mum made her famous pineapple tarts and *sugi* (semolina & brandy) cake; she cooked curries and served secret recipes of mango chutney. Once a year, we kids drank bottled orange and sarsaparilla soda. The adults preferred their Guinness stout and hard alcohol. Amidst fogs of second-hand smoke, my siblings and I observed with a reverence keener than we could ever command in church, adults transform themselves into freestyle entertainers. Frequently, when adequately inebriated, acts of folly would follow. A drunken loopy performance was altogether fascinating to observe. Adults acting so silly, the same ones that ordered "time-out" for their children. With gramophone playing, some singing, everyone eating, good times spilt out like golden honey into the verandah. It was the kind of education we never got at school. Uninhibited adults showing their true colors. There was no prince or princess, but a happiness was had by all, fleeting, but ever-after, for the memories that were planted in our young minds forever.

During these affairs, the women huddled around with their own marinated tales. We had countless Filipina aunties on our mum's side who had more stories to tell than books they had read. Each of these women was a yarn, a saga, a legend unto herself. These women did not need to read books. They lived it. From them we learned which ones were unfaithful or indelicate; which ones were saints. They were talking about the men, naturally. Oh, no! Illegitimate children existed! We never needed Coming of Age ceremonies; these were thrust on us before we even arrived at that appropriate age. Our mother was a straight shooter. She never felt inclined to spare or protect us, when questioned. We grew up quickly. The word "bastard" became *the* seven-letter word with two separate meanings, one for the father, one for the child.

They say the first six years in any child's life is the most impressionable. A part of me still believes in the happily ever after. The rest of me believes that we are just stories. We are old stories and new stories and will continue to write our own stories until we die.

To quote Will Storr from his book, *The Science of Storytelling*, "Stories are *us*. It's story that makes us human. Recent research suggests language evolved to swap social information back when

we were living in Stone Age tribes. We gossip, tell tales about the moral rights and wrongs of other people, punish the bad behavior, reward the good, and thereby keep everyone cooperating and the tribe in check. Stories about people being heroic or villainous, and the emotions of joy and outrage they triggered, were crucial to human survival. We are wired to enjoy them."

However, if we believe we are our own stories, we must ask this. AI (artificial intelligence) is successfully replacing natural intelligence in numerous fields. Can a machine be made to simulate human intelligence to the point it can tell even better stories than humans? Will AI be an existential risk to storytelling?

Now, that would be a story worth writing about ...

What's Happening to the Old Church on Swansonville Road?

by Terra Coyan, Co-founder & President of Friends of Swansonville

Many have wondered about the picturesque yet dilapidated church at Swansonville and Werner Rd. What is its history? What will its fate be?

Erected in 1904 and built from scraps of lumber from the old Puget Mill, it is the oldest surviving building from historic Port Ludlow. It served as a community nexus for decades until it fell into disuse and disrepair.

Just as the steeple seemed ready to collapse, neighbors formed Friends of Swansonville, a non-profit organization, to restore the building and preserve its history. In addition to the building restoration, projects include archiving local historic artifacts, creating a digital museum, and establishing a historic destination and community gathering space.

Since 2020 we have established legal ownership and received the deed, gained National Historic Site status from the U.S. National Park Service, and begun planning a new building foundation. Construction will be possible thanks to grant awards from the Rayonier Corporation, the National Trust for Historic Preservation, and the Third Places Fund from the Washington State Department of Archaeology and Historic Preservation.

Our organization is volunteer-driven. The board includes me and locals Tim Rensema, Kendra Hermanson, Jake Thomas, Paul Hinton, Gayle Moug, and Alex Liberato — and we carry immense gratitude for Jessie Michaels and Don Forbes who have recently completed service on the board. In fact, everything we have accomplished so far has been thanks to Michaels, our co-founder, who served as vice president. She performed an instrumental role in bringing Swansonville together and garnering support to restore our last historic community building in the area. The spirit and drive she infused into our initiative lives on.

We will soon announce details for 2022 events such as a family litter clean-up in July, a Halloween-themed scavenger hunt, and a Christmastime wreath-making party for the Chimacum Craft Fair. Find info, volunteer, donate, or follow the restoration progress at FriendsOfSwansonville.org.

Ludlow Village Players Announces Scholarship Winners

In addition to presenting plays each spring and inaugurating an autumn production this October, one of the goals of Ludlow Village Players (LVP) is to encourage and support local community performing arts programs. LVP does that specifically by awarding an annual scholarship to a graduating senior from a local high school. Since the pandemic intervened last year and no scholarship was awarded, Ludlow Village Players is pleased to announce two scholarship recipients for the 2021-2022 school year.



Pictured l. to r.: Jim Gormly, Ewen LeRest, Eryn Munn, Gil Skinner. Submitted photo

Eryn Munn is a graduating Quilcene High School senior, and the recipient of the first Barbara Jean Skinner Scholarship of \$1,000. With a wide range of interests, as evidenced by her membership in the local US Pony Club, serving in the Washington State House of Representatives as a page, and competing as a member of both the Knowledge Bowl team and the choir all four years, Eryn still managed to be heavily involved in the theatrical arts. Eryn performed in multiple productions with the Quilcene Drama Club and took third place in the student category in the Port Townsend Wearable Art Show, even wearing her own creations. She plans to attend St. John’s College in New Mexico and hopes to pursue theatrical arts as a profession.

Ewen LeRest, also a Quilcene High School graduating senior, received the additional \$1,000 scholarship from LVP. Fascinated since early childhood with telling stories, Ewen’s early notebooks are filled with amateur film scripts, stories, and poetry. Ewen eventually gravitated to photography, using the camera to document what he observed during the pandemic. In Quilcene, Ewen became involved in all aspects of theatrical arts. He was director of videography for concerts, recorded a virtual play for the Quilcene Drama Club, and performed on the stage. He also handled the sound system for video production and helped design a set for Quilcene’s haunted house. Ewen plans to attend Evergreen College and pursue the field of documentary videography and photojournalism.



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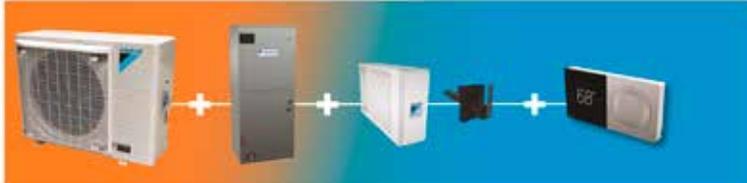
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Friends of Swansonville was formed by neighbors to save Port Ludlow's oldest building from ruin. We have achieved historic designation status and secured funding to build a new foundation. Currently we're focused on keeping the steeple from falling. Someday soon, we seek to revitalize the 1904 church building into a usable amenity for the whole community.

