

PORT LUDLOW VOICE

May 2006

Serving the Village of Port Ludlow Since 1998

Memorial Day Flag Ceremony

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For the fifth year the Olympic Peninsula Conservation and Heritage Committee, made up of local retired military personnel from all service branches, is again planning a flag-disposal ceremony at the Bay Club on Memorial Day, **Monday, May 29**, at 11:00 a.m.

According to the American Legion Flag Etiquette brochure, when a flag is damaged or faded, it should be retired and replaced. "When a flag has served its useful purpose it should be destroyed—preferably by burning."

For several years, Port Ludlow military retirees and the Bay Club staff and volunteers have organized just such a ceremony outside the Club in commemoration of Memorial Day. The ceremony is open to all members of the community, and you are urged to take advantage of this fitting method of flag disposal. The program will include an invocation, dedication and disposal of each flag, and will conclude with a final salute to all of the flags. All retired or active duty military personnel are encouraged to participate.

Following the ceremony, we will move to the Bay Club auditorium to hear a selection of patriotic songs and others suitable to the occasion, sung by the Independents, an outstanding mixed choral group directed by Pam Wenter. Anyone who has heard these choristers at prior years' ceremonies will confirm just how inspirational their program will be. Refreshments will be served after the concert.

If you have a flag you wish to have disposed of in this dignified manner, please bring it to the Bay Club in the days prior to Memorial Day. Your flag may be dedicated to an individual or to a group. If you have questions, call Mike Morgan or Linda Colasurdo at the Bay Club, 437-2208, or event organizer Jerry Conover at 437-0537.



Port Ludlow retired veterans from all service branches will gather at the Bay Club for a ceremony on Memorial Day. Pictured are (left to right), Robert Moss, Coast Guard; Jerry Conover, Marines; Russ Reed, Army Air Corps; and Thomas Lohrey, Navy.

Photo by Peggy Lee Flentie



*Memorial Day,
May 29, 2006*

From the Editor's Keyboard

by Barbara Wagner-Jauregg, Managing Editor

It's easy for many of us to find fault with those residents who sit on our myriad of boards—in fact it seems to go along with being a senior citizen and retired. Grumble, grumble—on and on it goes. But the people we complain about were elected by us. Why do we later discover their opinions don't agree with ours, they aren't working for the good of the majority of the community, or in some cases may lack competence?

Time after time, South Bay village homeowner associations cannot find anyone to run for office. In a few cases, they can't fill some or all of the positions and turn to management companies to run things. Or, in the case of the Port Ludlow Village Council (PLVC), candidates have run unopposed. While we hear of people who have offered themselves as candidates, we learn they've been discouraged from running so as not to hurt the feelings of the loser. But that's politics, someone wins while someone else has to lose.

When elections are uncontested, no voter forums are organized, no debates between candidates occur, and no position statements are published. People take office, and we know little about them. Statements from candidates expressing where they stand should be published in the *Voice*. Many Port Ludlow people don't bother to vote for the PLVC Board. They have a variety of reasons—some justified, some not. But, like it or not, members of the PLVC Board are considered our spokespersons by County government and the media. Be sure they represent your views.

It is imperative that multiple candidates are on the ballot for all master association and PLVC elections. Where do the candidates stand, do they have ethics, are they free of any conflict of interest? Candidates must be willing to voice their opinions openly to the community.

The deadline for running for the South Bay Community Association Board (SBCA) is at hand. And at the end of this summer, candidates for the PLVC Board will announce their intentions. I'm looking for hotly contested elections with issues clearly spelled out—some new faces with new ideas. No uncontested elections should be our motto.

The views expressed in this column are the Editor's alone—and don't necessarily represent the views of every volunteer member of the Voice staff.

Port Ludlow Friday Market

by David Goudie



Selecting plants from Stoney Acre Farms.

Photo by Barbara Bradford

The Port Ludlow Friday Market is back starting **May 5**, and every **Friday through September**, from 9:00 a.m. to 2:00 p.m. The musical group, The Northwest Country Boys, is slated to provide toe-tapping

entertainment for this opening day.

This year's market should be better than ever. You will be pleasantly surprised with the selection of fresh, seasonal fish for your table from the market's fishmonger, Ike's Fish, supplier to a "major grocer" in Poulsbo. Plan your evening meal with sockeye, king salmon, or halibut. Snack on pickled herring after a game of golf. Black cod, true cod and snapper will appear as the season progresses.

Wouldn't homemade jams, jellies and honey be good on breakfast toast or pancakes? Homemade jam on a peanut butter sandwich would be a little bit of heaven. Try the fresh honey for your coffee or tea, for baking, or just plain spoon licking. You might not stop smiling for the rest of the day!

Pescador Farms from eastern Washington will have fresh asparagus for starters, and fresh fruits and vegetables as they come into season. Ask for a taste before you buy. You will be a guaranteed sale. Chou's from the Pike Place Market will have beautiful fresh cut seasonal flowers to brighten your day and your home.

Stoney Acre Farms will be bringing a variety of beautiful garden plants and shrubs to renew your yard and garden for another year.

You may find handmade steppingstones for your garden. Maybe handcrafted coffee mugs (daddy size) for a cold morning. Perhaps something perfect for that blank wall in your home. You just never know what you might find.

If you would like to be a vendor contact Sandie Schmidt at 437-0882. The \$10 per space fee is used for upkeep of the Port Ludlow Trails system.

Harrison Hospital Presents Heart Forum

by Beverly Browne, Contributing Editor

The Heart Forum at the Bay Club on Saturday, April 1, featured Scott Bosch, President and CEO of Harrison Hospital, and Dr. Chris King, Harrison's Director of Cardiac Surgery. In the "opening act," CEO Bosch explained that, although it is challenged by location, Harrison has doubled in size in the last couple of years. Although most of the tertiary work will remain in Bremerton, the Silverdale institution is slated to become a full hospital in the next five years. The construction represents a \$150 million investment. The critical local health care in the heart patient chain of survival occurs at Jefferson Healthcare Hospital; Harrison's primary mission as a regional hospital is acute care. Although there is a shortage of physicians on the Kitsap Peninsula, Harrison Hospital is well staffed in cardio-thoracic surgery.

Dr. King explained that the unit handled 340 cases of cardiac surgery over the last couple of years. His talk focused on the relationship of diabetes to heart disease. Diabetics have an increased risk (200 to 400 percent) of developing heart disease and 65 percent die of it. According to him, there are 18.2 million diabetics in the United States and 5.2 million are undiagnosed. Symptoms include excessive urination, thirst, blurred vision, slow healing, weight gain, and a blood glucose level higher than 200. Risk factors include age (over 40), overweight, blood pressure greater than 130/80, high cholesterol and triglycerides, inactivity, family history, and race.

Prevention and management are the keys. The condition can be slowed or reversed if handled properly. Dr. King recommends that people increase their physical activity to 30 minutes of aerobic exercise each day, cut down on calories and fat, stop smoking, and take medication if indicated. Daily low-dose aspirin is often recommended. Diet should be "close to the farm." Individuals should ingest less fat, sugar, and sodium and eat more fruits, vegetables, and whole grains.

Nurses and technicians were on hand at the forum to take blood pressures. They will be back at the Bay Club on **Tuesday, May 23**, from 8:00 to 10:00 a.m. to take measurements of fasting blood glucose, fasting blood cholesterol, and blood pressure. The process takes about 15 minutes. Call 360-415-6910 for an appointment.

Phase I of Road Project Begins

Construction for the Paradise Bay Road, Phase I project is expected to be underway by the time the May *Voice* reaches readers.

The project was awarded to Seton Construction, Inc. of Port Townsend on Monday, March 27, and a construction contract executed on Monday, April 10. Construction was tentatively scheduled to begin the week of April 17 with clearing along the existing roadway and utilities relocation. Actual roadway construction may coincide with or follow the utility relocation work.

This project begins at the intersection with Oak Bay Road and extends for 0.39 miles southerly along Paradise Bay Road to just south of Ludlow Creek. The project work includes clearing and grubbing, grading, utility relocation, storm drainage structures, construction of 11-foot lanes, both 5- and 6-foot shoulders, limited sidewalks, curbs and gutters, crosswalks, landscaped roadway medians, two bus pull-outs for Jefferson Transit adjoining Paradise Bay Road, aggregate surfacing, asphalt paving, pavement marking, signing, landscaping, irrigation and other work. Please refer to illustrative plan published in the March *Voice*.

It is anticipated that the contractor will maintain a minimum of one-lane, one-way traffic at all times. Occasional short duration closures may be required. Every effort will be made to minimize the delays to traffic and impacts to properties adjoining the project. Construction is expected to continue through **Friday, August 18, 2006**.

Jefferson County Public Works staff requests and appreciates your patience during the construction phase of this project. Questions regarding this project should be directed to John Wayand, Project Manager, at Jefferson County Public Works, P.O. Box 2070, 1322 Washington Street, Port Townsend, WA 98368, or call 385-9377.



Plan ahead for one-lane, one-way traffic.

Photo by Marti Duncan

Happy Trails!

by Mike Porter, Chairperson



As the new Chairperson of the Port Ludlow Trails Committee, I would like to start my tenure off by thanking a lot of people who have helped to make our trails system as extensive as it is. At the top of the list and with special mention is the former Chairperson, Marge Carter. Marge has spent the past six years working tirelessly to make the trails a priority with all the agencies in Port Ludlow i.e. Port Ludlow Associates (PLA), Port Ludlow Village Council (PLVC), South Bay Community Association (SBCA) and the Ludlow Maintenance Commission (LMC). Through her efforts we now have funds that have been used to develop a safe and integrated trails system. Thanks, Marge.

Next on the list are all the Committee members who have spent a considerable amount of their personal time to develop and maintain this trails system. One person cannot do all that needs to be done to make this happen. Of special notice are Stan Gustin, Adele Govert and Dick Ullmann. There are many more but space is just not available to list them all. But I thank each and every one who has worked to build the trails.

As in all non-profit organizations, we would not have survived without the generous support of contributors. In particular is Fred Hill construction that has donated almost 100 yards of gravel either free or at a reduced rate. Hadlock Building Supply has donated numerous supplies plus the use of rental equipment. To give our trails tread a soft texture, Yeoman Tree Service has provided numerous loads of chips for the trail surface. Port Ludlow Fire and Rescue personnel have worked tirelessly on trail construction; are providing us a monthly meeting location and even given us space to store our tools. None of this would have been possible without the financial support of the PLVC, SBCA, LMC and PLA. Thanks to all.

Finally, I ask for your support. This community has grown by leaps and bounds in the past five years and use of the trails has grown accordingly. If you would like to be a part of the Trails Committee, please contact me at 437- 4101 or e-mail mporter@cablespeed.com. Our next meeting will be **Tuesday, May 2**, 10:00 a.m., in the Port Ludlow Fire Station.

Personal Training Available in Port Ludlow

Brenda Oster, a Port Ludlow resident and personal trainer, works with individuals or small groups at the Beach and Bay Clubs, as well as in private homes. In addition to her certification as a personal trainer through the National Academy of Sports Medicine, she is a registered nurse and has an extensive background in dance. This background qualifies her to meet the needs of a variety of clients including those with chronic health concerns.

Oster designs programs for clients based on their personal goals and lifestyles, current fitness, and health. Programs are changed at least every six weeks as progress is made. In this way muscles continue to be challenged while avoiding muscle imbalance which can lead to injury, or at the least, slow or halt progress.

Along with more traditional methods of strength training, Oster also addresses balance and posture, incorporating the use of a large exercise ball if clients are amenable. She explains that with the use of the ball 30 percent more muscle and nerve fibers are recruited as the body endeavors to stabilize itself on the unstable surface, in contrast to exercises done with machines or weights.

Oster enthusiastically points out that women can regain a whole decade's worth of lean muscle lost to sedentary habits with as little as 40 minutes of exercise three times a week for just two months. For men the results are even better, with two decades of muscle recouped in the same time period.

Oster's hourly rate of \$35 (with discounts for couples or small groups) competes favorably and makes the effort to get back in shape affordable.

For a free telephone consultation or to obtain local references and class information, call Brenda Oster at 437-2457.

Those Dukes are Back in Town!

The Dukes of Dabob, the Peninsula's popular Dixieland band, announced their 2006 schedule of appearances at the Valley Tavern in Port Hadlock. All dates are **Saturdays, May 13 and 27, June 10 and 24, July 8 and 22, August 5 and 19, September 2, 16 and 30**, 7:00–9:30 p.m.

The band will also appear at the Port Townsend Brewery on **Fridays, June 23, July 21, and September 1**, 5:00–8:00 p.m. Come and join the fun!

Knitting Classes Now Forming

Learn to knit! Knitting warm, comfortable, attractive clothing, for either yourself or others, is calming to the mind and soothing to the spirit and just plain fun. Discover the joy of this ancient craft. If you already know how to knit, learn techniques to improve your knitted items. Perhaps you have projects you started years ago, but can't figure out how to finish. Even if you are a novice, or have never knitted, you can be productively knitting almost immediately.

Classes vary from workshops to improve skills for beginners and advanced beginners, to personalized classes for more experienced knitters. Private group and individual lessons are also available. Port Ludlow's own Knitting Doctor is here to help.

Beverly Walker is a knitting instructor with over 35 years of experience. During the winter, she works at the Yarn Company in Palm Desert, CA and is their resident teacher. She is up on the current trends in knitting, as well as all the new fibers and yarns. She also started the Port Ludlow knitting club, known as the "Knit Wits." Beverly teaches all levels and is particularly experienced with beginners or those wishing to increase their knowledge base.

Classes begin in **May and go through October**, and are limited to six people in order to provide individual attention. All classes are two hours long, and meet from 10:00 a.m. to noon in her home at 200 Montgomery Court.

Beginning Knitting: This two-session class covers needles, yarns, importance of gauge and the basic stitches. You'll learn to cast on, knit, purl and bind off. Meets **Mondays, May 15 and 22, July 10 and 17, Sept 11 and 18.** Cost \$45.

Intermediate Knitting: In this two-session class, learn the various types of increases and decreases, how to change colors, add new yarn, pick up dropped stitches and read patterns. Meets **Mondays, June 19 and 26, August 21 and 28, October 9 and 16.** Cost \$45.

Knitting Doctor: Are you a knitter who is stuck with instructions that make no sense? Who can't figure out where you were when you put your knitting down six months (or a year) ago? Who decided to redesign just "one little thing" and is now stuck? With too many projects started and not many getting finished? Then this is the class for you. We'll get you started again, or ripped out

and re-started, or just plain started. This is a great way to learn and take your skills to a new level by discussing each participant's project. Bring your projects and your questions. Meets on the first **Monday** of each month. Cost \$30.

Beginning Crochet: Learn basic crochet stitches (chain, single, half double, double and triple), plus how to bind off and read a pattern. As an added bonus, you will learn the reverse single crochet (or crab stitch), which is useful for detailed finishing of your knitted garments. One-session class meets **Thursdays, May 25 and September 14.** Cost \$30.

Socks: It is almost that time of year when small take-along projects are just what you need. Socks are the perfect answer, and once you have mastered socks, almost any knitting project will be easier. If you haven't joined the ranks of enthusiastic sock knitters, don't put it off any longer. You'll learn to use double pointed needles. Basic knitting skills required. Two-session classes meet **Thursdays, June 22 and 29, September 21 and 28.** Cost \$45.

Quick and Easy Dressy Purse: What a cute little carryall, especially for that evening out or for the little girl in your life. Quick and easy to make—make one for each outfit! Great for holiday gifts! One-session class meets **Monday, May 29 and Thursday, August 31.** Cost \$30.

Remember, it's not too early to start making personalized Christmas gifts such as sweaters, scarves, wraps, purses, socks or even baby toys. Call Beverly Walker at 437-0876 or e-mail biwalker@aol.com for details and further information.

Cruise to Protection Island with CEA

Community Enrichment Alliance (CEA) is looking for Puffins; want to come along? We will be reserving space in **July**, on the bird-watching cruise to Protection Island in conjunction with Port Townsend Marine Science Center (PTMSC).

At this time we know the cost will be \$45 per person, the time from 6:00 to 9:00 p.m., leaving from the Marine Science Center. The date will be available in the **June Voice** or, in **May**, at the CEA ticket table at the Bay Club between 11:00 a.m. and 2:00 p.m. each **Wednesday** and at the Friday Market each **Friday** between 9:00 a.m. and noon. Your check is your reservation.

Local Resident Running for County Commissioner

by Adele Gouvert



John Austin, candidate.

Submitted photo

Port Ludlow resident, John Austin, has announced his candidacy for the Jefferson County Board of County Commissioners representing District 3. Austin retired three years ago from a career as a psychologist, college teacher and clinic director.

His first introduction to Jefferson County came in 1965. After two years with the 4th Infantry

Division at Fort Lewis, he hiked up the Dosewallips, over the Olympics and down the Queets River. "The remarkable beauty of that river, the glaciers and the forests created an impression I could never forget," he said.

Retirement has allowed more hikes in the Olympics with friends and family, but Austin has continued to serve the public in a variety of settings. He has been an active disaster volunteer for the American Red Cross both locally and in the Gulf States. Recently, he managed a shelter for over 5,000 New Orleans residents who had lost their homes to Katrina. "My career taught me to listen and to help people solve problems."

Each week, Austin volunteers as a driver for the Veteran's Administration (VA), transporting veterans to the VA Hospital in Seattle. "I consider it a privilege to spend time with these vets who have given so much to the country." He has been a volunteer for Centrum, the Wooden Boat Festival and in the Port Ludlow community. He serves as Chairman of the Tri-County Mental Health Advisory Board.

"Good things have happened here in Jefferson County," said Austin, "and I would like to help that continue. I want to encourage people to come together, to listen to each other and to work for those things we love about this community. We must nurture existing businesses, as well as attract new ones that provide income to our citizens while preserving our unique environment. I want our grandchildren to be able to enjoy the natural beauty that we experience today."

Editor's Note: This article is printed for the information of our residents and does not constitute an endorsement on the part of the Port Ludlow Voice. Equal space will be provided to other candidates filing for the position of County Commissioner, District 3.

2006 Photo Contest Closes

You only have a few days left! Sort your photos—or take your camera and walk, run, or sail. The categories for entries in Movie Makers 2006 photo contest are still photos taken anywhere within Washington State. Ribbons will be awarded to all winners. There are three divisions, Adult Amateur, Youth Amateur, and Professional, with a grand prize of \$50 going to the winning entry in each division. The 2006 Photo Contest closes **Wednesday, May 31**. Winners will be announced in the **August Voice**.

There will be two month-long exhibits of the entries: In **July** at First Federal Savings and Loan on Sims Way in Port Townsend, and in **August** at American Marine Bank in Port Ludlow. This is a great way to have your work exhibited and shared with the community!

Entry forms may be picked up at either bank, or requested by e-mail from moviemakersvp@aol.com. For more information, call Maureen Poole, 437-2165, or Matt Wallace, 437-2071.

