



The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

INSIDE THIS ISSUE	
Arts & Entertainment	12
Bay Club / South Bay	21
Beach Club / North Bay	22
Classifieds	29
Features & Stories	8
News & Community	4
Recreation & Sports	24
Spotlight	16
Village Council	23

Before attending an event, be sure to confirm the organization's in-person status.

### The Voice Online

plvoice.org

**Breaking News:** Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

**Expanded Articles:** Read complete versions of articles and media appearing online only.

**Full Content on the Website:** All the content from the magazine is now posted online.

**Letters to the Editor:** Read comments, criticisms, and suggestions from other readers online.

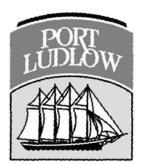
**Advertising Information:** Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

**Archived Voice Issues Online:** Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

**Moving It On:** A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.

### ON THE FRONT COVER

Far Reaches Crevice Garden. see page 28. Photo by Steve Deligan



### Port Ludlow Voice

P.O. Box 65077 Port Ludlow, WA 98365 www.plvoice.org

Send articles and comments to editor@plvoice.org

#### **Editorial Staff**

### **Arts & Entertainment Editor**

Beverly Rothenborg, brothenborg@plvoice.org

#### **Copy Editor**

Carol Riley, criley@plvoice.org

#### **Features & Stories Editor**

Evie Maxwell, features@plvoice.org

### Ludlow Maintenance Commission & Beach Club Editor

John Paxson, paxson@plvoice.org

### News & Community Editor

newseditor@plvoice.org

# South Bay Community Association & Bay Club Editor

Carol Riley, criley@plvoice.org

### **Photo Editor**

Steve Deligan, photoeditor@plvoice.org

#### **Recreation & Sports Editor**

Donna Geer, sports@plvoice.org

#### Village Council Editor

Libbey Lincoln, plvceditor@plvoice.org

#### **Business Staff**

### **Classified Advertising Manager**

Cathy Thomas, classified@plvoice.org

### Display Advertising Manager

display@plvoice.org

### **Distribution Manager**

Denny Schuch, dschuch@plvoice.org

### **Production Manager**

Mary Ronen, mronen@plvoice.org

### **Subscription Manager**

Sarah Schuch, subscription@plvoice.org

### Web Managers

Cody Maxwell, codymaxwell@plvoice.org
Tom Sprandel, tomsprandel@plvoice.org

### **News & Community**

### **Editorial**

by Carol Riley, Staff Writer

Pride. That was the overwhelming feeling I had as I copy-edited this issue of the *Voice*. The July issue is a testament to the Port Ludlow community and its neighboring communities and to the volunteers who live here and enrich our lives in so many ways—including the volunteers who put the *Voice* together each month.

Volunteers make the world go around and if you read my plea in last month's *Voice*, you know that Port Ludlow needs volunteers. According to a variety of Google sources, volunteers contribute almost \$200 billion to the US economy every year with 64% of the adult population (more women than men) volunteering an average of 52 hours each year. The value of a volunteer hour rose from \$28.54 in 2021 to \$29.95 in 2023.

But volunteers are worth so much more than money.

Our Spotlight article this month by Milt Lum, "Building Community," is awesome. It relates the collaboration between agencies and volunteers to dream a new community of 124 homes for the underserved into a reality.

The article by Barbara Berthiaume, "Local Red Cross Volunteer," tells how Gail Chanpong has dedicated most of her adult life to supporting Red Cross humanitarian efforts.

The Trail Mix article welcomes a new volunteer, Karen West, to fill the much-needed position of recording secretary. Hiking Club leaders John and Sally Nuerenberg not only lead the community on interesting hikes, they volunteer with the food bank and Habitat for Humanity. Gil Skinner tells me that three people have come forward to run for the open SBCA Board positions. And, last but not least by any stretch, we have the article about Dr. Mary Small who is our valued final proofreader for each issue of the *Voice*.

Still on the fence about volunteering? Please come join us, the 64%, who followed their heart and their talents into making the world go around.

### Adult Summer Fun With the Jefferson County Library District

Adult Summer Reading Programs and activities are in full swing at the Jefferson County Library District. It's not too late to join us—getting started is easy. Visit *cleoreads.beanstack.com* or download the Beanstack app to participate. Complete up to 25 activities at your own pace between now and August 31. Each activity you complete earns a chance to enter weekly drawings for treats, gift cards, or a library book bag.

Don't miss this year's Adult Summer Read. *Quilt of Souls* by Phyllis Biffle Elmore is a memoir that will transport you to Alabama, where the author's grandmother weaves together captivating stories and quilts that reveal a world of drama, passion, and African American identity. Check out a copy from the library

or bookmobile and find it accompanied by special surprises! Attend a book discussion on **Tuesday**, **August 22** from 2 to 3:30 p.m. at the library in Port Hadlock. Immerse yourself in the joy of reading and exploring new voices through this beautifully written and powerful book.

Be a part of our exciting Community Art Project: The Jefferson County Community Quilt. Craft a quilt square using paper, paint, collage, or fabric. Work on your own or create your piece while celebrating our community spirit at the Library's Community Craft Bee. A variety of media will be provided, including card-stock, embroidery, fiber art, paint, and pen and ink, so you can let your imagination run wild. No need to register—drop in any time on **Tuesday**, **July 25**, between 2 and 6 p.m.

**Find Your Voice Through Photography!** Join us on **Wednesday, July 12**, from 2 to 4 p.m. to meet talented fine art photographer and author Ross Pruden. Ross will show you how to use your smartphone to capture and convey your personal experiences and interests and help you develop your unique visual style and approach to photography.

On **Tuesday, July 18**, from 2 to 3:30 p.m., adults are invited to join fiber artist Dean Hyden to make wool dryer balls. Eco-friendly wool dryer balls are a natural alternative to dryer sheets that will reduce static while saving energy and money. Meet at the Wild Olympic Salmon Shelter at H.J. Carroll Park to express your creativity in a beautiful, peaceful setting. Registration is required to attend this hands-on workshop.

Mark your calendars for **Wednesday, July 26**, from 6 to 7:15 p.m. to meet renowned author Corky Parker. Corky will read from her book, *La Finca: Love, Loss, and Laundry on a Tiny Puerto Rican Island*. This lively graphic memoir tells the story of a woman navigating countless challenges, including hurricanes, as she creates a new life and falls in love with a place. A book signing will follow the event, and books will be available for purchase.

Visit the Jefferson County Library District at 620 Cedar Avenue in Port Hadlock. For questions or assistance, call 360-385-6544 or email *information@jclibrary.info*. For complete program details and our calendar of events, visit *jclibrary.info*.



### WSU Beach Naturalists on Shine Tidelands State Park

Join WSU Beach Naturalists on the beach on the dates below to explore the rich sea life exposed during low (minus) tides. Naturalists will be on site to guide an exploration. Look for the bright orange vests. Explorations begin at far north end of the State Park parking area.

**July 30,** 9 – 10:30 a.m **August 1,** 10:30 a.m. – 12 noon

These sessions are always free and open to the public. These beach explorations begin at the CenturyTel Cable Crossing sign. Boots are recommended but not required. Feel free to come and go as you like.

Free parking is limited due to recent 'King Tide' road damage. Must have a State Discovery Pass for designated parking within the Tidelands State Park.

### **Beach Etiquette**

**Avoid Walking on Animals -**When walking on the beach, choose a route that allows you to walk on rocks or patches of sand, if possible. Try not to crush living organisms.

**Turn Rocks Back Over -** When exploring, turn rocks over gently & try not to crush the many animals living on, beside or under rocks. Put the rock back the way it was, or lean it face down against another rock. Animals left exposed are likely to die.

**Fill in Any Holes -** When digging on a beach, do not leave piles of sand or mud behind. Many burrowing animals float away or die when the tide rises. Small clams or other animals whose burrows can no longer reach the surface may die if the piles of mud or sand cover them.

**Cover Unprotected Animals -** To keep the sun & wind from drying them out, cover small exposed animals on the beach with moist seaweed.

Leave it at the Beach - Explore & enjoy the beach to your heart's content, but do not remove any animals. They likely will not survive in a pail or tank for long. Return them to the same area where you found them.

**Don't Dry, Preserve or Mount -** For decorations or collecting, use only discarded shells of animals already dead. Oyster shells should never be removed and State Parks allow **nothing** to be removed.

Follow the Law - Check & follow any local fish, crab & shellfish regulations on the legal size & limits set for each species. Be sure the beach you are at is open for shellfishing!

Camp & Leave No Trace - Put out any campfire & scatter the pieces, pack out your trash & leave the beach & its inhabitants as they were.

### Chimacum High School Senior Wins \$150 Prize for Essay



From left to right are Brian MacKenzie, Chimacum High School Teacher; third place winner Keanu Morrison; second place winner Tessa Richardson; and first place winner Elliot Pflueger; along with LWVJC member and Essay Team organizer Jackie Aase.

Submitted photo

Elliot Pflueger's essay "Damning Darkness in Isolation" won over the six-member judging panel to take the top prize in the 2023 League of Women Voters-Jefferson County Essay Contest. The contest, meant to encourage students to think deeply about community engagement and civic responsibility, rewarded \$150 for first place. Tessa Richardson's contribution "The World Would be Dark Without News" took second place (\$100), and 15-year-old Keanu Morrison took third (\$75) with "The Nature of News." All three winners attend Chimacum High School, and their winning essays can be found on the LWVJC website at *lwvwa*. org/Jefferson. Students who submitted but did not win all got gift certificates to Elevated Ice Cream Shop in Port Townsend.

This year's essay topic, "What would your community be like without the news?" was inspired by a recent League of Women Voters-Washington Consensus Study, "The Decline of Local News and Its Impact on Democracy." Noting that between 2005 and 2020, more than one-quarter of the nation's newspapers closed, leaving 1,800 communities with no local newspapers, the question prompted the students to consider what their lives would be like without the news media that serve Jefferson County. For those interested, the full LWVWA study can be found at *lwvwa*. org under the thumbnail Civic Education.

This was the first LWVJC essay contest in more than a decade, and the League hopes to continue these efforts in the future, working with all the local high schools and home-school programs to encourage active participation in our democracy. Those interested in more information on next year's contest can email <a href="mailto:lwvjeffcowa@gmail.com">lwvjeffcowa@gmail.com</a>, and those in the community wishing to encourage student participation in civic endeavors are welcome to contribute to the essay prize money fund or join the LWVJC and volunteer with the Essay Team. Information on joining the LWVJC or donating to the fund can be found on <a href="https://lwvwa.org/Jefferson">lwvwa.org/Jefferson</a>.

### April 2023 Statistics for East Jefferson Fire Rescue

Effective 01/01/2023 Port Ludlow Fire & Rescue merged with East Jefferson Fire Rescue. Our monthly statistics will now include information for the entire Fire District.

Communities served include: Port Townsend, Cape George, Kala Point, Marrowstone Is., Port Hadlock, Chimacum, Irondale, Port Ludlow MPR (North and South Bay), Paradise Bay, Beaver Valley, Bridgehaven, Mats Mats, Shine, South Point and other areas located within our boundaries.

Alarms	
Fires	12
Rescue/Emergency Medical	314
Good Intent	34
Hazardous Conditions	4
False Alarms	19
Service Call	59
Total Alarms	442
Total Alarms  Ambulance Transports	442
	<b>442</b> 167
Ambulance Transports	
Ambulance Transports 911 Transports	167

### Preparing for Wildfire Season

It's time for our annual reminder about wildfire season preparedness.

Things residents can do to protect their homes and property from wildfires include:

- Clean rain gutters. Keep dead leaves, twigs, and fallen branches away from structures, improving your defensible space.
- Keep tree branches that are near the ground trimmed, preventing a grass fire from becoming a forest fire.
- Remove dead branches that extend over the roof and around chimneys.
- Clear a ten-foot area around propane tanks and your barbecue area.
- Regularly mow grass. On large parcels clear dead grass and weeds at least 30 feet from structures—100 feet is better.
- · Stack firewood away and uphill from your home.

Follow local burn regulations posted on ejfr.org.

• Do NOT use weed burners during the summer months.

Use caution when mowing your lawn...sparks can ignite the grass! Best to mow before 10 a.m. but NOT when it's windy or exceptionally dry.

RCW 46.09.470 stipulates the need to use spark arresters on all portable gasoline-powered equipment to include tractors, chainsaws, weed-eaters, and mowers.

The Northwest Interagency Coordination Center maintains a blog with official fire information. You can also follow them on Twitter at @nwccinfo.