Sounds like fun, right? Well hop in! Anyone including retired construction managers, geneologists, historic buffs, people with a paint brush... any one of us can participate in this fun and fulfilling neighborhood initiative. We need hands!

Visit our digital museum, volunteer, or donate at our website: www.FriendsOfSwansonville.org



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Spotlight

Hidden Treasures and the Best Gift of All

by Genevieve Peterson, Habitat EJC



Habitat EJC store volunteers and staff share passion and enthusiasm for affordable housing.

the shelves. For example, you might find a valuable painting priced at a fraction of the true cost, excellent name-brand furniture sold for pennies on the dollar, or fun and fanciful findings that are just waiting to be part of your next creative project.

Not only does the thrill of the hunt attract shoppers, but our volunteers have the best time making discoveries before donated goods are even priced and merchandised in the store. That's right, volunteers are the first to see what gets donated to the store. And volunteers help prepare those items for sale, including receiving goods, cleaning them up, pricing them, and creating beautiful displays in the store.

Lynn Maier, a Port Ludlow resident who volunteers at the store recalls, "When I did my orientation, I learned that Habitat is a world-wide organization. I had no idea. I really love that."

Lynn explains that the elements of surprise and delight spring from many places. "When I helped prepare for the art show, I discovered the entire collection of art in storage upstairs. It was mind-boggling to see all the amazing art that had been donated."

Items donated to the store support Habitat's mission: to bring people together to build homes, communities, and hope. Every purchase made at the store helps make affordable housing possible in East Jefferson County.

Likewise, every volunteer helps make affordable housing possible. Habitat could not achieve what it does without volunteer support. Since 1999, Habitat EJC has built, renovated, or repaired 98 homes in East Jefferson County. An additional five homes are under construction or renovation, with some nearly completed. And Habitat will start construction on six to ten more homes this year. That's 103 families currently involved with Habitat and another ten families coming on board soon. Nearly 250 people have been helped locally with affordable housing. And there are even bigger projects in the works!

Do you love riddles, puzzles, and games? Do you like a good mystery? Then the Habitat for Humanity of East Jefferson County store in Port Townsend just might be up your alley. Whether you are looking for home furnishings, a good book or jigsaw puzzle to relax with, or a community to interact with, the Habitat store has it all. In the spirit of seek-and-find, there's a word-search puzzle here with a special message in it. Have fun figuring it out! Just in case you want a little help—and there is nothing wrong with asking for help—there's a hint at the end.

Surprise and Delight

As with all good thrift stores, there is an element of mystery or hunting to the shopping experience. You never know what you will discover when you enter the store. You never know what someone is going to donate next. You never know what kind of "Easter eggs" are waiting for you right there on



Will Laidlaw, store volunteer and Habitat board member, evaluates and prices donated art.

continued on next page

Habitat continued from previous page

Teamwork and Friendship

Port Ludlow residents Sally and John Nuereberg signed up to volunteer at the store in autumn 2021. “At first,” Sally recalls, “we thought we were going to float around and do a little bit of everything. But then we found out we liked the merchandising and so we made that our focus.”

Kyle Shipman, the store’s acting manager says, “John and Sally are the dynamic duo. It’s incredible how they team up and get things done.” The Nuerebergs often organize the processing room—the place where donations are taken in and prepared for sale. And they maintain organization in the two storage sheds where merchandise is held until there is room for it in the store.

“Sally refers to the Habitat store in Port Townsend as her ‘happy place,’” says John.

“We look forward to Thursdays, because we know we’re going to be doing Habitat,” says Sally.

Some volunteers are introduced to Habitat by a spouse or a friend. And many volunteers find friends when they come to the store to help. A unique team that arose out of volunteer fellowship is “The Truck Guys.”

“You may ask why I like to move couches, sofa beds, armoires, and chairs once a week,” laughs Todd Hutton. “Part of the reason was the camaraderie among the ‘truck guys’—a bunch of fellows like a retired physician, Boeing engineer, teacher and coach, head of county transportation, county engineer, and corporate senior officer who enjoyed leaving their egos at the curb, meeting a variety of donors throughout our county, and sometimes moving a seemingly impossible-to-move piece of furniture. All for a cause in which we believed deeply: namely, helping to provide affordable housing for deserving families.”

When asked what attracted him to Habitat initially, Todd says, “The mission and core values of Habitat for Humanity are why I commit my time to the organization. While I started as a volunteer on construction sites, I was recruited as a 70-year-old ‘young recruit’ to help with furniture pickups that fuel the store sales, that in turn, support Habitat’s operations. Today, I continue to enjoy the truck and store volunteers and staff who give selflessly for this vital non-profit.”

Habitat provides pickup and delivery services because it’s often difficult for people to move large items. The more people who volunteer to help on the truck, the more families Habitat can serve. The truck crew is an extension of the store, bringing smiles and help to those who don’t have a way to transport donated or purchased items. Pickups of donated goods are free, and deliveries are made for a fee that covers the overhead of the operation.

The Gift that Keeps on Giving

Volunteers often join Habitat because they believe in the work that Habitat is doing, and they want to contribute to creating affordable housing. Then they find that they get even more out of it than they expected.

“Habitat is a gift to me,” says Habitat partner Judy. Judy volunteers in the Habitat store to help fulfill her sweat-equity commitment with Habitat. “I am so grateful to Habitat for helping me own a home. And I didn’t even expect that many of the people I have met would become part of my family, like the people I work with at the store.”

“Volunteering with Habitat is a wonderful way to get to know people in the community,” says Amy Howard, Habitat’s Manager of Volunteer Engagement. “Even if they have differing opinions on other things, so many people agree that affordable housing is a necessity. I love working with such a diverse group, because every single one of them contributes something special.”



Volunteers Todd Hutton and Jim Upshaw team up on the truck to pick up donations and bring them to the store.

Submitted photos

continued on next page

Habitat continued from previous page

Whether you are looking for volunteer work that feeds your soul or a good mystery novel to cuddle up with on a rainy day, the Habitat store has you covered. Come check us out at 2001 W. Sims Way at the roundabout.

Hint to the Hidden Message

Even the leftover letters tell a story. If the puzzle leaves you stumped, visit the Habitat Store and ask Donita, Cheryl, Jerimah or Kyle for the answers.