2006 Screenplay Writing Competition Closes Soon

For our next video production, Movie Makers is seeking a new and original screenplay. The 2006 Screenplay Writing Contest is open to everyone and offers writers a fantastic opportunity to see their work produced!

The winning screenplay author will lead a writers group to complete the screenplay, write a script, and help turn it into a working movie. The only entry requirements are a story outline, a list of characters, and descriptions of settings.

This is an electronic contest and entry forms and rules are available by e-mailing moviemakersvp@aol.com. You will submit your entry by e-mail.

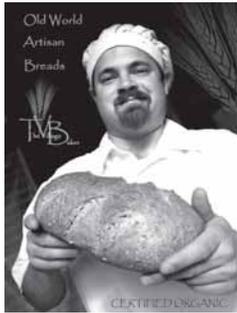
For more information, call Maureen Poole, 437-2165, or Matt Wallace, 437-2071.

Medicare Part D

A spokesperson for the Humana Prescription Drug Plan will conduct a seminar from 10:00 a.m. to noon on **Thursday, May 4, and Thursday, May 11**, at the Bay Club. For further information call Steve Ridgway at 1-800-967-9630

Popular Village Baker Has New Owners

by Vallery Durling, Reporter



Head Baker Tyson Jenson. Submitted photo

At the end of last summer, Michael and Molly Klupfell purchased The Village Baker on Rhody Drive at Nesses Corner in Hadlock. Formerly the owners of “Tea Time,” a teashop in Palo Alto, CA, the couple plans to expand and open a café in the space adjacent to the bakery that was previously occupied by Carousel Florist. Michael and Molly will serve lunch fare as well as pastries, croissants, Danish, tea, coffee and espresso at their retail location. While they await County approvals, the Klupfells are hoping for an early summer opening of their café and retail bakery.

Village Baker breads and pastries are now available at the Farmers’ Markets in Poulsbo and Bainbridge Island, at the Food Coop and Aldrich’s Market in Port Townsend, Sunny Farms in Sequim, Central Market and Town & Country Markets in Kitsap County. They are considering possibilities for outlets closer to Port Ludlow.

The Klupfell’s product line of loaves, baguettes and rolls includes such interesting flavors as Asiago-potato, country levain, Tuscan, walnut bleu cheese and caraway ryes, olive loaf, pecan-raisin and polka as well as 100 percent whole wheat, multigrain and more.

Sounds great to me! Where and when do we line up? For more information call Molly at 379-5310.

Veterinarian Discusses Aging Pets

A reminder! Take your pet questions to Dr. Virginia Douglas, Veterinarian, who will speak on Aging Pets at the Beach Club, **Thursday, May 11**, at 7:00 p.m. There is a \$2 fee. You also can make a tax-deductible contribution to Pet Pals that provides free spay and neuter services.

Community Enrichment Alliance (CEA) brings you this program. Any questions, contact Sharon Commander at 437-2468.

Jefferson Healthcare Auxiliary Holds Appreciation Tea

Spring Fling, an Appreciation Tea for the Jefferson Healthcare Hospital Auxiliary (JHHA) members and friends who provide support in various ways will be held **Monday, May 1**, 2:00–4:00 p.m., at the new Seaport Landing on Hancock Street in Port Townsend.



Members and guests of JHHA are encouraged to have a little more fun by wearing a decorated hat to the event. Prizes are promised for the best hats from comical to Victorian. You also can go and celebrate with or without a hat. RSVPs are requested for the tea. Call either Heather Gilden at 437-2498 or Pat Nesbitt at 437-0323.

JHHA is a non-profit organization that benefits everyone in the community by helping Jefferson Healthcare Hospital provide services to all. The Auxiliary’s main purpose is to raise funds. Active participation in fundraising events is optional although an excellent venue for building new friendships. Auxiliary members are also not expected to assist with patient care as that is under the auspices of the Hospital Volunteer Director.

Dues and all funds raised are used to help buy hospital equipment important for the comfort and care of patients, but not covered by the hospital’s general budget. Some of the fundraisers besides the dues are the Victorian Home Tours, Memorials, Travel Tours and the Hospital Gift Shop. In January the Auxiliary gave the hospital \$27,500 to purchase equipment for the Family Birth Center and the Emergency Department.

The Auxiliary also funds educational scholarships each year for men and women in our community working or studying in the health care field.

Annual membership dues are \$10. If you wish to join, mail \$10 to Kathy Hill, P. O. Box 1346, Port Townsend, WA 98368. For more information about joining or volunteering with the Auxiliary, call Val Thurston, Membership Chair at 385-5466 or Pat Nesbitt at 437-0323.

Can Emergency Responders Get to You?

by Arlene Obtinario, Administrative Chief,
Port Ludlow Fire and Rescue

Driveways, pathways, and entrance ways should be clear of excessive vegetation and all obstacles so that your emergency responders are not slowed by “clearing the way” during their crucial mission to reach your side when you have called for their help.

Stopping to clear your driveway, pathway or entrance way while trying to respond to your fire or medical emergency need definitely affects your fire fighter, emergency medical technician or paramedic’s response time and his or her ability to begin to administer help to you.

As you begin your winter cleanup, consciously think about the possibility that you may need to call 9-1-1. Remember clear driveways, pathways and entrance ways can have a positive influence on the time it takes for your emergency responders to arrive on scene.

Port Ludlow Fire and Rescue is grateful for all the community support, but it is our responsibility to remind you to be safe! As Administrative Chief, I am responsible for fire fighter safety and community safety education. “Remember we need to be able to get to you in order to help you.”

Why Give Blood?

Every two seconds someone in the United States needs blood. That’s a lot of blood. But only five percent of the eligible U.S. population donates blood in any given year. Healthy donors are the only source of blood. Currently there is no substitute.

Blood is needed for emergencies and for people who have cancer, blood disorders, sickle cell anemia, and other illnesses. Some people need regular blood transfusions to live.

Imagine if giving blood was part of everyone’s life. Something you did on a regular basis, like eating at your favorite restaurant. What kind of difference would that make? For nearly five million people who receive blood transfusions every year, your donation can make the difference between life and death.

Jefferson County Fire District #3

Alarm Statistics March 2006

Alarms	
Fire	5
Emergency Medical	28
Motor Vehicle Accidents	2
Rescue	0
Service	3
Hazardous Materials	0
Total Alarms	38

Ambulance Transports	
Jefferson Healthcare	11
Harrison Medical Center	6
Total Transports	17

Mutual Aid with Neighboring Districts	
Provided	1
Received	3
Total Mutual Aid	4

Chief Ed Wilkerson’s Safety Tip: Spring Cleaning Projects

When it comes to home projects, there are none more important than those dealing with fire safety. In this case, look at the clothes dryer. If it’s vented properly to the outside, it’s safe. If not, the lint will pile up inside the house creating a fire hazard, not to mention numerous health risks. All it takes is a single spark to ignite the lint. Use a metal vent hose to connect the dryer to an outside vent. A plastic hose can melt and cause a fire. Check for any obstructions in the hose several times a year. And remember to keep a fire extinguisher in the laundry room, just in case.

Giving blood is simple and convenient. On **Monday, May 1**, at the Port Ludlow Community Church, local residents will have an opportunity to once again give blood to help someone else live. There will be two sessions, 10:00 a.m. to 1:00 p.m., and also 1:45 to 4:00 p.m. Please call 1-800-398-7888 to make an appointment, For further information, contact Sally Hirschmann at 437-1377.

Notice to Dog Owners



Be a good neighbor—
don’t let your dog(s)
bark excessively
or roam the neighborhood.

Please clean up after Fido!

Port Ludlow Funfest ... on the Bay

by David Goudie

The Port Ludlow Funfest ... on the Bay is in the active planning stage and a lot of progress has already been made. This year's event is set for **Saturday and Sunday, September 16 and September 17**, from 10:00 a.m. to 5:00 p.m. each day.

There is still a need for several committee chairs, and volunteers. Contact Marilyn or Dick Durand, 437-7677 or dickandmarilynd@msn.com to chair or volunteer for a team. Skills and experience are needed but enthusiasm will be highly prized.

Teams in need of chairpersons and volunteers are:

- Golf Tournament
- Information Booth and Programs
- Post Event Clean-up
- Saturday Evening Entertainment
- Site Layout and Planning

Teams with chairpersons and planning already underway (additional volunteers welcome) are:

- Beer and Brats Tent – Dwayne Wilcox
- Daytime Entertainment – Bev Rothenborg
- Finance Committee – Linda Germeau
- Promotions – Teresa McCrary
- Vendors – Linda Karp, Pat Chase
- Activities – Bryan and Piper Diehl

A contest for a poster to represent the Port Ludlow Funfest ... on the Bay and the Port Ludlow community is underway. This contest is open to all local Port Ludlow artists. A prize will go to the winning artist. Contact Teresa McCrary at 437-9094 or tmederma@olympen.com for details. The winning entry will be sold in a numbered, limited run, high quality reproduction suitable for framing.

As a new Funfest attraction, 1/10th scale, radio-controlled, fast electric hydroplane exhibition races will be held on the lagoon between the Marina and the Resort. Races will be on **Saturday, September 16** only. Children of all ages will thrill to the running starts, rooster tails and thumps and bumps. Who knows, you might find a new hobby. Check out what to expect at <http://www.e-rcu.org/>.

Read the *Voice* for monthly updates on the Port Ludlow Funfest ... on the Bay.

Conference Center Change of Use is a Major Revision

Jefferson County advises that a change in use for the Port Ludlow Conference Center for use as a church constitutes a Major Revision. Therefore the County's Department of Community Development (DCD) will treat the change of use as a Major Revision to the Port Ludlow Resort Plan as required pursuant to Section 3.906 of the Master Planned Resort (MPR) Code. This is expected to involve a comment period and public hearing.

This finding is in response to a request by the Port Ludlow Village Council (PLVC) to the County's DCD that the change be treated as a Major Revision. PLVC President Elizabeth Van Zonneveld has pointed out that the Council has not taken a position nor has its Community Development Committee (CDC) made a recommendation beyond the request that the change of use be treated as a Major Revision.

The existing Conference Center is located adjacent to the Admiralty condominiums in the Resort Complex/Community Facilities (RC/CF) Zone. The Master Planned Resort (MPR) Code includes a table of permitted and conditional uses for that zone. "Conference Center" is listed as a permitted use. "Church," "Place of Worship," "Religious Assembly," or similar terms do not appear as either permitted or conditional uses.

Watercolor with Joy in May and June

Joy Herring begins another schedule of Watercolor with Joy classes beginning on **Monday, May 15**. They will run through **Monday, June 26**. This will be a 5-week session with no classes held on **May 29 and June 12**.

Beginning watercolor will meet from 9:00 a.m. to noon and is designed for newcomers to watercolor or those who are still learning how to control paint and water. The Intermediate class follows in the afternoon from 1:00 to 4:00 p.m. and will deal with composition and painterly ways.

This will be the last series offered by Joy until the fall. Cost for the series of five lessons is \$50 for Bay Club members and \$55 for non-members. For more information, contact Joy at 437-4171.

Getting to Know OlyCAP

Olympic Community Action Programs (OlyCAP) is one of the Olympic Peninsula's largest corporations and administered a budget close to \$11.7 million dollars in 2005. It employs over 300 people, who mostly live in Clallam and Jefferson Counties. The Federal and State governments provide about 70 percent of the funding for the organization, but 30 percent comes through private sources and local public funding.

Local donations of time and money, sales and fees make up a substantial part of this income. For example, the Home Fund, sponsored by the Peninsula Daily News, last year raised nearly \$136,000 to support emergency services in the two-county area. Earned income, such as sales through OlyCAP's thrift shop and profits from operation of the Bayshore Motel in Brinnon, are fed back into service programs.

As a community action agency, OlyCAP's business is helping people, with an emphasis on helping them toward self-sufficiency. OlyCAP operates over 50 different programs aimed at employment opportunity, child and family health, community improvement, civic investment, independent living and emergency assistance.

Some programs provide an immediate return on investment while others offer benefits far into the future. In the latter arena, the Oral Health Care Center in Port Angeles is not only providing dental care to low-income, uninsured people; but also affords training opportunities for dental hygiene students, who are likely to be among the area's future dental care providers for years to come.

Programs address all ages and conditions. Many area families are enrolled in child and family development programs with 353 infants and children receiving critical services. OlyCAP provided immunizations and other medical and dental care; as well as, improved nutrition and pre-school activities to develop school readiness skills. With OlyCAP's assistance 2,007 seniors or disabled persons maintained their independence.

OlyCAP organizes and supports volunteer efforts in Clallam and Jefferson counties. Matching the needs of organizations and the interests of volunteers yields an enormous civic return. Last year OlyCAP recorded more than 210,000 hours of volunteer time—the equivalent of 103 full-time employees. Volunteers staffed food banks and community centers, mentored students and guided tourists through museums. For many volunteers, the

continuing valued connection with the community was as important to them as their service was to the community.

Emergency services are a large component of OlyCAP's activities. The organization supports a network of food banks that provided food to 11,023 people in 2005 and administered emergency energy assistance payments that assisted 3,052 households. Emergency shelter services logged more than 8,400 bed nights of service in 2005. While 299 people accessed emergency medical services, an additional 385 received transportation related services.

For volunteer opportunities with OlyCAP or to learn how you can receive assistance, call 385-2571.

Multi-Purpose "Gators" Acquired

Two 4-wheel drive "off-road" multi-purpose vehicles, manufactured by John Deere, and two transporting trailers have been acquired by the Jefferson County Sheriff's Office and the Port Townsend



Sheriff's Deputy Tony Hernandez tries out a new "Gator." Photo by Even Cael of the Peninsula Daily News

Police Department. There are less than 300 miles of paved road within Jefferson County, and an additional 80 miles of graveled roads. The total number of roads accessible to regular vehicles pales in comparison to the miles of rough logging and abandoned roads.

The ability to access rugged areas of shoreline, mountains and large undeveloped tracts is essential to the law enforcement mission. The "off-road" vehicles will aid in search and rescue missions, drug enforcement interdiction, maintenance of remote communication sites, and for reaching off-road areas throughout the area. The vehicles are large enough to transport an injured individual.

The total cost for both vehicles and the companion trailers totaled \$29,000 and were paid for entirely through Homeland Security funding. Jefferson County Emergency Management has been the lead in creating a "point of entry" for Homeland Security grants benefiting all levels of City and County public safety agencies.

Edgewood Homeowners Launch Life Safety Pilot Program

Edgewood Homeowners Association member Peggy Kulm and Rescue (PLFR) Administrative Chief Arlene Obtinario worked cooperatively to initiate the first smoke detector battery replacement event designed to serve one neighborhood during one segment of time.



Ten PLFR firefighters did safety checks at Edgewood homes. Submitted photo

PLFR fire fighters have offered their services to the community to check and replace batteries for several years. Disbursement of this service is on an as-needed basis. Citizens are encouraged to phone 437-2236 to make an appointment for the fire fighters to visit their homes, climb the ladders, and replace the smoke detector batteries.

The April Edgewood Drive event brought ten fire fighters into Peggy's neighborhood for a concentrated focus on replacing smoke detector batteries and sharing life safety information. Five homes received new smoke alarm batteries. Three homes received fire fighter safety visits.

For more information or to schedule a life safety event in your neighborhood, contact Chief Obtinario at 437-2899 or 437-2236.

An Easy Way to Help

Please tell ten friends to tell ten others. The Breast Cancer website is having trouble getting enough people to click on their site daily to meet their quota of donating at least one free mammogram a day to an underprivileged woman. It takes less than a minute to go to their site and click on "donating a mammogram" (pink window in the middle).

This doesn't cost you a thing. Their corporate sponsors/advertisers use the number of daily visits to donate mammograms in exchange for advertising.

Here's the website! Pass it along to people you know.
<http://www.thebreastcancersite.com/>

Living With Less: New Edition Available

Most of us have practical things we no longer want or use. We'd like to eliminate this excess—but we don't wish to throw away perfectly good stuff. Uncertain how to turn our straw into gold, or to find it a useful home, we hang on to it. Our garages, basements and closets reflect our inertia.

Living With Less can help. The insert in this month's *Voice* lists charities, businesses and agencies that solicit material contributions, buy used items or offer an avenue for disposing of problem materials. There are now local resources for recycling green glass and "techno trash." So free up some space, give your possessions new life—and perhaps earn some money or get a tax deduction!

This is the sixth edition of *Living With Less*, which the *Voice* publishes annually as a community service. Some extra copies will be available at the Jefferson County and Port Townsend libraries as well as at the Beach and Bay Clubs. If you have suggestions for its improvement, please contact Kate Madson at 437-5156 or kmadson@olypen.com.

Shoppers Take Notice

Well, here it is Ladies and Gentlemen. It's that time of year again! The North Bay Lot Owners Association (NBLOA) are sponsoring the Beach Club Annual Garage Sale, **Saturday, May 27**. You'll find what-nots, why-nots and maybe even k-nots. Doors open promptly at 9:00 a.m. and event will close at 4:00 p.m.



Poster art by Penny Sanzaro

Over 20 vendors are expected to sell their no-longer-needed items. Looking for that elusive item? Make a wish and come to the Garage Sale to see if it comes true. You never know what you will find. You just may find a treasure or two. Meet your neighbors and have a great time.

Call Sonny Sanzaro, 437-7970, or Steve Nieman, 437-7699, Co-chairs, for further information.

Hope to see you there!

Resort Build-out and Marina Expansion Hearing

by Beverly Browne, Contributing Editor

Hearing Examiner Irv Berteig heard Resort plan rebuttal testimony on Tuesday, April 4, at Fort Worden. Testimony was broken into four areas:

1. Boundary Line Adjustment Issue
2. Shoreline Substantial Development Permit (Marina Expansion)
3. Administrative Code Interpretation
4. Major Resort Plan Revision

County Community Development Director Al Scalf listed Port Ludlow land use activities since the January hearings:

- Shoreline Management Hearing Board consideration of Trendwest was on going.
- The Appellate decision on the Olympic II project is affirmed.
- The Growth Management Hearing Board declined to hear the request for a non-binding declaratory ruling sought by Bert Loomis.
- Port Ludlow Associates (PLA) has submitted an application amending the Development Plan to allow timeshares at Ludlow Cove.

Boundary Line Adjustment

The issues addressed density and whether an adjustment was the best alternative. Attorney for PLA, Marco de Sa e Silva, and the County, said this adjustment adds no space or lots and is appropriate. Arguments against adjustment were that easements would be altered, potentially without owner consent, density increased, and townhome association unaffiliated parcels created in violation of existing agreements. Because condominiums do not provide fee simple ownership of property, CC&Rs (Covenants, Conditions and Restrictions) would be affected. Port Ludlow Village Council (PLVC) president, Elizabeth Van Zonneveld, said that the Council believes density and light pollution will increase with the plan.

