# Port Ludlow CCC

Serving the Village of Port Ludlow Since 1998

August 2023















The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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Before attending an event, be sure to confirm the organization's in-person status.

# The Voice Online

plvoice.org

**Breaking News:** Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

**Expanded Articles:** Read complete versions of articles and media appearing online only.

**Full Content on the Website:** All the content from the magazine is now posted online.

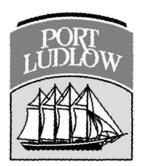
**Letters to the Editor:** Read comments, criticisms, and suggestions from other readers online.

**Advertising Information:** Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

**Archived Voice Issues Online:** Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

**Moving It On:** A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.

ON THE FRONT COVER Photo by Steve Deligan



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# **News & Community**

# On Water, Electricity & Nuclear Power

by Evie Maxwell, Staff Writer

As you may have gathered from the headline, we have a lot to talk about. Some of it stems from burgeoning pressures of climate change; some of it comes from the needs of our growing population; and some of it is just business, bureaucracy, and the march of time.

In any case, listen up:

We'll start with water. As you may have heard, or noticed, or will soon notice, our rates are going up. Substantially. As of June 16, 2023, the Jefferson County Utilities and Transportation Commission approved tariff revisions that would result in a 23.3% annual increase in revenue to Olympic Water and Sewer. This means, of course, a correlated increase in your water rates. But ....

That increase might not last. And if it doesn't, you might be getting a refund.

Confusing? You bet. While it may not be a first in the annals of bureaucracy, it is at the very least unusual, if not downright weird.

Here's the short version: When the folks involved in the running of Port Ludlow (both north and south) plus the Port Ludlow Village Council got wind of the increase, they got involved. After some investigation, they came to the conclusion that the increase had not received sufficient analysis. They filed a Petition to Intervene.

The petition was granted; the Port Ludlow crew made their case. The Utilities and Transportation Commissioners passed the increase. Then it got weird. While the tariff revisions were granted, it was done only "on an interim basis, subject to refund."

So ... the fat lady has yet to sing. We'll be watching for future developments.

Now to electricity:

Between Covid with its related supply problems and Port Ludlow's growing population, our electrical system has come under a lot of pressure. That has led to concerns about whether Jefferson County's Public Utility District can keep pace with current growth.

Are the concerns merited? To some degree.

First comes those supply shortages. Notes Will O'Donnell, Broadband and Communications Director for the PUD, "We have had a shortage of transformers for providing electric service. But, to date, we've been able to connect everyone who needs service."

That's good, but the PUD also has concerns about new development. "We have an issue with the development planned for Breaker Lane," O'Donnell explains. "For that feeder, we're very low on capacity to add additional development, and we're working on ways to expand that."

One way might come from the property developers as the PUD is "looking at some different ways to have developers contribute to some of the infrastructure cost."

So bottom line? There are concerns, but given the times, we'd be astonished if there weren't.

Now we come to the 'nuclear' part of our headline. In the pages of this issue, you will find an opinion piece authored by David Blessing, VP for Nuclear Matters at Cameron Group. In order to address our burgeoning climate woes, Blessing suggests Small Modular Reactors. This is a new kind of nuclear device which, Blessing writes, can operate without most of the safety concerns of their (much) larger cousins and which can reuse their nuclear fuel. It's an interesting thought, and potentially some good news for the future.

# Dine and Discover Potlucks Return

by Allan and Nancy Kiesler, Guest Writers

The Dine and Discover team is happy to report that we will be resuming our normal potluck format in the fall and plan to have six or seven evening events, just like the "good ol' days!" Since 2020, the Port Ludlow community has experienced a large influx of new residents who are unfamiliar with our normal format, so we thought this was a good time to share some history and go over the "rules," for lack of a better term.

Dine and Discover is a Port Ludlow community potluck that, in addition to offering an opportunity for enjoying dinner with friends and neighbors, provides education as well. To that end, the highlight of the evening is a presentation by a guest speaker. Topics are varied and always interesting. Dine and Discover began in the mid-1980s and has continued under the direction of numerous people to the present day—despite a year's lapse and a change in format due to Covid restrictions. Potlucks are held on the first Monday evening of most months, October through May, with the venue alternating between the Beach Club and the Bay Club. An article describing the topic and sign-up information will be printed in the *Voice* the preceding month. Sign-up sheets will be available in both clubs by the tenth of the previous month. When you sign up, you will also choose to bring an appetizer, main dish, salad, or dessert to serve 8 people. If you sign up to bring an appetizer, please arrive 5-10 minutes before the doors open so that the volunteers can get them ready to be served. Please do not bring serving utensils as we have our own. When you arrive, you will sign in and pay the fee of \$3 per person. Please label the ingredients of your dish that are common food allergens, such as nuts, seafood, soy, etc. and note if it is glutenfree. A volunteer will take your dish to the kitchen for you. You are then free to find a vacant spot at a table.

In an effort to keep costs down and to be as green as possible, please bring your own place setting – dinner plate, dessert plate, napkins, eating utensils, glass, and beverage of choice. Many bring a placemat to enhance the look of their table. Coffee, tea,

**Dine** continued from previous page

and water are provided. Since you will not be able to rinse your dishes afterwards, we recommend that you bring a plastic bag or something else to wrap your dirty dishes in for transport home. All empty cans and bottles are to be taken home for recycling.

We are busy looking for and scheduling speakers for the 2023-2024 season. If you have a speaker or topic to recommend, please send us an email at *akiesler@outlook.com*. Look for our article in the September *Voice* to learn the details of the first Dine and Discover for this season.

# August Events at the Library

While August begins the slow wrapping up of the Library District's Summer Reading Program, there is still plenty to do and lots of time to participate. See the events calendar at *jclibrary.info* for a complete list of programs and details.

The Adult Summer Read continues until August 31. Explore the captivating memoir *Quilt of Souls* by Phyllis Biffle Elmore which transports you to Alabama where the author's grandmother intricately weaves together stories and quilts that unveil a world filled with drama, passion, and African American identity. Don't miss the opportunity to join fellow readers for a book discussion on August 22 at 2 p.m. at the library in Port Hadlock.

The Library District is accepting submissions for our Community Art Project until August 31. We invite everyone to create a quilt square using paper, paint, collage, or fabric for the Jefferson County Community Quilt. You can work on your own or join us at the Jefferson County Fair, August 11 to 13 to craft your quilt squares. Look for the Bookmobile at the fair, where you'll find a range of materials such as card stock, embroidery, fiber art, paint, and pen and ink to let your imagination soar.

Don't miss the Friends of the Library Summer Book Sale on **Saturday, August 5**, from 10 a.m. to 3 p.m. Discover a wide selection of gently used books, audiobooks, DVDs, and music CDs. The Book Sale will be held in the Hagen Building adjacent to the library, with all proceeds supporting the Jefferson County Library District. Friends members enjoy early access at 9:30 a.m.

Get to know Libby, the one-tap reading app. Join us for Tech Tuesday on August 8 at 3 p.m. and learn how to download the Libby App to access thousands of free eBooks, eAudiobooks, and eMagazines. Knowledgeable staff will show you how to download Libby materials directly to your device, return items when you are finished with them, and customize your settings for the best possible reading experience. The one-hour class will be followed by a 30-minute Q&A and time to practice.

Kids will wrap up a season of activities with an End of Summer Celebration at H.J. Carroll Park in Chimacum. Join us on **Monday, August 7** at 11:30 a.m. to make ice cream and cool off with water bomb sponges. Outdoor Storytimes for Toddlers and Preschoolers will continue into the fall. Join Rosaletta at H.J. Carroll Park on Mondays at 10:30 a.m. for stories, songs, and physical movement to build children's love of reading and learning. The monthly LEGO® at the Library program will

take place on **Thursday, August 10**, at 4 p.m. Build something amazing in an open creative space.

Visit the Jefferson County Library District at 620 Cedar Avenue in Port Hadlock. For questions or assistance, call 360-385-6544 or email *information@jclibrary.info*. For complete program details and our calendar of events, visit *jclibrary.info*.

# New Business Offers Private In-home Support Services.

Poulsbo resident Ken VanderDoes and Port Hadlock resident Carmon Wilson saw a need and created a partnership to support those seeking in-home help. Over the next five to 10 years, demand for home care services will continue to grow rapidly in the state according to the US Bureau of Labor Statistics. If you are helping care for a friend or family member, you are not alone. More than 800,000 Washington State citizens provide help to an adult who needs care.

Their business, Pacific Northwest Care, LLC., opened in June and will provide private in-home care services for anyone in need.

Available services range from in-home care, meal planning and preparation, medication reminders, transportation, light house-keeping, after-surgery care, to end-of-life care and more.

"Our caring services allow our clients to maintain independence by providing appropriate in-home assistance and companionship," said VanderDoes.

He understands firsthand the support it takes to provide for loved ones at home. Ten years ago, his wife, LaDale, was first diagnosed with Alzheimer's, and he has created a community of loving caregivers who help support him in his efforts to keep his wife home with him. Carmon Wilson is one of those caregivers. Wilson is an experienced business owner and certified caregiver with a wealth of ability and knowledge providing in-home care for over 20 years. Her experience ranges from providing end-of-life care as well as caring for people with special needs. VanderDoes and Wilson bring together years of entrepreneurial and caregiving experience.

For more information, please contact Carmon Wilson at 360-360-2350 or Ken VanderDoes at 360-710-7067 or email them at pnwcare.llc@gmail.com.

# Arts Guild Craft Fair

The Port Townsend Arts Guild is having a free arts and crafts fair in Port Townsend on **Friday**, **August 18** from 9 a.m. to 5 p.m. It will be in the Uptown District on Lawrence, Tyler, and Polk Streets. There are still openings for artists and craftspeople who make their own unique work. The fair will be held outdoors with a funky parade, farmers market, live music, children's art activities, food, and more. Applications and information can be found at *porttownsendartsguild.org*. The Guild gives local students scholarships to major in the arts. Their email is *ptartsguild@yahoo.com*.

# June 2023 Statistics for East Jefferson Fire Rescue

Effective 01/01/2023 Port Ludlow Fire & Rescue merged with East Jefferson Fire Rescue. Our monthly statistics will now include information for the entire Fire District.

Communities served include: Port Townsend, Cape George, Kala Point, Marrowstone Is., Port Hadlock, Chimacum, Irondale, Port Ludlow MPR (North and South Bay), Paradise Bay, Beaver Valley, Bridgehaven, Mats Mats, Shine, South Point and other areas located within our boundaries.

### Alarms

Alarins	
Fires	96
Rescue/Emergency Medical	409
Good Intent	24
Hazardous Conditions	6
False Alarms	16
Special Incident	2
Service Call	65
Total Alarms	618
<b>Ambulance Transports</b>	
911 Transports	186
Hospital Request Transport	1
Total Transports	187
FIRE CARES Contacts	126

# All County Picnic—August 20

The All County Picnic, a collaborative effort of The Production Alliance, Jefferson County Department of Emergency Management, and Local 20/20's Neighborhood Preparedness (NPREP) Action Group will take place on **Sunday**, **August 20**, from 11 a.m. – 4 p.m. at HJ Carroll Park, 9884 Highway 19 in Chimacum.

Many local groups and agencies, including East Jefferson Fire Rescue (EJFR), will be represented at the picnic. County residents will have an opportunity to learn about developing a neighborhood preparedness group to become prepared to help one another after an incident such as a windstorm, snow storm, prolonged power outage, wildfire, earthquake, or tsunami.

The event provides an opportunity for attendees to meet members of our county's public safety agencies, including the Department of Emergency Management, and volunteer organization leaders representing the NPREP team.