Habitat word search puzzle

E V D E F R Y O N E T
 D V O L U N T E E R R
 H A N D N M E S H E U
 R V A E I Y S A U D C
 E C T E N S T P N L K
 F A E C E T C E T H A
 I T O R L E I O E V R
 N B O O K R E L V E T
 D T A S T Y P N E E D
 S U H A B I T A T L R

ART
 BOOK
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 DISCOVER
 DONATE
 EEL
 FIND
 FUN
 HABITAT
 HAND
 HELP
 HUNT
 MYSTERY
 NEED
 STORE
 TASTY
 TRUCK
 VET
 VOLUNTEER

Arts & Entertainment

Port Ludlow Art League

Artist of the Month – Alice Thuring



Mountain View, by Alice Thuring.

Whether working with pen and ink or oil using palette knives and brushes, Alice Thuring's stunning artwork portrays the wildlife and the magnificent landscapes of Idaho and Washington.

Alice studied both art history and painting at the University of Washington, Whitman College, and Boise State University. Her artwork has been showcased in art galleries in Idaho and Washington. This is her first art exhibit in Port Ludlow.

In July, you can view Alice's artwork at the Port Ludlow Sound Community Bank and online at portludlowart.org. The bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow. For more information, please email info@portludlowart.org.

Jeweler of the Month – Janice Gruber

Although Janice spends most of her time creating stunning acrylic and oil paintings, she also creates beautiful jewelry. Janice's jewelry designs feature sterling silver, beads, and freshwater pearls. Being an accomplished painter, Janice often enhances her jewelry designs with a painted background.

You can view Janice's jewelry at the Sound Community Bank, the Port Ludlow Art League Gallery, and online at portludlowart.org. The bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.



Necklace by Janice Gruber.
Submitted photos

Submit A&E events in Port Ludlow and surrounding communities in Jefferson, Clallam and Kitsap counties to brothenborg@plvoice.org by the 8th of the month.

Located next to the bank, the Gallery is now open Wednesday through Friday from noon to 4 p.m. For more information, please email info@portludlowart.org.

Port Ludlow Art League Awards Scholarships

The Port Ludlow Art League (PLAL) provides scholarships for graduating Jefferson County high school seniors and continuing or returning students for study in community colleges, universities, vocational, and technical training institutes. The PLPA considers not only students interested in art, but also other creative areas of study.

To raise funds for creative scholarships, the Port Ludlow Art League members created 6 x 6" plaques of original art for sale to the public and auctioned gift baskets, artwork, and art classes at their art fairs.

This year, the Port Ludlow Art League is thrilled to award scholarships to Audrey Drake and Lacey Bishop. Audrey, who graduated from Port Townsend High School, is pursuing a degree in Visual Arts at the University of Washington. Lacey, who graduated from Chimacum High School, is pursuing a degree in Art History at Pacific University in Oregon.

The Port Ludlow Art League wishes both students great success in their educational pursuits. In addition, we'd like to thank everyone for helping us build the scholarship fund.

PLPA New Season Lineup of Concerts

by Dave Cunningham, Staff Writer

Port Ludlow Performing Arts (PLPA) winds down its 2021-22 season with a FREE outdoor concert on **Sunday, August 7**, when the Black Diamond Junction band performs from 2 to 4 p.m. on the grassy field next to Oak Bay Road, just south of Grace Christian Center at 200 Olympic Place. But PLPA isn't taking the rest of the year off, as the nonprofit organization is already ramping up its 2022-23 season.

The concerts move back indoors on September 24, when the Bay Club hosts Tiller's Folly—a Celtic roots band that shares tales as old as time with a modern lyrical twist, inspired by true heroes and villains. Across nine albums, Tiller's Folly has united communities around the world with songs steeped in Scottish, Irish, American, and Canadian roots music traditions. Their lively songs of highwaymen and moonshiners, their ballads of

continued on next page

PLPA continued from previous page

love-turned-sour and the lonely immigrant’s sorrow, and the whimsical west coast sea shanties compel audiences to tap their feet, clap their hands, and sing along with gusto.

Next up will be The Four C Notes, coming to the Bay Club on November 6. They recreate the music of Frankie Valli and the Four Seasons, whose rags-to-riches story was the basis of the smash hit Broadway stage show *Jersey Boys*. The performance offers all of the Four Seasons’ greatest hits. Formed in 2013, the Four C Notes have taken their show all over the country, from Des Moines to Milwaukee, Omaha to Baltimore, Washington D.C. to Maine, and now to Port Ludlow.

The PLPA calendar year ends on December 11 when Terry Barber takes the Bay Club stage. He’s an internationally acclaimed countertenor known for his extraordinary vocal and stylistic range. Barber has been a soloist for the Metropolitan Opera, Carnegie Hall, London’s Queen Elizabeth Hall, and Moscow’s Svetlanov Hall. He’s a former member of the Grammy-winning group Chanticleer, and his voice can be heard on every major record label, with a range of artists from Madonna to the London Philharmonic.

The PLPA concert season moves into 2023 by bringing Take 3 to town on January 21—a genre-defying trio that brings the refinement of a rigorous classical music background and infuses it with rockstar charisma and a flair for the wild and unexpected. Known for their infectious and down-to-earth onstage personalities, this threesome leaves their indelible mark on audiences, performing their arrangements of top pop hits, Americana, and classical favorites.

Then on March 25, France’s premiere Celtic band, Doolin’, comes to the Bay Club, performing traditional music wonderfully flavored with French chanson, American roots music, and hip-hop. Natives of Toulouse, Doolin’ worked with legendary Irish guitarist John Doyle in the producer’s chair to achieve a sound uniquely their own.

All good things come to an end on April 29, when the Bay Club PLPA season wraps it up with Stephanie Trick and Paolo Alderighi, performing together as a piano duo: four-hands on one piano or on two pianos, as well as with bass and drums in a formation they call Double Trio. Trick and Alderighi have earned widespread success with their arrangements of classics from the stride piano, ragtime, and boogie-woogie traditions, as well as from the Swing Era and the Golden Age of Tin Pan Alley. In recent projects, they have focused on the repertoire created during a time when musicals were at the heart of popular culture: the Classical Hollywood Cinema period and the Golden Age of Broadway, songs written between the 1920s and 1960s.

Single-show tickets (\$35) and season subscription tickets for all six shows (\$180) are available online at portludlowperformingarts.com. PLPA expresses its grateful thanks to Terri Ross and Gil Skinner, who were underwriters for every show in the 2021-22 season.