Shoreline Issues and Marina Expansion

The witnesses for PLA included Steve Kelly, ESM Consulting Engineers, and Shannon Kinsella from Reid Middleton. Both are professional engineers. Kinsella is an expert in marine design.

Kelly testified that, in his opinion, Heron Road has low potential for accidents. The road width of 20 feet is specified by code, which does not require pedestrian features such as sidewalks. In response to questions about the Fire Chief's request for bump outs, Kelly said that he has found that these are often used for parking and are not helpful. The existing sprinklers allow more units from a single access.

Kinsella discussed mitigation of concerns expressed by Fish and Wildlife. Shading has been minimized in the current 100-slip plan. She said that some additional mitigation of anchorage systems needs to be done but that it is designed to survive storm conditions. Demolition debris and view impact issues have been addressed. Fire safety has been increased. PLA requests a 10-year vesting period for building amenities.

Representatives from Scott Court, a four-house half-circle street off Oak Bay Road, objected to westward expansion of the Marina and want rejection of the application. The townhome residents want the promised landscaping around the lagoon to be provided.

Administrative Code Interpretation (Over-water Building)

PLA argues that the pond is artificial, thus unprotected. Residents against over-water building maintain that the lagoon is a natural wildlife habitat. Jim Brannaman cited a 1953 geodetic survey, showing shoreline at the Harbor-master and indicating the pond was part of the Bay.

Major Resort Plan Revision

The proposed plan revision is below the regulatory density limit and PLA asks for an approval. Issues still in limbo are the location of the central receiving dock, the helipad location, storm water mitigation, and other code issues.

The Examiner announced he was keeping the record open until Monday, April 24, to allow more time for comments on new material. Briefs were to be submitted to him. A decision should be rendered in ten days, but Berteig expected it would take longer.

Power of Ears

Listen for silence. Reasons for silence:

- a. Letting it sink in.
- b. Not understanding.
- c. Negative reaction

Choral Belles Celebrate 10th Anniversary

“Entertainment, Enjoyment, and Now Education”

On April 26, 1996, a small group of nine dedicated lady singers met for the first time—our mission to provide entertainment and enjoyment to the Port Ludlow community. We have, over the years, exceeded our expectations and now have over 20 members, and in 2005 performed 28 times, appearing at retirement and nursing homes as far away as Sequim, Port Townsend, Poulsbo, Silverdale and Bremerton. These appearances have been in addition to many in the local community for various organizations.

Mary Lou Montgomery became our Director in the fall of 2004 and brought with her many years of choral conducting experience, having been the vocal teacher and choral conductor for Chimacum Schools for over 16 years. After directing the Port Townsend Community Chorus for two seasons, she is now working with the chorus at the Church of the Redeemer in Chimacum.

This year the Choral Belles have had the enjoyment of mentoring the Chimacum High School Chorus. We have sung for and with them, having joined Dr. Paul Pugh, their Director, during their Winter Concert in December, and will continue our participation as requested, so now we can say we have added “music education” to our Mission Statement.

Help us celebrate our success on **Sunday, June 11**, from 4:00 to 6:00 p.m., at the Bay Club for our “Choral Belles Open House and Sing-along,” presented at no charge as our thank you to the Port Ludlow community for your support since 1996. Details of this event will be printed in the June issue of the *Voice*, but mark your calendar now.

Help at Home for You or a Loved One

Care Solutions, Inc., a licensed and bonded agency, now has a convenient office in Chimacum. With home care systems designed to accommodate those who choose to care for themselves or their loved ones in their own home, Care Solutions specializes in services such as respite, post-surgical, dementia, and hospice care. Qualified caregivers are available on an hourly, daily, or live-in basis at affordable rates. For more information or to schedule an assessment, call 360-307-8438.

Blast Your Fat Cells to Smithereens!

Tami Close is on a mission to help others live vibrantly. She believes that we can all have great health by adopting simple, manageable components necessary to be our ideal weight, have more energy and have more fun.



Essayist Tami Close.
Submitted photo

As one of the authors of a compilation of essays entitled *Wake Up...Live the Life You Love Finding Personal Freedom*, Tami describes her journey several years ago when she was very ill to the point of being bedridden and desperate to find the answers. On **Thursday, May 11**, from 2:00–4:00 p.m., at the Bay Club, she will share exactly what she did to overcome her health challenges,

Using a lot of humor, Tami will reveal what she did just last year to fit into a jumpsuit that she bought when she was 21 years old. Using simple things outlined in her healthy lifestyle/weight loss program, she will share her secrets for living vibrantly each day. As a 51-year-old woman, she is fit and fab at fifty. She will sign copies of the book that afternoon.

Call the Bay Club to register for this event at 437-2208. There is a non-member fee of \$1, payable at the Bay Club desk that day.

Plant Sale: Local Plants and Expertise

It's that time of year again! Master Gardeners from Jefferson County are digging, dividing and planting seeds to share at their annual plant sale. A wide assortment of well priced ornamental and edible plants, favorites of our local Master Gardeners and suitable for our climate, will be available.

The sale will be held at Washington State University (WSU) in the parking lot of the Shold Business Center on West Patison in Port Hadlock, **Saturday, May 6**, 10:00 a.m.–2:00 p.m. Plants sell quickly so don't be late!

Master Gardeners will be on hand at the sale to answer plant and insect questions. Proceeds of the sale are returned to the community through the Master Gardener Foundation's local education and beautification projects.

Port Ludlow Resident Recognized



Joy Goodrich, an active volunteer for 30 years.

Photo by Peggy Lee Flentie

In case you missed reading about her in *The Leader*, you should know that one of our very own Port Ludlowites has received a recent award. Joy Goodrich was named “Volunteer of the Year” for 2005 by Olympic Community Action Programs (OlyCAP) for her tireless efforts at the Northwest Passage Thrift Store in Port Hadlock. The shop raises

money for senior nutrition and Meals on Wheels programs in Jefferson County. OlyCAP coordinates several charitable programs in Jefferson and Clallam Counties. Congratulations, Joy!

Both she and her husband, Quent, have been actively volunteering in this community in various capacities for 30 years. An interesting side note is that they started SOS Printing in 1978 and sold it in 1996; SOS has been printing the *Voice* since its inception.

Quilt Raffle Benefits Breast Cancer Foundation

This year’s Rally for the Cure is fast approaching. The Rally benefits the Susan G. Komen Foundation for breast cancer. This year the Port Ludlow Rally Committee is sponsoring a raffle for a quilt in association with the golf tournament that supports the Foundation. All proceeds from the sale of chances on the quilt go to the effort to improve prevention of breast cancer as well as diagnosis and treatment of breast cancer victims.

Sandie Yonke handcrafted the quilt being raffled, in the “flowers in the cabin” pattern. It is 82 x 102 inches or queen size. Chances on the quilt can be purchased from some 9- and 18-hole women golfers for \$2 per chance or 6 chances for \$10. The women will be offering them for sale at their various organizations and clubs. They will have pictures of the quilt to show purchasers. The drawing will be held on **Thursday, July 6**.

The raffle is an important addition to the Rally for the Cure. The Port Ludlow women golfers hope that it will significantly augment their contribution to eliminating and treating this feared disease.

PLVC Communications Committee

by Lois Ruggles, Chairperson

The Port Ludlow Village Council (PLVC) has decided to expand their Communications Committee to facilitate a better exchange of information between the Council and the community. The Committee has met once.

The PLVC website is in process of being brought up-to-date by Tom Stone. Minutes of meetings and Workshop notes can be found at www.plvc.org as well as information on community issues and links to other Port Ludlow sites. Tom has included a “contact us” section for feedback.

Committee members, in cooperation with the Port Ludlow Computer Club (PLCC), will be doing some surveys to ascertain issues important to the community as well as what the community would like the Council to do about various issues. Anyone not having access to a computer will find paper copies of any e-mail surveys available at the Beach and Bay Clubs. If you have a computer and have suggestions about issues or areas of interest, please go to www.plvc.org and click on the “here” button to tell us about them. For people without access to a computer, please send a brief note to the Communication Committee, c/o PLVC, P.O. Box 65012, Port Ludlow, WA 98365.

We would like to include some members on the Committee from North Bay. Please call Lois Ruggles at 437-1122 if you are willing to join us.

Variety Show in Port Ludlow

Are you ready to show your stuff? Are you a performer? A comic? A singer? A dancer? A writer of skits? Do you play in a musical group? Be a part of Razzle Dazzle: a live variety show to be produced right here in Port Ludlow.

Movie Makers has scheduled a brainstorming session for **Monday, May 1**, at the Bay Club, 11:00 a.m. to 1:00 p.m. Auditions are set for **Monday June 12**.

Gary McCurdy and Bryan da Silva will act as artistic directors. Retired from Broadway and Vegas, they bring a wealth of knowledge to this production. They are looking forward to meeting you at this session to work out the logistics for a Thanksgiving weekend performance.

Please let us know of your interest in joining us by calling or e-mailing either Matt Wallace at 437-2071, moviemakers@earthlink.net, or Maureen Poole at 437-2165, moviemakersvp@aol.com.

Aging in Place: What Does Port Ludlow Need?

by Beverly Browne, Contributing Editor

This is the third and final article in our aging-in-place series. The first two dealt with home improvements and existing services in the community; the current piece discusses added community services that might make staying in one's own home a more viable possibility. Most of the suggestions come from a convenient sample of residents. If the reader is looking for science, he/she should move on. It is not here. The objective of this article is to get people thinking, not to prescribe solutions.

Nationally the number of seniors over 65 is expected to double by the year 2030, according to the Census Bureau. Many of these people will have difficulties performing some everyday tasks. It comes as no surprise that, as the population ages, convenience becomes more important. Although Port Ludlow is a great place, most agree that it is a little deficient in the convenience department.

The 2001 long-range plan prepared by the Port Ludlow Village Council (PLVC) recognized the need for expanded local commodities and services as demographics change and population becomes denser. The plan noted a need for an expanded and upgraded coterie of shops in the commercial center, specifically mentioning a well-stocked grocery store. Our informal sample also thought that the ability to shop for groceries locally was needed as was a grocery delivery service. Also mentioned (in no particular order) were a pharmacy in the Village Center, a dry cleaning establishment, a car wash, and financial services to help with taxes and bills.

Because aging people experience more health problems, medical services become very important. Port Ludlow currently has no medical personnel. The long-range plan proposes locating a medical clinic in the Village Center to provide general health care, emergency treatment, and referrals. An appropriately-situated helipad to facilitate airlifts to regional hospitals is vital. Residents thought that a visiting nurse, a social worker, and vetted home care personnel would be desirable additions. Others suggested that a traveling veterinarian would be welcome.

Prevention is an important aspect of health care. Exercise classes targeted to older persons and offered at the two clubs would facilitate a healthier population. Health fairs, such as the recent heart and stroke forums are useful. Physical therapists and dieticians should be encouraged here.

Transportation is a huge issue for the elderly. Services, no matter how wonderful, are useless if you can't get to them. We are fortunate to have light traffic so that we can meander to our destinations without much worry of crashing into someone. Nevertheless, at some point we all should stop driving. Residents thought that a shuttle bus that made a scheduled loop would be a real boon and provide an alternative to leaning on one's more active neighbors. Improvement in bus service to Poulsbo, Port Townsend, and the ferries would also be helpful.

Everyday tasks such as yard work and house cleaning become more onerous with age. A list of approved providers of these services would be helpful. Resident Peggy Schafran furnished lists of providers to the Bay and Beach Clubs. These lists require management and updating at least once a year. A volunteer for doing this task is needed. If you are interested in helping, call the author at 437-8099.

Dine and Discover

You may yet find a spot available on the sign-up list for the **Monday, May 1**, Dine and Discover at the Bay Club, featuring Shirley Metz, adventurer and explorer. If you should be so lucky, the program starts at 6:00 p.m.

The last Dine and Discover for this season will also take place at the Bay Club on **Monday, June 5**, at 6:00 p.m. Byron Acohido, a business reporter for *USA Today*, will be the featured speaker. He won the 1997 Pulitzer Prize and 11 other major journalism awards for stories linking a dangerous defect in the rudder controls of Boeing 737 jetliners to a string of crashes that killed hundreds of people.

Since joining *USA Today*, Byron has led the paper's cutting-edge coverage of cyber-crime. The title of his talk is, "The Life of an Investigative Reporter."

Please sign up at the Bay Club to bring a dish to share with ten people. Bring your own table service and beverage. \$2 per person will be collected at the door. Call Hilda and Michael Cahn at 437-8223 with any questions.

Extra! Extra! Hilda requests that the *Voice* remind you of the very important planning meeting to be held at the Beach Club at 10:00 a.m. on **Thursday, June 1**. Your ideas for next season's speakers are needed. Cannot attend? Please call the Cahns with your input.

To Burn or Not To Burn: A Smoldering Issue

by Bill Hansen, Contributing Editor

Outdoor burning is rapidly becoming a thing of the past. Even fireplace smoke is illegal in some urban areas. But who determines who can burn what? Dense smoke and obnoxious odors are not only undesirable but a serious health issue for some.

Regulations and enforcement of outdoor burning are defined in State law (RCW 70.94). The Olympic Region Clean Air Agency (ORCAA) is responsible for setting and enforcing State and local laws. State law also allows communities to create even more stringent rules such as those we have in Port Ludlow.

Beyond our immediate area, slash burning from tree cutting and land development occurs. These burns fall under "Agricultural Burning" rules (WAC 173-430). Such burns are allowed by ORCAA permit if they are conducted under specified conditions, such as wind direction and humidity level. Port Ludlow Associates (PLA) as a developer has a "developer's exemption" found in the Master Declaration which allows burning through a "land clearing and burning permit" on property being prepared for plotting. The exemptions supersede Covenants, Conditions and Restrictions (CC&Rs).

Land clearing and the resulting slash and debris must be burned under ORCAA regulations. For example, recent concern over smoke in Olympic Terrace caused the contractor to move the burn pile due to wind direction changes. ORCAA lists those prohibited items which cannot be burned including garbage, plastics, construction materials, treated wood, etc. In areas where burning is permitted, only natural vegetative materials may be burned. The ORCAA website www.orcaa.org has further detailed information plus forms for filing complaints. You also can contact the agency at 1-800-422-5623.

In Port Ludlow CC&Rs spell out local requirements very clearly. No burning is allowed in South Bay. The South Bay Community Association's (SBCA) Article 4.2.6 on *Nuisances; Construction Activities; Hazardous Activities; Lighting*, states: "No open fires shall be lighted or permitted on the lots, except in a contained outdoor fireplace or barbecue while attended."

The Ludlow Maintenance Commission (LMC) in North Bay updated its Restrictive and Protective Covenants in February 2006. While outdoor burning is "generally

discouraged," under Regulation I: *Land Use Article 1 item #10*, burning is permitted if (a) a burn permit is secured from the fire department, (b) there is only one small (4-foot) fire fueled with wood, brush, debris or lawn clippings, BUT (c) prohibits burning of lot-clearing debris and construction materials. Charcoal and gas grills are allowed.

Port Ludlow Fire and Rescue can clarify issues on burning and issue permits at the station. Permits state the conditions for residential burning plus the months in which burning is allowed. In the interest of public safety and health, the Department encourages the reporting of suspected burning so incidents can be immediately investigated. Call 9-1-1, and firefighters will be dispatched to check out and even put out a fire. The Department, however, is not authorized to issue citations. Serious infractions are turned over to the County for legal action.

Fortunately, recycling bins, clean-up days and common sense are the norm in Port Ludlow. As goes the greeting, "Another beautiful day in paradise." Let's keep it that way.

Homeowner Association Volunteer Leadership Workshop

The Community Associations Institute (CAI), Washington State Chapter, is sponsoring a workshop on The Essentials of Community Association Volunteer Leadership, **Friday, May 12**, at the Beach Club. The course helps prepare homeowners for a leadership role in their community. In this one-day, intensive program, participants will learn:

1. How to communicate with the membership (other homeowners).
2. How to instill a sense of community among association members.
3. How to hire qualified product and service providers.
4. How to develop and implement enforceable rules and regulations.
5. How to read and monitor financial statements.

Registration opens at 8:00 a.m. and the program will run from 8:30 a.m. to 4:00 p.m. The cost is \$75 for CAI members, \$100 for non-members, which includes continental breakfast and lunch. The workshop is open to other Homeowner Association Board and Committee members on the Peninsula. For further information, call the Beach Club at 437-9201.

The Special Flower of Our Place, Part III

by Robert J. Lawless, Freelance Writer

This month's installment will be about our wonderful weather. You groan. But listen, where can you live where both anti-freeze and air conditioners are really not that necessary? Very few places in the world, I might say, are so temperate as Port Ludlow.

The rain is, of course, an issue. But I love every drop. Rain is simply money, health, greenery, streams and lakes, and cleanliness all coming down for free.

There is nothing worse than some dusty, dried up, old hole in the desert. In my mind, I see an old gas station with the sign "GAS" hanging by one chain from a rusted pole, swinging in the ever-present wind, being pelted by detritus blown from the desert floor. Oh God, save me from this.

Let's get scientific for a moment. We must quantify what we mean by rain.

First, we have "Rain No Rain" best found at "Point No Point." This is a Category One rain and it is mostly what we have. You can stand in this for hours, go inside, brush your sleeves, and voila: you are good to go. Dry as an old desert gas station.

Category Two rains are a wee more serious; they are "Runnable Rains." That is, you can run from here to there and once inside you notice that you are really not wet. No coat or umbrella is needed, of course.

Category Three rains are more noticeable and can be heard beating on the rooftop. Yet, they really don't irrigate the garden adequately. I don't count them. Usually I'm asleep. They are "Recreational Rains."

Category Four storms are to be enjoyed. We only have a few each year. These are good "Industrial Rains." When people from elsewhere think of rain, this is what they are thinking about. And if a relative from back east should ask, "Is it raining?" I say yes, if it is "Industrial;" no, if it is "Recreational."

Then we have the "Big Boy's Rain." The Category Fives. Here is something you can be proud of, something that you can get your teeth into. Have a nice beverage and enjoy.

And finally, we have those "Biblical Rains." You have to get started on an ark for these. But they never happen here. One can only dream.

And the snows? Pssst, they are too minuscule; I refuse to write about them. And those stay inside, drink lots of liquids, 80-degree sweltering puppies; I won't dignify them with much talk either.

Low UV (ultraviolet) index, a nice shady cloud cover, cool, working type weather, I don't know what more you could ask for? The weather here is top drawer and we must keep it a secret.

First Wednesday Luncheon

The First **Wednesday** Luncheon will be at the Bay Club, **Wednesday, May 3**, 11:00 a.m. Entertainment will be provided by the Choral Belles, directed by Mary Lou Montgomery. Maureen Edelblut, the new director of the Gateway Visitors Center, will be our guest speaker. She will share information on nearby places of interest to take summer visitors. To attend, anyone not on the permanent list should sign up by **Friday, April 28**, at either the Bay or Beach Club. Another option is to call Joey Wheeldon at 437-8214 or Veronica Schroeder at 437-4178.