This is a fun and educational event where you can visit with friends and neighbors while learning about some of the best ways to become better prepared for a disaster—all while enjoying some free corn on the cob.

Please mark your calendar and plan to attend! Meet East Jefferson Fire Rescue Chief Bret Black and some of our dedicated firefighters from EJFR.

We are looking forward to seeing you at the All County Picnic on August 20!

# **Meet Your Firefighters**

by Ron Dawson, Guest Writer

Meet Brian Tracer, firefighter, EMT, and Assistant Chief of East Jefferson Fire Rescue. Assistant Chief Tracer joined the department in 2014 to lead the Fire Prevention and Investigation division. He is also in charge of departmental facilities and apparatus. A certified marine law enforcement and boating safety instructor, he has also assumed leadership of the EJFR marine division in which there are three boats of different sizes.



Prior to joining EJFR, Tracer was Chief Civil Deputy for the Jefferson County Sheriff's Office. He had been with the Sheriff's Office for twenty-one years. In addition to his service as a deputy, he has had four year's experience as a volunteer firefighter, and more than fifteen years of fire investigation experience. He is currently the president of the regional fire investigation task force, which investigates the cause and origin of fires in Jefferson County.

Assistant Chief Tracer and his wife Jennifer live in Port Townsend, where he grew up. They have two children—a son, Dylan and a daughter, Taylor, and are now empty nesters. When away from work, they like to spend time at Lake Cushman enjoying the lake and boating.

When asked about the difference in his experience in law enforcement and as a firefighter, he said that in law enforcement it is you and your police cruiser. But as a firefighter, you are part of a team that works together. He likes the fact that every day is different, but the hardest part of the job for him is turning it off when the shift is completed.

He expects to retire in the next five years but will keep busy doing what he finds very enjoyable and rewarding: coaching football, and refereeing girls' basketball. Assistant Chief Tracer is a very engaging and interesting guy.

# **Short Story Guidelines**

Do you have a story you would like to tell? The *Voice* is looking for short stories or poems of 1200 words or less from its readers, either fiction or non-fiction. They should be complete in one issue, no serials, please. Acceptable themes are humor, culture, history, life stories, light sci-fi and nature. No violence, politics, or children's stories please. Submissions need to follow the *Voice* style guide, available on the web at *plvoice.org*. Stories will be published as needed or timely, at the editors' discretion.

# Features & Stories

# Whale Skeleton Installed on Union Wharf

The majestic bones of a 42-foot gray whale stranded in 2019 will soon be on view for visitors to Union Wharf in Port Townsend.

Installation of the new exhibit from the Port Townsend Marine Science Center (PTMSC) began on July 12. The installation will take about three weeks during which time temporary fencing will be in place. Once complete, a permanent short fence will protect the skeleton.

"This display will be a wonderful addition to the educational exhibits that PTMSC provides as part of its mission, to inspire conservation of the Salish Sea," said Executive Director, Diane Quinn.

The gray whale, a full-grown male, died and washed ashore near Port Ludlow in May 2019. Nearby residents and PTMSC volunteers, Dr. Stefanie Worwag and Mario Rivera, offered to let the whale decompose on their beachfront property, where scientists and volunteers from Cascadia Research, SR3, and PTMSC conducted a necropsy.

Worwag and Rivera gained permission from NOAA to prepare the bones and display the skeleton, beginning a multi-year process rebuilding this remarkable creature. Thanks to many volunteers, including industrial designer Les Schnick and shipwright Ric Brenden, plus \$80,000 in donations secured by the PTMSC, this wondrous creature and his story in the Salish Sea will be shared with all who visit downtown Port Townsend.

# Bleeding Heart (Dicentra)

by Eline Lybarger, Staff Writer

Dicentra formosa, or Western bleeding heart, is native to the Pacific Coast. It spreads by rhizomes and seeds, grows about 18 inches tall and three feet wide with quarter-inch, heart-shaped, pillow-like blooms in deep pink that hang from gracefully arching stems above the foliage. The bloom-stems look delicate but do not need to be staked. Unfortunately, the blooms don't last all summer. It remains green until it disappears for the winter. The exception is "Zestful" which is everblooming. None of the Dicentra have any fragrance.

D. formosa oregana is smaller at one foot tall but has lovely cream-colored flowers tipped with purple and silver-green leaves.

*D. chrysantha* Golden Eardrops has spectacular golden yellow flowers on four- to five-foot stems above sparse, blue-gray, divided leaves.

D. eximia is not native to the West Coast but can be found in the Appalachian region from New Jersey south into Tennessee. It deserves special consideration. In early spring its lacy graygreen foliage emerges from compact clumps 12 to 18 inches tall and wide. Soon after the leaves come the blooms, and it is one of the few species that keeps blooming until the weather turns cold. However during a particularly hot, dry spell, it may quit blooming until its environment is wetter and cooler.

Bleeding hearts are easy to grow. Hardy in winter, they prefer part shade and as they are susceptible to root rot, consistently moist soil that is well drained. Occasionally aphids or spider mites may attack. Deer and rabbits leave them alone. The plant has isoquinoline alkaloids that can cause liver damage and seizures if ingested in large quantities. It rarely impacts humans, but grazing animals have been made ill. Don't eat it—just enjoy its beauty.

# What's Up, Neighbor?

by Donna Geer, Staff Writer

She was the sanest woman he had ever met. Their first real date, a three-day backpacking trip in the Sierras, was a marvel, he told me. David recounted the long, in-depth conversations they had while sharing unhurried time in the mountains. buoyed by how easy it was to be together. Already adults, they'd met briefly when her father married his mother. Years later. serendipity stepped in, as it sometimes does, and they started a new



David and Nancy Blessing

Submitted photo

journey together. David said they have a true partnership, and it was evident to me he was missing her. When we spoke, Nancy was three weeks into a Switzerland train trip with her sisters and granddaughter, and there were still three more weeks to go. "The easy button isn't happening," he said, noting how important she is to him. I don't think he meant the start button on the microwave.

David Blessing and his wife Nancy have lived in the Pacific Northwest since 2003, first in Port Townsend where David attended the Boat School, and later in Port Ludlow. They live in an eclectic neighborhood of retirees, just off Swansonville Road in North Bay. It even boasts its own park, Kehele Park, with tennis courts and a small playground that visiting grand-kids frequent. When she first saw the neighborhood, Nancy was attracted to the spectacular view and how close it was to Port Ludlow Bay, plus the house was move-in ready. David, in Denver at the time, learned about the purchase via voicemail, *after* Nancy had signed the papers. He hadn't even seen the house nor that spectacular view. Talk about a partnership! I'm pretty sure my husband wouldn't go for that, although one of our daughters did almost the same thing when she bought her first home. You just do what you have to, right?

### Neighbor continued from previous page

During the Vietnam War, David enlisted in the Navy to join the nuclear sub program. He'd gone to college to be a physicist and ended up becoming an engineer, wondering if it was divine intervention because of the opportunities it afforded. He worked on the design, construction, and operation of nuclear submarines under a demanding and relentless admiral who "provided" numerous opportunities to learn. Maybe it was divine, as he spent 32 years working on the Navy's nuclear programs before retiring as a federal employee.

Retirement for David has meant following his passion, dedicating what time he has to things important. He hasn't exactly retired though, not by my definition. David has a part-time job with The Cameron Group in California, mentoring engineers at GE Hitachi as they develop a nuclear reactor for Canada. He reads up on all things physics, wanting to stay abreast of new findings. David is also working on energy policy with Innovation Beyond Zero, a local group of engineers and technical educators hoping to find ways to make Jefferson County energy independent. Perhaps you saw their webinar posted by the Jefferson County Library. The man is busy. I think they call that "un-retired."

David has a sharper focus now that he is "retired," and says he's grateful for all the opportunities he has had, but he's impatient. David is concerned about the state of the world, with natural disasters unfolding everywhere. He mentioned the unsustainable consequences of climate change, such as rising temperatures, drought, and extreme weather. David believes part of the solution lies in alternative energy resources, like nuclear power, but the challenge lies in educating people on how it can be done safely.

David recalled that a friend once told him he's "not that powerful," that he can't fix everything. It was a sobering reminder that some things are beyond his control, so David looks for things he can impact now. He said that Mother Nature has no time for BS, so we need to get busy. I think he's probably right about that.

If you want to share some stories about your neighborhood and who you are, or nominate someone else, reach out to Donna at *sports@plvoice.org* to start the conversation. Can't wait to hear from you!

# Edibles: Part 4 and Final, the Dark Side of Chocolate

by Libbey Lincoln, Staff Writer

Over this chocolate series, we have examined the history and fascinating chemistry of one of the world's most favorite foods. Unfortunately, this luxury comes with a dark side.

Although cacao production originated in modern-day Mexico and Guatemala, as European demand grew, colonization extended cultivation to South America, the Caribbean, then to West Africa and beyond. The cultivation, processing, and selling of cacao is rife with economic inequality. Farmers in Ghana and Cote d'Ivoire produce about 70 percent of the world's chocolate yet earn well below the World Bank's threshold for extreme poverty. Many of these workers are children.

In 2001, in a protocol approved by Congress, Big Chocolate agreed to eradicate 70 percent of the worst forms of child labor by 2020. In 2020, the U.S. Department of Labor estimated 1.56 million children ages 5 to 17 work in the cacao industries of Ghana and Cote d'Ivoire, an increase of about 14 percent. In 2021, the U.S. Supreme Court found Nestle and Cargill could not be held responsible for child trafficking and labor in West Africa (supremecourt.gov/opinions/20pdf/19-416\_i4dj.pdf).

Cacao demand and the agricultural practices to meet it has come with severe environmental, ecological, and human costs. Cote d'Ivoire, a West African country roughly the size of New Mexico, is the world's largest producer of cacao. According to the World Cocoa Foundation, from 2001 to 2014, 25 percent of its forests were cleared for cacao production, a practice that continues today. Tragically, much of this is occurring within their national parks and protected forests.

Landless people who migrated into the forests to escape drought and civil war openly clear the forests for cacao production. Previous efforts at eviction have been cited for human rights abuses and were largely ineffective. Forty percent of Ivorian's cocoa is knowingly harvested from these illegal farms. Mighty Earth in its 2017 comprehensive report, states that of the 70 chocolate companies with whom they shared their report, none denied sourcing cocoa from protected areas. (mightyearth.org/wp-content/uploads/2017/09/chocolates\_dark\_secret\_english\_web.pdf).

Common cacao farming practices have not only decimated elephant and primate populations, but toxins have been found in the chocolate sold to consumers. In 2014, As You Sow, an organization advocating for corporate accountability, sued over 20 chocolate manufacturers when their scientists found levels of lead and cadmium—two heavy metals linked to numerous health problems in humans, especially children—high enough to require consumer warnings under the Proposition 65 Toxic Enforcement Act (asyousow.org/blog/2022/8/17/new-report-explains-simple-safe-and-low-cost-solutions-to-reduce-levels-of-lead-and-cadmium-in-chocolate).

Consumers Report scientists recently evaluated 28 dark chocolate candy bars. Cadmium and lead were found in all samples. Consuming just an ounce a day of 23 of the bars put an adult over the level considered safe by public health officials for one of the metals. Five bars exceeded the level for both (consumerreports.org/health/food-safety/lead-and-cadmium-in-dark-chocolate-a8480295550/).

The route of contamination is different for each metal, requiring different solutions. Cadmium is taken up from the soil and accumulates in the seeds. Lead appears to be a post-harvest dust contaminant, typically found on the outer shell of the bean and increasing as the beans are dried on the ground.