If your neighborhood group would like a presentation to learn more about how to protect your property against wildfires and the training your local firefighters have specifically for fighting wildfires, please contact East Jefferson Fire Rescue at 360-437-2236.

### Port Ludlow Garden Club Celebrates the Art of Bonsai



Pictured left is 1952 Engelmann Spruce; on the right, 965 Western Hemlock.

Submitted photo

The Port Ludlow Garden Club is excited to offer a unique opportunity to discover bonsai's captivating artistry and cultural significance. On Wednesday, July 12, we invite you to join us for a virtual tour of the Pacific Bonsai Museum and its exceptional collection which includes traditional masterpieces and contemporary works of art. The museum's five acres of stunning gardens feature exquisite craftsmanship and creative expression in this age-old horticultural practice. This program promises an immersive experience, including the documentary World War Bonsai... Remembrance & Resilience. "We believe bonsai art is a way to foster greater cultural understanding," shared Katherine Wimble Fox, the museum's spokesperson. In addition, the program will provide an introduction to Bonsai Basics 101, which covers creating and caring for bonsai, and host a Q&A session with museum staff. Please join us on Wednesday, July 12, at 11 a.m. at the Beach Club, 120 Marina View Drive. Attendance is free for PLGC members and \$5 for non-members. To reserve your spot, RSVP to portludlowgardenclub@outlook.com or call Michelle at 360-710-3547. Space is limited, so take advantage now of this unique opportunity.

### The Hard Hat Winery



The Hard Hat Winery was established in June of 2018 by two Navy Divers-Jim Davenport and Vern Armstrong. Jim had been making wine as a hobby for over a decade and had become highly proficient. His upcoming retirement from his career gave rise to the idea of turning his craft into the pursuit of providing a variety of distinguished wines. He contacted his life-long friend Vern to help create the Hard Hat Winery.

This collaboration has given birth to a unique and unforgettable wine tasting experience—A Wine You Can Dive Into!

The winery is located at 27055 State Highway 3 NE in

Poulsbo, and the phone number is 360-620-1729. Check the website *hardhatwinerypoulsbo.com* for hours of operation and other information.

### Local Red Cross Volunteer - Gail Chanpong

by Barbara Berthiaume, Staff Writer

The American Red Cross is part of the world's largest volunteer network located in nearly 200 countries. Founded by Clara Barton on May 21, 1881, the American Red Cross has been dedicated to serving wherever they are needed, both here and abroad. The American Red Cross (*redcross.org*) responds to an emergency every eight minutes in the United States and its territories.

For more than 140 years, the Red Cross has worked to help prevent and alleviate human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. It is tasked by the federal government with providing Services to Armed Forces (SAF) for American active military and their families, as well as providing disaster relief in the United States and around the world.

A Red Cross volunteer since she was in high school, Port Ludlow's Gail Chanpong continues to have a lifelong commitment to humanitarian initiatives. She was a part of the American Red Cross Tsunami Recovery Program disaster response team, traveling to remote areas in Thailand, Indonesia,

Sri Lanka, Maldives, and India following the 2004 tsunami in that region.

Since moving to Port Ludlow seven years ago, Gail has served as a Red Cross SPSO Recovery Team Lead. In that role she works with a team of volunteers in response to local disasters throughout the Olympic Peninsula and adjacent areas. She has also assisted in response to disasters in Louisiana, Texas, Kentucky, Missouri, Florida, and most recently Guam.



The volunteer's role is to ensure that community members, veterans, and families displaced by disasters receive face-to-face visits, telephone calls, and follow-up with licensed health professionals in the effort to locate appropriate housing, food supplies, and replacement clothing or household items. Of special mention is the Red Cross HERO Care Network which is specifically designed for displaced Veterans by providing critical services and resources to rebuild lives.

Gail emphasized that SPSO is one of the busiest NW Region Red Cross chapters. On a typical day, her Red Cross volunteer team serve as many as 20-30 families impacted by home fires, floods, winter storms, or other disasters. Most recently, Gail and several NW Region Red Cross volunteers were deployed on-site and virtually to help families displaced by the California winter storms and tornadoes in the U.S. Midwestern states. In addition to her Red Cross role, Gail is an assistant professor at the University of Washington.

Ninety percent of the Red Cross workforce consists of community volunteers who come from diverse backgrounds and varied skill sets. New volunteers are asked to complete online training and practical hands-on workshops assisting those in need with experienced volunteers. Gail states that once Red Cross volunteers are trained, they feel confident to engage in their new role. Red Cross volunteers can also be Virtual Responders making telephone calls that can easily be completed in three or four hours weekly from their own living room!

If you would like information, please contact Dr. Gail Chanpong at (832) 315-9492 or *gail.chanpong2@redcross.org* or Andy Stockton at (360) 207-5758 or *andy.stockton@redcross.org*.

### Features & Stories

# What's the Best Place in the World to Live? In This Writer's Opinion, it's Port Ludlow

by Dave Cunningham, Staff Writer

After reading several engaging and fascinating articles in the *Features and Stories* section of the May issue of this magazine (written by Karen West, Suyin Karlsen and others), it occurred to me that I might have a story of my own to tell that could be of some value to others. It's about how I came to love Port Ludlow.

I have been blessed to live a life that enabled me to travel to all seven continents in the world, plus every state in the union except Alaska and North Dakota (maybe someday I'll check those off my list as well). And of all the amazing sights I've seen, I can't think of a better place to live on this planet than Port Ludlow.

Granted, I'm a retired journalist who no longer needs to earn a living, and if I did, I certainly wouldn't be trying to do it in "A Village in the Woods by the Bay." This is a place to relax and take it easy for the rest of your life.

Before I tell you how I found Port Ludlow and why I grew to love it, let me tell you about some of the sights and experiences I had in my career, so you understand what I am comparing it to.

I was a sportswriter for most of my adult life (yes, I got *paid* to go to pro baseball, basketball and football games), although I also covered government and wrote entertainment reviews. I was sort of the Forrest Gump of journalists, in that I managed to be in the right place at the right time to interview four U.S. Presidents (Jimmy Carter, Richard Nixon, Bill Clinton and George H.W. Bush), plus such well-known celebrities as Muhammad Ali, O.J. Simpson, Aretha Franklin, Gene Autry, and Frank Sinatra.

I also had an interest in acting (as does almost everyone in Los Angeles County, where I was born), and I managed to get cast in a few reality TV shows you've never heard of (*Who's Your Daddy* and *Seeing Stars*) and two movies you've never heard of (*Dynamite Swine* and *A Person Known to Me*).

Please understand that what I am telling you now is not to brag, but simply to let you understand why I would much rather be in Port Ludlow today than in any of my homes in Southern California.

I was able to retire at age 55 because I happened to marry a woman who was wealthy, and she wanted to travel the world. As Forrest Gump said, "Life is like a box of chocolates. You never know what you're gonna get." Because of meeting the right person at the right time, I was able to cruise all over the planet.

We went on safari in Africa, hiked the mountains in Bhutan, drove the Amalfi coast in Italy, walked through the Vatican in Rome, dined outdoors in Paris, visited London, China, Japan and New Zealand, and circumnavigated South America, which included a visit to Antarctica, so we could check off all seven world continents from our list.

But then the 'box of chocolates" turned sour. My wife had an affair, and the marriage ended. We were living near Port Townsend at the time. I went to a very dark place in my head. Where am I going to live? What am I going to do with the rest of my life?

A friend of mine was a realtor, so she showed me a bunch of homes, and the one I picked was a run-down former chicken farm deep in a forest, with no neighbors to be seen anywhere. I was just going to mope alone for the rest of my life.

But before I made an offer on the chicken farm, she showed me a house at the end of a cul-de-sac in Port Ludlow overlooking the golf course. Sunshine, a peek-a-boo view of the bay, friendly neighbors ... what's not to like? I bought it.

That was six years ago. I couldn't be happier with my choice. There is SO much to do in Port Ludlow. If you read the *Voice* magazine and take advantage of what's offered at the Bay Club and Beach Club, you can stay as busy as you want for as long as you want.

The Port Ludlow Hiking Club is constantly moving through the various trails around these parts, tennis courts are busy, and we have pickleball courts here. People are playing bridge on the Bridge Deck (whatever that is), and there's something called the Port Ludlow Art League. People are being coached in water aerobics. Port Ludlow Performing Arts is putting on live concerts all the time!

And I dipped my toe back into acting once I came out of my shell, landing roles in stage shows put on by the Ludlow Village players, including *No Crime Like the Present* and *The Outsider*.

No, it's not Southern California ... and that's another reason I love Port Ludlow. This is WAY better than Los Angeles, especially if you're, um, a *senior* citizen.

When I tell people I live in Port Ludlow, they often ask, "So you're a golfer then?" No, I don't golf. "Oh, so you're a boater." No, not a boater either. But I am starting to learn how to play pickleball.

I love Port Ludlow.

### What's Up, Neighbor?

by Donna Geer, Staff Writer

Inner Harbor Village, nestled in the woods... If this sounds familiar, it's because we featured Inner Harbor last month and I'm still finding great stories there. Recently, I spoke with Sally and John Nuerenberg, both actively involved in their community. You probably already read John's monthly article for the *Port Ludlow Voice*—"Port Ludlow Hiking Club." Both he and Sally lead many of the local hikes.

Neighbor continued from previous page



John and Sally Nuerenberg, Ben Lomond mountain, Queenstown, New Zealand.

Submitted photo

John and Sally moved here two years ago from Arizona, so I asked John about the differences hiking in the Southwest desert versus the Olympic Peninsula. First thing? You have to get up earlier in Arizona if it's summertime—way earlier. Because of the heat, hikes during an Arizona summer usually start around 5:30 a.m. and finish by 8 a.m. Then it's off for a group breakfast where the air conditioner is on full throttle; if it's not, the place is probably closed. If you attend our local hikes with John, Sally, and the rest of the hike leaders, you already know that hikes start at 8:30 a.m. and there isn't any breakfast unless you bring your own munchies. Most trails in Arizona have a 360-degree panoramic view. Trails in our lovely state have views of trees and more trees, waterfalls, and varieties of moss I don't even know the names of. We have panoramic views too, but you must go up. When they first moved here, John remembers thinking "how many trees can you see?" More, John, always more!

Both hail from Michigan, which I know has lots of trees but probably not as many as Washington. They met at Grand Rapids Junior College during a "mixer" dance of freshman and sophomore students. Sally remembers being quite miffed that John thought she was still in high school even though he's only one year older, so she almost said "no" when he finally asked her to dance. She agreed and the rest is history.

Sally focused on early childhood development in college and then spent 40 years in education. Thirty-three of those years included teaching special education in elementary schools, training first-year teachers in special education at the local college, and her last

years in early childhood development. She also taught in Japan for a couple of years, with five more in Arizona.

John was a tuba player, studying music theory at the University of Michigan. He was the Principal Tuba in the Grand Rapids Symphony until he was drafted into the army for two years. He enlisted for one more and continued playing the tuba while stationed in Japan, where Sally taught. After the army, John took his musical skills in a different direction, becoming the product manager of string instruments for Yamaha Corporation in Michigan, and later as an IT manager for an architect firm in Arizona.

In 2006, after Seattle work trips showed them what the Pacific Northwest had to offer, they bought a cabin in Brinnon, spending four months every year hiking with their two daughters, both of whom now live in western Washington. Four of John's siblings (there are seven!) and his mother all moved here too. If you want to build a community, it's always good to bring reinforcements, right?

Something both John and Sally have done throughout their careers and their retirements is volunteer, and that's what I found most inspiring of all. I volunteered a little while I was working, more now that I have free time. But John and Sally were always volunteering throughout their lives, even when they were busy working and raising their children. The whole family served food in soup kitchens to help those in need. Habitat for Humanity was another family endeavor, their daughters helping build Habitat homes while in their teens. That theme of service continues today. Both daughters are still involved in community service, as are Sally and John.

Now they volunteer at the Tri Area Food Bank alongside many others distributing boxes of food. They help clean up donated items for resale at Habitat for Humanity's Port Townsend store. All the proceeds from Habitat sales support building affordable housing for those in need. Sometimes people just need a hand up and as Sally says, "Everyone deserves a place to live."

Sally teaches religious education now. In the fall, they'll both be at the Bay Club teaching a five-week course on race amity that's focused on cross-racial and cross-cultural friendship, an initiative from the National Center for Race Amity (NCRA). Sounds inspiring, so sign me up for that, please!

If you want to share some stories about your neighborhood and who you are, or nominate someone else, reach out to Donna at *sports@plvoice.org* to start the conversation. Can't wait to hear from you!