In the meantime, enjoy the Black Diamond Junction band at the outdoor concert on August 7. The band hails from Port Angeles and plays rock, country, and pop favorites, so they figure to satisfy almost everyone. Key facts to remember: (1) bring a blanket or folding chairs to relax when you aren’t dancing on the grass, (2) parking will be available at Grace Christian Center, with plenty more off Marina View Drive and Olympic Place, and (3) it’s free!

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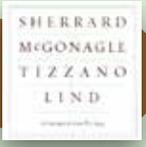

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Concerts in the Barn

Nine glorious weekends of chamber music will ring forth when Concerts in the Barn in Quilcene, 7360 Center Road, returns from **Saturday, July 9** through **Sunday, September 4**. Sit inside the 100-year-old barn on church pews or on hay bales, on the main floor or in the hay loft. You may prefer to sit outdoors at a picnic table or on your own blanket since the music is broadcast on loudspeakers. Bring your lunch basket for a picnic before or during the concert. Beverages and snacks are available for purchase and the admission is free.

The farm opens for visitors at noon each concert day, and the music begins at 2 p.m. It's a varied program each week which you can check out by going to concertsinthebarn.org. Call 360-732-4000 if you have questions. An outstanding group of musicians both new to the Barn and longtime favorites have been selected as this year's performers. You can join the mailing list for updates.

This year's rain has caused the grounds to be especially beautiful! Stroll the gardens before or after the concert to see the flowers and fruit gardens. Or just enjoy this gorgeous spot with its rolling meadows and small brook, just a short drive from Port Ludlow. You'll be glad that you came.

More Free Fun Things

by Bev Rothenborg, Arts and Entertainment Editor

Explore what it means to be a submariner in a new exhibit opening on **Friday, July 1**, at the U.S. Naval Undersea Museum, 1 Garnett Way, Keyport, 360-396-4148. This fascinating museum holds more than 50,000 artifacts related to the U.S. Navy's undersea communities. There are docents to guide your visit, and it's a terrific place to visit with kids. It is open from noon to 4 p.m. on Monday, Wednesday, Friday, and from 11 a.m. to 4 p.m., Saturday and Sunday.

The Port Townsend Writer's Conference will be taking place from **Sunday, July 17** – **Saturday, July 23** at Centrum (centrum.org), with free readings being given by the authors enrolled each evening at 7 p.m. Readings occur at Wheeler Theater, Fort Worden State Park, Port Townsend.

Take a picnic and your chair or blanket to enjoy Free Fridays at the Fort, a lunchtime concert series which begins at noon on the lawn next to the Commons in Fort Worden. It features the performers and students participating in Centrum's workshops. On **Friday, July 1**, the series begins with a steel drum band and continues until **Friday, August 5**. Centrum may be reached at 360-385-3102.

Centrum's July Events

More than 50 artists will travel from all over North America to teach and perform a panoply of regional fiddle styles at Fiddle Tunes, sponsored by Centrum. Concerts occur on **Monday, July 4**, 1:30 p.m.; **Friday, July 8**, 7:30 p.m.; and **Saturday, July 9**, 1:30 p.m. All concerts are in McCurdy Pavilion on the grounds of Fort Worden State Park in Port Townsend.

Next up is Centrum's Writers' Conference. Since 1974, the Port Townsend-based conference has brought together aspiring and master artists to provide mentorship and build community. The conference includes free public readings which occur at 7 p.m. each day beginning on **Sunday, July 17** and continuing through **July 23**.

Participants must audition to attend Centrum's Jazz Port Townsend, a weeklong immersion into the world of jazz. More than 200 participants focus on improvisational skills with performances at the end of the week. These concerts happen on **Saturday, July 30**, 1:30 p.m. and 7:30 p.m. Concerts are in McCurdy Pavilion. Jazz in the Clubs will occur at various Fort Worden State Park venues on **Friday, July 29** beginning at 7:30 p.m. and **Saturday, July 30** beginning at 10 p.m. Jazz performance packages are available. Contact centrum.org/jazz or call 360-385-3102

Northwind Arts Center Show

Showcase '22, which currently runs through the end of the year at Northwind, is a curated collection by local artists, several of whom are from Port Ludlow. The show includes oils, acrylics, watercolors, photography, mixed media and sculpture. New work is always being added.

Northwind is located in the historic Waterman-Katz Building, 701 Water Street, Port Townsend, 360-379-1056. They are open from noon to 5 p.m., closed on Tuesdays and Wednesdays. The Grover Gallery is located at 236 Taylor Street and in Building 306 at Fort Worden State Park. For additional information, go to info@northwindart.org.

Michael Haberpointner, PT, DPT
Timothy Mansour, PT, DPT
Faye King, PT, DPT
Bailey O'Hotto, DPT

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Bay Club / South Bay

South Bay Community Association Update

by Gil Skinner, President, SBCA Board of Directors

As we near the end of our fiscal year there is often a tendency to reflect on what a difficult year it was— Covid, lockdowns, masks, pain, etc. I choose instead to focus on some accomplishments and successes. A few examples are below.



For instance, if you have not been down to the Club lately then you haven't seen the much-improved view from our back patio.

No, we did not dredge the Port Ludlow Bay to get the water. It was always there, we just could not see it. By clearing brush, trimming some limbs, getting rid of some unwanted brambles we now get to see what's there. By the way the actual question from a member was "Where did you get the water?"



SBCA Important Dates

**Monthly Board Meeting
Thursday, July 14, 9:30 a.m.**

Unless there are changes to county requirements, meetings are in person.

All SBCA members are welcome

To keep informed of meeting dates and times, please visit: sbca.club/home/schedule-sbca

Committee Meeting minutes are posted at sbca.club, then click on Board Minutes Page

Another area that is really exciting is activities: pancake breakfasts, member socials, a series of talks by First Nation tribes, a health series coordinated with Jefferson Health Care, a wine and cheese party, two cooking classes, and more to come.

We also continued a long tradition of holding a Memorial Day ceremony using the beautiful back area of the Club. Many comments indicated it was one of the best ever, and I'm sure this in part was due to the venue. In conclusion, yes, we all struggled in various degrees with this horrible pandemic, but through it all we also got things done, had some fun, started to reestablish our "community." I am excited as we keep growing and keep moving forward! Thank very much to all of those that helped this last year to bring us together again, at the Club, specifically our Bay Club Staff, General Manager, and all of our SBCA member volunteers that serve on the Board and committees. We couldn't have done it without you!