What to do? To learn more, including potential mitigation strategies for each of these challenges, check out the included references. Check the lead and cadmium content of your favorite dark chocolate here: asyousow.org/environmental-health/toxic-enforcement/toxic-chocolate.

# Energy Independence on the Olympic Peninsula

by David Blessing, Vice President for Nuclear Matters at Cameron Group

Did you know that most of our electricity on the Olympic Peninsula comes from dams on rivers in other parts of the state, and it comes from a single line through Olympia? The rest of our energy comes almost entirely from fossil fuels—that is, burning something. We can't keep doing this. The need to stop releasing CO<sub>2</sub> into the atmosphere to prevent further climate change will require major changes in how we generate and use energy. Practically, that means we must electrify a lot of our present energy uses, especially transportation, and we probably need to make transportation fuel from CO<sub>2</sub> that we can get from air and seawater so we can continue using our gasoline-powered cars a while longer. We won't be able to get that extra electricity from new dams. In fact, there is talk of removing dams so salmon can reach their inland spawning grounds.

So what other choices do we have? We can certainly improve our energy efficiency and we should do that. There is a lot of enthusiasm for renewable energy. These renewable sources, combined with large amounts of energy storage, may make sense in areas that receive a lot of sun, have a lot of open land available and may be reliably windy. However, solar and wind power are not a significant resource on the Olympic Peninsula, particularly in the winter when we need electric power the most.

I have been working on energy policy for a while now, so these considerations are why I consider nuclear power to be a robust dispatchable power source. I am not talking about large, expensive systems such as those we are struggling to complete in Georgia. Rather, I recommend what are called Small Modular Reactors. In the next few years, the first models for several of these reactors will start up. All of them are designed with passive safety in mind. That means that, unlike traditional nuclear plants, these new designs can recover from various upsets without damage, without releasing any radioactive material to the environment, and without the need for backup power, water sources or even operator action. This is a major step in safety. In addition, many of these new designs can reuse nuclear fuel, drastically reducing the volume of the nuclear waste stream and the time over which it must be stored. I would be happy to share more about this. You can reach me at blessingdl@netscape.net.

We must support changes in how we generate and use energy in a sustainable way that avoids making climate change worse. My recommendation is that we include advanced nuclear power systems as part of the mix. I've been involved with nuclear power almost all my professional life. I respect it for what it is capable of providing, and I also respect how it must be designed, built, operated, and maintained with discipline. For all its challenges, we need it now as part of our solution to prevent uncontrolled climate change.

# Crabtree Kitchen & Bar

by Eline Lybarger, Staff Writer

Crabtree Kitchen & Bar in Poulsbo is located at 19225 8th Avenue in a large grey building. The restaurant is on the second floor so at the top of the stairs, or elevator, you will find Crabtree. The décor is black and white, steel and glass, with wood floors and an occasional wood beam. All very open without artwork or plants. Seating is mostly comfortable banquets and booths.

Opening the menu, we were impressed with a lengthy article by Peter Crabtree titled "A MESSAGE ABOUT STEAK." Steak is taken seriously here. To begin with, it is dry aged for a minimum of 21 days. We decided to have steak. Some of their starters like Rosemary Grilled Octopus and Cod & Chips could easily be a light meal.

As soon as we were seated, we were offered plain or sparkling water and then a bowl of handmade potato chips: warm, crispy, and seasoned but not too salty. On the menu, under "MAINS," there were several selections of fish, chicken, pork and even meatloaf, followed by steak options. Each MAIN has a description with a suggested wine, and for some entrees, where the price should be is "market price." Since only three MAINS were under \$30, we were anticipating an expensive meal.

Ray settled on Beef Tenderloin Tournedos, three small (less than 2 oz.) tournedos so tender you hardly needed a knife, served with a delicious port wine demi glaze, scalloped potatoes perfectly seasoned, and grilled asparagus, not over-cooked and deliciously seasoned. Ray didn't leave a scrap. In fact, he had to be restrained from licking the plate.

I decided on the NY Strip Steak & Truffle Fries, with pink peppercorn-cognac demi glaze, not as tender as Ray's, but very tasty, with a mountain of extra-crispy fries and a Caesar salad. The salad was OK, but they forgot the anchovies that I love. We had a very nice Sinegal Cabernet Sauvignon.

This brought us to dessert. Neither of us had room for dessert, but we were curious, so we ordered Apple Gallet with vanilla ice cream. Like an apple pie in a flaky puffed pastry and large enough to be shared. Our other selection was Cheesecake Evolution. The bottom crust was a one-by-four-inch Breton Biscuit, nicely rich, a generous topping of cheesecake filling and covered with fresh sliced strawberries and large flakes of caramel brittle. I was only able to take one bite of each, but that was enough to know they were both delicious.

Our MAINS were \$49 and \$45 respectively, but we felt it was worth the price because everything was exceptionally prepared and beautifully presented. However, at those prices it won't be one of our regular restaurants, but it will be at the top of our list for special occasion places.

Reservations can be made online or by calling 360-626-9059. Wednesday – Saturday is happy hour 4-5 p.m., followed by dinner 4 to 9 p.m.. Sunday brunch is 9 a.m. to 2 p.m.

# The Book

by Suyin Karlsen, Guest Writer

There is no other place in the world I would rather be than in a small chapel near a wishing well and "the temple of leaves." This heavenly abode is at 3880 San Rafael Avenue in Los Angeles. Oddly, it was the Beatles that led me to what for me is the holiest place in the world. But only after a 27-year labyrinthine journey.

In February 1968 the world's most worshipped four went to India to seek something to worship! Or that is how my brothers and I in our teens viewed their sudden exodus to Rishikesh, a Himalayan pilgrimage town on the banks of Mother Ganges, the holiest river in India. In Malaysia where we grew up, this was very big news, a counterculture in itself. The Beatles in India! We adored Harrison, Lennon, McCartney, and Starr and memorized their songs more religiously than scripture. The lyrics from "If I Fell" was the song that ignited our young hearts and young love to promise to be true and help us understand. It was a remarkable decade, the sixties ... romantic, tumultuous, and character forming. It began my own delving into yoga, not the stretching exercise-on-mat type but the philosophy, a way of life practiced by yogis (male) and oginis (female) seeking to attain supreme peace and equanimity in an unpredictable and violent world. Many lived in utter seclusion in mountain caves or huts quite content to have taken a pass on the materialistic world. Their ascetic but joy-filled lives painted a compelling picture and an even more compelling desire to find out what they knew that the rest of us did not.

Little did I know at the time that a remarkable book had already been written about yogis: *Autobiography of a Yogi* by Paramahansa Yogananda published in 1946. Seventy-plus years after the book was completed, it is still being printed and read all over the world as it has been translated into 50 languages. A.Y., as the book is fondly referred to by its countless readers, tells of Yogananda's personal life, his quest for truth, the encounter with his own yogi-guru and many delightful yet authoritative stories about other spiritual luminaries he met in the East and West, like the venerable Catholic nun and stigmatist Therese Neumann of Bavaria, and Mahatma Gandhi who needs no introduction.

My own encounter with Yogananda began in 1995 in Penang, Malaysia, when my daughter and I were visiting my parents and our family who lived on that island. She wanted to read a book about the Dalai Lama, the deposed ruler of Tibet, which required a bus ride into Georgetown from the tourist area of Tanjong Bungah. It was excruciatingly hot and humid that day, walking a half mile in the noonday equatorial sun without shade, down a hill to the bus stop where we took merciful refuge under a Flame of the Forest tree, named so because the bright orange-red blossoms appeared as if on fire. Before long, the Hin Company blue bus appeared, its beat-up Bedford chassis discharging a violent shudder before it rattled to a full stop. We clattered and bounced in this oven on wheels until we arrived at the junction of Burmah and Rangoon Road where Kong Hee Supermarket was located. We made a beeline to the third floor where the book section was located.

What a huge disappointment after all that effort! The entire space was crammed with Chinese Mandarin books. No English books,

not one. But wait. What's that?! An orange-colored paperback book stood alone and facing out and away from the other books neatly lined spine-to-spine. The cover portrayed a very attractive man with long, curly black hair and stunning eyes. They were beautiful, magnetic. As I drew closer, I felt the dark luminous eyes saturate my being with immeasurable love. Hypnotized, I picked up the book but quickly put it down when I felt the enormous shame of being cherished that much. No one could be worthy of such tenderness. The emotions I felt were overwhelming, causing a sudden flood of tears. Hurriedly, I left in search of my daughter who had wandered off. But the eyes continued to bore into my back. I knew unconditional love from my father. But this was different. It was more than unconditional; it had an otherworldly, nonjudgmental aspect. Pure, sweet, and unrestrained.

Listlessly, I explored the other floors without really seeing anything. Like in a dream movie, stacks and piles of stuff appeared and disappeared, telescoping forward, then disappearing altogether. I felt energy drain out of my body until I ascended the escalator with the intention of returning to The Book. Immediately, I felt revived and elated when I saw the book was still there. It was then that I read its title: *Autobiography of a Yogi* by Paramahansa Yogananda.

We returned home by taxi because I felt compelled to begin reading it right away. It is the only book, since 1995 until now, that I have read from cover to cover without stopping. I read it through the afternoon, through the night and until dawn literally without putting it down.

The year 1995 was my *annus horribilis*, a term made legendary by Queen Elizabeth describing her 1992. A younger beloved brother was dying from cancer. I was unemployed, a single mom in the midst of relocating from Europe to the US. Despair, depression, and desolation were my ground of being. My one daughter was the only reason I got out of bed every day and 1996 filled me with apprehension just thinking about it.

When I finished reading A.Y., I went outside. Everyone was still asleep. A fully flowering hibiscus bush shone with the dew. My mother's roses never looked more beautiful. Early morning birds chirped gaily on every tree, in every hedge, and atop roofs, tweeting their own bird hallelujah. I had never witnessed nature in such a glorious manner—vibrant, enthralling, and promising. I saw the sun rise, boldly speckling the horizon with hues of gold, a blonde giant demurely awaking. I felt something anew and golden arise in me too. It was hope.

Tomes have been written praising A.Y. Many millions have been sold. But that is not the most remarkable thing. The most remarkable thing is the book's ability to draw you into that same energy which fueled the words that became The Book. It really is very simply a book about Love. And the book was majorly instrumental in how my husband Steve and I met but that's another story of love, for another time.

I have read *Autobiography of a Yogi* maybe 10 times? Today, I began Chapter One again ... My Parents and Early Life. I am still culling gems from this inexhaustible mine!

# **Arts & Entertainment**

# **August Brings Northwind** Art's 'Fiber of Our Being'

Three women star in *The Fiber* of Our Being, Northwind Art's new show. Each of them makes something different with a traditional fiber art form— "and the results are wild," said Northwind spokesperson Diane Urbani.

The three are Port Townsend's Tininha Silva and Mo Walrath, and Portland, Oregon's Andrea Alonge. Their show, debuting this month at Grover Gallery, 236 Taylor Street, Port Townsend, mixes woven tapestries by Silva, a former swimwear designer; sculptural quilts by Alonge; and creations by Walrath, a weaver



Tininha Silva will display their creations in "The Fiber of Our Being," the new show at Northwind Art's Grover Gallery in downtown Port Townsend. Photo provided by Tininha Silva



Anne Pfeiffer will offer a Drawing Intensive for Teens this month at Northwind Art School at Fort Worden.