In support of the Tri-Area Food Bank, guests this month are asked to donate eggs or egg substitute products, or the cost of a restaurant lunch in cash or check to the Food Bank. Please invite new friends and neighbors to join you, and wear your nametag.

Special thanks go to April's raffle donor, the Spruce Goose Café, for a breakfast or lunch gift certificate for two. Raffle money, after defraying luncheon expenses, is donated to the Food Bank and other local charities.

Looking Ahead

Our final First **Wednesday** Luncheon until next fall will be on **Wednesday, June 7**, at the Beach Club. Swiss Lavender Farms of Port Townsend will present an interesting program about this aromatic plant, and guests will notice a decidedly "lavender touch" in the luncheon itself!

CEA is Going to Market

Community Enrichment Alliance (CEA) ticket table is going to Friday Market. They will continue to be at the Bay Club on **Wednesdays** from 11:00 a.m. to 2:00 p.m., but starting on **Friday May 5**, they will be at the Port Ludlow Friday Market between 9:00 a.m. and noon. So, on **Fridays**, they'll see you at the market!

Eating Around: Breezy Hill Bistro

by Beverly Browne

Silverdale is an important shopping alternative for our residents, but in the restaurant department it often looks like franchise alley. Take heart! There are tasty alternatives to Burger King. Breezy Hill Bistro, open for lunch and dinner, offers an upscale menu with a European flavor. The restaurant is located in a remodeled older house with a “peek-at-the-water” view in the “old town” section of Silverdale. The interior décor is sedate and tasteful; a deck is available for summer dining.

The menu is varied. Sample items are: duck confit and Dungeness crab-stuffed roasted Crimini mushrooms for appetizers, manchego cheese and arugula salad, and, for entrées, venison, grilled fillet mignon, and quatre épices lamb loin. The vegetarian entrée is wild mushroom ravioli with cognac and cream sauce. There are lots of choices and daily specials. For lunch we had a warm crab and artichoke sandwich on an open-faced croissant with salade mesclun. You won't find a better crab sandwich on the Kitsap Peninsula.

Breezy Hill Bistro is located on Bucklin Hill Road. To get there, drive into Silverdale and stay on Kitsap Mall Boulevard until you reach the stoplight at Silverdale Way by Sears. Turn right onto Silverdale Way and continue until you come to Bucklin Hill Road just past Walgreen. Turn right and look for the Breezy Hill Bistro just past the first stoplight on the left hand side of the street. Reservations are recommended.

Breezy Hill Bistro

3611 Bucklin Hill Road
Silverdale, WA
Phone: 360-698-7197

“Eating Around” wants to hear from you. Send us news on your favorite eating places—any place you’ve had a pleasant—or not—eating experience—within an hour’s drive from Port Ludlow. Send your comments, criticisms, conclusions, and compliments to Bonnie Schoenemann, “Eating Around” Editor, at billschoe@msn.com. Note: We reserve the right to edit your contribution to fit our style and space constraints—no more than 300 words!



Swim Lessons at the Beach Club

Swim lessons are being held at the Beach Club. Spring lessons will be **Tuesdays and Thursdays**, 2:30–3:00 p.m. for Level I and II, and 3:00–3:30 p.m. for Level III and IV. The next session begins **Tuesday, May 2**.

Three sessions will be held during the summer. Session I will run **Monday–Thursday, June 19–22 and 26–29**. Session II will run **Monday–Friday, July 3–7** (with no class on **July 4**) and **Monday–Thursday, July 10–13**. Session III will run **Friday–Tuesday, July 14–25**. Level 5 and 6 will meet from 9:00–9:40 a.m., Levels 4 and 2 from 9:50–10:20 a.m. and Levels 3 and 1, 10:30–11:00 a.m. Beginning synchronized swimming will also be taught on the above dates from 11:00–11:30 a.m.

Adult swimmers can choose from one of two classes. One class will be for beginners and intermediate swimmers who want to learn the basic skills. The other class will be for experienced swimmers who want fine-tuning, as well as a master-type of workout (geared toward those working on triathlons). Session I will run **Tuesday and Thursday, June 6 and 8, 13 and 15, 20 and 22, 27 and 29**, from 6:00–6:45 p.m. Session II will run **Thursday, July 6, Tuesday and Thursday, July 11 and 13, 18 and 20, Monday, July 24, and Tuesday and Thursday, August 1 and 3**, from 6:00–6:45 p.m.

The fee for each session is \$48. For further information or to register, call 437-0529 or 765-3994.

Movie Makers Meeting

Did you know that there's more to Movie Makers than holding a video camera? Movie Makers is open to everyone interested in video, photography and more!

Friday May 12, at 10:00 a.m., our brainstorming discussion will continue. We are hard at work on Movie Makers' mission statement and bylaws, the 2006 Screenwriting Contest, the 2006 Photo Contest . . . as well as Razzle Dazzle, our live performance.

Join us each month on the second **Friday** on the lower level of the Port Ludlow Community Church on Oak Bay Road above the Village Center. For more information, call Maureen Poole at 437-2165 or Matt Wallace at 437-2071.

May Hiking Group Activities

by Dan Darrow



The semi-annual planning meeting was held on April 5. Schedules of hikes through early fall are now available at the Bay and Beach Clubs. Regular hikes alternate with “Challenge” hikes on alternate **Fridays**. The regular hikes are generally 6 to 8 miles and classified as easy, moderate

or difficult. The Challenge hikes go beyond this and include significant elevation gain and longer distances. In the early season there are some treks through the snow at higher elevation.

Hike Ratings: It is tough to rate hikes since beginning hikers may find a “moderate” hike difficult while an experienced hiker would rate it as easy. Here are the general guidelines taken from the guidebook *Day Hike! Olympic Peninsula*. When in doubt, check with the leader.

- **Easy:** Few, if any, hills. Not much elevation gain. Generally shorter hikes.
- **Moderate:** Less than 1,000-foot elevation gain. Generally 4–6 miles.
- **Moderately Difficult:** Greater than 1,000-foot elevation gain. Usually 6–9 miles.
- **Difficult:** Sustained climbs with elevation gain in excess of 1,500 feet. Usually 7–10 miles.
- **Challenge:** More extreme than any of the others.

Note the warm weather earlier start times for the following hikes:

Friday, May 5: Maple Valley Trail at Dosewallips State Park

This is a new trail in the State Park that has been developed with the assistance of the Washington Trails Association, an easy 8 miles with a small climb up a ridge. Meet at the Bridge Deck at 8:00 a.m. to arrange car pools and get directions to the trailhead. Information: Carole Porter 437-4101.

Friday, May 12: Mount Townsend Challenge Hike

Expect a challenging hike of 8.2 miles with 2,880-foot elevation gain, much of it through snow. Must be equipped

for the snow and have crampons. Meet at the recycle bins at 8:00 a.m. to arrange car pools and get directions to the trailhead. Must sign up ahead of time with Mike Porter 437-4101.

Friday, May 19: Lake Ozette–Cape Alava Loop

A long drive, but worth it! According to my guidebook, this “is probably the finest Pacific Coast hike that you’ll find in the Lower 48.” An easy, but long hike of 9.3 miles on boardwalk and Pacific beaches. Meet at the Bridge Deck at 8:00 a.m. to arrange car pools and get directions to the trailhead. Information: Pat and Carl Johnson, 385-7726.

Friday, May 26: Mount St. Helens Challenge Hike

An extreme challenge, this hike features a 5,000-foot elevation gain and 10 miles, much of it through snow. Must be equipped for the snow, have crampons and have completed training hikes. Meet at the recycle bins at 8:00 a.m. to arrange car pools and get directions to the trailhead. Must sign up ahead of time with Mike Porter 437-4101.

Every Wednesday: Timberton Loop

Walk the moderate five-mile Timberton Loop. Enjoy views of the Olympic Mountains and Mount Rainier. Meet at the trailhead on Timberton Road at 9:00 a.m. Information: Doris Monti at 437-0716.

Singles to Dine at Ferino’s

Elly Peters will host the Singles luncheon at Ferino’s Pizzeria in Port Hadlock on **Monday, May 22**, at 11:30 a.m. You may order from the menu, or you may order one of two daily specials for \$5.69, including tax. The two specials are a large pizza slice, salad, and a soft drink, or two slices of pizza and a soft drink. Please reserve your space with Elly by **Tuesday, May 16**. You can call her at 437-4166.

If you wish to carpool, we will meet above the Bridge Deck in the North Bay parking lot at 11:00 a.m. Be sure to tell Elly if you will be carpooling. Please remember your nametag!

Extra: The Singles group has voted to go to the Fireside at the Inn the last **Friday** of each month at 4:30 p.m., so when you can, please join us there!

Scores from the Bridge Deck

by Ian Feltham, Manager



If you like to play American Contract Bridge League (ACBL) Duplicate Bridge, come to the Ludlow Maintenance Commission (LMC) Bridge Deck on **Mondays** at noon. We

usually have at least four tables. Most of our players are back from the South and we look forward to six tables most of the time.

Winners for February:

February 6 No game due to power outage.

February 13 1st Dave Hendrie and Bill Schoenemann
2nd Doris Feltham and Ian Feltham
3rd Darrell Fett and Bruce Schmitz

February 20 1st Dave Hendrie and Bill Schoenemann
2nd Doris Feltham and Ian Feltham
3rd Ted Wurtz and Norman Crump

February 27 North-South
1st Doris Feltham and Ian Feltham
2nd Dave Hendrie and Bruce Schmitz
East-West
1st Norman Crump and Ted Wurtz
2nd Marilyn Elgin and June Hall

If you are interested in joining our bridge group, call Ian or Doris Feltham at 437-9196. We charge only \$1 to play and most of the money is returned in prizes.

Computer Club News

Are you a person who needs organization in every aspect of your life, including your lifelong compilation of recipes? If you are, and have not yet found a simple way to organize all of those “can’t live without” recipes, attend the next General Meeting of the Port Ludlow Computer Club (PLCC) on **Monday, May 8**, and pick up some tips on recipe management in addition to great websites that will whet your appetite. Ann Purvis will be sharing those tips and more that have worked for her in her quest for organization. The meeting begins at 6:00 p.m. with cookies and coffee at the Bay Club. The presentation will begin promptly at 6:30 p.m. PLCC General Meetings are open to all Port Ludlow residents. You won’t want to miss this great opportunity! See you there.

The Office SIG meets on **Monday, May 1**, 10:30 a.m.–noon. Bring your questions, or e-mail them to Bob Graham at bgconsulting@waypt.com. Genealogy SIG meets on **Thursday, May 11**, 1:00–3:00 p.m. and welcomes all PLCC members who are interested in tracing their families. Special Topics SIG is **Monday, May 15**, 10:30 a.m.–noon; Bob Graham and Don Plorde are working together on Creating a Database and Doing a Mail Merge. Photography SIG meets **Monday, May 22**, 10:30 a.m.–noon. Mac SIG meets **Saturday, May 6**, 9:00–10:30 a.m., and again on **Monday, May 15**, 6:00–7:30 p.m. Workshops are held every **Saturday** morning 11:00 a.m.–noon at the Bay Club. All SIGs and Workshops are for members only.

Check out the Club’s new and improved webpage at www.pl-cc.com. For information about joining PLCC, contact Homer Evans at 437-2430 or e-mail him at hpevans@cablespeed.com.

Another Reason to Join ...

The Port Ludlow Computer Club is pleased to announce a new level of support for its 170-member strong, membership base. In addition to its very successful **Saturday** morning question and answer workshops, mentors are now available offering one-on-one assistance to Club members.

This program is geared toward the “new” or entry level beginner who just needs a little more detailed help and instruction with their computers. Everyone knows how frustrating a computer can be when it seems to have a mind of its own and you can’t remember how to access that special program or e-mail that special letter you just wrote.

Just give the Program Coordinator, Dave Pike, a call at 437-8121 and he will pair you up with another volunteer Club member who has skills to help you with computer questions and problems. It’s that simple.

So, if you and your computer are not getting along very well, give our program a try. If you are not a member and would like more information on joining, check out our website at www.pl-cc.com.

From the Jefferson County Administrator's Desk

by John F. Fischbach, Jefferson County Administrator

Happy spring to each of you! It's so nice to enjoy a little warmer weather and to see our County in bloom again. I'd like to take this opportunity to bring you up-to-date on life around the Courthouse, as well as County issues pertinent to all of you in Port Ludlow.

Courthouse Site Master Plan: The project is nearing completion. It's the first comprehensive update of infrastructure for the building site since it was constructed in the 1890s. The project replaced the storm drainage system, redesigned the parking lot, and changed the grade/slope of the earth around the Courthouse. We now have a level walkway around the building, as well as newly replaced sidewalks improving safety for everyone and giving improved accessibility for the handicapped. Lighting was added to the back parking lot to improve safety during the three to four months a year when it's dark during early and late business hours. Now that the infrastructure work has been completed, the entire site is being landscaped.

National Historic Landmark Clock Tower: Preservation has begun with the County awarding the bid for its rehabilitation to Drury Construction of Poulsbo. Renovation work will stabilize the Clock Tower, especially the part above the main roof of the Courthouse that is the most significant hazard. Stabilization will reinforce the masonry, allowing it to withstand Port Townsend's strong winds, however the work won't affect the tower's exterior appearance. The tower will be restored in a historically accurate manner, using proper materials and techniques, with work scheduled to begin mid-May.

Port Ludlow Drainage District: District Commissioners have requested that the County Stormwater Ordinance be amended to allow them to oversee the design, construction and final signoff regarding stormwater plans on all new developments in the drainage district. A property owner has the option of doing their own stormwater management plan when they submit their building permit application. However, the regulations to address stormwater issues are becoming more complex and, in most cases, an engineered plan by a professional is necessary. In order to address the changes proposed by the Drainage District Commissioners, an application needs to be made to the County's Department of Community Development, with a State Environmental Policy Act (SEPA) checklist. The

application can then go through review by staff and the Planning Commission, who would in turn provide a recommendation to the Board of County Commissioners about whether the proposed changes should be docketed for the Unified Development Code (UDC).

Resort Redevelopment and Marina Expansion (Ludlow Bay Village): The public hearing was completed and finalized on Tuesday, April 4, with the Hearing Examiner having kept the record open until Monday, April 24. The Hearing Examiner then has 10 days in which to announce a ruling (though he has stated it will likely take longer.) (**Important Note:** It's often a bit of a challenge for me to keep you totally current on these matters, as I write this article three weeks prior to the *Voice's* distribution.)

Olympic Terrace II: This project, after being in Superior Court for several months, was denied a motion for reconsideration by Judge Theodore Spearman—his decision was given to Les Powers and Rick Rozzell in early April. This upheld the decision from the Hearing Examiner and the Appellate Examiner earlier in the year. We are now waiting to see if they'll appeal.

Enjoy your spring and as always, please feel free to contact me at 385-9100 or via e-mail at jfischbach@co.jefferson.wa.us if you have questions or comments.

Winter Storms Damage Catch Basins

Strong winds and wave action this past winter had serious effects on the North Bay Drainage District's catch basins on the beach below the Condon Lane bluff. The pipe was torn away and repairs are under way. Despite the damage, the system continued functioning as designed, with no danger of beach or bluff erosion.



Drainage Commissioner Lee Amundson surveys storm damage. Submitted photo

The best news is that the run-off problems of past years have been helped in that area. For further information and additional pictures, visit the district website at pldd.org.

Safety in the Garden, Part II

by Eline Lybarger, Contributing Editor

You have on sunscreen, hat, long sleeves, kneepads, and protective footwear that grips the ground; you are ready to go into your garden. Before you pick up that tool, be aware that each year 230,000 people are treated in hospital emergency rooms with injuries caused by garden tools.

If you are using a power tool, leave your jewelry in the house and bring the safety glasses. Each spring it is a good idea to familiarize yourself with the warning markings stamped on many power tools. If the tool is not designated “All Weather Safe,” do not get it wet. It seems obvious, but it must be said: Keep hands and feet away from cutting blades, and don’t remove any safety devices such as blade guards or ground pins. Before removing a jam or adjusting a gasoline-powered tool, disconnect the spark plug wire. Also, sharp blades and lubricated joints will make operation easier.

When using an electrical tool, be sure the power switch is in the “off” position before plugging it in. Is that extension cord designated for outdoor use, the proper gauge for the power required by the tool, and without places where the covering is broken? Never use electric power tools in wet or even damp areas. A ground fault circuit interrupter (GFCI) could save you from being electrocuted. It comes in several models including portable plug-I type. Again unplug the tool before you do any troubleshooting and don’t unplug it by yanking on the cord. Never carry the tool by its cord. Even if you have turned off the tool, do not walk away until you have also unplugged it—even for a second. When any tool is stored, it needs to be disabled so children will not be tempted to try it.

We assume that hand tools without power are safe. Maintenance is the key: Clean and sharpen cutting and digging tools. Use a tool for what the maker intended, applying only the force it was built to withstand. (My ratchet pruners flew apart when I tried to cut a 4-inch limb—they were designed for a 2-inch cutting!)

We all know about ladders, but I’m going to remind you anyway. Use a ladder long enough to do the job so that it is placed at the safest angle and on a solid, level surface. A friend put the base of her ladder in a wheelbarrow to solve the problem of uneven ground and the ladder being too short. Fortunately she was able to grab the tree when the ladder went down. Keep both feet on the rails, and

your weight centered between them—don’t reach so far that you have to shift your weight, or lift your foot off the rung. Don’t one-hand-it because you are carrying tools up the ladder. Invest in a tool belt, or have someone hand you the tool. After all, it’s more fun to garden with a friend.

Garden Club Going To Pot

On **Wednesday, May 10**, Port Ludlow Garden Club members can enjoy a trip to Valley Nursery in Poulsbo to participate in one of two potting workshops. The first workshop, for up to 20 people, is from 9:30 to 11:30 a.m. The second workshop, also for 20 people, is from 3:00 to 5:00 p.m. Valley Nursery will supply free potting soil for the pot you design and plant but members must purchase their plants from Valley Nursery at regular prices.



Valley Nursery, on Bond Road between Highway 305 and Big Valley Road in Poulsbo, is one of the premium nurseries in our area and has a large selection of plants. The timing is just right to present a pot to that special lady on Mother’s Day!

Members may bring their own pot to the workshop or they can purchase one from the nursery. In addition to the workshop on planting basics, design principles, and suggested plant combinations, the Nursery Consultant will help locate plants for those who come with a plant list in hand.

Participants must sign up at the Bay Club for one of the two potting sessions by **Friday, May 5**. The final sign-up list will be picked up by 5:00 p.m. that day and faxed to Valley Nursery. Persons whose names are not on the list will not be eligible for the free potting soil.