### **Short Story Guidelines**

Do you have a story you would like to tell? The *Voice* is looking for short stories or poems of 1200 words or less from its readers, either fiction or non-fiction. They should be complete in one issue, no serials, please. Acceptable themes are humor, culture, history, life stories, light sci-fi and nature. No violence, politics, or children's stories please. Submissions need to follow the *Voice* style guide, available on the web at *plvoice.org*. Stories will be published as needed or timely, at the editors' discretion.

# Edibles: Chocolate Part 4 - Does Type of Chocolate Really Matter?

by Libbey Lincoln, Staff Writer

It's 8 p.m., a chocolate craving strikes, but you are out of the chocolate called for by your recipe. Can you substitute?

It depends. When deciding between a substitution or a run to the market, consider the other ingredients in your recipe and what you need the chocolate to do.

When considering substituting cocoa powders, it is important to understand their characteristics. Natural cocoa powder, the intensely chocolate-pressed product of chocolate liquor, is quite acidic (pH 5.1). Dutch processed or alkalized cocoa powder on the other hand is neutral to alkaline; the cacao nibs were treated with potassium carbonate to reduce the acidity.

The first ingredient to consider is the leavening agent – baking soda, baking powder, or none? Recipes using natural cocoa powder usually use baking soda, a base, which will neutralize the cocoa powder's acid, create the carbon dioxide bubbles needed for rise, and allow the pure chocolate flavor to shine. In this situation, the cocoa powder is directly involved in the leavening.

A recipe using neutral Dutch-process cocoa likely calls predominantly for baking powder. Baking powder contains both an acid and a base and reacts with the liquid in your recipe for leavening. The cocoa powder is not a significant part of the leavening process and is just there for flavor and color.

No baking soda or powder in your recipe? Look for other acidic ingredients such as buttermilk, sour cream, or molasses before deciding on the effect of the cocoa powder in the mix.

Is this really all that important? If we are talking cocoa powders and an evening chocolate craving, probably not. Sub away, just remember your results may vary a bit in taste, color, and texture, depending on the cocoa powder and leavening agent used. An acidic natural cocoa powder plus the acid in baking powder may result in a slightly bitter flavor. Neutral Dutch-processed cocoa powder plus basic baking soda may taste a bit soapy. The alkalinization process of the Dutch process also deepens the color of the cocoa powder and results in milder flavor.

If feeling adventuresome and interested in modifying the leavening agent to match the cocoa powder on hand, consider checking out this website: kingarthurbaking.com/blog/2020/07/15/dutch-process-vs-natural-cocoa.

What about substituting types of chocolate, maybe milk for dark? That's trickier due to the amount of cocoa butter, varying percentages of chocolate liquor, sugar, and milk proteins. The proportion of cocoa particles and sugar is especially important when chocolate is combined with wet ingredients. Sugar dissolves and increases fluidity. Cocoa particles absorb moisture and seize. A recipe that calls for sweet chocolate may fail if 70 percent bittersweet is substituted as it has a lot more drying cocoa particles and a lot less syrupy sugar. Substituting types of chocolate should probably start with a professional baking reference, or a trip to the market.

### A Fawn in the Grass: Does it Need Your Help?

by Rachel S. Imper, Guest Writer



A baby deer at Center Valley Animal Rescue (CVAR).

Photo courtesy of CVAR.

It's early summer, and you're walking through a field. Just ahead, you catch a glimpse of something in the gently waving grass. As you get closer, you see the spotted coat and tiny form of a fawn. What do you do?

When people find a young fawn all alone, they sometimes think it has been abandoned. But nearly all the time they are wrong. Although we might like these young animals, our liking may do great harm if we interfere with nature.

# Most fawns alone don't need rescuing—and "rescues" could kill them.

Well-meaning people who try to rescue fawns may doom them to an early death. Sara Penhallegon of Center Valley Animal Rescue said, "Wild mothers do a better job of raising their babies than humans can. So please call your local wildlife rehabilitator before 'rescuing' a baby animal."

Stress is one of the greatest causes of death for young animals that are admitted to shelters. The sights, sounds, smells, and the transportation process can take a toll. But fawns, like other wildlife babies, might not even show signs of distress. A baby deer could appear calm and quiet, but appearances can't always be trusted. It might be in shock. Deer are a prey species and they sometimes shut down when danger is near.

### Does leave their fawns for long periods of time.

Mothers often leave their fawns for up to 24 hours at a time while they forage for food. The fawn will stay perfectly still, hidden in the grass or undergrowth. When they are first born, deer do not emit any odor, so together with their stillness, they are somewhat protected from predators. But, crucially, a mother will not return while people are around.

Most of the time, then, the best thing is to leave the baby deer or other young animal alone. (If you find a fawn next to a roadway, and it's uninjured, you can walk it 20 feet off the road and leave it. Mom will be back!)

Fawn continued from previous page

To protect young wildlife, perhaps naturalist Edwin Way Teale said it best: "Those who wish to pet and baby wild animals 'love' them. But those who respect their natures and wish to let them lead normal lives, love them more."

### Here's what to do if you find a fawn or other young animal:

Before you do anything, consider these questions: Do you see a dead mother nearby? Do you see obvious injuries? Broken bones?

If the answer is no, most likely the baby is fine. If you're not sure, call Central Valley Animal Rescue at 360-765-0598 for advice.

Note: Center Valley Animal Rescue is a local non-profit organization dedicated to providing safe harbor and rehabilitation for unwanted, injured, or abandoned domesticated and wild animals. To learn more about CVAR, see*centervalleyanimalrescue.org*.

### One of Our Own: Mary Small, M.D.

by Kathleen Traci, Contributing Writer

Note: This article originally appeared in a 2009 issue of the Voice. Since Mary has been proofreading since before that time, we thought we would feature her again. Mary is the much-relied-upon final set of eyes that views each and every article appearing in the Voice.

Mary Small has lived life on a grand scale as attested to by her thousands of photos of India and other countries. After accompanying her father, a pathology professor on an exchange to India, her only thought was, "How can I get back to India?" Mary attended medical school in Loma Linda, California, becoming an OB-GYN, an unusual specialty for women physicians at that time.

Being foreign and a specialist practically guaranteed Mary's acceptance at a mission hospital. At her first posting in Andhra, Mary fought superstition with counseling and eliminated posthospital infections by caring for incision patients in the hospital for 10 days. Since Indian women prefer women doctors, her patient base quickly grew.

When Mary moved to a mission hospital in Kerala, her challenges changed, but her workload increased—from 10 deliveries per month to 200. From 1970 to 1984, Mary delivered 2,500 babies, all without the benefit of fetal monitors or ultrasounds.

Upon returning to the states, Mary took a two-year fellowship in "High Risk Obstetrics" at Los Angeles County Women's Hospital to prepare herself for a faculty position at Loma Linda University Hospital. Upon retiring, Mary and her teacher friend Helen Weismeyer purchased a home in Port Ludlow. To savor Indian food and culture, Mary has traveled to India 10 times.

Mary was honored upon her return to her former hospital in Kerala in 2009. Her first evidence of the honor that awaited her was the enormous banner hung over the entrance to the hospital gates proclaiming her one of two "pioneer doctors." Mary had returned to witness the opening of the newly refurbished labor and delivery section of the hospital that now helped to serve three million people. The hospital community honored Mary by naming the new section for her, and they erected a large brass plate over the entrance, the "Mary L. Small Labour and Delivery Room."

# What Should You Expect from Your Investments?

by Rick Smith. Guest Writer

To help achieve your financial goals, you may need to invest in the financial markets throughout your life. However, at times your investment expectations may differ from actual returns, triggering a variety of emotions. So, what are reasonable expectations to have about your investments?

Ideally, you hope that your investment portfolio will eventually help you meet your goals, both your short-term ones, such as a cross-country vacation, and the long-term ones, such as a comfortable retirement. But your expectations may be affected by several factors, including the following:

Misunderstanding – Various factors in the economy and the financial markets trigger different reactions in different types of investments — so you should expect different results. When you own stocks, you can generally expect greater price volatility in the short term. Over time, though, the "up" and "down" years tend to average out. When you own bonds, you can expect less volatility than individual stocks, but that's not to say that bond prices never change. Generally, when interest rates rise, you can anticipate that the value of your existing, lower-paying bonds may decrease, and when rates fall, the value of your bonds may increase.

Recency bias – Investors exhibit "recency bias" when they place too much emphasis on recent events in the financial markets, expecting that those same events will happen again. But these expectations can lead to negative behavior. For example, in 2018, the Dow Jones Industrial Average fell almost 6% – so investors subject to recency bias might have concluded it was best to stay out of the markets for a while. But the Dow jumped more than 22% the very next year. Of course, the reverse can also be true: In 2021, the Dow rose almost 19%, so investors who might have been susceptible to recency bias may have thought they were in for more big gains right away — but in 2022, the Dow fell almost 9%. Here's the bottom line: Recency bias may cloud your expectations about your investments' performance — and it's essentially impossible to predict accurately what will happen to the financial markets in any given year.

Anchoring – Another type of investment behavior is known as "anchoring" — an excessive reliance on your original conviction in an investment. If you bought stock in a company you thought had great prospects, you might want to keep your shares year after year, even after evidence emerges that the company has real risks — for example, poor management, or its products could become outdated, or it could be part of an industry that's in decline. But if you stick with your initial belief that the company will inevitably do well, and you're not open to new sources of information about this investment, your expectations may never be met.

In many areas of life, reality may differ from our expectations — and that can certainly be true for our investments. Being familiar with the factors that can shape your expectations can help you maintain a realistic outlook about your investments.

### **Arts & Entertainment**

# The Free Outdoor Summer Concert Returns! PLPA Brings Back Black Diamond Junction

by Dave Cunningham, Staff Writer



The Port Ludlow Performing Arts board of directors had no idea whether the idea would fly or fall on its face, but they were willing to take a chance in the summer of 2021 when they offered a free outdoor concert to re-introduce themselves to the community after an 18-month pause in shows due to the Covid-19 pandemic.

They placed a stage on the grassy field next to the Grace Christian Center, brought in some high-energy musicians, and invited anyone and everyone to picnic — and dance — for a much-needed, feel-good afternoon. Over a hundred people showed up with blankets and chairs, and yes, they danced.

PLPA directors thought it would be a one-off event, but it was so much fun, they did it again last August, thanks to a generous underwriter donation from long-time PLPA supporter Terri Ross. With a crowd larger than the indoors Bay Club auditorium capacity, partying to classic hits performed by the Port Angeles-based band Black Diamond Junction, they called the 2022 version "success No. 2." — and now it looks like this may become an annual event.

On **Sunday**, **August 6**, Black Diamond Junction returns to Port Ludlow for a 2 p.m. outdoor concert that is free to anyone and everyone who wishes to come. It's in the same location as the previous two outdoor concerts – the grassy field next to the

Grace Christian Center – and the reason it's free is because of yet another generous donation from Terri Ross.

Bring chairs and/or blankets, munchies and beverages if you wish ... or to make it even easier, our own local Dusty Green Café will be on hand to provide high-quality food and beverages. Then sit back and enjoy the electric guitars, keyboards, drums and vocals of a group that has been voted "The Best Live Band" by Peninsula Daily News readers for seven consecutive years.

Founded in 2015, Black Diamond Junction brings great covers and phenomenal vocals. Their shows are true dancing and singalong events. Expect high energy, superior musicianship and some humor as well.

While the initial purpose of a free outdoor concert was to let people know that Port Ludlow Performing Arts was planning to bring back live indoor concerts as the pandemic faded, it also had the added benefit of letting people know just exactly what PLPA is and what it does.

Many attendees at the first free outdoor concert in 2021 had never even heard of Port Ludlow Performing Arts ... including the author of this article, who is now a member of the PLPA board of directors. He learned the PLPA is a 501(c)(3) nonprofit organization that stages concerts for the purpose of raising funds to benefit students at local schools who are interested in studying and performing music.

So, if you would like to enjoy a summer afternoon in the park, be entertained by lively professional musicians and learn more about Port Ludlow Performing Arts, come to the grassy field by Grace Christian Center at 2 p.m. on **Sunday**, **August 6**. Did we mention it's free?