Beach Club / North Bay

Update from the Manager

by Brian Belmont, General Manager

Since the pandemic, LMC has not sponsored any in-person social events for our North Bay members. This is about to change. On **Saturday, July 30**, from 1 to 4 p.m. LMC will host a barbecue on the lawn for our LMC members.

The current plan is that we will be grilling hamburgers and hotdogs, providing side dishes, chips, non-alcoholic beverages, and dessert. We will have picnic tables and benches set up on the lawn and Board members and staff will be handling the grilling responsibilities. There is no charge for this event. Our members just need to show up.

Before Covid, this was an annual event for LMC—so after three years, it is nice to finally be able to do this again.

Since January of 2020, more than 20 percent of the North Bay properties have been sold. Our July 30 event is a great opportunity for members to welcome new members to our community as well as seeing old friends. Please join us!

On a different topic, the Beach Club has openings for full-time and part-time maintenance positions. If you are interested, send me your resume using the email address below.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at beachclub@olympus.net.

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LMC and the Beach Club
Phone: 360-437-9201
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Village Council

PLVC Board Meeting Summary*

by Jim Moffitt, President

The June 2, 2022, Port Ludlow Village Council (PLVC) Board Meeting included the following reports:

Port Ludlow Associates, Diana Smeland, President

Real-Estate: Still awaiting final permit of OT-2 Phase 2 clearing and will advise when permit is approved. **OWSI:** Will be holding an open house for the new filtration building on **Monday, July 18**, from noon to 3 p.m. Notifications for the open house will be included in utility bills and can be found on the PLA website. Annual required reporting for OWSI will also be available to view on their website. **Resort:** Will be having a health transformation in September 2022. **Fireside:** Farm dinners Wednesday evenings. Current information about the dinners can be found on the website and on Facebook. June 23 will be holding the Finnrivier Farm and Cidery dinner. **Golf Course:** June 15 and **Thursday, July 7**, will be holding fitting days. The course will also be hosting the 2022 USGA Junior Amateur on June 21. Great vantage points for Port Ludlow residents can be found at the patio of Dusty Green Cafe. **Marina:** No news on the Corps of Engineer permit for D dock west. A future planned new marina building is in the process of seeking interested tenants in food service and retail. **Office Park:** Space still available and can be built to suit. **Parking:** Recycle center drop off area will be getting new parking stripes including all parking areas managed by PLA. This should start in July.

Jefferson County, Greg Brotherton, County Commissioner, District 3

Department of Community Development, (DCD) has a new planning director, Josh Peters. The DCD is now fully staffed. **Forestry:** JeffCo BoCC's asked the WA State Department of Natural Resources (DNR), to defer the Beaver Valley Sorts timber sale, located near Teal Lake, for one year so alternatives may be investigated for more sustainable forestry models. **Hood Canal Bridge:** WSDOT's planned four-weekend closures of the HCB has been pushed back until 2023 and will not take place in 2022.

PLVC Committee Reports:

Communication Committee – Mike Towner, Jim Moffitt, Co-Chairs

Committee Restructure: Mike Towner will lead the efforts of the PLVC website update with Caleb Summerfelt. Carol Riley and Jane Holmes, both PLVC Board Members, will assist in the finalization of the website content. Jim Moffitt will be focusing on the communications efforts of the committee with eblast messaging content and current website updates until the new website goes into an active mode. **Communication collaboration:** Outreach to both the Beach and Bay Clubs to initiate collaboration with their individual communications committees to possibly have one committee member from each club join the PLVC Communications Committee. Goal to collaborate more direct and meaningful messaging to the Port Ludlow Community

Village Council Meetings

Board Meeting Thursday, July 7

3:00 p.m., Zoom Video Conference Call

Workshop Meeting Tuesday, July 19

3:00 p.m., Zoom Video Conference Call

Link to join either Zoom meeting:

zoom.us/j/5163508785

Meeting ID: 516 350 8785

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plvc.org

when events at either club are open to the entire community.

Hybrid Meetings: The PLVC will investigate the development of a hybrid meeting format for future use in all Board and Committee related meetings.

Community Development Committee – Dave McDermid, Chair

Auxiliary Dwelling Units (ADU): responded to LMC's inquiry as to the allowability of ADU's noting that under the MPR zoning code adopted by Jefferson County in 1999, new ADUs are not allowed in the MPR-SF or MPR-SFT residential zones. ADUs that were previously established legally may under certain circumstances be deemed grandfathered as legal nonconforming uses.

Road Maintenance of OT II: PLA was told by Public Works that they could not accept responsibility for new roads in OT II due to lack of funds. The Department of Community Development was not aware of that decision. The original plat proposal assumed roads would be included. This matter is being overseen by PLA and tracked by the OT II HOA Board. **Beaver Valley Sorts**

Timber Sale: Following a letter from the Commissioners to the DNR and its board, the final decision on this proposed sale has been delayed until July. The DNR has announced a program to save 10,000 acres of old forest as a carbon reserve. The proposed site includes old forest trees. Commissioner Heidi Eisenhour

has been pulling together interested parties to produce a mutually agreeable plan. Bill Dean is attending open meetings with the Commissioners on the subject. We will follow the progress and get involved only if appropriate. **Shine Quarry:** Additional mining to start. A new permit issued in 2021, covers a different area from the previous permit. This one does not include a notice of blasting to Port Ludlow. The current blasting has not been noticed by PL residents. A meeting between Commissioner Brotherton, the Quarry, and Bill Dean may further clarify. **Hood Canal Bridge:** The previously published notice that included up to four full weekend closures (11 p.m. Friday to 4 a.m. Monday) over the summer, has been rescheduled to 2023.

Recreation & Sports

The Port Ludlow Volkswalk— Coming August 19 - 21

by Jane Holmes, Guest Writer

Port Ludlow's 2022 Volkswalk event will take place over three days, Friday – Sunday, **August 19–21**. Three walk routes will be offered, each with a 10K (6.3 mile) option and a shorter 5 or 6K (3-4 mile) option. Walkers can pick up directions for all three walks at the registration table at the Bridge Deck near the Ludlow Beach Club, 121 Marine View Drive. The registration table will be open 8 to 11 a.m. all three days. You can walk the routes of your choice at your own pace.



TEAL LAKE & DNR TRAIL

The Routes: The **Teal Lake/DNR** route will include parts of the Teal Lake, Niblicks, and Olympic Terrace loops for a pretty and lush 10K walk with a nice variety of scenery and lots of shade. The **Timberton/Bay** route will explore parts of the Around the Bay Trail. The 10K option will also include the Timberton trail. A third route will be offered at **Anderson Lake State Park** in Port Hadlock walking in the woods surrounding the lake. The Port Ludlow routes will be marked with ribbons and arrows.