Members must provide their own transportation and are encouraged to car pool; there is no need to depart from the Bay Club. Nursery parking is at a premium so members are encouraged to arrive about 15 minutes before their workshop begins to have time to park and unload. Meet in front of the office at the nursery.

Call Sydney Hatch at 437-9111 for further information.

Benefits Of Omega-3 Fish Oils: What You Should Know

Dr. Jerry Brady, Clinic Director of Brady Chiropractic



Modern diets are lacking in the essential omega-3 fatty acids yet the benefits can pay great dividends and may help you slow or prevent many debilitating age-related diseases.

These fatty acids get incorporated into cell membranes, influencing a wide variety of cellular functions by increasing the flexibility in the cell membrane, allowing for better function both within and between cells. Omega-3 oils are eicosonoids, EPA and DHA. These fatty acids create a unique environment for hormones, neurotransmitters, and proteins, increasing therapeutic effects. Omega-3 oils regulate the inflammatory process via the immune system. They are vital for the brain and nervous system.

Sadly, the standard American diet has a very high omega-6 to omega-3 ratio, which is not conducive to the maintenance or support of good health. Since our bodies lack the ability to efficiently convert alpha linolenic acid to the longer chain fatty acids (EPA and DHA), studies suggest we provide these long chain fatty acids already pre-formed, as they come in fish oil.

Omega-3 (EPA and DHA) is good for sufferers of inflammatory conditions such as chronic pain/swelling, cardiovascular disease, osteoarthritis, depression, fibromyalgia, strokes, arrhythmias, neurodegenerative diseases, autoimmune diseases, diabetes or insulin resistance, Alzheimer's, colitis, asthma, allergies, psoriasis and dermatitis.

Ideally you want to have a 1:1 up to a 3:1 ratio of omega-6 oils to omega-3. Due to the changes in manufactured foods over the last 65-plus years, most people are getting far too many omega-6s unless they are supplementing with omega-3.

Unfortunately, the oceans are contaminated with high mercury levels, PCPs, etc. Fish like shark, swordfish, marlin, certain tuna, sea bass and halibut show some of the most contamination.

Caution: If you are currently taking blood thinners, do not to take omega-3 oils without checking with your doctor. Also, whenever you take omega-3 oils you should be also taking anti-oxidants such vitamins A, beta-carotene, E, C, and selenium.

For further information on how to get uncontaminated omega-3 oils, go to drjerrybrady.meta-ehealth.com, click the register button and access a multitude of articles about this and many other health related topics. Yours in good health.

New Yoga Instructor

New Flow Yoga classes instructed by Maureen Freehill MFA, CYT began being offered at both the Bay Club and Beach Club beginning April 14. They will continue through **Friday, May 26.**

These gentle classes are designed for complete beginners as well as those continuing students who wish to deepen and develop their yoga practice. Special emphasis is on coordinating movement and breath, developing balance, proper alignment, building core strength to support flexibility and relaxing and rejuvenating meditation practices. Students with special needs such as healing injury or weight loss goals are welcome.

Private in-home instruction is also offered for those who are preparing to enter a group class or would like to design a personalized home practice.

Freehill is a certified yoga teacher who holds a Master's degree in theater from the University of Hawaii. She has more than 20 years experience teaching dance, theater and therapeutic movement. She recently moved to Port Ludlow from Seattle where she was a full-time instructor and director of the Seattle Central Community College.

Bay Club classes are **Monday and Friday** afternoons from 4:30–5:45 p.m. Beach Club classes are **Friday** mornings from 9:45 to 11 a.m. Fees for each 75-minute class are \$9 for members and \$10 dollars for non-members. A discount is offered for multiple classes.

For more information contact Maureen Freehill at mfreehill@hotmail.com or 437-9143.



*Maureen Freehill,
yoga instructor.
Submitted photo*

Village Council News

by Elizabeth Van Zonneveld, President

The April General Meeting of the Village Council was held at the Bay Club, Thursday, April 6. Reports and actions included:

- **Fire District #3:** Administrative Chief Arlene Obtinario reported on a “Disaster Dinner” for station and block captain volunteers and a pilot program carried out in Edgewood Village. (See related article on page 11.)
- **Jefferson County:** Administrator John Fischbach reported:
 - (1) Paradise Bay Road improvement contract had been awarded. (See related article on page 3.)
 - (2) Requested Change of Use for the Conference Center to a church is a Major Revision and will include public hearings. (See related article on page 9.)
 - (3) Olympic Terrace II appeal was denied, and unless the appellants elect to appeal this decision, the Jefferson County Hearing Examiner decision will stand.
 - (4) Ludlow Bay Village (a.k.a. the major Resort Revision) hearing had been continued to April 24 with any new public comment accepted until then. Examiner Berteig has indicated he will need more than 10 days to decide.
 - (5) Ludlow Cove Project (Trendwest) appeal: the Shorelines Hearing Board has remanded the issue back to the Jefferson County Hearing Examiner. (Hearing dates set for April were re-set for May and have now been delayed indefinitely in the expectation that a dismissal may be agreed upon between the parties).
- **Port Ludlow Associates (PLA):** Acting President Diana Smeland stated they are holding meetings with Port Ludlow Homeowner Associations and other community groups to improve understanding of the community’s desires with regard to Ludlow Bay Village. She stated that the present land use plan is “probably not final.” PLA’s custom home venture is going well and contributing to PLA’s ability to retain staff.
- **Treasurer’s Report:** Bruce Pyles reported credit card program income of approximately \$500 thus far for 2006. Treasurer’s report is available to the public as an attachment to the minutes.
- **Community Development Committee (CDC):** Chair Syd Hatch reported:
 - (1) The CDC has no recommendation at this time regarding use of the Conference Center as a church.
 - (2) The State Growth Management Board declined to consider the Bert Loomis petition to review Port Ludlow’s designation as a Master Planned Resort (MPR).
 - (3) Copies of a proposed Community Survey on Trendwest in Port Ludlow were provided to Council members along with details on the sampling approach to be used. The survey was intended to help CDC understand community sentiment regarding the development of Trendwest on the proposed site. A motion to proceed with the survey was made, but was superseded by a motion to table the survey at this time.
 - (4) Hatch announced her resignation from the Committee due to family needs, as did Committee member Gary Moore. She encouraged South Bay residents to volunteer for this Committee.
- **Communications Committee:** Lois Ruggles has accepted appointment as Chair. Marianne and Doug Barber, Clark Ruggles and Judy Thomas have also volunteered to serve. The Committee is considering how to use effectively web-based communication between the Council and community. A brief History of Port Ludlow is also underway. Dwayne Wilcox reported that Mike Larkin has volunteered to assist in setting up a group to work on obtaining advertisers for the next phone directory and the website. (See related article on page 14.)
- **Finance Committee:** John Cragoe has been appointed Chair. A draft budget is being developed with input from each Committee. The proposed budget for the Council for the current year will be presented in final form at the next Workshop. In discussion about creating stable income sources, Dave Wheeler reminded the Council that Teal Lake Village contributed \$400 to the Council last year and suggested a contribution from each Homeowner Association could constitute such a source of income.
- **Trails Committee:** Chair Mike Porter thanked past Co-Chair Marge Carter for her long and outstanding efforts on behalf of the Trails Committee. (See related article on page 4.) Porter asked the Council to develop a community-wide position on use of trails for the general use and pleasure of members, tenants, guests,

continued on page 25

PLVC continued from page 24

and invitees of Port Ludlow residents. Burner Point trails are for public use. A trails policy will be considered in future Workshops.

- **Utilities Committee:** Other Districts are being studied as possible models for the future of the water/sewer facilities in Port Ludlow. Site visits to four private districts: Karcher Creek, Manchester, Silverdale, and Lake Stevens are planned. PLVC will hold a public meeting following study completion to inform the community about the choices available should PLA decide to sell.
- **Friday Market:** David Goudie will handle the public relations aspects. Sandie Schmidt will continue as Committee Chair. Market will start May 5. (See related article on page 2.)
- **Funfest:** Marilyn Durand reported promotional efforts in regional publications have begun and it will be advertised throughout Jefferson County. An Art Poster competition is planned for Port Ludlow artists. Dates for Funfest are September 16-17. Volunteers are still needed in several positions. (See related article on page 9.)
- Tom Stone questioned the propriety of a Council member filing an individual legal petition on a matter of import to the community as a whole. Does such an action constitute a conflict of interest? If so, what action should the Council take? Dwayne Wilcox outlined procedures set forth in the PLVC bylaws and read relevant paragraphs pertaining to a Council member's fiduciary duties, none of which preclude such an action. A number of Council members stated that it should not be necessary to give up one's rights to serve on the Council; it is up to the individual member to declare where a conflict of interest exists, that an appearance of fairness is important, that serving on the Council should not compromise a person's rights as a citizen.
- President Van Zonneveld reported that some Communications Committee members met with members of the *Voice* Editorial staff in March. It was explained that the Council voted against funding for the *Voice* due to the lack of reliable income. Van Zonneveld will summarize the PLVC general meeting minutes for inclusion in the *Voice*. It was also noted that the Council agreed that if

the *Voice* found itself in financial difficulty or emergency, the PLVC would provide support from its reserve fund.

Regular monthly meetings of the PLVC are held on the first **Thursday** of each month, and will be held **Thursday, May 4**, at the Beach Club and **Thursday, June 1**, at the Bay Club. Monthly workshop meetings are scheduled on the third Tuesday of each month and will be held **Tuesday, May 16**, at the Bay Club and **Tuesday, June 20**, at the Beach Club. Both meetings are open to all community residents and begin at 9:00 a.m.

Every regular monthly Council meeting includes agenda time for public input or comment, with each speaker limited to a nominal two minutes. Residents with topics or issues requiring additional time can request/recommend agenda topics through any Council member, or via e-mail to tstone@cablespeed.com.

Cokie Roberts Authors May Book Club Selection

The lives of our Founding Fathers, the men who fought the British, formed our government and directed our country toward a successful democracy, have been well documented. But what of the women left at home to tend the land, run businesses, care for families and literally defend their doorsteps during the Revolution? Little has been written of these devoted and caring women and their behind-the-scenes activities and influences.

Cokie Roberts author of *Founding Mothers*, researched personal correspondence and journals of the wives, mothers, daughters and sisters of Franklin, Madison, Adams, Washington and others to bring these riveting and compelling women to life. Also, included in the book are some recipes from these amazing women; one not to be missed is how *To Dress a Calves Head*.

On **Tuesday, May 9**, 6:30 p.m., at the Bay Club, the Book Club will explore the tenacity, bravery, and determination of these plucky and unsung heroes; the women who helped bring this nation to fruition.

The book selection for June is *Reading Lolita in Tehran: A Memoir in Books* by Azar Nafis. All are welcome. Questions? Call Martha Dawson on 437-4167.

Village Activities Calendar

Most events are open to everyone in the community unless members-only is indicated, or are obviously special-interest groups

May

Mon., May 1

9:00 – 11:30 a.m., LOA Board Meeting (members), Beach Club
 9:00 a.m. – noon, Beginning Watercolor with Joy, Bay Club
 10:00 a.m. – 1:00 p.m., Community Blood Drive, Community Church
 10:30 a.m. – noon, Computer Club Office SIG (members), Bay Club
 11:00 a.m. – 1:00 p.m., Razzle Dazzle Brainstorming Meeting, Bay Club
 1:00 – 4:00 p.m., Intermediate Watercolor with Joy, Bay Club
 1:45 – 4:00 p.m., Community Blood Drive, Community Church
 6:00 – 8:00 p.m., Dine and Discover, Beach Club

Tues., May 2

WGA Spring Tournament, Golf Course
 10:00 a.m., Trails/Natural Resources Committee Meeting, Fire Station
 10:00 a.m., CEA Meeting, Bay Club
 1:00 – 3:00 p.m., Woodridge Board Meeting (members), Bay Club
 2:00 – 5:00 p.m., Plush Investment Meeting, Bay Club
 6:00 p.m., County Marine Resources Presentation “Invasive Tunicates,” Bay Club

Wed., May 3

11:00 a.m. – 1:00 p.m., First Wednesday Luncheon, Bay Club
 Noon – 1:00 p.m., Chamber of Commerce Luncheon, Harbormaster
 1:00 – 3:00 p.m., PLYC Planning Meeting, Bay Club
 4:00 – 7:00 p.m., MGA Spring Meeting, Harbormaster WreckRoom
 7:00 – 10:00 p.m., USCG Auxiliary Class: “Handling Your Boat,” Fire Station

Thurs., May 4

9:00 a.m., PLVC General Meeting, Beach Club
 10:00 a.m. – noon, Humana Prescription Drug Plan Seminar, Bay Club
 10:00 a.m. – noon, Knitwits, Beach Club
 11:30 a.m., Lady Niners Lunch at Niblick’s, Golf Course
 3:00 – 5:00 p.m., Arts Council Board Meeting (members), Bay Club

Fri., May 5

8:00 a.m., Hiking Club leaves for Dosewallips State Park, Bridge Deck
 9:00 – 11:00 a.m., SBCA Board Meeting (members), Bay Club
 9:00 a.m. – 2:00 p.m., Friday Market, Village Center
 3:00 – 5:00 p.m., Artists’ League Group Show Reception, American Marine Bank
 6:00 – 9:00 p.m., Free Spirits Cinco de Mayo Dinner (members), Bay Club
 7:00 – 9:00 p.m., Family Movie/Game Night, Bridge Deck

Sat., May 6

9:00 – 10:30 a.m., Computer Club Mac SIG (members), Bay Club

Sun., May 7

Bay Club Open, Noon to 4:00 p.m. (Summer Hours)

Mon., May 8

9:00 – 11:00 a.m., Bluebills Meeting, Bay Club
 9:00 a.m. – noon, Bayview Board Meeting (members), Bay Club
 4:00 – 6:00 p.m., Ten Karat Investment Club (members), Beach Club
 6:00 – 6:30 p.m., Computer Club General Meeting Social, Bay Club
 6:30 – 8:00 p.m., Computer Club General Meeting, Bay Club
 7:00 – 10:00 p.m., USCG Auxiliary Class: “GPS for Mariners,” Fire Station

Tues., May 9

WGA Spring Tournament and Luncheon, Golf Course
 9:00 – 11:00 a.m., MGA Board Meeting, Bay Club
 6:30 – 8:00 p.m., Book Club, Bay Club

Wed., May 10

8:45 a.m., Garden Club to Carpool to Valley Nursery (first session)
 9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club
 2:15 p.m., Garden Club to Carpool to Valley Nursery (second session)
 7:00 – 10:00 p.m., USCG Auxiliary Class: “GPS for Mariners,” Fire Station

Thurs., May 11

10:00 a.m. – 1:00 p.m., Port Ludlow Drainage District, Beach Club
 10:00 a.m. – noon, Humana Prescription Drug Plan Seminar, Bay Club
 Noon – 8:00 p.m., Hands on Clay, Bay Club
 1:00 – 3:00 p.m., Computer Club Genealogy SIG (members), Bay Club
 2:00 – 4:00 p.m., Blast your Fat Cells Lecture, Bay Club
 3:00 – 4:30 p.m., Computer Club Board Meeting (members), Bay Club
 7:00 p.m., CEA Aging Pets Speaker, Beach Club

Fri., May 12

8:00 a.m., Hiking Club leaves for Mount Townsend Challenge Hike, Recycle Bins
 8:30 a.m. – 4:00 p.m., Volunteer Leadership Workshop, Beach Club
 9:00 a.m. – 2:00 p.m., Friday Market, Village Center
 9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club
 10:00 a.m. – noon, Movie Makers, Port Ludlow Community Church
 3:00 – 5:00 p.m., Inner Harbor Board meeting (members), Bay Club
 5:00 – 7:00 p.m., SBCA Cocktail Party (members), Bay Club

Sat., May 13

9:00 a.m. – noon, LMC Board meeting (members), Beach Club
 10:00 a.m., PLYC Opening Day Ceremony, Boat Christening and Barbecue, Marina
 6:00 p.m., Homeowners’ Potluck (members), Beach Club

Calendar continued from page 26

Sun., May 14

10:00 a.m., Mother's Day Brunch, Harbormaster
12:30 p.m., Mother's Day Brunch, Harbormaster

Mon., May 15

8:30 – 10:30 a.m., Timberton Board Meeting (members), Bay Club
9:00 a.m. – noon, Beginning Watercolor with Joy, Bay Club
10:30 a.m. – noon, Computer Club Special Topics SIG (members), Bay Club
1:00 – 4:00 p.m., Intermediate Watercolor with Joy, Bay Club
6:00 – 7:30 p.m., Computer Club Mac SIG (members), Bay Club
6:00 – 10:00 p.m., USCG Auxiliary Class: "America's Boating Course," Fire Station

Tues., May 16

8:30 a.m., Trails Committee Work Party, Recycling Bins
9:00 a.m. – noon, PLVC Workshop, Bay Club
10:00 a.m. – noon, Knitwits, Beach Club
1:00 – 4:00 p.m., Fly Fisher General Meeting, Bay Club

Wed., May 17

10:00 a.m. – noon, Rubber Stamp Art Club, Beach Club
1:00 – 4:00 p.m., Artists' League Meeting, Bay Club
6:00 – 7:45 p.m., Port Ludlow Singers Open Rehearsal, Bay Club
6:00 – 10:00 p.m., USCG Auxiliary Class: "America's Boating Course," Fire Station

Thurs., May 18

3:00 – 5:00 p.m., Niners Couples Golf, Golf Course
5:00 – 8:00 p.m., Niners Couples Potluck, Bay Club

Fri., May 19

8:00 a.m., Hiking Club leaves for Lake Ozette, Bridge Deck
9:00 – 11:00 a.m., SBCAARC Review Meeting, Bay Club
9:00 a.m. – 2:00 p.m., Friday Market, Village Center
1:00 – 3:00 p.m., South Bay Village Presidents' Meeting, Bay Club
7:00 – 9:00 p.m., Family Movie/Game Night, Bridge Deck
7:30 p.m., Port Ludlow Players Present Four One-Act Comedies, Beach Club

Sat., May 20

7:30 p.m., Port Ludlow Players Present Four One-Act Comedies, Beach Club

Sun., May 21

2:00 p.m., Port Ludlow Players Present Four One-Act Comedies, Beach Club
3:00 p.m., MGA sponsors Couples 9-Hole Mixer, Golf Course
5:00 p.m., Pasta Night at Niblick's, Golf Course

Mon., May 22

9:00 a.m. – noon, Beginning Watercolor with Joy, Bay Club
10:30 a.m. – noon, Computer Club, Photography SIG (members), Bay Club
11:30 a.m., Singles Luncheon at Ferino's Pizzeria, Port Hadlock
1:00 – 4:00 p.m., Intermediate Watercolor with Joy, Bay Club
3:00 – 4:45 p.m., Teal Lake Board Meeting (members), Bay Club

Tues., May 23

8:00 – 10:00 a.m., Harrison Hospital health tests by appointment, Bay Club

Wed., May 24

Noon, Out to Lunch Bunch, Café de Paris, Edmonds
7:00 p.m., USCG Auxiliary General Meeting, Fire Station

Thurs., May 25

9:00 a.m., WGA hosts 9-/18-hole Exchange, Golf Course
Noon, WGA 9-/18-hole Exchange Lunch, Niblick's
10:00 a.m. – 1:00 p.m., Port Ludlow Drainage District, Beach Club
Noon – 8:00 p.m., Hands on Clay, Bay Club
4:00 – 6:00 p.m., Free Spirits Appreciation Party (members), Bay Club

Fri., May 26

8:00 a.m., Hiking Club leaves for Mount St. Helens Challenge Hike, Recycle Bins
9:00 a.m. – 2:00 p.m., Friday Market, Village Center
9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club
Noon – 5:00 p.m., NBLOA Garage Sale Setup, Beach Club
4:00 p.m., Singles No-Host Cocktails, Fireside at The Inn

Sat., May 27

9:00 a.m. – 4:00 p.m., NBLOA Annual Garage Sale, Beach Club

Mon., May 29 – Memorial Day

11:00 a.m., Military Retirees Host Flag Disposal Ceremony and Concert, Bay Club

Future Events

Dine and Discover Planning Meeting, June 1
Dine and Discover *USA Today* Speaker and Potluck, June 5
First Wednesday Lavender Luncheon, June 7
Choral Belles 10th Anniversary Concert, June 11
Razzle Dazzle Auditions, June 12
June CEA Indian Island Tour, June 15 and 23
SBCA Annual Meeting, July 18
Music on the Green, July 23
Port Ludlow Funfest, September 16 and 17
South Bay Arts and Crafts Faire, November 1

CEA Out to Lunch Bunch

Community Enrichment Alliance (CEA) presents La Sortie de Déjeuner de Mai (**May Out to Lunch Bunch**) at Le Café de Paris, at the foot of Main Street in Edmonds. This very French experience happens **Wednesday, May 24**, at midi (noon).