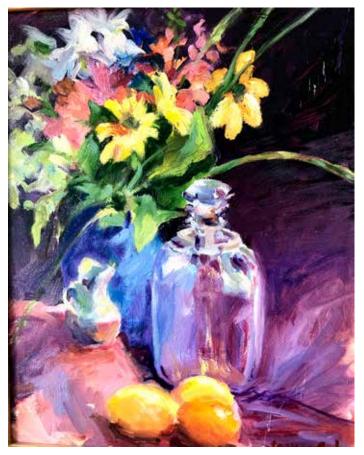
### Concerts in the Barn (CITB)

The seventh season of free chamber music concerts in the barn in Quilcene begins on **Saturday**, **July 29**, and continues through **Sunday**, **August 27**. All concerts begin at 2 p.m. Patrons have the option of sitting inside on hay bales or comfortable church pews or listening outdoors on the lawn. Go early to enjoy a picnic lunch, stroll through the grounds, and meet the animals. This year, performances take place on weekends and midweek. Consult the website *concertsinthebarn.org/summer-program*. CITB is located at 7360 Center Road, Quilcene.

Patrons should reserve seating through Ticketstripe, which is accessible on the website. Attendees are encouraged to make donations of \$20 for lawn seating and \$30 for barn seating, but no one with reservations will be turned away. At the same time, CITB believes that artists should be paid at rates commensurate with other music festivals.

### Port Ludlow Art League

#### Artist of the Month - Janice Gruber



Lemons, by Janice Gruber

Daughter of a Pacific Northwest logger, Janice Gruber has spent her entire life in the rainy timber country of Washington State. As a result, Janice's artwork often portrays the flora, landscapes, and seascapes found in our neck of the woods. She uses oil, acrylics, and watercolors to create paintings in her impressionistic style. A recent addition to her paintings is a collection of glass mosaics.

During July, you can view Janice's artwork at the Sound

Community Bank and online at *port-ludlowart.org*. A reception for Janice is set for 4 - 5 p.m. **Wednesday**, **July 12**, in the lobby of the bank and 5 - 6 p.m. at the adjacent Port Ludlow Art League Gallery. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

Please note that the gallery is now open Wednesday through Saturday, noon to 4 p.m. For more information, please email *info@portludlowart.org* or visit *portludlowart.org*.



Necklace by Mary Lynn Laker.

Submitted photos

### Jeweler of the Month - Mary Lynn Laker

Mary Lynn designs necklaces, earrings, and bracelets in a wide variety of styles and materials, including silver, bronze, gems, felt, crystals, and stones. She favors Asian-themed designs and has fashioned fish, kimonos, and Buddha figurines into a striking collection of jewelry.

During July, Mary Lynn's jewelry will be on display at the Port Ludlow Art League Gallery, the Sound Community Bank, and online at *portludlowart.org*.

### PLAL Group Art Exhibit at the Bay Club



Amber Gold, by Pamela Raine

Submitted photo

During July and August, the Bay Club's art exhibit, *Still Life*, harkens back to the masters. The magic of still life paintings enables artists to infuse new ways of portraying ordinary objects. Positioned in a specific arrangement and then rendered in paint, ink, graphite, pastel, encaustic, and other mediums, objects are seen in a different light.

The art exhibit is sponsored by the Port Ludlow Art League. Be sure to stop by the Bay Club and vote for your favorite artwork. As an added bonus, Gail Larson's watercolor and collage artwork will be on display in the Bay Club's lobby through July.

The Bay Club is located at 120 Spinnaker Lane in Port Ludlow. For more information on art exhibits at the Bay Club, please email Alan Ahtow at *info@portludlowart.org*.

### Port Ludlow Concert & Art Fair

Mark your calendars for **Sunday**, **August 6**, so you don't miss one of the biggest events of the year in Port Ludlow – the Port Ludlow Art League Art Fair from noon to 5 p.m. and the free outdoor concert from 2 to 4 p.m. sponsored by the Port Ludlow Performing Arts group. Both events are located on the lawn adjacent to Olympic Place near the Grace Christian Center.

Enjoy browsing artwork by local artists, including jewelry, paintings, photographs, woodworking, ceramics, textiles, mosaics, cards, and baskets. Then, secure your spot to hear Black Diamond Junction, voted Olympic Peninsula's "Best Live Band" for the past seven years. For more information, please visit *port-ludlowart.org*.

### Jazz Port Townsend

Beginning on **Thursday**, **July 27** and continuing until **Sunday**, **July 30**, Jazz Port Townsend will take place beginning with Jazz in the Clubs on the Fort Worden campus on **Thursday**, **July 27** and continuing **Friday**, **July 28** with a Free Friday concert at noon and a mainstage concert in McCurdy Pavilion at 7:30 p.m.

On **Saturday, July 29,** you can listen to a big band concert with a tribute to late musician Chuck Deardorf at 1:30 p.m. Later that day Jazz in the Clubs again performs at Fort Worden starting at 8 p.m. The closing event will happen on **Sunday, July 30,** with a matinee concert by the Matthew Whittaker Group at 1:30 p.m.

For more information, please go to centrum.org.

# Port Ludlow Art League Donates Youth Scholarships to Northwind Art

The Port Ludlow Art League (PLPA) believes in the power of art to inspire, motivate, and weather life's storms. This is especially important for our children. As a result, we've joined forces with Northwind Art by providing scholarships for underserved youth to participate in their youth art programs, including summer camps, spring break workshops, Art in the Park events, after school wearable art sessions, and workshops. For more information about donating to Northwind Art, please visit *northwindart*. *org/donate*.

The Port Ludlow Art League would like to thank the Port Hadlock QFC for donating flowers for our fundraiser at the Spring Art Fair in May and everyone who contributed to our scholarship fund. For more information, please visit *portludlowart.org* or email us at *info@portludlowart.org*.

### Free Fridays at the Fort

Bring a picnic and some sunscreen to enjoy Centrum's annual Free Fridays at the Fort concert series showcasing jazz, blues, and fiddle tunes performers, among others. The free concert series is on the lawn of the Nora Porter Commons, Fort Worden State Park, Port Townsend and begins at noon. Weather in the summer is usually nice, but in the rare event of inclement weather, an alternative venue will be posted at *Centrum.org*.

### Where Have All The Stages Gone...Long Time Passing?

by Randy G. Powell, Guest Writer

In the early seventies my little community theater group needed a stage, and I got creative and bold. I went to the old **Orpheum Theater** in Twin Falls, Idaho. It had been a vaudeville theater back in the day (built in 1921), and I was amazed to find the old scenery drops of darkened woods, flower gardens, brownstone buildings, and storefronts. They hadn't used the fly



loft in over 30 years! One of the last live performers on that stage was Tex Ritter and his horse. In the basement dressing rooms were scrawled messages from long-gone performers. I risked it and asked the manager if he had ever considered using it as a live stage again. He called the owner, who agreed to rig a lift for the cinema screen, fire up the old lights, and my little group opened with "The Fantasticks." Young and old alike came to see if things were different or if grandpa's stories were true. We had a great run! Today, local theater companies perform live on that stage.

I took some downtime and went to visit a stage out of the past, The Castle Amphitheatre in Provo, Utah. It was built during the Great Depression, about 1937, when unemployment in Utah was at 36 percent. The Works Progress Administration (WPA) built the Amphitheatre as a source of entertainment for the patients of the state hospital. Plays, musicals, comedy shows, and other special events brightened their lives for decades. In fact, the venue became so popular that the public was invited. Regrettably, today's theater companies have passed it by or forgotten it exists. Reminiscent of the ancient Greeks this stone theater with a touch of medieval stonework lies empty and only ghosts perform in its large orchestra and specters watch from the Theatron (stepped seating). You can schedule photo shoots, weddings, and other events there, but it cries out for Shakespeare and Euripides. My dream is to perform or teach a Master Class in acting on that stage.

This past trip to Provo, I was working on and in the show "Mean Girls, Jr." As Shakespeare said, "All the world's a stage...". I will continue to seek them out. Thankfully, we have two clubs here in Port Ludlow that allow us to do live theater. We appreciate that! However, the histrionic boards of abandoned theaters cry out to me.... To be, or not to be..."

### Northwind Art: Classes and Art Shows



Trumpeters ,by Kerry Tremain, is one of the images in "Outside In," the art exhibition at Jeanette Best Gallery in Port Townsend.

Submitted photo

White swans in flight; a fox in a jacket and tie.... Northwind Art hosts a variety of art shows and classes in July. At Jeanette Best Gallery, 701 Water St., Port Townsend, the "Outside In" exhibition runs through **Sunday**, **August 27**. "This wondrous show is a celebration of the natural world and our connections to it," said Northwind Art spokeswoman Diane Urbani. The exhibition combines artworks by four friends: photographers Kerry Tremain and Brian Goodman of Port Townsend and bronze sculptors Sara Mall Johani and her late husband, Tom Jay of Chimacum. They fill the gallery with unusual images of birds, peaceful waters, and iconic salmon.

Northwind Art's Grover Gallery, 236 Taylor Street, Port Townsend, is in the midst of "Psychedelic Summer." This exhibition features the aforementioned dapper fox alongside many other comical and soulful animals. The show also has undersea divers and other marine creatures, from sea stars to octopuses. All of this comes from the local studios of Virginia Ashby and Herman James, two artists invited to show their work by gallery namesake Max Grover. "Psychedelic Summer" continues through Sunday, July 30.

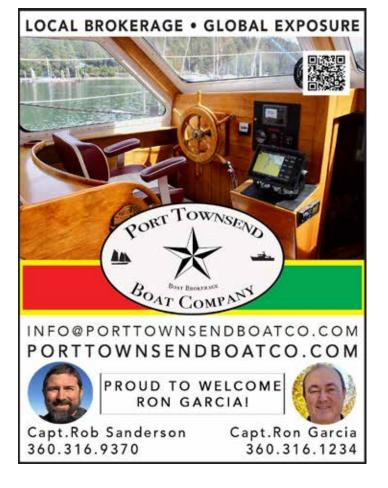
Both Grover Gallery and Jeanette Best Gallery are open noon to 5 p.m. Thursdays through Mondays and from noon to 8 p.m. on Saturdays **July 1 and August 5** for Port Townsend's first-Saturday Art Walk.

At Northwind Art School at Fort Worden, July means workshops for adults, teens, and children. These range from oil painting open studios to a calligraphy class to summer camps for kids. For example: "Adult & Child Art with Heart" is an art date for a grownup and a youngster; then there is an online course in fabric assemblage and a weekend-long creative well-being retreat.

Multi-day youth art programs are set for July and August and include a drawing intensive for teens to the "Cardboard Creations" and "Wearable Art" camps for ages 10 to 17.

More information about these and many other classes, workshops and lectures is found at *northwindarts* on the Courses page.





### Spotlight

### **Building A Community - Part II**

by Milt Lum, Staff Writer



Three members of the Housing Solutions Network made an auspicious discovery in December 2021. The group, a part of the Jefferson County Foundation exploring options for affordable housing, had discovered 17 acres of a private airstrip for sale in Port Hadlock. The land was cleared, the location favorable. It fit what was envisioned as a tract suitable for affordable housing. Time was of the essence as the realtor was under contract, and the asking price of \$1.24 million was a formidable sum. A prior competitor stepped away, a five-month extension was granted, and within that period Jefferson County Foundation and Habitat for Humanity East Jefferson County (HFHEJC) procured funds to purchase the property. By May 2022, they had also obtained a commitment of \$4.4 million from donors to proceed with what was necessary to create a master plan and develop the land to be ready for the construction of approximately 124 homes.

The decision to move forward with such an audacious plan was the result of 25 years of experience building homes in East Jefferson County. Under the leadership of Jamie Maciejewski, executive director for the past 17 years, HFHEJC has grown to be one of the most active Habitat for Humanity's International (HFHI)'s affiliates per capita. Affordable housing, sturdy and decent, for people making less than 80 percent of an area's median income has been the central mission of HFHI since its founding in 1976.

Contrary to popular opinion, President Jimmy Carter was not the founder of Habitat for Humanity. Linda and Millard Fuller,

successful entrepreneurs and millionaires by age 30, developed the non-profit organization after working at the Koinonia Farm near Americus, Georgia. The farm was a Christian, non-profit, and racially integrated co-op, established in 1942 by Clarence Jordan in defiance of the existing mores and threats from the Ku Klux Klan. Successes in both Americus and Zaire in building homes through a cooperative partnership led to the formation in 1976 of Habitat for Humanity International. Since its inception, HFHI has established chapters in all 50 states and has participated in building projects in over 50 countries. Over time, it has gained the trust of corporations, national governments, and celebrities who have embraced their mission by contributing to the cause financially or in kind.