Photo provided by Anne

Pfeiffer

of willow cradles and "soul boats." The show runs Thursday, August 3 through Sunday, September 24 at Grover, which is open from noon to 5 p.m., Thursdays through Mondays. On the evening of Saturday, August 5, Grover Gallery and the Jeanette Best Gallery at 701 Water Street will stay open until 8 p.m. for Port Townsend's Art Walk. The Best Gallery presents two shows this month: the "Outside In" photography and sculpture exhibition and the Showcase Artists roomful of work by 24 local makers.

Alongside all of this, Northwind Art School at Fort Worden offers a range of fiber art programs. Here's a sampling:

- "Quilting Birds with Abandon," a Robin O'Neil workshop, Saturday and Sunday, August 5-6
- · "Breaking the Box with Sculptural Quilting," discussion at Grover Gallery, Saturday, August 19
- "Block-Printed Bandanas," workshop with Vadopalas, Saturday and Sunday, August 19-20
- "Breaking the Box: Sculptural Quilting," Alonge's full-day workshop, Sunday, August 20
- "How I Hold You, How I Would Have Held You," discussion, Tuesday, August 29.

The nonprofit school is also hosting summer art camps for youngsters. These include the August 14-18 "Constellations of Self" youth camp for ages 10 to 13 and the August 21-25 "Creatures of Sea & Shore" for ages 7 to 10. In addition, a Drawing Intensive

for Teens is open to 15-to-17-year-olds of all levels August 29-31. More information about all of these activities is found via the Courses link at *northwindart.org*. "Our art teachers are top-shelf. I know from experience, having taken classes this spring and summer," said Urbani. "Scholarships are available for all ages."

# Fun Things That Don't Cost a DIME!

by Bev Rothenborg, A & E Editor

If you like to stay home and relax on your deck, DON'T READ THIS! But if like me, you enjoy our NW summer with music and entertainment, you may read on:

I have been to Kingston Village Green Park, 26159 Dulay Road NE, for a concert, and it's a beautiful setting. On August 2, 16, 23 and 30, there will be a variety of musical entertainment beginning at 6:30 p.m. You can hear everything from Cajun to jazz to the Navy Concert Band. Bring a chair.

Don't forget the Port Ludlow Performing Arts concert and art fair on the lawn at Olympic Place which happens on August 6 from 2 – 4 p.m. The Beach Club hosts us for Music on the Lawn on August 24.

Last year due to Covid, Chief Seattle Days in Suguamish was open to tribes only but now we're all invited. In the past I have enjoyed this festivity immensely. There is so much culture to learn about. One year, Aztecs in full regalia came from afar. There's a salmon bake and a Pow Wow where I danced with the rest of the crowd. There are canoe races to watch, and much culture to learn about. Go to chiefseattledays.com for more details. This happens the weekend of August 18-20.

Beginning on **Thursday**, **August 3**, and continuing each Wednesday afternoon during August, there will be Music on the Dock in Port Townsend beginning at 2 p.m. Starting with George Rezendes and Soundlab and continuing with a variety of musicians each week, this is an informal fun way to enjoy some entertainment.

The amazing Navy Band NW performs in their state of the art auditorium (which you've already paid for) at Keyport on Wednesday, August 30 at 6:30 p.m. The last Free Friday at the Fort happens on August 4 at noon where you may take a picnic to enjoy Centrum's concert series showcasing their performers. This takes place at the Commons at Fort Worden State Park, Port Townsend. Centrum.org will give you more information.

Soundcheck is a multi-day, multi-venue festival dedicated to showcasing Port Townsend's performers and artists. It takes place August 17-20 in venues all across town, including an Uptown Street Fair on Saturday, August 19.

And so, dear readers, enjoy the rest of our beautiful NW summer in good health.

# Soundcheck

Soundcheck is a multi-day and multi-venue festival dedicated to showcasing Port Townsend's local performers, artists, and filmmakers. The 2023 festival will take place from **Thursday** – **Sunday**, **August 17-20** in venues all across town. Catch a show from a great band in an excellent venue. Dance outside at an inclusive swing event, or inside to sets from some of our best local DJs and producers. Marvel at a burlesque troupe, or at a collection of short films. Be moved by a collection of our best local poets addressing the most salient issues of our times. Soundcheck lets you choose your own adventure from an incredible array of locally focused events!

On **Friday, August 18**, featured events include a lindy hop dance at Tyler Plaza from 4-7 p.m., and Bandsplosion when Port Townsend will be exploding with bands.

On **Sunday**, **August 20**, help Fort Worden celebrate its 50<sup>th</sup> anniversary with free cupcakes.

Questions and other communication can be directed to *ptsoundcheck@gmail.com*.

# Port Townsend Symphony Orchestra (PTSO)

PTSO is sponsoring a summer music program for area musicians to read familiar and loved orchestral pieces. The three Monday evening sessions will be led by PTSO Artistic Director Tigran Arakelyan and will be held at the American Legion Hall in Port Townsend. Each evening will feature a different piece.

August 14: Beethoven: Symphony No. 5

**August 21**: Holst: The Planets: Mars, Venus, Mercury, and Neptune

August 28: Mussorgsky/Ravel: Pictures at an Exhibition

There is no charge for these sessions, but musicians need to register and follow the requirements on the PTSO website: ptsymphony.org/summer-music. For more information check out the PTSO website or contact Jay Bakst, 253-709-2850, raviyah2010@gmail.com.

# Port Ludlow Art League -Merchant Art Exhibits

The Port Ludlow Art League partners with local businesses that graciously offer locations for local artists to exhibit and sell their artwork. During August through October, you can enjoy original art by local artists at the following locations:

- Active Life Physical Therapy Melissa Bixby: Underwater photographs
- Coldwell Banker Best Realty Pamela Raine: Watercolor and Acrylic paintings
- The Beach Club Ann Gagnier: Abstract paintings
- The Bay Club Lobby Ann Bernard: Acrylic paintings
- Port Ludlow Post Office Port Ludlow Art League Fundraising innovative art plaques

If you'd like to purchase any of the artwork, please use the label information to contact the artist.

# Port Ludlow Art League-Upcoming Events

# Concert & Art Fair - Sunday, August 6, noon to 5 p.m.

Don't miss one of the biggest events of the year in Port Ludlow – the Port Ludlow Art League Art Fair and the free outdoor concert sponsored by the Port Ludlow Performing Arts group.

Both events are located on the lawn adjacent to Olympic Place near the Grace Christian Center.

Enjoy browsing artwork by local artists, including jewelry, paintings, photographs, woodworking, ceramics, textiles, mosaics, cards, and baskets. Then secure your spot to hear Black Diamond Junction, voted Olympic Peninsula's Best Band for the past seven years.



Joyful Joyful, by Diane Walker.

# **Fun with Abstract**

# Acrylics - Saturday, August 19, 10 a.m. to Noon

Abstract art offers a unique opportunity to explore the world beyond the obvious, inviting both the artist's and the viewers' imaginations to flourish. If you're interested in learning more about this engaging and challenging alternative to representational art, join us for a fun, hands-on class. Port Townsend artist Diane Walker will introduce you to acrylic paints, tools, and techniques that can help you turn your creative time into a playful and productive adventure. To sign up for this class, please visit *portludlowart.org*.

# Labor Day Art Fair – Saturday, September 2, 10 a.m. to 3 p.m.



Hydrangeas Still Life, *by Larry Davidson*.

Submitted photos

Once again, the
Port Ludlow
Inn will host the
outdoor Labor Day
Art Fair sponsored
by the Port Ludlow
Art League. You'll
be able to shop for
unique works of
art while enjoying
views of the Port
Ludlow Marina
and the Olympic
Mountains. The

Port Ludlow Inn is located at 1 Heron Road in Port Ludlow. The Group Art Show "Still Life" continues at the Bay Club through August. The Bay Club is located at 120 Spinnaker Place, Port Ludlow.

# Port Ludlow Art League

### Artist of the Month - Ann Bernard



Let Out the Sails, by Ann Bernard.

Ann's stunning artwork seamlessly bridges the gap between impressionism and abstract. She often employs bright colors, varied textures, and contrasting backgrounds to generate a visceral reaction from viewers.

Ann has gained recognition by not only displaying her artwork in and around Port Ludlow, but also participating in juried art shows in Port Townsend, Gig Harbor, Bremerton, and Edmonds.

During August, you can view Ann's artwork at the Sound Community Bank and online at *portludlowart.org*. A reception for Ann is set for 4-5 p.m., **Wednesday**, **August 9** in the lobby of the bank and 5-6 p.m. at the adjacent Port Ludlow Art League Gallery. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

The gallery is open Wednesday through Saturday, noon to 4 p.m. For more information, please email *info@portludlowart.org* or visit *portludlowart.org*.

# Jeweler of the Month - Beth Olson

Beth often scours gem shows for precious and semi-precious stones to create her unique designs. She not only loves the creative process, she also enjoys meeting shoppers at the art league art fairs. Best of all, Beth delights in the pleasure people take in wearing her jewelry.



Jewelry by Beth Olson.

Submitted photos.

During August, Beth's jewelry will be on display at the Port Ludlow Art League Gallery, the Sound Community Bank, and online at *portludlowart.org*. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

The gallery is open Wednesday through Saturday, noon to 4 p.m. For more information, please email *info@portludlowart.org* or visit *portludlowart.org*.

# Port Ludlow Art League Program Meeting

# August Speaker - Carol Reynolds

The Port Ludlow Art League is delighted to welcome Carol Reynolds as the speaker for their August Program Meeting.

Growing up in a household where her mother was a seamstress and her grandmother a needleworker, Carol was instinctively drawn to textile art. Initially a weaver, Carol will speak about a new technique called "new hand stitching" or "slow stitching," which is a



The Owl, by Carol Reynolds.

Submitted photo

mindful process that encourages the artist to thoughtfully create textile art by stitching with needle and thread. Carol works with repurposed cloth, thread, and photo transfers—cutting, ripping, sewing, dying, and painting fabrics, achieving depth by layering with transparent and translucent materials.

Carol will lead attendees in a slow stitch exercise to spark their interest in textile art.

The program meeting is scheduled for **Wednesday**, **August 16**, from 1 to 3 p.m. at the Bay Club. The Bay Club is located at 120 Spinnaker Place in Port Ludlow. Guests are welcome to attend the meeting for a small fee of \$5. For more information, please visit *portludlowart.org*.

# Concerts in the Barn

Concerts in the Barn will host 10 *free* chamber music concerts on its iconic farm in Quilcene. As always, concerts start at 2 p.m. Patrons can sit outside (where the music is broadcast) or inside the barn on comfortable pews or hay bales. Patrons are encouraged to come early, bring a picnic, and enjoy a stroll around the farm before or after the concert. The farm's resident pygmy goats, sheep, chickens, bunnies, and horses will be glad to greet you. This is a family-friendly environment, where everyone can find something to enjoy on a day at the farm.

This year, concerts take place both on weekends and mid-week. Check the website *concertsinthebarn.com* for more information. There's music to indulge every music-lover's taste!

For the serious chamber music lover, you'll enjoy the Kaimerata Concerts on **Wednesday** and **Thursday**, **August 2-3**. Musicians from Spain and France will perform a concert dedicated to Robert

Concerts continued from previous page

Schumann, interspersed with an informal talk on this great Romantic composer and the impact his music had on future composers.

On **Saturday** and **Sunday**, **August 19-20**, the Carpe Diem String Quartet with guest artist Sam Weiner will return to the Barn performing works by Mozart and Mendelssohn. On **Saturday**, **August 26**, members of Music on the Strait, a Port Angeles chamber music series, will be at the farm to perform Edvard Grieg's monumental *String Quartet in G minor*.