This is a free community event, and everyone is invited to come out and join in the fun. Expect to discover nooks and crannies of our “village in the woods by the bay” that you’ve never seen before. Water, trail bars, and porta-potties will be provided. We expect volksmarchers from around Washington and even Canada (border situation permitting), to come for the event. So, if you see walkers, say hello! If you notice trail markers, please leave them in place. Volunteers will pick them up after the weekend ends. This event is co-sponsored by The Port Ludlow Village Council, Port Ludlow Associates, and the Four Plus Foolhardy Folks Volksmarch Club. Much thanks to the fabulous Port Ludlow Trail Committee which maintains our lovely trails and puts in extra work for this event. For more information contact Jane Holmes at jensenholmespa@gmail.com or 360-496-8610.

Port Ludlow Women's Golf Leagues

by Kathy Traci, PLWGA and PL Lady Niners Publicity Chairperson

The weather finally improved in June and more women began to play in league events. Games have included Toss-a-Hole per Nine, Better Nine, Blind Nine, Odd Holes, Even Holes, Crazy Eights, and Fives. Due to the World Handicap system, players' handicaps change daily. Therefore, members are asked to post their scores, hole by hole, on their day of play.

Did you know? The Port Ludlow Golf Course (PLGC) sterilizes carts and club house surfaces regularly. League members are asked to replace divots and/or use the white containers on the sides of the golf carts to fill divots with the grass seed/sand mixture. The practice range area is getting more and more use due to the PLGC member perk of free range balls.

The Lady Niners will collect the scores of their members on three specific days this season to ascertain the winner of their Captain's Cup. The second date for Niners' Captain Cup scores is **July 21** on the back nine. Niners' Couples events will be played on the fourth Thursday of each month. Couples Chairpersons, Mike and Barb Burke plan games that allow one couple team to win the event and all team members keep individual post-able scores. **July 28** is the next Couples event.

PLWGA Captain's Cup is underway. Part one has 19 golfers playing matches within their pods. Part two, the elimination rounds, begins on **July 2**. The winner will be crowned the **QUEEN OF CLUBS** at a gathering open to all members.

Port Ludlow's Men and Women's Golf leagues begin the 'Exchange' on **July 5**. Later in the summer, the Exchange will be played. The men are matched with the women for a competitive 18-hole round of play. These are always exciting events for all. This event is followed by a luncheon at the Dusty Green café, hosted by the men's group, during which the winning couples are announced.

Happenings in July: The PLGC is hosting the women's Washington State WSPLA Championship tournament **July 11 – 13**. Community volunteers are needed for this state championship event. Please sign up at the club house. The PLWGA Mid-Year Luncheon and General Meeting will take place on **July 27**. **July 18** is the Play Away Day.

WGA Captain Elaine Raymond invites prospective members to play with the WGA league on any Tuesday morning, and Lady Niners Captain Barbara Burke invites prospective members to play with the Lady Niners league any Thursday morning. Details regarding membership and events are available at the PLGC Pro Shop. Note: PLGC membership is a requisite for participation in the course's golf leagues.

Port Ludlow Hiking Club

by John Nuereberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads, and depart at 8:30 a.m. The Bridge Deck location can be found at our website portludlowhikingclub.com and then click on "About."

The hikers abide by the "Stay Healthy" recommendations and follow CDC guidelines for outdoor recreation.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to plhikingclub@yahoo.com, or go to the club's website portludlowhikingclub.com and click on "Contact" to send a message.

Friday, July 8 – Lower Big Quilcene and Notch Pass Trails

There will be two options for this hike: moderate and easy.

Moderate: Starting on the Lower Big Quilcene Trail, John will lead the moderate hike 2.5 miles with gradual elevation to Bark Shanty camp with some views and sounds of the Big Quilcene River before crossing it twice around Bark Shanty. After the second crossing we will turn right onto the Notch Pass Trail. Although there are no sweeping viewpoints on this trail, the creeks we cross, and the variety of trees and mosses make for a beautiful hike, and an historical one, as well. Believed to be a former Native American trading route through the Olympics, this historic trail was rebuilt by the Civilian Conservation Corps (CCC) in the 1930s. We will lunch in the vicinity of Notch Pass which is just shy of 2 miles from Bark Shanty and at an elevation of 2,400 feet before returning to the trailhead. Distance is 9.8 miles, elevation gain ~1,800 feet. **Easy:** Starting at the same trailhead, Chris will lead an easier hike as far as Bark Shanty where there is a comfortable campsite by the river to have lunch before returning to the trailhead. Distance is 5.6 miles, elevation gain ~695 feet. National Park Pass is required for parking. Restroom is available at the trailhead. Hike leaders: John Fisher and Chris Jennings, 509-341-4005.

Friday, July 22 – Bainbridge Island Sea-to-Sea Hike

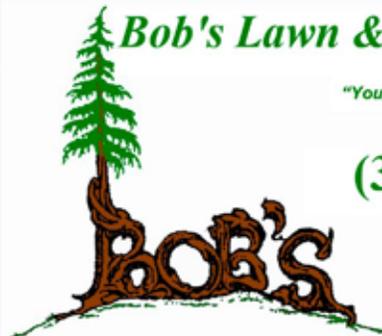
We'll begin at the Fort Ward boat launch ramp (at the end of Pleasant Beach Road, lower Fort Ward). No park passes are required. We will hike up one moderately steep bluff and then take the trail down to Blakely Harbor. Returning, we will again climb one moderately steep bluff and then take the same trail back to Fort Ward. It is a relatively flat 6-8 mile easy to moderate hike with a few gradual up-and-down sections. For those who would like to walk a little farther, we can walk down to South Beach, and if we're lucky, we'll be able to view Mount Rainier! Restrooms are available at the trail head, the upper Fort Ward parking lot, and at Blakely Harbor. After hiking, those interested can enjoy lunch at Lynwood Center. Hike leaders: Jorge Carrasco, 206-550-5100 and Jer Carrasco, 206-920-8054.

Monday/Wednesday/Friday - 8:00 a.m.

Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

Go to portludlowhikingclub.com for more hiking information, maps, descriptions of the Port Ludlow Trails, and pictures of previous hikes and other destinations.