Imagine the emergence of a community of affordable

A citizen group in Port Townsend saw a need for affordable housing in the late 1990s and looked to HFHI for assistance. To become an affiliate of HFHI, the

organizers had to demonstrate that they had: the support of the faith organizations within the community, the ability to raise funds necessary to build a house a year, and a willingness to abide by the founding principles of the HFHI. In 1998 HFHEJC became an affiliate of HFHI. Though a Christian-based organization, it adhered strictly to non-discriminatory practices in client selection and was ecumenical in its outreach to faith organizations. The motto that "Habitat is not a hand-out but a hand up" underlies its success. Becoming a Habitat homeowner requires that the selected recipient, while not qualifying for a conventional home loan, does have the financial stability to afford a below-market mortgage. In addition, the recipient commits to "sweat equity," an agreement to provide 250-400 hours of labor toward the building of their own or another Habitat home. The dignity and sense of accomplishment instilled by these basic tenets have been the keys to life-changing success as evidenced by testimonials from Habitat homeowners.

Not all the initial applicants meet these requirements, but HFHEJC does not abandon them. Through financial counseling, debt burdens are reduced, assistance is provided to find help through other agencies, and applicants are encouraged to reapply. These services provide a tangible path out of despair.

As a non-profit, the group is heavily reliant on the generosity of the community. For the size of Jefferson County, the beneficence per capita in terms of donations has enabled HFHEJC to rival or exceed the number of homes built in a year by larger and more wealthy counterparts in the country. Volunteers assisting in every facet of the organization are another vital component to the success of HFHEJC. In addition to those who show up to build, volunteers provide help in the Habitat store, in providing refreshments to the

**Building a Community** continued from previous page workers, or assisting the staff in the office.

In 2012 HFHEJC moved beyond building homes to providing assistance to homeowners in Quilcene with limited resources and whose



Clean-up of new Mason Street site.

homes were in need of critical repairs. Through this program homeowners who qualified were provided with loans without interest and assistance with upgrades necessary to make their home safe and habitable. By 2014, 10 homes had critical repairs completed and the program expanded to include Brinnon.

Since its inception 25 years ago, HFHEJC has completed or renovated 60 homes providing shelter and security to 70 families. Plans are underway for 14 homes in Port Townsend at Landes and 16th Street in 2024 and for seven single-bedroom homes, called Rhody Court, in 2025.

The acquisition of the 17 acres in Port Hadlock on Mason Street was a bold step in a new direction for HFHEJC. In partnership with Jefferson Community Foundation, a portion of the land would be for homes available to those whose income exceeded the 80 percent mean for the area. Maciejewski spoke with HFHI to discuss a new model for Habitat's land where two-thirds of the homes would be built by independent contractors for sale to those exceeding the 80 percent of the median wage and one-third would be Habitat homes. HFHEJC would be the primary landowner and responsible for the development of the infrastructure. With a public water source available

and completion of a public sewer service by 2025 assured by the county, HFHEJC introduced its new vision in bringing in volunteers to help clean the property of the detritus that had been deposited there as an ad hoc landfill.

There are many more hurdles before this community becomes a reality. HFHEJC is in the process of selecting a master planner to create a model community where childcare, playgrounds, and green spaces may all be a part of a new neighborhood — a place where families can thrive. It will be well into the next decade before the final home is built in this community. This paradigm is novel. In the past, towns have followed industries, and as is evident in many areas of the country, when the industry leaves, the community dies. In this case the developers are the people already in the community. Their vision of decent affordable housing for workers translates into a stable reliable workforce which augurs success for any business establishing itself in the near future on the Quimper Peninsula.

Ambitious and unrealistic one might say? Not when there are people willing to put their time and their resources into providing their neighbors decent affordable homes. HFHEJC has proven that it can build homes and by purchasing 17 acres, it is moving ahead to demonstrate it can build a community.

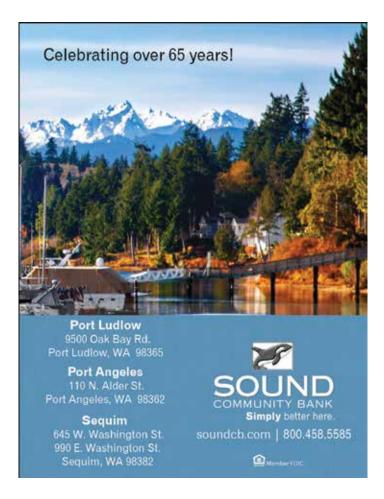


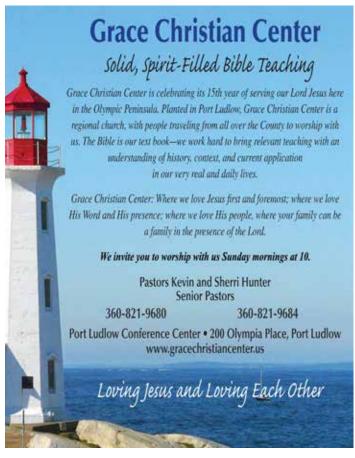
Wn a new home owner receives the keys to her Habitat Home.

Submitted photos















9483 Oak Bay Road

MORE THAN JUST A HOME

Contact us today!

(360) 379-9376

Association: 2019

for 16 years

→ Proudly serving Port Townsend

AVAMERE

at Port Townsend



Agents of Good Roots





www.oldalcoholplant.com

### GARDEN TO TABLE DINING



BRUNCH HOURS

SATURDAYS -SUNDAYS 10 AM - 2 PM

WINE DOWN WEDNESDAYS

1/2 OFF ALL **BOTTLED WINE** HAPPY HOUR SPECIALS 4-6PM





BYOW -SUNDAYS

BRING IN A BOTTLE OF OCALLY SOURCED WINE OR CIDER TO ENJOY WITH YOUR MEAL AND WE WILL WAIVE THE CORKAGE FEE

### Edward lones

edwardjones.com | Member SIPC



### When it comes to your to-do list, put your future first.

There may be opportunities for your investments to be working harder for you. Let's work together to make sure your financial strategy is optimized. Contact us today for a complimentary review.



Jason Wright Financial Advisor 154 East Bell Street Seguim, WA 98382 360-683-7204



also Facebook Live at www.facebook.com/CommunityUMC Scott Rosekrans, Pastor

130 Church Lane Port Hadlock, WA 98339

(360)385-1579

cumc@olympus.net HadlockChurch.com



### **Residential Design Build Firm**

- Architectural design for new homes and remodels
- Permit facilitator for all phases
- Full service general contractor



Our team of expert craftsmen will take your project from design phase to handing you keys to your new home!

Marie Peterson, President 360 437 8148 • Cell 360 621 0312 marie@newleafwa.com

# BACKFLOW ASSEMBLY

SOLUTIONS

A local, family-owned business that provides certified backflow testing.

Call or visit our website to schedule.

(360) 271-7393 or (360) 908-7514

www.backflowassemblysolutions.com

# Loving care for your little one!

### Lulu's B&B for Dogs

Still here to care for your pet in a clean and safe manner Serving Port Townsend for 20 years!

360-379-5248 or 360-301-5151 www.lulusfordogs.com



### Bay Club / South Bay

### South Bay Community Association Update

by Gil Skinner, President, SBCA Board of Directors

A quick catch-up on events and then some recognitions.

The Memorial Day ceremony was a great success. Thank you so much to Mark Schwendener for his remarks, Randy Edwards for the playing of "Taps," and Keith Paton for his rendition of "Amazing Grace" on the bagpipes. We had over 70 attendees and many remarked this was the best Memorial Day ceremony ever. Thank you to everyone who helped make this a success.

The June Pancake Breakfast was also a great success and continued the upward trend in the number of members participating. The SBCA gives 50% of the net profit to a designated charity each month and over the years this has amounted to several thousand dollars going to local charities and clubs. Thank you, members.

I want to close this article listing the many people who make the SBCA the premier organization it has become. (Some of our members listed below serve on one or more Committees and/or also assist us in various events. I only listed names once.)

Let's start with our great SBCA staff.

Mark Torres, our General Manager, does it all! He cooks for the Pancake breakfasts and other events, maintains the pool, serves in the member lounge, responds to many member issues, interfaces with Committees, community groups, the county and the list goes on and on. We are so fortunate to have Mark working for us. Thank you, Mark.

Other staff members to recognize: Melinie Perry, Marie Brown, Kate Lore, Pamela Horton, Denicia Huff, Ross Axiotis, Julie Forville, Alex Jackson, Val Dangler, Karen Wiggins, and Don Baker.

Current SBCA Committee members who deserve recognition include:

J. Leach, Joe Vozarik, Sheila Twohey, Steve Hammond, Bob Kent, Susan Shadrick, Pam Wolcott, Ed Knodle, Dan Darrow, Rachael Boock, Mike Boock, Alice Oliver, Rob York, Bob Hamilton, Dean Rosenthal, Jeannette Hanson, Maureen Black, Barb Sweet, John Sweet, and Tom Sprandel.

Thanks to these other SBCA members who assisted at various events:

Gary Craven, Mary Beth Neill, Linda Lowe, Annie Dutton, Mark Schwendener, Katie Schwendener, Ted Ross, Bob Wolcott, Carol Porter, Roxanne Taylor, Nick Kosin, and Craig Clark.

Finally, I want to give special recognition to our SBCA Board. It has been my great honor to be president of the Board this past year. This group of caring individuals contribute greatly to the community.

### **SBCA Important Dates**

Monthly Board Meeting Thursday, July 13, 9:30 a.m.

Unless there are changes to county requirements, meetings are in person.
All SBCA members are welcome

To keep informed of meeting dates and times, please visit: *sbca.club/home/schedule-sbca* 

Committee Meeting minutes are posted at *sbca.club*, then click on Board Minutes Page

Randy Edwards is vice president and works on both the Health and Fitness and Facilities Committees as well as assisting at other events. Randy also sits on the PLVC Board representing the SBCA. We are fortunate to have him on our Board.

Christine Spagle is Treasurer and puts in an incredible amount of time watching your money. She heads Finance Committee, sits on the Activities Committee, and she assists in almost every event. Christine is a gem to be appreciated.

Peggy Thuotte is Secretary and also sits on the ARC Committee. Peggy is a true worker bee and assists on almost every event. She is full of energy, and we appreciate her hard work.

Another true gem for this organization.

Dave Jurca has been on the Board for 8 years! We would be broke 10 times over if we just paid this man minimum wage, and he works for us for free! He is an invaluable resource for the SBCA. David sits on the Finance Committee and is an alternate on ARC Committee.

Peggy Ponto is chair of the Facilities Committee and sits on the Health and Fitness Committee. Peggy has served before on the SBCA Board and brings insight and experience to our discussions. Peggy also assists with various events and is a steady contributor to SBCA's success. We are lucky to have her on the Board.

John Cacho is finishing his first year on the Board and has been a contributor on the Finance and ARC Committees. John brings a wealth of business experience to our Board deliberations and continues to contribute by attending and being a part of various Club activities.

Stay safe, have fun, and keep smiling!

### Beach Club / North Bay

### Update from the Manager

by Brian Belmont, General Manager

The Outdoor Pool is open!! The newly resurfaced outdoor pool opened for the season on Friday, May 26, just in time for the Memorial Day weekend. Early feedback from our pool users has all been positive.

LMC is having repairs made this summer to the asphalt in the Beach Club parking lot. The first stage is to remove and repave areas where the asphalt has failed. After the paving work is completed, our contractor, Agate Asphalt, will repair several areas in the parking lot where the concrete curbing has been broken. The final stage of this project will be to sealcoat and restripe the parking lot. Throughout this process we will do everything we can to keep the Beach Club open to our members.

Another project we have been planning for some time should be underway by the end of the summer. LMC has contracted with Miller Sheet Metal to install a new ventilation and heating system in the Beach Club gym. In addition, Miller will be upgrading the HVAC systems for the locker rooms and the Bay View room. A start date for this work hasn't been set yet, but we will keep our members advised if there are to be any disruptions to amenity access.

Mark your calendars—on **Saturday**, **August 19** from noon to 3 p.m., LMC will host our annual community barbecue on the Beach Club lawn. Our South Bay neighbors are invited to join our North Bay members for hamburgers, hotdogs, and side dishes. LMC will be providing all the good food as well as non-alcoholic beverages, although guests are welcome to bring their own liquid refreshments.

On **Thursday**, **August 24**, LMC is hosting Music On The Lawn from 5-7 p.m. on the Beach Club lawn – mark your calendars, there will be more information to follow.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at *BeachClub@Olympus.net*.