Le Menu: Choice of soupe or salade, boeuf (beef) Bourguignon with noodles, or poisson (fish) of the day or poulet (chicken), épinards (spinach) and champignons (mushroom) crêpe, and for Le Dessert you have a choice of mousse au chocolat, pêche (peach) Melba, or fraises (strawberry) cheesecake. The lunch will be \$20, not including beverage, but with tax and gratuity.

Make your reservations, and get directions, at the CEA ticket table located in the Bay Club on **Wednesdays** between 11:00 a.m. and 2:00 p.m. or at the **Friday Market** between 9:00 a.m. and noon. Questions? Contact Pauline Stearns at 437-5123. **Extra:** In **June** we will sample the new Harbormaster menu.

Beach Club/North Bay News

Carol Shamhart is the Beach Club editor. Submit your articles to her by e-mail at shamhart@cablespeed.com or call her at 437-0141 no later than the 10th of the preceding month.

☒ Denotes Beach Club Members-Only Activity

LMC Board of Trustees Meeting

Saturday, May 13, 9:00 a.m.
All LMC members are welcome. ☒

LMC Board of Trustees April Meeting

by Sally Orsborn

During its last Board meeting before the Annual Meeting of members, the Ludlow Maintenance Commission (LMC) Board of Trustees heard reports from committees and management. General Manager Brian Belmont reported that nearly 97 percent of 2006 assessments had been submitted.

Belmont also announced plans for an LMC-hosted community leadership-training workshop on **Friday, May 12**, at the Beach Club, sponsored by the Community Associations Institute (CAI), Washington State Chapter. (See related article on page 16.) Trustees approved funds for the Board and committee chairs to attend.

In other action, the LMC Trustees approved a Red Cross request that the Beach Club be designated an emergency shelter open to the greater Port Ludlow community in the event of a major disaster. No special alterations need to be made to the building, and the Red Cross carries insurance for property damage that might occur as a result of shelter use.

The number of ballots required to form a quorum for the Annual Meeting on April 15, was not reached and some ballots were sent unsigned. Apparently there was some misunderstanding about the importance of assigning the directed proxy even if the member plans to attend the meeting. It acts as a safeguard in case that member is unable get there. The proxy holder is authorized to vote only as the voter indicates. Signed proxy ballots are counted and help establish a quorum for the meeting; unsigned proxies and unsigned ballots are not counted unless the member actually signs in at the meeting. To legally hold the Annual Meeting, 34 percent of the membership must be present at the meeting or have returned properly signed proxy ballots.

Board president Bruce Schmitz will issue an invitation to Randy Verrue of Port Ludlow Associates (PLA) to meet with LMC members wishing to offer suggestions on Resort issues that could affect the Beach Club and LMC members. A similar meeting has been arranged with Verrue and Admiralty I and II residents.

Brian Belmont made the following management announcements:

- The new 4-ton heat pump used to heat both locker rooms has been ordered from Air Flow Heating, the low bidder.
- A leak at the north end of the building will be addressed.
- A rotting beam and posts under the east deck of the Bridge Deck will be replaced this summer.
- Piano tuning is scheduled for mid-April. The Choral Belles graciously donated \$50 to help offset some of the cost of tuning the two pianos.
- Final billing and insurance payout for reconstruction of the women's locker room are still to be received.

Operations Committee: Teddy Clark reported there was still one tree/view issue being addressed. Of the seven property maintenance issues on the agenda, most were settled fairly quickly once problems were brought to the owners' attention. Now that the women's locker room is complete, an open house was set for April 15 after the Annual Meeting. Clark commended Brian Belmont for his diligence in researching and improving the aging Beach Club. In Board action, a Facilities Rental Agreement form was approved. Answering a question concerning signs posted on trees in the North Bay neighborhoods, Clark advised anyone troubled by the signs to call the County and ask them to deal with the problem. None of the signs was posted on LMC-owned property.

Architectural Control Committee (ACC): Chair Veronica Ryan said to date in 2006 there have been 52 requests, including applications for new homes, remodels, additions, garages, fences, sheds, roofs, repainting, and

Board Meeting *continued from page 28*

tree removals. Within the past month, 15 requests were approved, 18 are active and 17 pending. The Committee meets twice a month and monitors work on a continuous basis.

Finance Committee: Chair Bruce Pyles reported after consultation with the accountant, the Committee recommended lowering the “bad debt” allowance, thereby raising the reserve contribution for year 2005. Federal taxes for 2005 were lower than expected. RV storage electric charges were noticeably higher than the past two years and will undergo review in **August**. Late fees and liens have been applied to unpaid 2006 LMC assessments, and notices are being sent out in accord with the Late Assessment Collection Policy.

Greenbelt Committee (GBC): Chair Ron Garton responded to comments made by Mike Porter, Chair of the Port Ludlow Village Council (PLVC) Trails Committee, saying the entire Port Ludlow community uses North Bay trails as well as all Port Ludlow trails. Others may occasionally use the trails but, as far as Garton knew, use by persons outside the community has never been a problem. Volunteers from throughout the community maintain the trails. There are 36 GBC cases now active, most of them being monitored for completion. Restoration has not yet begun along Rainier Lane because individual lot clearing is still underway. Olympic Water and Sewer (OWSI) will replant the greenbelt that is damaged. Other GBC business includes cleanup of dead and downed trees and a study of vegetation for bank stabilization along the bluff in front of the Admiralty condos.

Covenants and Regulations Committee (CRC): Chair Catherine Garrison presented a Revised Greenbelt Policy and Procedures manual to the Board for a first reading. The reorganized document was the result of a cooperative effort between CRC and GBC. According to Garrison, the effort represents no major shift in philosophy but rather revision for clarity and alignment with the LMC governing documents.

Communications Committee: Chair Sally Orsborn made a final call for *LOG* submissions. The corporation newsletter will be mailed just after the Annual Meeting.

Ad Hoc Committee on Trees and Views: According to Veronica Ryan, the Committee has met twice. A request was made to make LMC funds available to bring in expert witnesses. Meetings take place on the first and third

Mondays of the month, 2:30 p.m., in the Gallery at the Beach Club. LMC members may attend as observers.

The monthly meeting of the LMC Board of Trustees will be **Saturday, May 13**, 9:00 a.m., at the Beach Club. Members are encouraged to attend. ☼

North Bay Art Group

Summer is fast approaching and our local artists are looking forward to capturing some of our beautiful scenery on canvas and paper during the next three months or so. If you would like to join us, come to the Bridge Deck on **Friday** afternoons and be creative.



The North Bay Art Group (NBAG) will be changing their art display in the Beach Club Gallery Room the first week of **May**. We are changing our format for the coming months. Instead of featuring two artists, we will have contributions from all our artist members. This will give us a wider range of interest and the works can be changed at will. We will be anxious to hear comments on how our membership responds to the new arrangement. There will be two or three receptions during the year for special occasions. These will be announced in advance.

Attention Parents And Grandparents: Our artists have volunteered to have a couple of workshops especially for our North Bay young budding artists during summer vacation. If you have children who would be interested in attending a session or two, we would like to hear from you. Interest and feedback will determine what we teach, so please give us your ideas.

We would like to have a special display of the children’s artwork in the Gallery. There are a lot of talented children and grandchildren in the North Bay and our members would enjoy their work. Please call us if you possess artworks you would like to have displayed. Questions about the group or our children’s program should be phoned to Franci Gronewald, 437-2781, or e-mailed to her at harfra@cablespeed.com or to Penny Sanzaro, 437-7970, e-mail, pennsondesigns@olypen.com. ☼

Power of Ears

Listen for the hidden agenda.
Listen for clues to other peoples’ interests.
Listen to yourself.
Listen to share other peoples’ feelings.

Vendors Sought for Garage Sale



The North Bay Lot Owners Association (NBLOA) will sponsor the Beach Club Annual Garage Sale on **Saturday, May 27**, 9:00 a.m. to 4:00 p.m. Clean out your garage, cupboards and closets and bring all your unwanted items to the Beach Club Bayview

room to sell. Meet your neighbors and have a great time. Your unwanted items may be someone else's treasure.

Reservations for tables can be made at the Beach Club on a first-come, first-served basis and will be confirmed upon payment of fees. The cost of a 6-foot table is \$8 and an 8-foot table is \$10. The cut-off date for is **Saturday, May 20**, and refunds for table cancellations will not be made after that date.

Setup for the sale is from noon to 5:00 p.m. on **Friday, May 26**, and the doors will be locked at 5:30 p.m. to secure the area. Vendors should arrive on **Saturday** no later than 8:30 a.m. When signing up with the hostess at the Beach Club, all vendors will receive a Vendor's Instruction Sheet.

Co-chairs for this event are Sonny Sanzaro, 437-7970, and Steve Nieman, at 437-7699. You may call either for further information. Hope to see you there! ☼

Cinco De Mayo Fiesta

The North Bay Home Owners' Potluck (HOPL) will be **Saturday, May 13**, at La Casa De Beach Club. All members of the Beach Club are welcome to join in the fun. Cocktails will begin at 5:30 p.m. with dinner following at 6:00 p.m.

The \$7 charge per person includes main dishes and the beverages of your choice. Please sign up at the Beach Club to bring a salad or dessert. Do remember to bring your own place settings, including silverware.

We will feature "South of the Border Fiesta" entertainment. ☼

LMC Officers Elected

New Ludlow Maintenance Commission (LMC) officers for the 2006-2007 year are: Terry O'Brien, President; and Amy Recht, Vice President. Serving for second terms are Art Moyer, Secretary; and Ian Feltham, Treasurer.

Protecting our Waters from Foreign Predators

The Jefferson County Marine Resources Committee (MRC) will sponsor a presentation to the public by Kevin Anderson on "Invasive Tunicates and the State's Response," **Tuesday, May 2**, 6:00 p.m., at the Bay Club. The public is invited to participate in the MRC's regular business meeting, which will follow at 7:00 p.m.



Club tunicates or "styela clava" can spell economic disaster for shellfish growers as well as foul hulls, lines and anchor chains of recreational vessels.

Photo by Washington Sea Grant Program

Originally from Asia, club tunicates have no natural predators here in the Northwest. Researchers found this animal on boats and docks in three marinas in Puget Sound: Pleasant Harbor on Hood Canal, Blaine and Neah Bay. They compete with native organisms for space and food. They can grow in extremely high densities, fouling boats, marinas and shellfish growing equipment.

Club tunicates' breeding season coincides with the upcoming boating season. Governor Christine Gregoire asked the State Department of Fish and Wildlife to stop these animals from spreading to other locations before **Friday, June 30, 2006**. She also gave the Department funds to help boaters and marina operators remove the animal from boats and marinas.

Kevin Anderson is the Aquatic Nuisance Species program manager at the Puget Sound Action Team. The Action Team facilitates interagency cooperation on projects to protect and restore Puget Sound. Kevin joined the Puget Sound Water Quality Authority in March 1991. Prior to that he worked for the Department of Ecology in various capacities.

Welcome: North Bay Newcomers

Meribeth Reed	Wells Ridge Court
William and Amelia Robinson	Montgomery Lane
Norman and Jocelyne Thompson	Barque Lane

Bay Club/South Bay News

Janet Force, 437-0419, is the Bay Club editor,
 assisted by Donna Cuadrez, 437-8118.
 Submit articles to them by e-mail at
 jandd@waypoint.com and cuadrez@olypen.com.
 For information, call Linda Colasurdo at 437-2208.

 denotes Bay Club members-only activity.

SBCA Board Meeting

Friday, May 5, 9:00 a.m.
 All SBCA members are welcome.

Village Presidents' Meeting

Friday, May 19, 1:00 p.m.

SBCA Annual Meeting

Tuesday, July 1 

South Bay Community Association (SBCA) Update

by Tom Stone, President, South Bay Community Association

April Board Report and Commentary:

Twenty-six members representing different South Bay Villages attended our meeting. Statements from attendees included an announcement that nominations for next year's SBCA Board should be made by **Monday, May 1**, and a question concerning PLVC's lack of funds to support the *Port Ludlow Voice*.

Financial: Latest financial information is posted on the SBCA website at www.plvc.org/sbca.htm and in the Architectural Review Committee (ARC) office. The Treasurer presented a draft Long Range Maintenance Schedule. With the help of three different scenarios, she explained her rationale for recommending to the Board that the \$60 (per member), that is currently divided \$20/\$40 for expansion and long-range maintenance, be split \$10/\$50 as a tool to ensure that we are financially secure. This plan and a draft 2007 budget will be presented to the Board at its next meeting.

Committee Reports:

ARC Report: Due to the resignation of the Committee Chair, the Board appointed Bay Club Operations Manager, Linda Colasurdo, as an additional duty, to ARC Manager. She stated four new applications had been issued permits and three permits were extended. The ARC is continuing its work on changing the Design Standards and has decided not to pursue monetary fines as an enforcement method.

Tennis Committee: The Board was given a progress report on the South Bay tennis courts lease negotiations with Port Ludlow Associates (PLA) including legal opinions and recommended rewording of the draft lease. The lease will be signed in the near future. Next step is the beginning of discussions with contractors. The Board

commended the Tennis Committee for its fine work procuring this lease agreement.

Bay Club Expansion Committee: Jack McKay provided the Board with a preview of the Expansion Plans briefing and handouts that will be presented to South Bay residents in April. The Board thanked the entire Committee for its continued efforts in this matter. See details of expansion brief at the website at plvc.org/sbca/expansion.htm.

Secretary Correspondence Report: It was noted that the Secretary keeps on file all incoming and outgoing correspondence of the Board noting the date they were received or sent and any action(s) taken. Three recent letters were either read or summarized.

Board of Director Reports:

Tom Stone debriefed the April PLVC General Meeting mentioning the Fire Station's program to change home fire detectors, the awarding of the Paradise Bay Road widening contract, the pending sale of the former Conference Center to a local Church, continued opening of Ludlow Bay Village hearings until April 24, and that PLA will be meeting with local interest groups to hear their concerns. He stated that two South Bay residents who presently serve on the PLVC Community Development Committee (CDC) have had to resign and that South Bay residents were encouraged to fill these vacancies.

Chris Whitehurst outlined the SBCA election timetable to allow for a smooth transition to the upcoming Annual Meeting **Tuesday, July 18**.

Membership and Operations Report: Mike Morgan reported we have one new member and one new Associate member, bringing the total to 522 households.

SBCA Board continued from page 31

He listed major accomplishments last month that included replacement of parking lot lights, the reinstallation of Bay Club road signs, and the ongoing study for an emergency generator. There are two new activities now available at the Club; a personal trainer and a yoga class. He encouraged Village associations to sponsor a member to attend a Community Association Institute one-day workshop on **Friday, May 12**, at the Beach Club. Mike Porter noted there may be grant money available for disaster preparedness to assist in the generator study.

Old Business:

The Village Presidents' meeting is scheduled for **Friday, May 19**, 1:00 p.m. at the Bay Club.

New Business:

Mike Porter provided an update on the Village Trails Committee. It meets on the first **Tuesday** of every month, 10:00 a.m., at the Fire Station; work parties will occur on the third **Tuesday** of every month, meeting at the recycling area 8:30 a.m. The first of these work parties is Tuesday April 18 and volunteers will work on the Bay Club trail system.

There was discussion concerning a proposed change to the Bylaws for approval at the Annual Meeting to include a Past President on the Board in a non-voting, ex officio, member-at-large position.

Jack McKay asked about the décor of the Bay Club's Great Room. This item is on the 2009-2010 Long Range Maintenance Plan that was presented by Chris Whitehurst. It was suggested it be moved forward in time. Mike Morgan will report back on projected costs, decorator, etc.

Questions from Members:

A resident stated the Board should study the proposed term duration of past presidents. He also stated that Pope and Talbot originally chose the Great Room furniture for what would look good in a brochure.

Another resident requested clarification of a recent PLVC discussion concerning possible conflict of interest of a member.

A resident reminded the Board that someone was supposed to have been in touch with the Department of Transportation regarding extending the 25 mph speed limit on Paradise Bay Road past Spinnaker. This was an action item from the February SBCA meeting. Action will be taken.

A resident asked how many members-at-large were needed for upcoming SBCA and PLVC Board vacancies. The answer was three SBCA Board and two PLVC members will be turning over their elected seats this year.

The next SBCA Board meeting will be **Friday, May 5**, 9:00 a.m., at the Bay Club.

Free Spirits' Members Appreciation Party

by Marti Duncan

A very important annual gathering is coming up on **Thursday, May 25**, at 4:00 p.m.—a meeting to honor our volunteers, and a meeting that will give you an opportunity to become an active part of the community and have fun doing it.

The events put on by Free Spirits this year have received many, many accolades. Starting out with a bang on the Fourth of July, a family picnic with entertainment for all, opened the 2005-2006 season. Creativity abounded at the Halloween festivities, especially during the costume parade and the pumpkin-carving contest. Memorable moments were made at the Christmas event with absolutely perfect Norwegian fare and lovely holiday choral music as entertainment. For Valentine's Day, prime rib topped the menu. We danced the night away to the music of "Casanova." Our final event will be a reprise of last year's highly successful "Mariachi Madness," on Cinco de Mayo.