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Golf: It's Good for You

by Jessie Short, for *Compass & Clock*

When the topic of health and exercise comes up, we often think about running, going to the gym, cycling, or other high-impact, rigorous activities. How often do we think about the health benefits of golf?

Golf might not seem like the most physically demanding sport, but don't overlook the benefits, for both physical and mental health. Here are some of them:

Cardiovascular health – The Norwegian Golf Federation found that during an 18-hole round, a player will have an average heart rate of 100 beats per minute. Walking an average 18-hole golf course can add four to eight miles.

Brain health – According to Clive Ballard, previous director of research at the Alzheimer's Society, "Whether it is going for a jog or walking the golf course, keeping physically active is a great way to keep your heart and your brain healthy. By keeping active you make sure your brain has a good, strong blood supply, which is essential to help it function better now and in future." Weighing the elements of a particular shot, adding up scores, and other facets of the game all aid in keeping the mind sharp.

Exercise – Along with the amount of walking involved, the golf swing in itself is great for providing a full-body workout. Each full swing exercises arms, legs, back, and abdomen, with numerous repetitions over the course of a round—about 30+ times for accomplished players and many more for novice golfers. Attempting to improve your skills levels by practicing on the range also provides great exercise.

Low risk of injury – Golf provides aerobic activity to keep the muscles engaged while emphasizing coordination and balance. Joints are not subject to the stresses and strains of more energetic activities like tennis or running, which can lead to long-term joint damage.

Social benefit – Golfing can be a great way to keep in touch with friends, family, and business associates. It also provides opportunities to meet new people or engage with fellow golfers. After play, you can visit the restaurant or the deck to extend social time as you watch other golfers finish their rounds.

Improved Vitamin D levels – Being outdoors in the sunlight is a natural way to get your daily dose of Vitamin D, which is important for absorbing calcium and keeping bones strong. Vitamin D is also effective for those coping with Seasonal Affective Disorder (a type of depression). In addition, Vitamin D can give your immune system a healthy boost.

Dan Swindler, assistant professional at Port Ludlow Golf Course, has worked at an assortment of courses around the Olympic Peninsula and he shared his thoughts on some less well-known benefits of golfing:

Reduced anxiety – Most golf courses are built in scenic areas that put people close to nature. These environments can be

calming and improve concentration. Coupled with an escape from the hassles of day-to-day living, the game can provide great relaxation.

The course at Port Ludlow was built in the 1970s by golf course architect Robert Muir Graves and features a natural setting of rolling fairways, with views of Hood Canal, Ludlow Bay, and the Olympic and Cascade mountains.

Reduced stress – Although golf can sometimes be a frustrating game, many find that teeing off when in a poor mood can channel stress and tension into something productive. The exercise also helps our bodies release endorphins, the mood-enhancing chemicals in the brain, which can improve mood and even reduce pain.

Better sleep – The combination of fresh air, natural light, and exercise during that loop around the links all result in a great recipe for falling asleep faster and remaining in a deep sleep longer.

Perhaps the most motivating benefit of golf has come from researchers in Sweden's Karolinska Institute, who found that golfers have a 40-percent lower death rate, which corresponds to a five-year increase in life expectancy.

Interested in learning more about playing golf? It's never too late to learn the game or brush up on your skills by taking lessons from a pro. Port Ludlow and many other courses offer private lessons and/or clinics for all levels of golfers taught by PGA professionals. See portludlowresort.com/golf.

Compass & Clock provides information to help you stay on top of your game for middle age, retirement, and well into your senior years. The organization sponsors a magazine, newsletter, podcasts, and seminars.

Dove House Golf Benefit

by Barbara Berthiaume, *PSO Bluebills*

The 10th annual Dove House Golf Benefit will be held on **Friday, August 19**, at the Port Ludlow Golf Club. Sponsored by the Olympic Peninsula PSO Bluebills, this event will kick off with a shotgun start at noon. Entry fees are \$125 for the general community and \$75 for Port Ludlow Golf Club members. Fees include a golf cart, box lunch, winner prizes, raffle prizes, and an awards ceremony including a spaghetti dinner.

Dove House will receive 100 percent of the donations, which will help alleviate dangerous living situations for victims of sexual assault and domestic violence. Items not in the Dove House budget include personal care products, emergency housing, transportation, and school supplies. These are just a few things that can ease the lives of traumatized families. For more information contact Barbara Berthiaume at 360-301-6207 or Barb Burke at 206-890-5387.



New Leadership for Ludlow Village Players

by Jim Gormly, Staff Writer

Since 2008 Val Durling has been Artistic Director of the Ludlow Village Players, as well as the director of every play that the organization has performed through 2019. Val is stepping back from those demanding responsibilities and assuming a more advisory role on the Board of Directors, with a title of Founding Member-at-Large.

Taking on the role of Artistic Director is Randy Powell who joined the LVP Board this spring, following his debut as Director of LVP's successful play, *The Outsider*, this March. As Artistic Director, he will continue Val's commitment to quality community theater productions in Port Ludlow. Randy will work closely with the Board to help in play selection, special performances, auditions, casting, rehearsals, performance design (publicity, set, costume, technical) and stage direction. In addition, he will help find scholarship recipients each year and explore ways to raise scholarship funds.

Randy has extensive experience in performing arts, acting, directing, writing, and teaching drama in three different states. He has acted in and directed over 15 shows with C STOCK in Silverdale and the Bremerton Community Theater, and more recently, directed several plays at the Jewel Box Theater in Poulsbo. These include *The Fantasticks* and *Calendar Girls*, as well as both directing and acting in *Fox on the Fairway*. During his long career in theater arts, which started at age 13, he has directed over 30 Broadway-style musicals and over 40 stage plays and has acted in a leading role in over 20 plays and musicals. A consultant with theater groups in Provo, Utah, he has also taught here locally at the Bremerton and Shelton campuses of Olympic College.

He brings a wealth of ideas to LVP gleaned from his experience in many settings. One of his proposals is the establishment of a regular autumn show, the first of which, *Broadway on the Bay*, is scheduled for **October 7 and 8** at the Beach Club. It will include musical numbers, short one-act plays, and skits performed for a dessert venue. The autumn shows are designed to be fund raisers for LVP's scholarships.

There are other changes to the LVP Board membership. We are grateful to Paul Moreau, who has rotated off, for his contributions to LVP, and we welcome the addition of Nancy Kiesler to the Board. In addition to her other responsibilities, Susan Abrahamson is also now the Assistant to the Director. Continuing on the Board are Carol Durbin, Cathy Thomas, Jane Navone, and Jim Gormly. The Board is dedicated to bringing theater education and enjoyable entertainment to the Port Ludlow community and looks forward to seeing you this October at *Broadway on the Bay*.