### Reminder to Dog Owners

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog.



plvoice.org

Breaking News – Archive of Past Issues
Early Access to News Articles
Local Arts – Letters to the Editor

### LMC and the Beach Club

Phone: 360-437-9201 Email: BeachClub@Olympus.net

Sign up for our monthly e-*Navigator* by emailing the above address.

Visit *LMCBeachClub.org* for more information about your North Bay HOA





Camron Meikle, Au.D.
Board Certified Audiologist

"When experience makes the difference."
Comprehensive Hearing Evaluations
Digital Hearing and Assistive Listening Devices
Hearing Device Repairs & Batteries
Insurance Billing • Physician Referrals

Call For A Hearing Consultation: 360 437-7767 115 Village Way, Port Ludlow

### Port Ludlow Community Church



9534 Oak Bay Rd 360-437-0145 plcc@olympus.net Rev. Dr. Kevin Hall Join us Sundays at 10:30!

A church by a clearcut above a gas station next to recycling in a village in the woods by the bay



### SPECIALIZING IN

Post-Surgical Rehab 
Athletic/Work Injuries

Neurological Injury 
Cancer Rehab Balance Training

Neurological Injury ■ Cancer Kehab ■ Balance Irainir / Senior Fitness Classes ■ Vertigo Rehab

Incontinence ■ Foot/Ankle Injuries

Amy Irene Lynch, PT Gail Maciejewski, PT Blake Thedinga, DPT Max Selisch, PT Erica Nixon-Mack, PT Wendy Nordquist, OT Symbolyn Sebastian, PTA Kara Knox, DPT

WWW.DISCOVERYPT.COM

27 COLWELL ST. (RHODY DR.) 360.385.9310

### Village Council

### **PLVC Board Summary**

by Chris Dean, PLVC Secretary

PLVC Board members attending the June 1, 2023, meeting: David McDearmid, Jane Holmes, Ken Sondergard, Chris Dean, Tam McDearmid, Paul Hinton, Dave Jurca.

### Stakeholder Updates

Diana Smeland, President of Port Ludlow Associates reported PLA is staffing up as they approach their busy season. Olympic Terrace 2, Phase 2, is progressing with road work and utility trenches. With Greg Rae's leaving, Jason White has been promoted to Vice President/Manager of Olympic Water and Sewer Inc. A mitigation plan has been submitted to the Corps of Engineers to replace docks C and D at the Marina, which would include removal of creosote pilings. PLA is looking into the possibility of working with the County on a grant to install electric car charger stations at the Village Center.

#### **Committee Reports**

Utilities: Chris Rog was approved as a new member.

Utilities Ad Hoc OWSI Rate Committee: Allan Kiesler and Chris Rog were approved as new members.

#### **Board Business:**

Paul Hinton, Treasurer, presented the financial report for the month ending May 31, 2023.

### **Bylaws Revisions**

The Board approved the Administrative Committee recommendation for revised PLVC bylaws which allow transition to on-line voting. The duties of the Vice President and Secretary were updated.

### **Washington Utilities and Transportation Committee** Communication

The Board approved sending the Ad Hoc OWSI Rate Committee letter to the WUTC Commissioners.

### Village Council Meetings

**Board Meeting** Thursday, July 6 3 p.m., Beach Club

plvc.org





# Exceptional Care in an Exceptional Place

19360 Viking Ave. N.W., Poulsbo, WA 98370 360.779.5533

# Do It Right Roofing & Construction

Located locally in Port Ludlow • Excellent Local References Quality and Customer Satisfaction is our #1 Goal

- ◆ All Types of Composition
- Metal. Cedar Shakes
- ◆ Re-Roofs
- ◆ New Construction
- ◆ All Types of Repairs

General Contractor's License Lic # DOITRIR943Q Bonded, Insured

- ◆ All Types of Construction
- Repairs
- ◆ Remodels
- ◆ Decks, Siding
- ◆ Custom Woodwork

William Bacchus Phone: 360.774.6348 email: doitrightroofing@msn.com

Michael Haberpointner, PT, DPT **Timothy Mansour, PT, DPT** Faye King, PT, DPT Bailey O'Hotto, DPT PHYSICAL THERAPY

Balance Training • Spinal Rehab • Rehab After Surgery · Vertigo Treatment · Personal Training

Medicare and most insurances accepted

www.activelifetherapy.com

9483 Oak Bay Rd. • Port Ludlow, WA 98365 • (360) 437-2444

### **Recreation & Sports**

### Putting 101

by Jim Mancill, PGA, Head Golf Professional at Port Ludlow GC



Now that we are in control of our chipping, let's see if we can finish the job and make that putt. Don't push it, don't pull it, get it to the hole... just a few of the thoughts that may run through

your head as you look over that 4-footer for par. The putter starts back, and your eyes follow the path as it veers too far back, so you try to slow it down as it starts back— but too late, you've hit it too hard and pulled it way left. It will be a miracle if we make the next one for bogey.

Putting is simply the art of reading the green and matching the aim with the appropriate speed. So how can we work on this? Let's look at the facts. There are only two outcomes for each putt. You'll either make it or miss it, so let's get over the fear of failure and work on what we can control.

### **Basics:**

There are a multitude of different looking stances and grips that work but keeping it simple is always best.

- Eyes over or inside the ball at address. This is a must to produce a stroke that is online.
- Palms facing each other on the grip. Another must to make sure the hands work together.
- Ball forward of center to ensure we make contact as the putter starts to swing up producing a roll not a skip or bounce.
- The ball is not hit during putting. It gets in the way of a smooth stroke resulting in a controlled roll.
- Our putting stroke has to have rhythm which is controlled by the pace of the backswing and forward swing.

Simply put, the goal is a stroke that is "equal back and equal through." That is the how to control the pace of the putt. No hitting it easy for downhillers and harder for uphill putts.

### **Practice:**

Putting makes up about 40 per cent of our scores. Other than touring professionals, most golfers don't spend anywhere near 40 per cent of their practice time on putting. So, let's look at making the best of our practice time and focus on the two most important areas to work on:

### **Green Reading:**

• To make it simple, find the low spot of the green or where the water will tend to run. In most cases, this will influence your putts as well and will tend to break in that general direction.

#### Aim

- Set up 5 tees around a cup at 4 feet and see how many putts you make going around twice (that's 10 putts). Now do the same at 8 feet. That's your base line so unless you made 10 out of 10 at each length, record the results.
- Now pick an 8-footer with little to no break and use two tees
  to set up "a gate" at 4 feet that is on your intended line. The
  goal is to roll the ball through the gate and make the putt.
  Adjust the tees as needed to put the gate on the actual line. As
  you get better, pick a breaking putt and see how focusing on
  the gate improves your focus and improves your aim.

#### Distance

- Grab 4 golf balls and head to the putting green. We are going to use the "ladder drill" to work on our speed.
- Pick a spot to putt to over 10 feet but shorter than 20 feet. Send the first ball to that spot. Watch it roll out and then try to putt the next ball 3 feet further. Then ball 3 another 3 feet and lastly, ball 4 another 3 feet further. Go back and forth, uphill and downhill, and see if you can get a new "feel" for your stroke that matches up with the correct speed.

With the correct aim and speed to match, the ball has a much better chance of going in or at the least, leaving us with a tap in. Make your practice fun and remember the sound of it going in!

### Port Ludlow Hiking Club

by John Nuerenberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads and depart at 8:30 a.m. Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to *plhikingclub@yahoo.com*, or go to the club's website – *portludlowhikingclub.com* and click on Contact to send a message.

#### Friday, July 7 - Marmot Pass

The Marmot Pass Trail is a fairly difficult 10.6 miles roundtrip hike with 3500 feet of elevation change. The trail is a steady uphill all the way to Marmot Pass. The trail runs along the Big Quilcene River for 2.5 miles and then begins a steady climb to Marmot Pass. The trail is easy to follow and well maintained. National Park Pass or another Interagency Pass is required. A restroom is at the trailhead. The hike leader is Burt Peterson, 360-437-0849.

Friday, July 21 – Deer Park to Roaring Winds – difficult hike The beginning of the trail is a gentle grade with a slightly steeper increase before the first prominent viewpoint, about 1.1/2 miles

increase before the first prominent viewpoint, about 1-1/2 miles, 800-foot elevation gain. Territorial views across to Tyler Peak and Mt. Baldy. The next two miles are a mix of increasingly steeper grade to the Bench at 4,400 feet of elevation. Amazing view across the Grey Wolf and first sight of Grand Ridge. We will have continuous views along the additional 2-1/2 miles to

continued on next page

#### Hiking continued from previous page

Deer Park directly below Blue Mountain. We will hike along the rain shadow forest and open meadows of upper Deer Ridge. This is a 9-mile hike. Restrooms are on Highway 101 on the way to the trailhead. Northwest Forest Pass or similar is required. Hike leader: Burt Peterson, 360-437-0849.

### Friday, July 21 – Sea-to-Sea – moderate hike

We'll begin at Fort Ward Boat Launching Ramp (at the end of Pleasant Beach Road lower Fort Ward). No park passes are required. We will hike up one moderately steep bluff and then take the trail down to Blakely Harbor. Returning, we will again climb one moderately steep bluff and then take the same trail back to Fort Ward. It is a relatively flat 6-8 mile easy-moderate hike with a few gradual up and down sections. For those who would like to walk a little further, we can walk down to South Beach—if we're lucky we'll be able to view Mount Rainier! There are restrooms at the trailhead, the upper Fort Ward parking lot, and at Blakely Harbor. After hiking, those interested can enjoy lunch at Lynwood Center or elsewhere on Bainbridge Island. Hike leaders: Jorge and Jer Carrasco; 206-550-5100 (Jorge), 206-920-8054 (Jer).

### Wednesdays: Timberton Loop.

Walk the 4.2-mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at 9 a.m.

Monday/Wednesday/Friday - 8 a.m. Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

For more hiking information, map of the Port Ludlow Trails, and descriptions and pictures of previous hikes and other destinations, go to *portludlowhikingclub.com*.

### Niners' News

by Kathy Traci, Lady Niners' Publicity Chairperson

Niners' Captain Barbara Burke announced that the putting contest on **July 13** is going to be called a "Putt and Pour." It takes place on the putting practice green at 3 p.m. The \$5 per person entry fee will provide one beverage, hors d'oeuvres, and prize opportunities to participants. Niners should sign up through Golf Genius starting **July 5**.

The next Port Ludlow Niners' Couples event will be held on **July 27** with a nine-hole format. Members' handicaps will be used to form the foursomes. This will ensure equitable chances for winning scores. An interesting game format awaits players, and they are encouraged to stay after for luncheon at the Dusty Green Café. Cash credit prizes for Pro Shop merchandise will be awarded to the winning foursome.

The second date for the Niners' Captain's Cup will be played on **Thursday**, **July 20**. Scores are accumulated during this four-date event to determine the winner of the Captain's Cup. A Play Away date is scheduled for **August 3**. Course destination and signups and will be announced on Golf Genius.

Lady Niners' Captain Barbara Burke encourages prospective Lady Niner members to join the Lady Niners for play any Thursday morning. Individuals interested in joining the Niners should contact the Pro Shop desk at the Port Ludlow Golf Course (PLGC). Please note: PLGC Membership is required for participation in any of the PLGC golf leagues.

### Port Ludlow Women's Golf Association

by Kathy Traci, PLWGA Publicity Chairperson

Many league members have taken advantage of Port Ludlow Golf Pro Jim Mancill's series of monthly golf lessons. A new series of group lessons will be announced soon. The PLGC practice range area is getting a lot of use by all members due to the perk of free-range balls for members.

League members are asked to replace divots and/or use the white containers on the sides of the golf carts to fill divots with the grass seed/sand mixture. Golf Course General Manager Shawn Vertterick and his crew have worked hard to keep the main areas of the golf course, including the putting greens, in great shape.

Member participation during the leagues' regular play days has been excellent. The PLWGA plays on Tuesdays starting at 9 a.m. Games have included Toss a Hole per Nine, Better Nine, Blind Nine, Odd Holes, Even Holes, Crazy Eights, and Fives. All of these games are post-able toward players' GHIN handicap because individual scores are kept. Due to the World Handicap system, players' handicaps change daily.

The MGA (Men's Golf Association)/WGA exchange was well attended and enjoyed by all participants, as was the Ladies Invitational on June 27. The matches of the Captain's Cup that began in June will continue to be played throughout July with the final match date on **July 25**. The winners of the POD matches arranged elimination matches with each other. A chart on the Women's Locker Room bulletin board tracks the progress of this tournament. These elimination matches will continue until the final match is played. Then the winner (Queen of the WGA Captain's Cup) will be announced at the Mid-year Luncheon on **July 26**.