All of this of course leads up to the Members Appreciation party...! Our events are accomplished only with the help of many, many volunteers who cook, decorate, entertain, set up and clean up. We need your help. You will meet many wonderful people as you do your part in making our community a warm and friendly place.

So join us on **Thursday, May 25** for complimentary wine and hors d'oeuvres. Meet your new Board members and learn about upcoming events. Bring any questions you have regarding the operation of Free Spirits, its past accomplishments and its future goals.

Please sign up at the Bay Club so there will be an indication of how much food to plan for. 🍷

South Bay Members' Cocktail Party

This month's cocktail party will be held as usual, on the second **Friday** of the month— **May 12**, 5:00 to 7:00 p.m. at the Bay Club.

Plan to meet your friends and neighbors, and be sure to bring a tasty appetizer to share. Hope to see you there, wearing your nametags. 🍷

SBCA Village Presidents' Meeting

There will be an all South Bay Village Presidents' meeting at the Bay Club on **Friday, May 19**, at 1:00 p.m. We ask that all Village Presidents and/or a representative from each Village attend this meeting to share information and ideas. See you there. 🍷

New South Bay Members

Eric and Jane Herzog Woodridge Village
William and Barbara Schaefer Olympic Terrace

And, one New Associate member family:
James and Judith Arnold Harold's Hollow

Bay Club Summer Hours

Open Sundays
Noon to 4:00 p.m.
Effective:
Sunday, May 7

Yacht Club Opening Day

The Port Ludlow Yacht Club (PLYC) would like to invite the community to join us in celebrating the official opening of the 2006 boating season during our Opening Day Ceremony at the Marina on **Saturday, May 13**, at 1000 hours.

The Opening Day Ceremony will be followed by boat christenings and a boat parade around the Harbor. Following the parade there will be a barbecue for PLYC members and their guests at the Marina tent area. For more information contact Port Captain Jerry Purdy at 437-1262, e-mail gpurdy@cablespeed.com.

Stranded Marine Mammals

by Soozie Darrow

It is that time of year once again for marine mammals, especially seal pups, to be resting on area beaches. With this in mind, I'd like to point out some precautions to take for residents and visitors, their children and pets. Here are some do's and don'ts from the East Jefferson County Marine Mammal Stranding Network (JCMMSN).



*A seal pup seen resting at Burner Point.
Photo by Soozie Darrow*

If you see what appears to be a stranded marine mammal:

Do Not

- a. Approach very close
- b. Touch or try to move it
- c. Try to get it back in the water
- d. Try to feed it

Do

- a. Keep people and dogs away
- b. Make note of the following:
 - 1) dead or alive
 - 2) exact location
 - 3) color and distinguishing marks
 - 4) approximate length

Seal pups, especially are apt to be found on our local beaches. They are commonly left alone on the beach for hours while their mother forages for food. They are not stranded. Please do not go near them! If you do, their mother may abandon them. Please call JCMMSN at 385-5582, ext. 103, so we can arrange a "babysitter" for them.

Power of Ears

- Listen for a person's name.
- Listen to gain information.
- Listen to give information.
- Listen for points of agreement.
- Listen not to be distracted by irrelevant details.
- Listen not to be distracted by emotion-packed words.
- Listen for results.
- Listen for "red button" (the point that turns someone on or off.)
- Listen to learn something about the other person — timing.

Arts and Entertainment

This section features news on Port Ludlow arts and entertainment events as well as a performing arts calendar for Jefferson, Clallam and Kitsap Counties. Submit news and calendar items to Beverly Rothenborg, editor, at rothenborg@waypt.com by the 10th of the preceding month.

A Weekend of Comedy!



Terry Barnes, Bill Shamhart and Janet Barnes appear in "Variations on the Death of Trotsky."

Photo by Marti Duncan

The Port Ludlow Players, sponsored by the North Bay Lot Owners Association (NBLOA), will present four one-act plays at the Beach Club on **Friday and Saturday, May 19 and 20** at 7:30 p.m., and **Sunday, May 21**, at 2:00 p.m. Tickets will be on sale for \$8.00 at the Beach Club beginning **Monday, May 1**.

The absurdist comedies by David Ives have intriguing titles: *Time Flies*; *Variations on the Death of Trotsky*; *Words, Words, Words*; and *Soap Opera*. Lots of fun and laughter as we move from monkeys plotting to get even with a mad professor, to a washer that bewitches its repairman, to an axe-wielding gardener, to mayflies trying to make the most of their lives, just to name a few. These interesting characters and more are played by Janet Barnes, Terry Barnes, Terry Campbell, Anna Christensen, Janet Christensen, Teresa Goode, Bruce Pyles and Bill Shamhart. Director is Allison Stoppa, who currently is directing *Mary, Mary* at The Jewel Box in Poulsbo. For more information or to help behind the scenes, please contact Vallery Durling, Stage Manager, at 437-2861.

Artists' League News

Watercolorist Nancy Collins is the featured artist at the Port Ludlow Artists' League meeting on **Wednesday, May 17**, 1:00 p.m., at the Bay Club. Nancy comes to Port Ludlow from Mendocino, CA, where she has been an instructor with the Art Center for over 10 years. Her brilliantly colored paintings have been featured in *American Artist* magazine and in several one-woman shows. Her watercolors are currently displayed in galleries and restaurants throughout Northern California.

Nancy will also conduct a watercolor workshop using her approach to color to create a painting of goldfish and water lilies. The workshop will be held on **Thursday and Friday, May 18 and 19**, and the cost is \$175. Contact Marti Mathis at marti@waypoint.com if you wish to attend.

Members of the Artists' League will be participating in a group show during **May** in the lobby of American Marine Bank. The theme is "Spring Blooms and Blossoms" and will feature work in a variety of media. A reception will be held to honor all participating artists on **Friday, May 5**, 3:00–5:00 p.m., in the Bank's lobby.

Exhibits continuing through **June** that feature Artists' League members include: Wanda Mawhinney, abstract mixed media at Coldwell Banker; Judith Johnson, watercolors at American Marine Bank Conference Room; and Susan Cavanaugh, oils and acrylics at Homer Smith Insurance.

Arts and Crafts Fair

The Port Townsend Arts Guild presents the 28th Annual Rhododendron Arts and Crafts Fair, **Saturday and Sunday, May 13 and 14**, on Memorial Field in Port Townsend, from 10:00 a.m. until 5:00 p.m. daily.

The Fair is a juried high-quality event with a huge variety of handmade items. Fairgoers can find wooden duck decoys, cedar chairs, tile murals, fine gold and silver jewelry, handmade beads, hand woven rugs, handspun wool, clothing, pottery, hats, finely-made dolls, furniture, wooden flutes, metalwork, knives and more! In addition, families can create their own mosaics and feast on bratwurst and crepes.

The Arts Guild uses the monies raised by booth fees to fund scholarships to local high school students studying the arts and to fund local arts charities. For more information, go to www.ptguide.com or e-mail ptartsguild@yahoo.com.

One-Man Show at Northwind

Northwind Arts Center in Port Townsend will present "Fragments of a Nine-Chambered Heart" from **Friday, May 5, through Monday, May 29**. This one-man show by Robert Reedy will display freestanding and wall-mounted sculpture with accompanying drawings. The pieces are architectural in form and influenced by known historic elements of sacred or monumental sites or traditions. A show reception will be held from 5:30–8:00 p.m. on **Saturday, May 6**, in conjunction with the Port Townsend Gallery Walk. A Coffee Talk Lecture by Reedy will be given on **Friday, May 12**, at 7:00 p.m. The lecture is entitled "Beyond Materials: An Archeology of Perception." The cost for the lecture is \$2/members and \$5/non-members.

Northwind is open from noon to 5:00 p.m. from **Thursdays through Mondays** and is located near the Visitors Center on Sims Way. They may be reached at 379-1086 or see their website www.northwindarts.org.

Call for Artists

The Port Townsend Arts Commission and Northwind Arts Alliance are seeking entries for "Expressions Northwest," the Eighth Annual Art Port Townsend Juried Art Competition that takes place in **October**. Works in both two- and three-dimensional forms, including photography, are eligible. A total of \$2,600 in cash prizes will be awarded. There will be additional merchandise awards.

The juror will be Susan Parke, presently Curator of Collections and Exhibitions for the Museum of Northwest Art in La Conner, WA, where she has been affiliated since 1990. Her background includes ten years as the owner of two contemporary galleries in Illinois. Today, she lives with her painter husband, Dederick Ward, in Anacortes.

A non-refundable entry fee of \$25 is required for a maximum of three slides or printed image entries (no e-mailed images) per artist. Artists must be at least 16 years of age and a resident of Washington, Oregon, Idaho, Montana, Alaska or British Columbia. The deadline for entry is **Friday, August 11**. For more detailed information, including an entry form, visit www.northwindarts.org for the Art Port Townsend link, call 437-9081, e-mail entries@artporttownsend.org or send a SASE to Art Port Townsend Juried Show, P.O. Box 65499, Port Ludlow, WA 98365.

Writing Your Family History

The Jefferson County Genealogical Society will offer a class on "Writing Your Family History" starting **Wednesday, May 3**, at 6:30 p.m. The Society reports that many have expressed an interest in presenting family research in some form other than charts. They will present other options, such as narrative, fiction or journal formats. Those who have tried their hand will share what they have learned.

The classes will be held at the Jefferson County Historical Society Research Center, located on the right side of Highway 19 near Jefferson County Airport. Carpools are forming for those who prefer not to drive in the evening. For more information call 385-9495 or 379-6673.

Performing Arts Calendar

Friday and Saturday, May 5 and 6

A special benefit for the Poulsbo Fire Department's Community Action Fund will be a performance of *The Guys*, a play about New York City firefighters lost in the 9/11 attack on the World Trade Center, Jewel Box Theatre, 8:00 p.m., 360-779-3997.

Saturday, May 6

The EDGE improvisational actors transform audience suggestions into skits, song, and dance at The Playhouse, Bainbridge, 7:30 p.m., 206-842-8569, www.theplayhouse.org.

Saturday, May 6

Folk songs from America, Ireland, Scotland, Japan and China round out the repertoire when the music of The Brothers Four comes to The Admiral Theatre, Bremerton, 6:30 p.m. dinner, 8:00 p.m. show, 360-373-6743, www.admiraltheatre.org.

Sunday, May 7

The Bremerton Symphony's classical concert series concludes the season with a program of music by Mozart and Orff and selections with the Concert Chorale, Bremerton High School Performing Arts Center, 2:00 p.m. 360-373-1722, www.bremertonsymphony.org.

Fridays, Saturdays and Sundays, May 12 through May 28

Neil Simon's *Brighton Beach Memoirs* is a semi-autobiographical comedy about a Depression-era teenager who dreams of becoming a writer, but whose fantasies are constantly punctured by his squabbling family, The Playhouse, Bainbridge, 7:30 p.m. plus Sundays, 3:00 p.m., 206-842-8569, www.theplayhouse.org. Pay-What-You-Can Preview on

Thursday, May 11, 7:30 p.m.

Saturday, May 13

The Jewel Box Theatre's improv troupe presents *The Improv Experiment*, a show (and more) that the entire family will enjoy, Poulsbo, 1:30 p.m. and 3:30 p.m., 360-779-9688, www.jewelboxpoulsbo.org.

Saturday, May 13

Kitsap Music Association's final concert of the season will be a "Swingin' Sock Hop" with Buz Whitely's Big Band, a classic car show and a 50s dinner and concert, Crossroads Neighborhood Church, Bremerton, dinner 6:00 p.m., concert 7:30 p.m., www.kitsapmusic.org or tickets@kitsapmusic.org.

Sunday, May 14

The Jazz in the Olympics event will be the music of Jazz in Blume, Eagles Club, Port Angeles, 1:00-4:00 p.m., large dance floor, food and bar available, 360-681-0710.

Friday, May 19

Grammy-winning Lee Greenwood is often identified as the ultimate name that comes to mind when patriotism is mentioned in the entertainment industry, The Admiral Theatre, Bremerton, 6:30 p.m. dinner, 8:00 p.m. show, 360-373-6743, www.admiraltheatre.org.

Friday and Saturday, May 19 and 20

The Port Angeles Chamber Orchestra offers works written for smaller musical ensembles in a more intimate setting. Music by Falla, Beethoven, Mozart and more will be performed at Holy Trinity Lutheran Church, Port Angeles on Friday, Sequim Community Church on Saturday, 7:30 p.m., 360-457-5579, www.olyphen.com/pasympphony.

Friday, Saturday and Sunday, May 19, 20 and 21

The Port Ludlow Players present four one-act absurdist comedies, directed by Allison Stoppa, Beach Club, Friday and Saturday at 7:30 p.m. and Sunday at 2:00 p.m., 437-2861.

Saturday, May 20

"What Happens Next?" improv comedy troupe performs a special show for Poulsbo's VikingFest, The Jewel Box Theatre. Call to find out about half-price tickets! 360-779-9688, www.jewelboxpoulsbo.org.

Thursday, May 25

Kres Mersky returns in this one-woman play based on the life of the celebrated dancer, Isadora Duncan. The Admiral Theatre, Bremerton, 7:00 p.m., 360-373-6743, www.admiraltheatre.org.

Fridays and Saturdays, May 26 through June 24

More than any other popular songwriter in recent memory, Harry Chapin was a storyteller. Now his music returns to the Jewel Box Theatre with a brand new show called "Remember When the Music—The Songs of Harry Chapin," Poulsbo, 8:00 p.m., 360-779-9688, www.jewelboxpoulsbo.org.

Saturday, May 27

The Jewel Box Children's Season continues with *City Mouse, Country Mouse*, a play based on the familiar story from *Aesop's Fables*, Poulsbo, 11:00 a.m., 1:00 p.m., 3:00 p.m., 360-779-9688 (reservations suggested), www.jewelboxpoulsbo.org.

On Rue Tatin West French Cooking School

Susan Loomis, author of *On Rue Tatin*, lives and writes about French cooking in a converted convent in Normandy. In July 2006, Susan will bring her cooking school to the Northwest, when she will teach two series of classes at Farm Kitchen, an event space and guest house located on an organic farm four miles south of Port Gamble.



Susan Loomis, French cooking author.
Submitted photo

The classes will feature daily instruction by Susan, lunches and dinners, trips to local farms and seafood purveyors, and a wine tasting guided by a local wine expert. One of the organic farmers at Farm Kitchen will grow crops that Susan has requested for the class. Some early registrants are returning students who attended Susan's class in Normandy. To learn more about Susan's cooking school and these special classes, link to her website <http://www.farmkitchen.com/classes>.

Port Ludlow Chamber of Commerce

Port Ludlow Chamber May Luncheon

Come join us at the Harbormaster Restaurant, **Wednesday, May 3**, from noon to 1:00 p.m. for the Port Ludlow Chamber's monthly luncheon meeting. Our guest speaker will be Patrick Snow, an author, speaker, coach, and entrepreneur. For more than twenty years, he has studied the field of personal growth and development. As a result, he has been called "The Dean of Destiny," by high achievers nationwide.

Patrick's "Destiny" message has been recognized in major newspapers and featured on hundreds of radio stations throughout North America and Europe. He has also been a television guest on Seattle's popular *Northwest Afternoon*. Author of *Creating Your Own Destiny: How to Get Exactly What You Want Out of Life*, which has sold over 75,000 copies since its first printing in July 2001, his book is considered a success road map for high achievers.

Patrick has been in business-to-business and high-tech corporate sales for more than 15 years. During this time, he has been tracking layoffs and worker discontent. As a business-ownership advocate, his mission is to help others overcome their fears by turning their career distress into personal success through business ownership. Originally from Michigan, Patrick graduated from the University of Montana in 1991 and has lived in the Seattle area ever since. He and his wife Cheryl currently reside on Bainbridge Island with their two sons, Samuel and Jacob. We are pleased to present this speaker at our monthly luncheon. Our meetings are open to the public and the lunch buffet is \$12. If interested in attending, please RSVP to the Port Ludlow Chamber of Commerce website gatewayvcr@olympus.net or call our Visitor Center Administrator, Maureen Edelblut at 437-0120.

Welcome New Members

The Port Ludlow Chamber would like to welcome the following new members: Gerald and Kathryn Brady of Brady Chiropractic, Sally Hirschmann of Therapeutic Facials, Nelma Lawton of Joy Imprimis.

April Luncheon Featured New Resort Manager

Kevin Zellmer, General Manager of Resort at Port Ludlow, was our guest speaker at a well-attended Chamber luncheon, Wednesday, April 5. Kevin provided a brief overview of the many changes the Resort has made since his hiring less than a year ago. Changes in personnel, and a new menu for both the Harbormaster and the Inn's Fireside were two of the initial changes. This was apparent to luncheon attendees who enjoyed an excellent buffet during the meeting.

Kevin also explained the Resort's change in marketing strategy that now focuses more on conferences and retreats. He explained there still is a market for weekend visitors, but a greater opportunity exists for extended stays by booking mid-week accommodations and services. He also pointed out weekday business at the Resort better serves other Port Ludlow businesses.

All attendees were given a virtual tour CD of the Resort at Port Ludlow, and at the conclusion of the meeting, the door prize drawing was a dinner for two at the Inn's Fireside.

Port Ludlow Chamber luncheons are held the first **Wednesday** of the month from noon to 1:00 p.m., at the Harbormaster. These luncheons are open to the public.

New Member Profile: Joy Imprimis

Have you ever received a gift that you will treasure forever? The worth is often not the object itself, but the special person who gave it to you and the occasion it represents.

Joy Imprimis creates CDs with your personal message of love and more than 50 minutes of sing-a-long hymns or soothing music by harpist Bronn Journey and relevant scripture. For more information, phone Michael or Nelma Lawton at 437-8141 or visit www.JoyImprimis.com.

Port Ludlow Associates

Developer's Report

by Diana Smeland, PLA Vice President/
Chief Financial Officer and Acting President

We continue to look forward to meeting with groups and citizens and receiving their feedback and concerns about Port Ludlow's future. Randy Verrue is in Port Ludlow around the third or fourth week of each month, and he and I are committed to an outreach program with the community. If you're interested in meeting with him, please call me directly at 437-8342 or send me e-mail at dsmeland@portludlowassociates.com.

Q 1: You mentioned in today's Port Ludlow Village Council (PLVC) meeting that PLA is moving into the custom home development arena in Kingston and that this move has enabled you to hold your staff together until legal difficulties impeding further building in Port Ludlow are resolved (hopefully, in the near future). I think people in Port Ludlow might be interested in other housing developments in our area and how they compare in terms of housing prices and community amenities to Port Ludlow. Many would like to be reassured that PLA is viable for the long term as well.