The festival's final weekend, **Saturday/Sunday**, **August 26/27**, ends with rousing renditions of Ravel's string quartet and Dvorák's *Piano Quintet in A major*, along with 4-hand piano music by pianists George Lopez and Gulimina Mahamuti.



Barn concerts are free; donations are encouraged.

Submitted photo

Although all the concerts are free to the public, attendees are encouraged to reserve seating for each performance through TicketStripe, accessible on the website. The link is *ticketstripe*. *com/event-list/concerts-in-the-barn*. Those who can afford the price of a ticket are encouraged to make donations of \$20 for lawn seating and \$30 for barn seating, but no one with a reservation will be turned away.

The farm has dozens of picnic tables set up for concertgoers. Non-alcoholic beverages, coffee, cookies, and ice cream will be sold in the Milking Shed, but concertgoers are encouraged to bring their own picnic lunches. The festival also will be selling wine from The Wine Seller and cider from Finnriver in the wine garden in the orchard area. Bottled water is available without charge. Be sure to stop by Festival Fashions, inside the Milking Shed, where hoodies, vests, and tees are on display in a variety of colors.

Concerts in the Barn is wheelchair-accessible and accommodates people with mobility issues; please alert the Concerts office at 360-732-4000 in advance of arrival. The farm is located at 7360 Center Road in Quilcene.

# Cruising to the San Juans

by Lola Morris, Guest Writer

Here's a great little cruise for the boating folk among you, plus some tips on visiting the San Juan Islands either by boat or via a ferry.

My husband and I started our boating adventure in Langley which has a small marina, and where it is sometimes difficult to navigate to your assigned slip. There is a long incline to walk into the town, but there you'll find shops and restaurants, as well as a movie theater. It's charming and low key; a perfect start, or stopover, for the San Juan Islands.

Our second night was in Oak Harbor. What a treat as we saw a pod of orcas off the dock, just splashing around and playing. Many of the young families with their children ran down to see the whales and ring the bell to alert the town.

Our third night was in La Conner with an easy walk into town to window shop and read the menus at the restaurants.

The fourth night was on Blakely Island, one of our favorite stops. There is a wide lawn, with lawn games and Adirondack chairs to relax in and watch the sunset. You'll also find a store with local goods and a restaurant (mostly takeout). It's like being at your own waterfront home, complete with fresh homemade donuts made every morning.

Now we move on to the fifth night in Rosario Resort, located on the San Juan's Orcas Island. By this time, it was rainy and foggy; still we walked to the Moran Mansion and went on a self-guided tour. Summer season hadn't started yet, so most of the restaurants were closed. But we did find a well-stocked store and a takeout restaurant at the foot of the marina. Plus, there's a pool and a spa in the Mansion, all of which makes for a great stop.

The following morning, we tied up in Olga and walked to the Art Gallery and bistro, all up hill. You could smell the pizza being cooked, and the baked goods were amazing! The Art Gallery was first rate as well. We ordered desserts to go from a menu featuring creamy cheesecake with lemon glaze, pear upside-down cake, strawberry rhubarb pie, and molasses cookies.

Leaving Olga, we cruised to Islands Marine Center in Fisherman's Bay, Lopez Island. The hike to town was about one mile each way and definitely worth the trip. Though most of the town was closed, we did purchase a few provisions (including wine) from the grocery store. The local brewery kept us hydrated for the walk back.

Also, if you drive to one of the islands, the ferry (walk on) is free to explore the other islands. Just walk on and walk off. It's a good way to explore, as the islands are unique and each one offers something different to visitors.

Because we went so early in the season, we missed the full-summer experience. Still, it was a great adventure, perfect for those of us who live in Washington. Don't forget your hat, sunscreen, and water, and you'll find a wonderful place to visit right next door.





# GARDEN TOUR DINNER SERIES

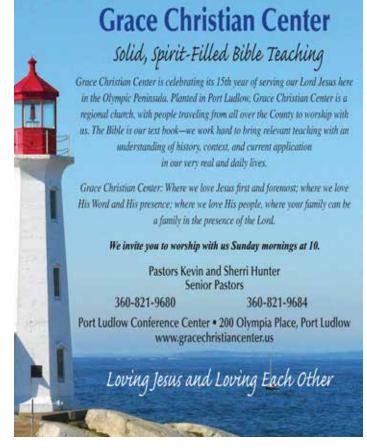
WEDNESDAY, AUGUST 30, 2023

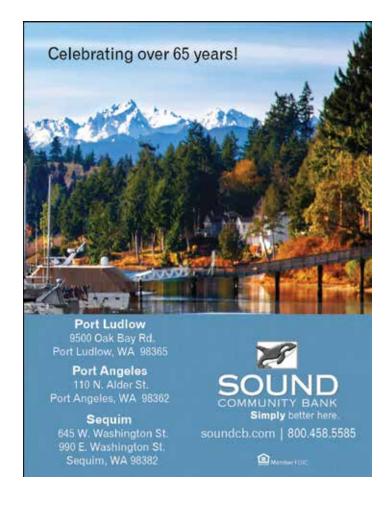
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(prices reflected do not include ticket fees)

www.oldalcoholplant.com/gardendinner

Old Alcohol Plant Inn 310 Hadlock Bay Road | Port Hadlock, WA 98339





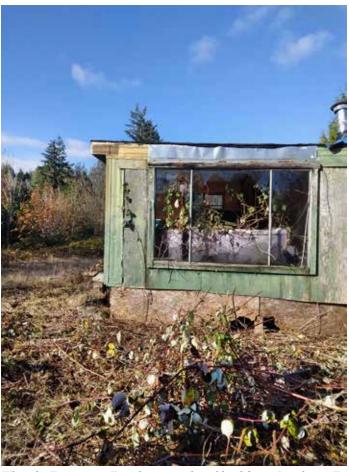




# Spotlight

# Bringing the 'Extinct' Back to Life

by Evie Maxwell, Staff Writer



When the Tamanowas Foundation purchased land for its Longhouse For The People project, the place was a virtual dump.

Start with an 11-plus acre of pure-junk land. Dirt and massed blackberry bushes, dead autos, discarded tools, mobile homes with thorn-laden fronds growing through their windows, a hot tub full of trash ... that's about all you see.

Add to this the descendent of a supposedly extinct group of people. (Yeah, really; we'll get to it.) Mix it up with a whole lot of community help: Donations from community organizations and private donors; a fire fighter supervising a much-needed controlled burn; loads of gigantic cedar logs, provided gratis; plus a heap of sweat equity and you have ....

The Tamanowas Foundation's Longhouse for the People project.

The project, which is already well underway just outside Quilcene, aims to revive the practices and beliefs of the indigenous people who once lived by the Salish Sea. The vision for this includes a living museum and recreational area devoted to learning, cultural events, native foods, and even spiritual healing.

The Foundation and the project are the brainchildren of Naiome Krienke, a descendent of the Chemakum/S'Klallam/Skokomish peoples who once dominated this region.

A firm believer in the practices of these once vibrant peoples, Naiome identifies primarily as Chemakum. But these people, she has been told, no longer exist.

"I was in grade school when a teacher asked me what I identified with," she says. "I told her 'Chemakum' and she said 'Oh, sweetie, they're extinct."

Standing on the Longhouse Project land in her sundress and sandals, Naiome does not appear extinct. But she does have an explanation for how that belief came to be.

Back in the early 1900s, she notes, the longhouses of Chemakum and allied peoples dominated the waterfront in the burgeoning area of Port Townsend. Lusting after that land, the town

fathers came upon a simple, if ghastly, solution.

"They declared longhouses illegal in 1910," Naoime explains. The city proceeded to forcibly remove and relocate the indigenous to the Skokomish reserve by ship. The remainder were scattered to less desirable lands. Thereafter, the Chemakum were deemed extinct.

But back to the project.

Thanks to funds provided by a wide variety of people and groups including, but by no means limited to, the Jefferson Community Fund, the Jefferson County BLM, the Chemakum History Group and the Jefferson County Anti-Racist Fund, plus \$200,000 from a private donation, Naoime was able to purchase the first land for her project in late August, 2022.



Thanks to a community of dedicated backers and hundreds of hours of sweat equity, the Longhouse For The People land is now looking ready for the future.

Submitted photos

### The "Extinct" continued from previous page

As noted previously, the area at that point was little more than a dumpsite. To help clear it, Naoime enlisted her neighbor, fireman Phillip Papajik, to oversee a controlled burn. Aside from clearing the tangle of bushes, the burn helped uncover a few surprise survivors from an earlier time: a Hawthorne tree, whose edible parts also help protect against heart disease, plus some chocolate lilies, useful for soups and stews.

With help from monthly work parties, plus Patreon and GoFundMe, the land restoration at the Longhouse Project is almost complete. In addition, Naiome has made a good start to her envisioned indigenous foods gardens, thanks to the donation of a thousand camas bulbs, a food source known as Kwa la in Chemakum, and a donation from Forest Shomer of a hundred tall camas bulbs.

As for the first of a series of longhouses, One Earth Tree Care's Nico Honeylion jumped in with the offer of several loads of prime cedars. The first large pile can already be seen on the land while Naoime's husband, Nick Krienke, has begun work to turn the huge logs into usable planks.

With luck, the spring of 2024 should see the start of construction on the first longhouse, a 24-by-40-foot structure. Inside, Naoime says, there will be plenty of space for cultural events, classes on the practices and history of indigenous peoples, and a spiritual healing center.

With work on the first steps of the project underway, Naiome and her group of advisors, which include such well-known locals as Finnriver's Crystie Kisler, have their eyes on additional amenities. These include several more longhouses, expanded gardens, walking paths and, of course, the possible purchase of adjoining properties.

In all it's a vision that combines the history, nature, culture, and practices that are at the essence of how to care for, and nurture, our land. With luck, the first official building will be open by the end of next year. But, as always, that's going to take help.

For anyone who interested in helping, please visit the group's website at thetamanowasfoundation.org. There you can sign up for monthly work parties or you can offer financial help via the group's GoFundMe (gofundme.com/f/help-us-build-a-traditional-longhouse) and Patreon (patreon.com/LonghouseforthePeople) sites.









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# Bay Club / South Bay

# South Bay Community Association Update

by Gil Skinner, President, SBCA Board of Directors

By the time you read this, the SBCA Annual meeting will have been completed and I will no longer be on the Board. So, this final *Voice* article from me will be a little reflection and a little commentary on the future.

First, let me say what a great honor it has been to serve on the SBCA Board for six years as president. What a great community we live in and what amazing people I have been privileged to work with as Board and committee members. The talent in our community is boundless and the experiences of our community members seem endless. There is no better place to live.

When I first became president of the SBCA in 2015, the new Board was immediately confronted with a need to completely redo the outer siding and all the windows of the Bay Club. It was amazing what we found in poor construction and maintenance. Our members stepped up to push forward a special assessment of \$1,000 and we got the work done. Many thanks go to Pat Hall, Bert Loomis, and Dave Jurca for the many hours they devoted to explaining the project and providing watchful eyes as the project was completed.

Next came the interior and, with major input from Lynn Lemieux, Marilyn Bellas, Phyllis Waldenberg, and Christine Spagle, we refurnished the Great Room and hallways of the Club. The work was so nicely done that PLA produced a video to use in their promotions of Port Ludlow.

We have also expanded the workout area of the Club due mainly to the efforts of Dean Rosenthal working with our GM, Mark Torres. The workout area compares well with any on the Peninsula.

Over the years we have also upped our game in physical health lectures, thank you Jefferson Healthcare, and have added some interesting intellectual lectures as well. Hopefully this focus on both the social and physical health of our members will continue.