The next Play Away day is scheduled for **Monday**, **July 17**. Course destination will be announced on Golf Genius. The WGA/MGA will take place on **August 1**, with the women's league hosting the men's league for lunch at the Dusty Green Café following play.

WGA Captain Elaine Raymond invites prospective members to play with the WGA league on any Tuesday morning. Details regarding membership and events are available at the Pro Shop of the Port Ludlow Golf Course (PLGC). Note: PLGC membership is a requisite for participation in the course's golf leagues.

### Yoga at the Port Ludlow Bridge Deck

by Tom Humphries, Yoga Class Coordinator



Yoga by the Totem Pole.

Are you interested in making new friends? Learning new skills? Improving your balance? You can do them all at the weekly yoga class at the Port Ludlow Bridge Deck. Yoga classes have been held in Port Ludlow for over six years. Currently, we meet every Sunday from 2 p.m. to 3 p.m. at the Bridge Deck near the Beach Club. When the weather is nice, we meet at the Totem Pole for awesome outdoor classes. This is a fee-based class, \$12, and is open to all levels of skill and experience.

Don't worry about your abilities. Yogis are the most non-judgmental people around. April Bartlett is our wonderful yoga instructor. You may have met her working at the Inn.

We have some props available, but it is best to bring your own yoga mat. Many of you might have watched yoga classes on YouTube during Covid. While those classes are good for fitness, I missed the social aspect of having a good group of people practicing together. Importantly, live classes have a teacher that can help you improve your skills and share accommodations for any aches and pains. Just improving your balance can be a lifesaver by helping you avoid falls!

In addition to yoga, the group has hosted other social activities such as brunches, happy hours, paddleboard and kayak excursions, and Christmas yoga parties. We even did a yoga retreat at Doe Bay on Orcas Island.

Come join us any Sunday. You will meet people, live longer, and have some fun. For information and to get on our email list, email Tom Humphries at *tom@360signs.com*. We hope to see you at an upcoming class.

#### Trail Mix

by Larry Scott, Trails Chair

Hooray, hooray! Trails now has a new secretary/scribe/recorder. Newcomer to our "Village in the Woods by the Bay" Karen West has joined the PLVC Trails committee, and our former long-term scribe Soozie Darrow is showing Karen the ropes (procedures). We are certainly glad to have Karen aboard. Throughout the month of May, Trails put the McCormick Loop & McCormick Rail Trail developments on hiatus while concentrating on the other new trail, the Oak Bay Trail (now affectionately known as the OBT as opposed to the Around the Bay Trail or ABT). That time spent on the OBT has been very productive. While originally targeted to be completed in fall/winter of 2023

following the McCormicks, the progress made in May on the OBT has encouraged Trails to complete that trail and open it up for use before returning to the two McCormicks. As of this writing, the last of the blackberry wall has been subdued (as well as any Himalayan blackberry can be subdued), well, maybe not subdued but more like cut through as a tunnel so the crews can now travel the complete trail from Swansonville to Pioneer



Neil Vroegop on the Oak Bay Trail.

Photo byTim Rensema

to complete the finishing touches before opening it up for full use. We have some horizontal trees, fern roots, minor drainage, slopes, and signage to address but we can see the light at the end of the tunnel. In fact, by the time this goes to print, you should be able to try out this latest addition to our growing community trail system. Originally conceived and proposed sometime circa 2011, it's been a long time coming.

Before returning to the two much larger McCormick projects, Trails has also decided to complete the short section of reroute necessary to reopen the connection from Mt. Wilder to the DNR trails. This reroute was needed due to the additional homes being built in the Olympic Terrace 2 domain at McCartney Peak Lane. Some of those property boundaries overlapped our original trail, hence the needed reroute.

Our annual Scotch Broom Pull led by Natural Resources/ Vice Chair Mark Makarowski was again a success within the community. We will never be rid of this prolific invasive plant. The best we can do is minimize its spread by our counteractive annual events. Mark reported multiple trailers full of Scotch Broom headed to the PLA approved dumping ground. He had a total of 17 participants this year with five of them in the kitchen preparing for the after-pull festivities and luncheon. Reportedly, a good day of effort and a good reward, too.

Like to help? Send me an e-mail at mclgscott@cablespeed.com. "Let's Keep Improving our Trails."

### Edward Jones

### **Happy Independence Day**



Rick Smith, AAMS™ Financial Advisor 9526 Oak Bay Rd Suite 300 Port Ludlow, WA 98365-0138 360-437-5113

MKT-5894N-A

> edwardjones.com

# Far Reaches Farm & Far Reaches Botanical Conservancy

by Eline Lybarger, Staff Writer and Elena Smith, Administrative Assistant for Far Reaches

Both the Farm and the Conservancy were created and are driven by Kelly Dodson and Sue Milliken. Kelly grew up in Puyallup, WA and at the age of 11 fell in love with a plant. That love led to a degree in horticulture from Washington State University's School of Agriculture. He worked for other nurseries and had a nursery of his own, but his real love was the Rhododendron Species Garden where he did some propagation.

Meanwhile Sue was growing up in Connecticut with gardening parents: annuals and perennials for her mother and pampered roses for her father. Sue studied botany at Middlebury College in Vermont and eventually had her own nursery in northern Vermont.

Sue and Kelly didn't meet until 1997, when they were seed collecting on a trek in Hunan, China. Once they met, they decided not to look back but to go forward together. Back in Washington, they found a six-acre horse farm for sale just outside of Port Townsend. They purchased the property and started building a shade house and designing the gardens for their seed propagation. Currently, they have developed five acres.

Seed collecting is not like pitching a tent in a state park. First you need permission and an import permit from the US Department of Agriculture (USDA). Next is getting a permit from the host

continued on next page





## IS YOUR HEAT PUMP READY FOR THE WEATHER?







CALL THE HEAT PUMP DOCTOR FOR A CHECK-UP!









(360) 531-6111

www.fredelectric.com

LIC# FREDEEI821NT

#### Far Reaches continued from page 27

country and finding a guide. Most treks last two to four weeks and the accommodations are not luxurious. One hotel where they stayed had rats living in the bed. When they turned on the lights, the rats would abandon the bed. They slept with the lights on.

More recently they traveled to Hunan, China on the Vietnam border. They were promised tents, but instead were parked in an abandoned military building where the roof was mostly missing, vines, dirt, and debris were everywhere, and they had only a thin piece of plastic to sleep on. The guides didn't supply enough water and insufficient water and strenuous exercise contributed to Kelly having severe cramps in both legs. In the middle of the night, he hobbled outside to walk off the cramps, while trying not to think about being in tiger country. He feels it was all worth it because they may have found the seeds to a new species of mountain ash.

Besides the uncomfortable accommodations, there is the physically exhausting process of collecting seeds. At 10,000 feet, you are mostly bush whacking up or down a hill on uneven ground over boulders and logs. At day's end, with only boiled potatoes for dinner, you must process the seeds you collected. Imagine separating wheat seeds from their dried chaff—not too tough, except that you have a lot of them. Now imagine separating seeds from the flesh of a raspberry. Once separated, they still need to be labeled and packaged for export to the USDA, and you need to get up at daylight for the next day's trek.

Not all plants are obtained from seed trekking. Sue and Kelly also exchange plants with nurseries in Europe and England. Recently, they propagated some plants that could not survive in our climate, so they loaded them into their van and delivered them to like-minded nurseries in California.

In 2017 they created Far Reaches Botanical Conservancy, a 501(c)(3) non-profit with the goal of collecting, conserving, and distributing vulnerable plants new to North America from both the wild and from cultivation overseas. They also distribute plants to botanical gardens, researchers, and private gardens.

A visit to Denver's Botanic Garden introduced them to rock crevice gardens. When they told their friend, Senior Curator, Panayoti Kelaidis, they were thinking of building one, he introduced them to Kenton Seth, an expert crevice garden creator. Kenton arrived in 2019 with his friend, Paul Spriggs, also a crevice garden expert, to help with their project.

What is a crevice garden? It is a garden that provides high altitude growing conditions at low altitude. They acquired thin slabs of unique Montana sandstone needed for the crevice garden. The relatively flat stones are placed on edge next to each other leaving little room for anything between the rocks. They tried packing the crevices with washed sand, and planted plants with their roots still in potting soil. Organic matter in the potting soil decayed and reduced aeration and the plants died of root rot. They quickly

learned to fill the crevices with ¼ inch minus basalt, which sequesters carbon, and to leave the roots bare when planting.

Please notice a tiny violet. It looks ordinary, but only grows above the tree line in Washington's mountains. Kelly and Sue act like proud parents when they talk about it growing at sea level in the Crevice Garden. Other crevice builders, Chris Dixon and Ty Danylchuck, have joined the work. It isn't all planted yet, but its bones are epic, and the garden planted in 2019 is in bloom and beautiful.

The couple is in conservation with the Washington State Department of Natural Resources Natural Heritage Program about helping to grow and safeguard native plants of concern. In May they attended the 4th International Rock Garden Conference in the Czech Republic and gave a presentation on the Far Reaches Botanical Conservancy's Crevice Garden and its role in alpine plant conservation. They shared excerpts from scientific research papers about the effects of climate change on the flora of Olympic National Park, particularly those plants in the alpine zone. The projections show an almost complete loss of habitat for these alpine plants by 2080 due to global warming. Understandably, Sue and Kelly are excited to have successfully cultivated the difficult-to-grow *Viola flettii* in the Crevice Garden. This is the key to its survival.

Providing plants or tissue samples for research is part of the mission of the Conservancy and is often done at no cost. They sent a rare South American species to Harvard for medical research, several Bergenia collections to Scotland for a PhD research project, and flowers of a species related to blueberries to the USDA Center for Blueberry and Cranberry Research in New Jersey. Recently, they sent Rubus species (blackberry/raspberry family) to the USDA Genetic Repository in Corvallis, a lily species to Ohio, and a rare "living fossil" native to Pecans and Hickories to Texas—it may have important implications to the future of pecan breeding.

Want to keep a good thing growing? Go to *farreachesbotani-calconservancy.org* and click on "donate." You can also make a tax-deductible donation by check.

Want to do something more hands-on? Volunteers are needed for garden work. Far Reaches is in the process of getting the Iris B(otanical) G(arden) a botanical garden database up and running. They will need people to manage and input data. Lastly, they need a board member with fundraising skills, preferably in both events and grant writing.

Want to stay informed, but not get that involved? Membership for \$40 a year entitles you to first look at event and seminar tickets, discounted prices, and free videos.

Questions? Contact Elena Smith, Administrative Coordinator at *Plants@FarReachesBotanicalConservancy.org*.

### Classifieds

The monthly cost of classified ads is \$17 for less than 25 words and 60 cents per word there after. There is a prepayment discount, 10% for 6 months or more. We accept "personal" ads such as public "thank you" ads. We do not accept ads of a political nature. The deadline for new ads, changes, and cancellations is the 8th of the preceding month. We send out invoices on the 1st of the month. We normally send emailed invoices but will mail them if you request. Ads will run until canceled. You may pay by check, money order, credit card or bank transfer. Email your ad and contact information (name, billing address, phone numbers, and email address) to classified@plvoice.org.

#### **COMPUTER & TECHNOLOGY**

**Computer Sleuth** – Is your computer walking instead of running? Try the simple things first! Local references available. Call Eric Hammond 949-244-3595.

**PT Computers**: we work on Apple, Windows and Linux computers. Diagnostics & Repairs, Virus Removal, New Computer Set Up. We Sell: Printer Ink, various cables and Adapters, Phone chargers/cables. 360-379-0605.

#### FINANCIAL SERVICES

**Taxes & Accounting.** We specialize in tax preparation & needs of small businesses. We make house calls. Call 360-437-1392. Great service/fair prices. Duane E. Anderson, CPA.

**Accounting:** Bookkeeping services, payroll & payroll taxes, tax return preparation. Need someone to get your books ready for tax season or to keep the books up to date? Do you need help with personal or business tax return preparation? More than 20 yrs. experience. email Rhonda @ r3granger@gmail.com or call 360-358-5340 for more info.

#### **FOOD**

**Dinners To Go** service offered by GBF Catering on Tuesdays and Fridays. Order online and see additional information at *GBFcatering. com.* Catering services available in Jefferson, Clallam and Kitsap Counties. For more information call 360-774-0848.