PLVC Board Meeting continued from page 27

Banners and Light Pole Brackets: We have been awarded \$3,102 by LTAC for additional banners and brackets for the “downtown” median strip. Due to higher-than-expected costs, we are proceeding with two of the proposed four banners and their brackets this year and will apply to LTAC for funds for the remainder next year. **Special note:** Karen Best has stepped up to cover the additional costs not covered by the LTAC grant for the pole brackets and banners in the Port Ludlow Village Center median.

2022 Port Ludlow Opportunity Fair Committee: Tam McDearmid – PLVC Board Liaison

Fifty exhibitors have requested to be involved in the fair event. A budget has been prepared. A meeting with Mark Torres, general manager at Bay Club, took place on May 20, 2022. This meeting was to confirm all details about facilities use agreement. Publicity for the event is in full swing. Postcard invitations will be sent to all Port Ludlow residents that have moved into the area since 2020. A *Voice* article planned for July 2022 will provide more information. This event is open to the entire Port Ludlow Community and will be held on **Wednesday, August 3**, from 4 to 6:30 p.m. at the Bay Club.

Homeowner Association Updates:

LMC – Joan Johnston, Vice President

LMC has decided to go to fully remote meeting formats for board and committee events through the month of June. This is due to the level of transmission and Covid-19 related cases here in Jefferson County. In-person meetings will resume based on future Jefferson County DOH recommendations. Also, a goal of establishing a hybrid meeting platform is being developed.

Communications Collaboration: The LMC Communications Committee will meet and discuss the suggestions from the PLVC on communications committee participation and will determine an appropriate response.

SBCA – Gil Skinner, SBCA President

No Club update provided this month due to conflict in scheduling. I do wish to acknowledge that the Bay Club had a wonderful Memorial Day remembrance held on May 30. The SBCA - Bay Club honored those who gave their lives in military service for our country. The short ceremony began at 10 a.m. and was completed within an hour. It was very befitting of the honor given to those who fell defending our country. **Memorial Day:** The possibility of having a more community-wide event held on an annual basis was discussed—something like what the SBCA did but with a wider participation by the community. Outreach will be held with the PLVC, SBCA and the LMC about the possibility.

Next PLVC Board Meeting: **Thursday, July 7**, at 3 p.m. via Zoom

Next PLVC Board Workshop: **Tuesday, July 19**, at 3 p.m. via Zoom

*minor edits made for readability.

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SemperFiChauffeur.com Tired of the lack of options getting to SeaTac Airport? Leave your car & your worries locked at home in your garage. Call Retired Gunny, Brent Neel for quote. Best way to start/end your vacation. 206-718-6139.

PERSONAL

LGBTQ+ folks and allies: Contact us at prideportludlow@gmail.com if you wish to be included in our membership. We are 46 people strong! We have fun and do service projects for our area.

PET CARE

Big Valley Pet Resort is a great place for your socialized pet to play while you are away. Check out bigvalleyanimalcarecenter.com or call 360-697-1451 for more information.

In House Petsitting for dogs and cats. buzzydonahue@yahoo.com 360-531-2605.

Kristina's Housesitting and Petsitting. Dates still available in July and August. 12 years experience, references, rates, information. Contact krissiesage@yahoo.com, 702/418-4180.

RV/BOATING/TRAVEL

RV Storage. South Bay, 1 mile west of Hood Canal Bridge on Hwy. 104. Call Shirley, 360-437-9298.

Beaver Valley Storage. 100 - 800 square feet. Twenty-four-hour security on duty. One month free with minimum six-month lease. 360-732-0400.

Financial Disclosure

The *Port Ludlow Voice* is a 501(c)(4) organization. Its entire staff consists of unpaid volunteers. All writing and editing is done in the homes of staff members on their personal computers. The production editor formats each issue and provides an electronic copy to the printer. The *Voice* is delivered at no cost to readers on all U.S. Post Office carrier routes in the Master Planned Resort (MPR). As of January 1, 2021, subscriptions are \$36/year or prorated at \$3/month.

Financial support for publishing the *Voice* each month comes from advertising, subscriptions and contributions primarily from community organizations. Average monthly income was:

1. Ludlow Maintenance Commission (LMC)	\$200
2. South Bay Community Association (SBCA)	\$200
3. Port Ludlow Village Council (PLVC)	\$200
4. Display Advertising	\$6,309
5. Classified Advertising	\$739
6. Subscriptions	\$55
7. Web Advertising	\$28
Total average monthly income in fiscal year 2020/21	\$7,731

Paper Content: The *Voice* gloss cover stock is balanced recycled FSC certified with 30 percent recycled content. It is elemental chlorine free. The inside stock is acid free and meets the sourcing requirements of the Sustainable Forest Initiative.

This issue proofread by Gene Carmody, Carol Fett, John Paxson, and Mary Small.

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Grace Christian Center--look forward to seeing you, Sunday mornings at 10.

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WELLNESSES



TUESDAY
JUL 12
3:00-4:00 PM

NAVIGATING THE HOME CARE ROAD MAP

Join the team from Jefferson Healthcare Home Health, Hospice and Palliative Care to learn about in-home care options.

MONDAY
JUL 27
1:30-2:30 PM

OSTEOPOROSIS MANAGEMENT THROUGH EXERCISE

Mary Breckel, DPT, Jefferson Healthcare Rehabilitation Services, will focus on the prevention and progression of osteoporosis and demonstrate exercises to protect and strengthen the spine.

TUESDAY
AUG 2
3:00-4:00 PM

TAKE CARE OF YOU AND YOUR HORMONES

From PMS to post-menopause, it can seem as though we are at the mercy of our hormones. Christine Skorberg, MD, FACOG, will teach us how hormones maintain good health.

WEDNESDAY
SEP 7
4:00-5:00 PM

KNEES & HIPS: TREATMENT OPTIONS FOR JOINT PAIN

Edward Eissmann, MD, FACOS, FRCS will focus on arthritis of hips and knees and available non-surgical and surgical treatments, including total joint replacement. Mitzi Hazard, DPT, will present on the continuum of care relating to joint replacement.



All sessions at SBCA Bay Club, 120 Spinnaker Pl., Port Ludlow
Pre-register to protect capacity and public health guidelines:
jeffersonhealthcare.org/calendar or call 360.437.2208
Co-presented by SBCA Activities, Health & Fitness Committee