So, as I look back, we as a community have done a lot. Due to the hard work of many volunteers, our Club is top notch. What about the future?

Well, first, you have a great Board of Directors. Obviously, I do not know who will hold what offices, but I do know the Board is staffed with a great group of individuals. They are a dedicated lot, and we are fortunate to have such good people who truly see the whole community as their charge. The Board members have worked very well together in the past and I have every expectation that will continue.

Among the items awaiting the new Board is the need for some landscape work around the Club. Some interesting ideas were presented to the membership at a Town Hall this past Spring and it will now be up to the Board to move forward. The ideas that are being considered will definitely keep the Club as the premier

# **SBCA Important Dates**

Monthly Board Meeting Thursday, August 10, 9:30 a.m.

Unless there are changes to county requirements, meetings are in-person.
All SBCA members are welcome.

To keep informed of meeting dates and times, please visit *sbca.club/home/schedule-sbca* 

Committee meetings minutes are posted at *sbca.club*, then click on Board Minutes page

facility in Port Ludlow. With enhanced patios and improved lawn drainage, the Club will become a real drawing card for groups wanting a quality venue.

In addition to the above, I see a great opportunity for growth of our member lounge. The lounge started in early spring and has become an instant "go to" for many members. What a great place to sit and talk with friends and meet and make new friends. With our new Club wines, thank you to all members of the Art League who submitted designs for our label, we are once again upping our game.

Much has been done but the future is even brighter. Please get involved, hopefully as a volunteer, or at least as a participant. Great community, thank you for allowing me to serve.

# Reminder to Dog Owners

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog.





# Beach Club / North Bay

# Update from the Manager

by Brian Belmont, General Manager

On Saturday, August 19, from 12 to 3 p.m., LMC will host a community barbecue on the Beach Club lawn. It doesn't matter if you reside in North Bay or South Bay, all are welcome. Ludlow Maintenance Commission (LMC) will provide hamburgers, pulled pork sandwiches, potato salad, chips and more. We will have bottled water and soda pop, but if you want something else to quench your thirst, you are welcome to bring your own.

If you are planning to attend, send me an email at GM@ LMCBeachClub.org or call the Beach Club at 360-437-9201 and let us know how many in your group or family will be attending our event. This will be helpful for us when purchasing supplies.

Also, we could use some helpers to serve, grill, and cleanup, so if you are interested send me an email and let me know.

### **Beach Club Concerts are back!**

The annual summer concerts at the Beach Club are back so mark vour calendar.

On Thursday, August 24, we welcome the Sound Advice Band which plays Motown, Classic Soul, and favorites from the 60s and 70s. Their song list includes hits by Stevie Wonder, Marvin Gaye, The Temptations, Aretha Franklin, Bill Withers, and so much more.

Join us from 5 to 7 p.m. on the Beach Club lawn—jumbo hot dogs, with chips and drinks, will be available for \$7. Bring your own beach blankets, lawn chairs, plus other food and beverages you might like. Everyone is welcome to come and participate in the fun, connect with friends and neighbors, and enjoy the gorgeous views.

On August 1, LMC's Office Manager Kim Bond is celebrating 37 years working at the Beach Club. What an amazing accomplishment! We are so fortunate to have Kim on our Beach Club team. When you see Kim, please thank her for all those years of service to our North Bay community.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at GM@LMCBeachClub.org.

> plvoice.org Breaking News - Archive of Past Issues Early Access to News Articles Local Arts - Letters to the Editor

# LMC and the Beach Club

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# Port Ludlow Community Church



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# Village Council

# **PLVC Board Summary**

by Chris Dean, PLVC Secretary

PLVC Board members attending the July 6, 2023, meeting: Randy Edwards, Carol Prismon-Reed, Tam McDearmid, Jane Holmes, Dave McDearmid, Ken Sondergard, Paul Hinton, Dave Jurca, Chris Dean.

# **Stakeholder Updates:**

**Diana Smeland, President, Port Ludlow Associates**: Diana advised that the streets in Olympic Terrace, Phase 2, have now been paved. There are seasonal job opportunities available at the Inn. The Wastewater Treatment plant needs updating and is being addressed. The increased Olympic Water and Sewer, Inc. water rate will be reflected in the August billing. Marina expansion mitigation work is scheduled for an October start.

Greg Brotherton, Jefferson County Commissioner,
District 3: Jefferson County Fire Marshall and Chiefs
recommended approval of a ban on all outdoor burning, including
fireworks. This recommendation was a result of Department of
Natural Resource's designation of a high fire risk. Violation of
this ban could result in a fine of \$1,000 or more. Greg discussed
the roundabouts on Hwy. 104 and mentioned that the selection
of locations was determined by the number and severity of
accidents at intersections. A left turn lane off westbound 104 at
Shine and Teal Lake Roads is being considered. The impact to
the community of the expiration in 2025 of the Master Planned
Resort Development and Tree Harvest Settlement Agreements is

Dan Toepper, Public Utility District Commissioner, District 3: Dan clarified that the rumor of a moratorium on electric hookups is not accurate. He advised there may be costs associated with additional meters considering the impact on existing infrastructure. The Smart Meters Program is progressing throughout the County. Customers will receive a postcard notice one to two months prior to the crew coming around. Customers can opt out for a price if they desire. PUD expects the project of converting 20,000 meters to be completed by the end of the year.

## **Committee Reports:**

being studied by the County.

Trails and Natural Resources, Jane Holmes for Larry Scott: two new trails, McCormack and Oak Bay, are being worked on by the committee, the latter to be opened by the end of July. The McCormack trail is currently on the back burner. New trail maps merging trail and bike paths will be available soon. The cost of these maps has been funded by Jefferson County Lodging Tax Advisory Committee funds.

Utilities Ad Hoc OWSI Rate Proposal, Dave Jurca: Dave updated the Board on the Washington Utilities and Transportation Committee Commission's findings and orders. Although the new rate was put into effect on an interim basis, an investigation by the Commission has been ordered and has commenced. PLVC was granted intervener status and is participating in the investigation. A status conference is scheduled for **September 6**.

**Village Council Meetings** 

Board Meeting Thursday, August 3 3 p.m., Beach Club

plvc.org

Recycling, Dave McDearmid: there is an opening for a new Utilities Chair. Dave reported the details of Skookum's trucks breaking down, not allowing them to do a regularly scheduled pickup of recycling material, plus an unusually large amount of cardboard being scattered in the area. There also appeared to be garbage bags left by the bins. This is a growing problem. The cardboard bins may need to be enlarged.

### **Board Business:**

**Paul Hinton, Treasurer,** presented the financial report for the month ending June 30, 2023.

**Tam McDearmid, Vice President**, advised that online voting and donation features on the PLVC website are being finalized. Postcards will be sent to all owners of real property in the Master Planned Resort in early September. Voting for Board members will be open until **October 6**. Ballot boxes will be placed at the Bay and Beach Clubs along with paper ballots for those not wishing to vote online.

# PLVC Going to Online Voting

by Dave McDearmid, PLVC President

The dollar just doesn't go as far as it used to. Your Village Council's budget includes support for the *Voice*, contributions to the Trails Committee, and appropriate insurance to cover our various activities. With the continuing rise in the cost of paper, postage, and printing, our single largest expense is the election that takes place leading up to the Annual Members Meeting in October. Accordingly, the Village Council is transitioning to online voting to make your dollars, so generously contributed, go as far as possible.

The online voting will take place on the *PLVC.org* website and be kept as simple as possible. For those who for any reason are unable to vote online, a copy of the ballot package and a paper ballot will be made available at either of the HOA clubs for you to cast your vote. Your vote is your voice and is important to the community.

You will receive a postcard on or about **September 1**, notifying you of the date, time, and place of the Annual Members Meeting. Additional instructions and a PIN needed to cast your secure vote will be included. Please keep the postcard and PIN handy until you have cast your vote.

# **Recreation & Sports**

# Golf Tip of the Month: Pitching from the Rough

by Jim Mancill, PGA, Head Golf Professional at Port Ludlow GC



Pitching stance and pitching release demonstrated by Jim Mancill.

Photo by Lynn Mancill

As with all shots not from the teeing ground, the lie will dictate everything from club selection to the type of shot possible. For our discussion today, we will assume the ball is not buried too deeply but is in thick grass around the green. As with the bunker shot, in most cases our No. 1 goal must be to get this next shot onto the green.

# **Technique**

Pitching the ball from thick rough around the green will generally require your most lofted club and a very simple technique. Simple as in our No. 1 goal will be to put the ball on the green and not to get too greedy! Follow these simple tips and start to cut strokes off your score.

There are four main points to remember:

- 1. It is critical to maintain your speed through impact, so it's best to use softer arms so you don't just swing hard. Softer arms will help you release the club and hit the ball higher.
- 2. With a narrow stance, play the ball forward in your stance and open the clubface slightly to allow the bounce to help us out. As with a bunker shot, aim just behind the ball and allow the grass to help "pop" the ball out and up softly.
- 3. If the ball lies deep in the rough and near the ground, square up the club as you will want to actually let it dig more and get down to the ball.
- Keep those knees flexed through impact. This will help create consistent contact.

Most common mistakes that lead to inconsistent shots are:

- Playing the ball too far back in the stance
- Too wide of a stance
- · De-accelerating at impact
- · Leaning back or away from target

Remember, for help with this situation or any other, please give us a call and let's get to work!

# Port Ludlow Hiking Club

by John Nuerenberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads and depart at 8:30 a.m. Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to *plhikingclub@yahoo.com*, or go to the club's website—*portludlowhikingclub.com* and click on Contact to send a message.

# Friday, August 4 – Lower Lena Lake

This is a moderate 6-mile roundtrip hike with 1,573 feet of elevation change. Lena Lake is a small backcountry lake surrounded by fir and cedar trees. The trail is easy to follow and well maintained. As you near the lake you will find good viewpoints to rest and enjoy the lake view. The turnaround point is a large boulder with the best view of the lake. Here we will take a break, eat a snack/lunch, and enjoy the views before returning the same route. There is a restroom at the trail head. National or Interagency Pass is required. Hike leaders: John Nuerenberg, 623-229-4657 and Sally Nuerenberg, 623-229-4257.

# Friday, August 4 – Lower Lena Lake with extension on Brothers Trail

For those interested, there may be another hike available which would extend the hike by four miles round trip. It would be on the trail to the Brothers Peaks and amount to another 800 feet of elevation gain. It would go to the secret grotto garden waterfall. A separate departure time might be designated for this hike. There is a restroom at the trail head. National or Interagency Pass is required. Hike leader: Ken Nelson, 206-369-3561.

# Friday, August 18 – Tunnel Creek

The Tunnel Creek Trail is 8.5 miles roundtrip with 2,450 feet of elevation change. However, there is a very nice turnaround point at a bridge that crosses Tunnel Creek about 3 miles for a total roundtrip of 6 miles. This turnaround eliminates 1000 feet of elevation gain and makes for a much easier hike. This trail is well maintained and easy to follow. Both options will be available: a shorter moderate hike or a difficult hike. Determination of hike level will be made by hikers at circle up, affecting carpooling. There is not a restroom at the trail head. Arrangements may be made prior to the hike for those in need. National or Interagency Pass is required. Hike leader: Ken Nelson, 206-369-3561.

Hiking continued from previous page

**Wednesdays: Timberton Loop.** Walk the 4.2-mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at **9 a.m.** 

Monday/Wednesday/Friday - 8 a.m. Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

For more hiking information, map of the Port Ludlow Trails and descriptions and pictures of previous hikes and other destinations, go to *portludlowhikingclub.com*.