#### **HEALTH & BEAUTY**

Sacred Healing Arts: Acupuncture, Sound healing, barefoot massage, cranial and nerve therapies to clear unprocessed emotional trauma to connect you with your embodied joy! Contact Jillian Rifkind L.Ac, EAMP at 360-523-2091 or visit *joypointclinic.com.* 9481 Oak Bay Road.

**Physical Therapy in Port Ludlow.** Active Life Physical Therapy. Our services include balance training, spinal rehabilitation, vertigo treatment, and joint replacement therapy. Medicare accepted. 360-437-2444. *Michael@activelifetherapy.com.* 

**Foot Care.** Dr. Steven Reiner, DPM, Podiatric Physician & Surgeon. Bunions, hammer toes, toenails, diabetic shoes, orthotics, heel pain. Located at 204 Gaines Street in Port Townsend. Call 360-385-6486 for an appointment.

**Tootsies: Manicures & Pedicures.** 7551 Oak Bay Rd (across from Port Ludlow Fire Hall) Available by appointment, 360-437-2332. Neighborhood fun!

Caregiver Available in Port Ludlow. Providing in-home care services, light housekeeping, errand and grocery assistance, medical transportation, and companionship. Certified and Experienced. Call or text Susan at 360-301-0200.

Home Care Aide in Port Ludlow. Certified and experienced. Available for in-home care, light housekeeping, and transportation. Hard working, non-smoking, pet loving, and patient. Call or text Rebecca at 360-316-9354.

**Private Caregiver:** Experienced, Vaccinated, Background checked. \$30 an hour with transportation and overnight options. References Available. 360-531-1290 *chimacummary@gmail.com* 

Treat yourself to a relaxing hour of pampering with Ear Candling! Call Janette 949-275-3848

### HOME RENOVATION & DÉCOR

**Quality Painting with Affordable Pricing.** Exterior, interior. Pressure washing. Lots of local Port Ludlow references. Bonded & insured. License CBSPAP\*917CD. Call Tony Forrest, owner, CBS Painting, for a free estimate. 360-633-5702.

Arnett's Affordable Home Improvement - All remodeling and home repair, Kitchen and Bath Specialist, Tile, Stone, Hardwood and Laminate flooring, Construction, and repair of Decks. "When you want it done right the first time-call us!!" Arnett General Construction 360-477-1935; WEB constructiontilepro.com; CCDONARAG875DL; local references.

**Ludlow Custom Contractors.** Specializes in custom home painting, decks, & finish carpentry. Contractor's License #MOSHECJ994MC. Christopher Mosher, 360-301-9629. "Custom Designing Your Dreams."

**RW Construction.** 30-years' experience remodeling & custom construction. Small jobs OK. I also consult on renovations or remodels. Avoid innocent but expensive mistakes. Great references. Licensed/bonded JOHNRC\*983DF, 360-302-1242.

**JDG Construction Inc.** 30 years in local business. Free estimates on remodel & new construction, 360-385-3287.

**Do It Right Roofing & Construction.** High quality roofing & construction & remodeling. Owner on every job. General contractor Reg. #DOITRIR943QL. Locally located in Port Ludlow. Excellent local references. 360-774-6348.

**Dave Peterson Tile & Stone.** Kitchen and bathroom remodel, shower-pan specialist. General Contractor. Bonded, insured, Lic#CCDAVEPPT943DW. 40 years' experience. 360-681-2133.

**Professional Tile & Grout Cleaning/Sealing.** Clean Grout Northwest, re-grouting, re- caulking. Cleaning & sealing, ceramic, porcelain, natural stone. Licensed, bonded, insured. Lic#GROUTGN905DJ, 360-621-1730. *cleangroutnw.com*.

**Remodels, Additions, Finish Work & Handyman Services.** Carpenter dedicated in providing quality work for Port Ludlow customers! Lic#GREYDGD824BH, Bonded & Insured. Call Chris Travaglio 360-434-8999 www.THEGREYDOOR.net

### HOME SERVICES

**Legion of Clean** Voted #1 Best House Cleaning in 2021 & 2022. Professional and Reliable Cleaning Service. Licensed, Bonded and Insured. *legionofclean.com* 360-344-8409 *sparkle@legionofclean.com* 

**Olympic Gutter Cleaning & Moss Treatment.** Improving the appearance & life of your home. Call to set up an appointment at 360-301-9980. Licensed & insured.

**Pristine Clean Gutter and Moss Removal:** Commercial and Residential. Tile, Comp, Cedar and Metal rooftops, Gutter repair, Moss prevention plans. Pressure Washing, Siding and Surfaces, Gutter Guards. Licensed and Insured. Call: 360-990-2679 or 360-440-2238.

**Home Maintenance**. Pressure Washing driveways and sidewalks, soap is safe on plants and grass. Small Home maintenance jobs. Lic#RMSERS\*835B3, Bonded and Insured. Call for info. James @ R&M Services 360-301-2683 or *randmservicesrm@gmail.com*. Local Resident.

**Window Blind Restrings and Repairs.** Most cases same day service. Give James a call @ R&M Services 360-301-2683, Port Ludlow Resident.

**Household Help-**-Hauling, pruning, power washing, hauling donated items to Goodwill, weeding, weed eating. Chris at 510-757-2371 text please or email at *chrisandlouann420@gmail.com* 

**JC's Painting and More.** Painting--drywall repair & finishing--carpentry-handyman tasks and more. Free Estimates 360-550-6101. Lic. # JCSPAPM919DS. *jcspaintingandmore.com*.

**Experienced house/pet sitter for travelers.** Yard cleanup, pruning, flower beds, light hauling, deck/gutter washing, minor repairs and helping hands. Outstanding References. Call Gary 425-422-9709.

**Home Maintenance** Painting, electrical, plumbing, roofing, drywall, light remodel, landscaping, decks, hauling, concrete, pressure washing, general labor, and handyman services and more. David 360-301-9012.

Gutter Cleaning and Moss Treatment: Call Gutter Street Services. 360-821-1806. Reliable, local, licensed and insured.

**Home Team Housecleaning.** Hard-working, honest, fast, and friendly young Dominican girl. I want to make my clients happy and keep their homes clean. References. Please contact Sheryl 360-860-2774 or *sheryllara@hotmail.com*.

**Pressure washing is our specialty.** Make it look new again with Eco-Clean pressure washing services! Driveways, patios, decks and more. Give us a call 360-531-4821.

#### LANDSCAPE & YARD SERVICES

**Brett's Stump Grinding.** Goodbye ugly tree stumps! I'm professional, reliable, & reasonably priced. For info & to see before & after photos, go to *bretts-stumpgrinding.com* or call Brett Aniballi at 360-774-1226.

**Field's Tree Care LLC** is a Certified Arborist here to help you with all your tree & shrub needs. Fine Pruning. Free Estimates. Licensed, bonded, insured. Lic # FIELDTC876DH. Dan Field 360-994-0166.

Irrigation repair, maintenance, and automatic flower bed systems. Seasonal start up and shut down. Call Wayne 360-643-3114. Email waynegrassman@aol.com.

**Garden and Lawn Care**: Mowing, trimming, pruning, pressure washing, clean up, summer/fall projects. Reliable, effective, considerate. Please contact Joe at 360-301-1333. Cards welcome. Bonded and Insured.

### LEGAL SERVICES

Secretarial Services. Call Cammy Brown, Peninsula Legal Secretarial Services, LLC, 360-301-2590, *cammybrown.com*, for all your business and legal secretarial needs. Transcription, preparation of legal and business documents, typing projects, etc. I now have a second office inside the Post Office in Port Ludlow. Same phone, etc. By appointment only.

**Notary Public:** For Notary Public services call Cammy Brown, Peninsula Legal Secretarial Services LLC, 360-301-2590, located in Kivley Center, Port Hadlock and the Post Office in Port Ludlow, by appointment only.

#### MERCHANDISE

**For sale 22+ft cabin boat**. Mercruiser-outdrive with V8 engine, trailer with disc brakes. Asking \$7,500. Radio, net, downriggers, etc. available. Call 360-437-8110 in PL.

#### **MISCELLANEOUS**

Elena's Alterations & Tailoring. Providing professional seamstress services since 1992. For only the highest quality alterations or tailoring, call Elena today 360-437-9564(h), 206-305-1101(m).

**Semper FiChauffeur.com** Tired of the lack of options getting to SeaTac Airport? Leave your car & your worries locked at home in your garage. Call Retired Gunny, Brent Neel for quote. Best way to start/end your vacation. 206-718-6139.

#### **PERSONAL**

**LGBTQ+ folks and allies:** Contact us *at prideportludlow@gmail. com* if you wish to be included in our membership. We are 106 persons strong! We have fun and do service projects for our area.

### PET CARE

**Big Valley Pet Resort** is a great place for your socialized pet to play while you are away. Check out *bigvalleyanimalcarecenter.com* or call 360-697-1451 for more information.

**In House Petsitting** for dogs and cats. *buzzydonahue@yahoo.com* 360-531-2605.

**HarpDogs Pet Care** - Experienced Dog Walking and Pet Sitting for ALL animals including Special Needs. Port Ludlow area. Email: *notify-harper@gmail.com* or call 650-799-3080.

**Pet & House Sitter.** Care for your pets in your home. Experienced and responsible and will provide references. *sandieyonke@hotmail.com* phone 360-821-5360

**House and Pet Sitting.** Conscientious and reliable. Call or Text Sherry to make appointment for meet and greet 360-775-6388

#### RV/BOATING/TRAVEL

**RV Storage.** South Bay, 1 mile west of Hood Canal Bridge on Hwy. 104. Call Shirley, 360-437-9298.

**Beaver Valley Storage.** 100 - 800 square feet. Twenty-four-hour security on duty. One month free with minimum six-month lease. 360-732-0400

This issue proofread by Karen Hashagen, Betty Kay Landaker, John Paxson, and Mary Small

**Subscriptions**: Per year \$42; \$3.50 per month. Gift issue, \$5

Paper Content: The *Voice* gloss cover stock is balanced recycled FSC certified with 30 percent recycled content. It is elemental chlorine free. The inside stock is acid free and meets the sourcing requirements of the Sustainable Forest Initiative.

©2023 *Port Ludlow Voice*. All rights reserved. Printed in the U.S.A.

No part of this publication may be reproduced in any form without express written permission of the *Port Ludlow Voice*.

The printing of an article, or of classified or display advertising, does not necessarily constitute endorsement by the *Voice*.









Amanda Wilson Attorney at Law Jefferson County 21 Shine Road Port Ludlow, WA 98370 (360)437-4172

King County
999 N. Northlake Way
#206
Seattle, WA 98103
(206)337-7555

Elder Law / Estate Planning / Wills /
Guardianships / Medicaid Planning /
Minors Trusts / Revocable Living Trusts /
Powers of Attorney / Special Needs
Trusts / Trust Administration & Probate

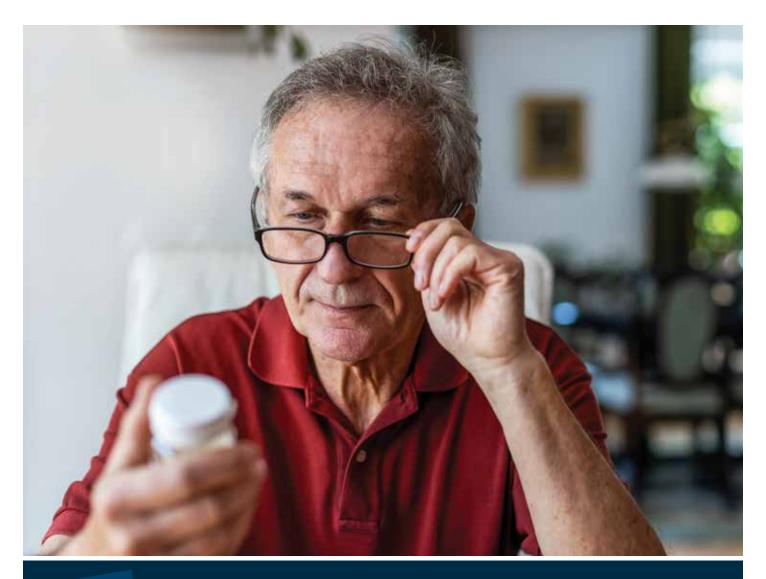
www.NWEPP.com

©2021









Jefferson

Healthcare

**Port Ludlow Pharmacy** 

PRESCRIPTIONS
VACCINATIONS
CONVENIENCE CLOSE TO HOME

Accepting all prescription transfers

9481 Oak Bay Rd, Port Ludlow Monday – Friday, 9:00 am to 5:30 pm 360.379.2254 | jeffersonhealthcare.org