### **Niners News**

by Kathy Traci, Lady Niners Publicity Chairperson

The Lady Niners have enjoyed playing together every Thursday morning this season. The Men Niners and the Lady Niners especially enjoyed the Putt and Pour event on July 13. The putting contest was greatly enhanced by the green-side drinks and appetizers. The play-away day is scheduled for **August 3**. Members will sign up for this event via Golf Genius. Niners' Couples Chairs Barb and Mike Burke organize games for the fourth Thursday of each month. The July 27 Couples event was well attended and August's Couples golf event and no-host luncheon at the Dusty Green is scheduled for **August 24**.

The second Captain's Cup play day took place on July 20 and the third day where scores are tallied for the Captain's Cup takes place on **August 10**. A Lady Niner's luncheon is scheduled after Thursday play on **August 31**. Winners of all regular Thursday Lady Niners' games are announced via email and winnings accumulate in members' accounts for the purchasing of PL Golf Course Pro Shop items.

Those league members interested in 11 a.m. casual play on Friday mornings should contact Linda Haskin. Linda sends out a Golf Genius invitation with play times via email and members respond to Linda's emailed announcement. Due to the limited number of tee time slots, inclusion is based on members' email response times. Non-members may also join the Women's Friday Casual Play group. Please contact the Pro Shop to be included on Linda Haskin's Golf Genius weekly invitation.

New members are always welcome. Lady Niner's Captain Barbara Burke invites prospective Lady Niners to play on Thursday mornings. To sign up to play, please contact the Port Ludlow Golf Course Pro Shop at 360-437-0272. Please note: PLGC membership is a requisite for participation in the Lady Niner's golf league.

Speed Limit in Port Ludlow Bay 5 mph No Wake, It's the Law!

# Port Ludlow Women's Golf League Update

by Kathy Traci, PLWGA Publicity Chairperson

On June 29, The Port Ludlow Golf Club Ladies' Invitational welcomed women golfers from many area golf clubs. Congratulations to the winners: 1st Low Gross: Kristy Whitcher (Kitsap) & Kim Titus (Gig Harbor). Several PLWGA members were in the winners' circle of the Invitational. 1st Low Net: Sharon Russell & Elaine Girard (Sharon picked the right day to have her alltime low score of 100) and 2nd Low Net: Peggy Selby & Kathi Williams. Visiting players commented on the excellent condition of the Port Ludlow Golf Course and many said that they are looking forward to coming



Ladies Invitational Low Net winners (l. to r.) Elaine Girard and Sharon Russell.

Submitted photo

back for next year's Ladies' Invitational. The event ended with winner announcements at a delicious late afternoon luncheon served by the Dusty Green Café. Bonnie Vahcic and Diane Kobz organized a successful basket raffle for the Invitational with the help of donations from many generous league members.

At the WGA/MGA Exchange on July 21, teams of one WGA member and one MGA member played a modified Chapman. The event culminated with awards announced at the Dusty Green Café and a luncheon hosted by the men's league. The team of Nick Van and Kathy Traci were the winners of this Exchange golf competition. On **August 1**, the women's league will host the Exchange using a similar format.

The mid-season luncheon and general meeting was held at the Beach Club on July 26. The winners of the Captain's Cup Tournament, (a match play event) were announced and the Queen of the Captain's Cup Tournament was honored. (Forthcoming details will be announced in the next issue of the *Voice*.)

August PLWGA regular play continues Tuesdays and casual play on Fridays. Captain Elaine Raymond announced that the PLWGA Club Championship, a three-day event, will be held on **August 21**, **23** and **25**. The next major event, the All-Star Cup. will take place in September.

PLWGA Captain Elaine Raymond invites prospective PLWGA members to play on Tuesday. Please contact the Port Ludlow Golf Course Pro Shop at 360-437-0272 to sign up to play. Please note: PLCG membership is required for participation in the PLWGA league.

# Trail Mix

by Larry Scott, Trails Chair



OBT volunteers John Fillers, Mark Makarowski, Jeff Sarantopulos (L to R) on the newly completed trail.

Photo by Glen Bell

Well, here we are reporting in August on what we were up to in June. It makes it a little awkward, but I'll try to sneak in a little July planning as well. The crews that set the McCormick Loop and McCormick Rail Trails aside temporarily and shifted to the new (and hopefully open by now) Oak Bay Trail (OBT) had been focused on getting it finished and they have now done so. In addition to a couple of unexpected wet locations, there was a lot of massive blackberry brush to cut through and, unlike some of our other trails, this trail will be single track in many places along Oak Bay Road to maintain the maximum screening for adjacent residents. That means we couldn't widen the trail to our usual width standard, and it will require steady maintenance to keep those pesky outreaching blackberry runners at bay. Fortunately, a local resident, Jerry Keck, who helped build the OBT, is now also the steward and is taking that job on. The other item Trails has taken on in July, besides the normal heavy spring/summer mowing and whacking, is the rerouting of the connection from Mt. Wilder to the DNR trails. This trail was partially closed as PLA developed its new McCartney Peak Lane. The development did not affect the entire trail, but approximately 200 meters needed to be redeveloped to avoid encroachment. This should also be completed by the time of this publication.

With some luck, by sometime in mid-August, we will be back to the McCormick Loop Trail pulling stumps, and cussing/cursing those tree stumps and their variable root systems.

"Let's Keep Improving our Trails" Like to help? Send me an email at mclgscott@cablespeed.com.

# Le Petit Pacquet—a PLYC Member's Story of Craftsmanship and Family Ties

by Doug Pulling, Guest Writer



Celeste Archambault rowing Le Petit Paquet.

Photo by Doug Pulling

I purchased the kit at the Wooden Boat Festival in 2021 and scrambled to find places to store the four large boxes that arrived until I could outfit space to begin the project. Finally, in March 2022, I got started with the process of gluing and stitching together the frames and planking for the hull. These processes take time: it took four rolls of copper wire to form planking around the frames, a day or two to install them and another to extract the bits of wire left when glue had hardened. Then came layers of epoxy and fiberglass, with a day or two between each application for things to cure: days turned to weeks, then months. And after building and shaping the gunwales and furniture, more coats of epoxy and curing time. Then came varnish, four coats in all, everywhere. It wasn't until the late winter of 2023 the end was in sight.

Deciding on a name for the new dinghy presented a challenge. The mothership is named *Papum* which my wife Celeste chose because it was the sobriquet I gave my grandfather. Conversely, Celeste's grandfather had a nickname for her when she was young, "Small Package." *Papum* is an Island Packet yacht. The English term "packet" refers to vessels used for service between ports, originally for carrying mail, and is derived from the French "paquetbot." I was employed as a US Postal Inspector. Celeste's heritage is French-Canadian. Amalgamating the above bits and pieces, we decided on *Le Petit Pacquet*, which translates to "small package."

To express your interest in visiting Port Ludlow Yacht Club, please complete the form on our website at *plyc.us/visit*.







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### PLVC Voting continued from page 23

The Village Council's only source of revenue is your generous donations. The majority of these are received during the annual election. Now you will be able to securely contribute online or by check as in the past. Additional information will be forthcoming when the DONATE button goes live online.

Thank you for your support of the Village Council.

# 11th Annual Dove House Golf Benefit

by Barbara Berthiaume, Staff Writer

The 11<sup>th</sup> Annual Dove House Golf Benefit will take place on **Friday, August 18**, at the Port Ludlow Golf Course with a shotgun start at noon. Player registration forms are available at the Port Ludlow pro shop and entry fees are \$135 for the community and \$85 for members. This is a very popular event and there is always a wait list, so if you are interested, sign up now! The Dusty Green Café will have a continental breakfast available starting at 9 a.m., and there will be a drinks cart on the course during the tournament.

Last year, the PSO Bluebills wrote a check to Dove House for \$28,800 which went directly toward client services. Dove House provides advocacy, crisis intervention, and education to approximately 500 residents of Jefferson County each year. From July 1, 2022 to June 30, 2023, 41 adults and children stayed in the emergency domestic violence shelter, equivalent to 3,675 bed nights. There were 123 requests for emergency shelter that could not be met due to a lack of space. One hundred seven ninth graders attended relationship skills classes. Funds raised at the benefit golf tournament help survivors obtain documents, childcare, housing, transportation, and other services and resources that support rebuilding healthy lives. We invite you to join us for a fun day of golf for a very worthy cause! For more information, contact Barbara Berthiaume at barbara. berthiaume@gmail.com or at 360-301-6207; or Barb Burke at barbara.e.g.burke@gmail.com or at 206-890-5387.

# Cloud Cuckoo Land - Martha's Book Group

Cloud Cuckoo Land by Anthony Doerr is a triumph of imagination and compassion, a soaring story about children on the cusp of adulthood in worlds in peril, who find resilience, hope, and a book. From 1453 Constantinople to a futuristic spaceship, the author takes us on a ride through wars, literature, loss, love, and the enduring power of storytelling. Through the novel's five fascinating characters, we see the impact of new technology and communication methods, and how the preservation of books and stories can give enduring meaning to life. Spanning multiple characters, time periods, and places, readers will be drawn into this clever literary puzzle and repeatedly satisfied every time one piece is revealed to relate to another. Cloud Cuckoo Land celebrates the power of stories and how they connect us as well as comfort us during difficult times.

Join us at 4 p.m. on **Tuesday**, **August 8** at the Bay Club for a discussion of this intriguing story. Martha's Book Group is open to all. For more information or a list of upcoming book selections, contact Sarah Schuch at *bookclub@plvoice.org*.



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# Classifieds

The monthly cost of classified ads is \$17 for less than 25 words and 60 cents per word there after. There is a prepayment discount, 10% for 6 months or more. We accept "personal" ads such as public "thank you" ads. We do not accept ads of a political nature. The deadline for new ads, changes, and cancellations is the 8th of the preceding month. We send out invoices on the 1st of the month. We normally send emailed invoices but will mail them if you request. Ads will run until canceled. You may pay by check, money order, credit card or bank transfer. Email your ad and contact information (name, billing address, phone numbers, and email address) to classified@plvoice.org.

# **COMPUTER & TECHNOLOGY**

**Computer Sleuth** – Is your computer walking instead of running? Try the simple things first! Local references available. Call Eric Hammond 949-244-3595.

**PT Computers**: we work on Apple, Windows and Linux computers. Diagnostics & Repairs, Virus Removal, New Computer Set Up. We Sell: Printer Ink, various cables and Adapters, Phone chargers/cables. 360-379-0605.

# **EMPLOYMENT**

**Full-Time / Part-Time Caregivers Needed!** We currently need someone to work full-time or part-time. You must be reliable and pass a background check. We look forward to hearing from you! Call Pacific NorthWest Care at: 360-360-2350

# FINANCIAL SERVICES

**Taxes & Accounting.** We specialize in tax preparation & needs of small businesses. We make house calls. Call 360-437-1392. Great service/fair prices. Duane E. Anderson, CPA.

**Accounting:** Bookkeeping services, payroll & payroll taxes, tax return preparation. Need someone to get your books ready for tax season or to keep the books up to date? Do you need help with personal or business tax return preparation? More than 20 yrs. experience. email Rhonda @ r3granger@gmail.com or call 360-358-5340 for more info.

### **FOOD**

**Dinners To Go** service offered by GBF Catering on Tuesdays and Fridays. Order online and see additional information at *GBFcatering. com.* Catering services available in Jefferson, Clallam and Kitsap Counties. For more information call 360-774-0848.

### **HEALTH & BEAUTY**

Sacred Healing Arts: Acupuncture, Sound healing, barefoot massage, cranial and nerve therapies to clear unprocessed emotional trauma to connect you with your embodied joy! Contact Jillian Rifkind L.Ac, EAMP at 360-523-2091 or visit joypointclinic.com. 9481 Oak Bay Road.

**Physical Therapy in Port Ludlow.** Active Life Physical Therapy. Our services include balance training, spinal rehabilitation, vertigo treatment, and joint replacement therapy. Medicare accepted. 360-437-2444. *Michael@activelifetherapy.com.* 

**Foot Care.** Dr. Steven Reiner, DPM, Podiatric Physician & Surgeon. Bunions, hammer toes, toenails, diabetic shoes, orthotics, heel pain. Located at 204 Gaines Street in Port Townsend. Call 360-385-6486 for an appointment.

**Tootsies: Manicures & Pedicures.** 7551 Oak Bay Rd (across from Port Ludlow Fire Hall) Available by appointment, 360-437-2332. Neighborhood fun!

**End of Life Doula and WA State certified caregiver.** Peace of mind through discussion, planning and support. *mollymaverick.com* 

Caregiver Available in Port Ludlow. Providing in home care services, light housekeeping, errand and grocery assistance, medical transportation, and companionship. Certified and Experienced. Call or text Susan at 360-301-0200.

**Private Caregiver:** Experienced, vaccinated, background checked. \$30 an hour with transportation and overnight options. References Available. 360-531-1290 *chimacummary@gmail.com* 

Treat yourself to a relaxing hour of pampering with Ear Candling! Call Janette 949-275-3848.

**Wellspring Within:** Port Ludlow: Reiki master, cranial-sacral therapist, applied shamanism and depth hypnosis practitioner. Age appropriate care where soul meets body. *teresa@mailhaven.com*: 503-523-8125. *depthhypnosispractitioners.com/practitioners/teresa-laughlin* 

### HOME RENOVATION & DÉCOR

**Quality Painting with Affordable Pricing.** Exterior, interior. Pressure washing. Lots of local Port Ludlow references. Bonded & insured. License CBSPAP\*917CD. Call Tony Forrest, owner, CBS Painting, for a free estimate. 360-633-5702.

Arnett's Affordable Home Improvement - All remodeling and home repair, Kitchen and Bath Specialist, Tile, Stone, Hardwood and Laminate flooring, Construction, and repair of Decks. "When you want it done right the first time-call us!!" Arnett General Construction 360-477-1935; WEB constructiontilepro.com; CCDONARAG875DL; local references.

**Ludlow Custom Contractors.** Specializes in custom home painting, decks, & finish carpentry. Contractor's License #MOSHECJ994MC. Christopher Mosher, 360-301-9629. "Custom Designing Your Dreams."

**RW** Construction. 30 years' experience remodeling & custom construction. Small jobs OK. I also consult on renovations or remodels. Avoid innocent but expensive mistakes. Great references. Licensed/bonded JOHNRC\*983DF, 360-302-1242.

**JDG Construction Inc.** 30 years in local business. Free estimates on remodel & new construction, 360-385-3287.

**Do It Right Roofing & Construction.** High quality roofing & construction & remodeling. Owner on every job. General contractor Reg. #DOITRIR943QL. Locally located in Port Ludlow. Excellent local references. 360-774-6348.

**Dave Peterson Tile & Stone.** Kitchen and bathroom remodel, shower-pan specialist. General Contractor. Bonded, insured, Lic#CCDAVEPPT943DW. 40 years' experience. 360-681-2133.

**Professional Tile & Grout Cleaning/Sealing.** Clean Grout Northwest, re-grouting, re- caulking. Cleaning & sealing, ceramic, porcelain, natural stone. Licensed, bonded, insured. Lic#GROUTGN905DJ, 360-621-1730. *cleangroutnw.com*.

Remodels, Additions, Finish Work & Handyman Services. Carpenter dedicated in providing quality work for Port Ludlow customers! Lic#GREYDGD824BH, Bonded & Insured. Call Chris Travaglio 360-434-8999 THEGREYDOOR.net

## HOME SERVICES

**Legion of Clean** Voted #1 Best House Cleaning in 2021 & 2022. Professional and Reliable Cleaning Service. Licensed, Bonded and Insured. *legionofclean.com* 360-344-8409 *sparkle@legionofclean.com* 

**Olympic Gutter Cleaning & Moss Treatment.** Improving the appearance & life of your home. Call to set up an appointment at 360-301-9980. Licensed & insured.

**Pristine Clean Gutter and Moss Removal:** Commercial and Residential. Tile, Comp, Cedar and Metal rooftops, Gutter repair, Moss prevention plans. Pressure Washing, Siding and Surfaces, Gutter Guards. Licensed and Insured. Call: 360-990-2679 or 360-440-2238.

Home Maintenance. Pressure Washing driveways and sidewalks, soap is safe on plants and grass. Small Home maintenance jobs. Lic#RMSERS\*835B3, Bonded and Insured. Call for info. James @ R&M Services 360-301-2683 or randmservicesrm@gmail.com.\_Local Resident.

**Window Blind Restrings and Repairs.** Most cases same day service. Give James a call @ R&M Services 360-301-2683, Port Ludlow Resident.

**JC's Painting and More.** Painting--drywall repair & finishing-carpentry-handyman tasks and more. Free Estimates 360-550-6101. Lic. # JCSPAPM919DS. *jcspaintingandmore.com*.

**Experienced house/pet sitter for travelers.** Yard cleanup, pruning, flower beds, light hauling, deck/gutter washing, minor repairs and helping hands. Outstanding References. Call Gary 425-422-9709.

**Home Maintenance** Painting, electrical, plumbing, roofing, drywall, light remodel, landscaping, decks, hauling, concrete, pressure washing, general labor, and handyman services and more. David 360-301-9012.

Gutter Cleaning and Moss Treatment: Call Gutter Street Services. 360-821-1806. Reliable, local, licensed and insured.

Home Team Housecleaning. Hard-working, honest, fast, and friendly young Dominican girl. I want to make my clients happy and keep their homes clean. References. Please contact Sheryl 360-860-2774 or sheryllara@hotmail.com.

**Pressure washing is our specialty.** Make it look new again with EcoClean pressure washing services! Driveways, patios, decks and more. Give us a call 360-531-4821.

# LANDSCAPE & YARD SERVICES

**Brett's Stump Grinding.** Goodbye ugly tree stumps! I'm professional, reliable, & reasonably priced. For info & to see before & after photos, go to *bretts-stumpgrinding.com* or call Brett Aniballi at 360-774-1226.

**Field's Tree Care LLC** is a Certified Arborist here to help you with all your tree & shrub needs. Fine Pruning. Free Estimates. Licensed, bonded, insured. Lic # FIELDTC876DH. Dan Field 360-994-0166.

Irrigation repair, maintenance, and automatic flower bed systems. Seasonal start up and shut down. Call Wayne 360-643-3114. Email waynegrassman@aol.com.

**Garden and Lawn Care**: Mowing, trimming, pruning, pressure washing, clean up, summer/fall projects. Reliable, effective, considerate. Please contact Joe at 360-301-1333. Cards welcome. Bonded and Insured.

## LEGAL SERVICES

Secretarial Services. Call Cammy Brown, Peninsula Legal Secretarial Services, LLC, 360-301-2590, *cammybrown.com*, for all your business and legal secretarial needs. Transcription, preparation of legal and business documents, typing projects, etc. I now have a second office inside the Post Office in Port Ludlow. Same phone, etc. By appointment only.

**Notary Public:** For Notary Public services call Cammy Brown, Peninsula Legal Secretarial Services LLC, 360-301-2590, located in Kivley Center, Port Hadlock and the Post Office in Port Ludlow, by appointment only.

## MISCELLANEOUS

**Elena's Alterations & Tailoring.** Providing professional seamstress services since 1992. For only the highest quality alterations or tailoring, call Elena today 360-437-9564(h), 206-305-1101(m).

**SemperFiChauffeur.com** Tired of the lack of options getting to SeaTac Airport? Leave your car & your worries locked at home in your garage. Call Retired Gunny, Brent Neel for quote. Best way to start/end your vacation. 206-718-6139.

### **PERSONAL**

**LGBTQ+ folks and allies:** Contact us *at prideportludlow@gmail. com* if you wish to be included in our membership. We are 106 persons strong! We have fun and do service projects for our area.

# PET CARE

**Big Valley Pet Resort** is a great place for your socialized pet to play while you are away. Check out *bigvalleyanimalcarecenter.com* or call 360-697-1451 for more information.

**In House Petsitting** for dogs and cats\_buzzydonahue@yahoo.com 360-531-2605.

**HarpDogs Pet Care** - Experienced Dog Walking and Pet Sitting for ALL animals including Special Needs. Port Ludlow area. Email: notifyharper@gmail.com or call 650-799-3080.

**Pet & House Sitter.** Care for your pets in your home. Experienced and responsible and will provide references. *sandieyonke@hotmail.com* phone 360-821-5360

**House and Pet Sitting.** Conscientious and reliable. Call or Text Sherry to make appointment for meet and greet 360-775-6388

### RV/BOATING/TRAVEL

**RV Storage.** South Bay, 1 mile west of Hood Canal Bridge on Hwy. 104. Call Shirley, 360-437-9298.

**Beaver Valley Storage.** 100 - 800 square feet. Twenty-four-hour security on duty. One month free with minimum six-month lease. 360-732-0400

### **Financial Disclosure**

The *Port Ludlow Voice* is a 501(c)(4) organization. Its entire staff consists of unpaid volunteers. All writing and editing is done in the homes of staff members on their personal computers. The production editor formats each issue and provides an electronic copy to the printer. The *Voice* is delivered at no cost to readers on all U.S. Post Office carrier routes in the Master Planned Resort (MPR). As of January 1, 2021, subscriptions are \$36/year or prorated at \$3/month.

Financial support for publishing the *Voice* each month comes from advertising, subscriptions and contributions primarily from community organizations. Average monthly income was:

1. Ludlow Maintenance Commission (LMC)	\$200
2. South Bay Community Association (SBCA)	\$200
3. Port Ludlow Village Council (PLVC)	\$200
4. Display Advertising	\$5,982
5. Classified Advertising	\$764
6. Subscriptions	\$67
7. Web Advertising	<u>\$65</u>
Total average monthly income in fiscal year 2021/22	\$7,478

This issue proofread by Carey Aron, Betty Kay Landaker, John Paxson, and Mary Small

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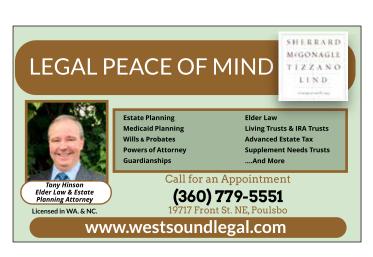
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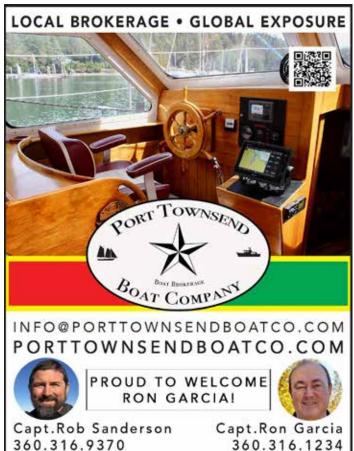
Notary Public

Cammy Brown

360-301-2590
peninsulals589@gmail.com
www.cammybrown.com

"If I can't help you, I will find someone who can!"







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# Jefferson Healthcare



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Aug. 2023, moving to 1274 7<sup>th</sup> St., Port Townsend Updates: jeffersonhealthcare.org/modernization