A 1: The custom home we are starting in Kingston is in a development called "White Horse." The lots sold from the \$200,000s to high \$300,000s and the homes being built there are ranging from \$500,000 to \$1,000,000 plus. The houses are around a golf course, which is planned to be open late this year or maybe next year. The lots are being sold in three phases. The first phase is almost sold out. Plans are for the golf club house to be built during the last phase of lot sales.

Q 2: Have any other plans, other than the one the litigants are against and the predecessors developed for Heron Road and the Townhomes? Is there any room for compromise?

A 2: Randy and I have or will meet with all interested parties in regard to the Ludlow Bay Village plan. We are open to suggestions that remain within our constraints and look forward to discussing ideas that may not have been fully explored yet. We are willing to look at a compromise; one of our plans submitted with the Final Supplemental Environmental Impact Statement (FSEIS) to the County does include a "2004 Response to Comments Alternative"

with 14 fewer units than the current plan. However, we were told if the Hearing Examiner gave a favorable response to the hearing, then the project would be appealed. Due to that fact, we submitted the "2003 Plan" with room to compromise at later hearings. Until we submit our building permits, the plan being approved only states the permitted, not required build out of Ludlow Bay Village. We are also waiting to see if Trendwest can build the 120 units at Ludlow Cove as this would reduce density in our other projects (undeveloped land) and will directly affect Ludlow Bay Village. We are trying to put the higher density in areas where the infrastructure is already in place and leave the currently undeveloped areas in their natural state, if possible.

I hope this information is helpful and I appreciate your comments. I do not change any part of your question—they are above as they are sent to me. I am sure that everyone reading this has a question they are wondering about; great! Please send that question to me at dsmeland@portludlowassociates.com. I look forward to receiving them.

Editor's Note: In response to readers requests we have inserted definitions to acronyms as needed.

Resort Happenings

by Kevin Zellmer, General Manager, The Resort At Port Ludlow

Spring is here and it is a great time to enjoy the sun and exceptional waterfront dining at the Fireside and Harbormaster. This month, Chef Deneb Williams gives you a taste of the new flavors of spring. In addition, he will share one of his special recipes with you. If you haven't had a chance to sample the new Harbormaster menu, the buzz in the air will tell you, it's a must.

As the weather is turning towards spring and summer, the hours for the restaurants will be adjusted. The Fireside hours will remain the same, 4:30–9:30 p.m. Starting Thursday, April 20, The Harbormaster transitioned to the WreckRoom for lunch and dinner and will be open from 11:00 a.m. to 9:00 p.m. The upper level of the Harbormaster will be open daily from 4:00 to 9:00 p.m. I look forward to seeing you enjoy the outside dining this season.

Bon Appetit! A Cook's Mid-Winter's Daydream

by Chef Deneb Williams

As spring approaches my culinary daydreams always find their way to fresh berries. Too soon I know, but that's why they call it a dream. Blackberries, raspberries, blueberries, strawberries, huckleberries, marionberries—my head buzzes with the possibilities!

First they arrive from Chili, a land of Southern Hemisphere splendor where our winter is their summer. With that far to travel, the berries are not great—often just a pale facsimile of the real thing. Mexico offers its contribution, attempting to placate our insatiable desire to have all things, all of the time. Soon thereafter California antes up the best to be had, yet.

Then after much anticipation ... glory, glory hallelujah! Fresh local berries at the roadside stands. Mountains of blackberries in every field. The memory of standing as a little boy in my grandfather's garden ... my sleeves rolled up, gorging myself on giant red raspberries. Ruining my dinner? Certainly not ... that was dinner! If there is one thing in this world that transports me back to childhood it's my olfactory response to ripe berries.

Sorry I digress ... now what to make? A pie ... certainly one of my favorites, but, well ... it never compares with mom's. Oh! How about cobbler ... right, same problem. Strudel, shortcake, jams ... à la mode? That won't do. I want a dessert that will elevate the berry in all of its glory, not smother it in cookery. I want to taste the delicate battle between sweet and tart dance on my taste buds—something to complement this perfect work of art, a vehicle with which to deliver the berries to my plate with the grace and reverence they deserve. Here's a recipe. Enjoy!

Lemon Curd

Yield 4 cups

Ingredients:

6 each Large Eggs
6 each Egg Yolks
1 cup Sugar
1 cup Lemon Juice
1/2 cup Lemon Zest
pinch of salt
8 tbsp. Butter, Soft



Procedure:

Whisk eggs, yolks and sugar in a large stainless bowl. Add lemon juice, zest and salt. Over a medium heat double

boiler, cook curd until thick. Remove from heat and whisk in butter. Strain through a fine mesh strainer into bowl on ice. Whisk until cool. Cover and store in refrigerator.

Almond Shortbread Crust

Ingredients:

1/2 cup Unsalted Butter (room temperature)
1/4 cup Granulated Sugar
1/2 cup Flour
1/2 cup Almonds
1/2 cup Finely Ground Trefoil (Shortbread) Cookies

Procedure:

Using an electric mixer, cream the butter and sugar together on medium high speed for 3–4 minutes. Add flour mixture slowly for 1 minute. Using a food processor, blend cookies and almonds and mix until incorporated. Press the mixture evenly into mini tartlet shells. Bake the crusts at 350° F for 10–15 minutes, or until golden brown. Allow the crust to cool completely.

Assemble the Tartlets:

Using a large spoon scoop 1/4 cup of lemon curd into tart shells. Using your favorite berries or fruit, arrange on the lemon curd.

Information and Assistance for Seniors

by Dave Aldrich, Senior Information and Assistance

According to the Centers for Disease Control and Prevention there are basic steps that you can take to find your balance between food and physical activity. Becoming a healthier person isn't just about eating healthy—it's also about physical activity. Regular physical activity is important for your overall health and fitness. It also helps you control body weight by balancing the calories you take in as food with the calories you spend each day.

It is suggested that you be physically active at a moderate intensity for at least 30 minutes most days of the week. You can also try increasing the intensity or the amount of time that you are physically active to increase your health benefits. About 60 minutes may be needed to prevent weight gain.

Remember that Senior Information and Assistance offers free services to people 60 and over. We also provide free consultation and assistance to families who are caring for loved ones. For further information, please call 385-2552.

Mariners' News

Dock Talk

by Kori I. Ward, Marina Manager

Spring cleaning is under way and I must say the Marina is cleaning up rather nicely. We have completed the pressure washing of the docks. Thanks for your patience, as this is a long process, but very gratifying when complete.

We are beginning to get the Marina store replenished for the upcoming summer season. You can come to us for all your boating needs. If we don't have the item in stock, we can special order it with overnight delivery.

Remember to take advantage of our "wine by the case" specials. You can choose from a vast variety of domestic and foreign wines.

Saturday, May 13, is the Port Ludlow Yacht Club's opening day and is always a festive time at the Marina. The opening day ceremony will begin at 10:00 a.m. at the barbecue shelter. Christening of the boats will again be held on A dock. Hopefully we'll have calm seas, so the Club can make their traditional cruise around Ludlow Bay to salute 2006 Commodore Arnold Ditmar.

The reservations are flowing in and our weekends are filling up quickly. Yacht clubs are blocking out weekends for their annual cruise to Port Ludlow. We currently have 25 yacht clubs that have chosen Port Ludlow as a weekend destination.

I was pleased at how many of you took advantage of the Dick Troberg seminar we held in March. It was very educational for all of us. If you still have questions, or concerns regarding stray current and galvanic corrosion, the April issue of *Passage Maker* has a great article on the subject. If you don't subscribe to *Passage Maker*, the Marina has a copy in the office and we would be happy to lend it to you.

Do you know that the Marina offers?

- An underwater camera to check your zincs and thru hulls
- A portable pump out
- A meter and corrosion work book for testing stray current
- Cost plus 10 percent special order pricing on all Fisheries Supply and wine by the case orders
- A battery drop
- Private label wine

What's New in the Coast Guard Auxiliary?

You might have noticed a large number of men and women in bright orange anti-exposure suits around the Marina and aboard boats in the harbor during two weekends in March. The Port Ludlow Flotilla hosted a Coast Guard Auxiliary training academy for all auxiliarists living on the Olympic Peninsula.



In the Auxiliary we have two qualifications to be attained: crew qualification and coxswain qualification. In order to serve on an Auxiliary boat under orders, one must be a qualified crew person. In order to be in charge of a boat on patrol, one must be a qualified coxswain. Crew training requires testing by a Qualification Examiner from outside our area in 56 tasks, while coxswain candidates are tested in 65 additional tasks.

The Auxiliary utilizes private boats owned by members, which carry extra items of equipment such as towing lines, a search pattern calculator and a supply of necessary paper forms and references. Patrol boats are identified with signage and a patrol flag. The boat is made available to the U.S. government through an "Offer for Use Agreement." When operating under orders, the vessel becomes a government facility and is, therefore, protected by government liability insurance. It is then referred to as an Operational Facility. Our Flotilla currently has five operational facilities located in Port Ludlow as well as three moored in Port Hadlock and one on Bainbridge Island.

Among our fifty or so members, sixteen are crew-qualified and twelve coxswain-qualified. As a result of the recent training and testing we gained six crew: Richard Hatch, Jim Thibodeau, Linda Aho, Al Burgan, Joe Langjahr, and Ian McFall. Three new coxswains qualified are Dee Meek, Phil Keys, and Erwin Adams.

For information regarding joining the Coast Guard Auxiliary please contact Kevin Ryan, 437-7996, or Sharon Reseck, 437-0351.

Busy Month of Boating Classes

Port Ludlow's Coast Guard (USCG) Auxiliary, Flotilla 41, has a concentrated interest in teaching courses on boat operation and safety. It conducts classes for the boating public at the Port Ludlow Fire & Rescue Station on Oak Bay Road.

The Auxiliary's Boating Skills and Seamanship (BS&S) course is a comprehensive series of classes designed for both the experienced and novice boater. Course material meets Washington's boater education requirements. The class on **Wednesday, May 3**, 7:00–10:00 p.m., "Handling Your Boat" will cover leaving with a full tank, fueling your boat, your boat's propeller, cars and boats, twin screws, jet drives, loading your boat, getting started, leaving a pier, "man" overboard, docking, mooring to a permanent anchor, anchoring, towing a skier, heavy weather, and small boat safety. Cost: \$35 for series materials plus fee of \$6 per session.

A two-session class on the Global Positioning System (GPS) for Mariners will be held **Monday and Wednesday, May 8 and 10**, 7:00–10:00 p.m. GPS is a worldwide radio-navigation system formed from a constellation of 24 satellites and their ground stations. It uses these "man-made stars" as reference points to calculate positions accurate to a matter of meters. In a sense it's like giving every square meter on the planet a unique address. The class will be repeated in **September**. Fee: \$35 per class.

A two-day America's Boating Course will be held **Monday and Wednesday, May 15 and 17**. It is accredited towards meeting Washington State requirements on boater education. The course is an overview of boating laws, required safety equipment, personal safety, lines and knots, fueling, docking, trailering, aids to navigation, and navigation rules. Sessions are four hours long and meet from 6:00 to 10:00 p.m. The course will be repeated in **October**. Cost: \$35 for materials.

Registration and fees for all classes should be sent one week prior to the class to David Aho on South Bay Lane. For information call his cell phone at 360-302-0113 or e-mail daho@cablespeed.com. For the entire 2006 class schedule, go to <http://a1300401.uscgaux.info/pubed.html#gfm>.

Flotilla 41 meetings are held on the fourth **Wednesday** of each month at the Port Ludlow Fire & Rescue station. Meetings start at 7:00 p.m.

Marine Patrols Begin

With the boating season upon us, the Jefferson County Sheriff's Office Marine Patrol Boat *Integrity* will be back into the water full time. It will be moored at the Marina when it is in Port Ludlow. During the summer months it will shuttle between the Ludlow Marina and its moorage provided by the Port of Port Townsend Marina.

This will effectively increase the patrol range to north and south County as well as Discovery Bay. Thanks to Kori Ward of the Port Ludlow Marina and Larry Crockett of the Port of Port Townsend Marina for providing space.

Speed Limit in Port Ludlow Bay

5 mph

No Wake, It's the Law!



Indian Island Tour

Community Enrichment Alliance (CEA) has arranged for you to tour Indian Island and the Naval Magazine that handles explosive ordnance and ammunition for our U.S. Navy ships entering and leaving Puget Sound. You will get to explore the many facets of the Navy's presence: from supporting our fleet to preservation of wildlife, shellfish, artifacts, and environmental resources.

There is no charge for this trip but, for security reasons, you must register in advance for one of two dates, and provide your own transportation to Indian Island. You must be there by 1:15 p.m. on the day of the tour, and the tour will end at 3:30 p.m. From the gate you will be bussed around the island, with a little walking.

There are only 35 people allowed for each tour, so you will want to sign up early. The first tour will be **Thursday, June 15**; the deadline for registration is **Wednesday, June 7**. The second tour date is **Friday, June 23**, and the deadline for registration is **Friday, June 16**. As always you can register at the CEA ticket table in the Bay Club any **Wednesday or Friday** between 11:00 a.m. and 2:00 p.m. If you have questions please call Pat Lohrey at 437-7760.

Tide Timber Trail

DOG Talk

by Kevin Earl, Director of Golf (DOG), Port Ludlow Golf Course

Golf Shop News: Exciting news for Golf Club members. We are now in the final stages of completing our yardage guide for all 27 holes. As a final touch we would like to add a name for each hole. For example, #4 Timber might be called “Cathedral.” We would like your input on the naming of the holes. Do you have a clever name for some of them?

Stop by the Golf Shop counter and pick up a “Name the Hole” form. This voting sheet will be used for tallying contest results. We will have a dinner at The Fireside in **June** (date to be determined) where the new names of all the holes will be rolled out. Look for the sign up for this special dinner. The person who gets the most names chosen will get a free dozen of either ProV1 or balls of their choice.

Member Charge Cards: For all members in good standing there is a new membership card in the office at the Golf Course. This will be used to identify members to our other outlets. Another membership benefit of this card will be the ability to charge dinners or other miscellaneous charges to your golf master account. It has taken longer than we wanted to begin our membership-charging program, but I think most of the bugs are worked out. So stop by this month and pick up your card.

Maintenance News: May is the month we get the course ready for the season. This involves aerification, charging up the irrigation system, top dressing the greens, tees, fairways and touching up areas that are coming out of winter hibernation. As a final step we will be finishing up on the winter projects that need sunshine and warmer temperatures to complete. Our long list of projects include: a new forward tee on #1 and #4 Tide, the waterfall on #6, new bunkers on #6 and #7 Timber. Congrats to Jerry and his crew for pushing forward in a very wet winter.

Niblick’s News: Mark your calendars for **Sunday, May 21**. Pasta night at Niblick’s ... see you there!

Nine-Hole Golfers’ May Schedule

by Beverly Browne, Contributing Editor

The weather is drier, the flowers are blooming, and golf is getting better every day in Port Ludlow. The **May** schedule features some fun games, lunches and a dinner. The first tee times for men and women are at 8:30 a.m. unless otherwise indicated. The month starts **Thursday, May 4**, on Tide for the ladies. The ladies will play Odd Holes with a prize for the longest drive on #8. They will lunch at Niblick’s after the game. On **Thursday, May 11**, the competition is for gross and net fairway shots. Couples play with four clubs and a putter on **Thursday, May 18**, starting at 3:00 p.m. on Timber. The game, a two-person scramble, is followed by a potluck at the Bay Club. The Port Ludlow Women’s Golf Association (PLWGA) hosts the 9/18-hole exchange on **Thursday, May 25**, beginning at 9:00 a.m. The ladies will have lunch at Niblick’s after the play. On **Thursday, June 1**, the ladies play Even Holes with a closest-to-the-pin on #6 on Tide.

The gentlemen swing into **May** with a Two-Man, Best Ball game **Thursday, May 4**, on Timber. **Thursday, May 11**, is the Spring Tournament on Tide. **Thursday, May 18**, starting at 3:00 p.m. is the couple’s shotgun event for the men and women with a subsequent potluck. On **Thursday, May 25**, the men choose selected drives on Tide. The play is followed by a clinic and a lunch. On **Thursday, June 1**, they see what they can do with only five Clubs. We hope the clinic helps.

Due to the time lag between game dates and the distribution of the *Voice*, we will not be publishing the names of the winners of the competitive games. By the time they would appear in print, they would be old news. Golf wisdom for the month comes from Fred Couples, who speaks to those who are not doing so well. He says that even if you aren’t having a good day, you should count your blessings. “Be thankful you are able to be out on a beautiful course. Most people don’t have that opportunity.”

MGA Has Busy May Schedule

by Hugh Pennington, President



The Port Ludlow Men's Golf Association (MGA) has a very busy schedule set up for this month. **Wednesday, May 3**, begins with Individual Stableford competition at 8:30 a.m. This competition will also serve as the **May Medal Tournament Event** and will be the first event for which

Ludlow Cup points will be awarded. That same day the Spring Meeting will be held at the Harbormaster WreckRoom from 4:00 to 7:00 p.m.

On **Wednesday, May 10**, the event will be the first day of a two-day Eclectic competition that concludes the following **Wednesday, May 17**. These rounds will be the first to be included in the season's Eclectic Tournament.

Members will have to make a choice on both **Wednesday, May 10 and May 17**, as there are Home and Away Competitions with Whidbey Island the same days. On **Wednesday, May 10**, a group from MGA will go to Whidbey Island for a 9:30 a.m. tee time; and on **Wednesday, May 17**, Whidbey Island will be at Port Ludlow for a 9:30 a.m. tee time for competition.

Sunday, May 21, is the Couples Mixer, a nine-hole event with a shotgun start at 3:00 p.m. followed by dinner at Niblick's.

The **Wednesday, May 24**, event will be Beat the Pros (Individual Low Net) with the first tee time at 8:30 a.m.

The **Wednesday, May 31**, event will be Stableford (two-man aggregate) with the first tee time at 8:03 a.m. Again, a choice will need to be made as some members will be participating in the second Home and Away competition with Wing Point Country Club. Wing Point will be bringing a group to Port Ludlow on **Wednesday, May 31**, with competition beginning at 9:30 a.m. On **Friday, June 2**, Port Ludlow MGA members will travel to Wing Point for competition beginning at 9:00 a.m.

Finally, membership in the MGA is still open to any men that might wish to participate in our friendly competitions. If you have questions about membership in MGA contact either Hugh Pennington at 437-9628 or Jack McKay at 437-1186.

Port Ludlow Women's Golf Association

by Sharon Zabloutney, Captain

April has continued to be an interesting golfing time for us. Every **Tuesday** the weather has cleared enough to permit most of us to get our 18 holes completed. Carol Katuzny continues to challenge us with a variety of new games. The Seahawks bet the Officials, Bingo, Bango, Bongo hit the Skids, and the String Game left us three inches out of the game. In spite of all these challenges we just keep coming back for more.

The Port Ludlow Teams of Olympic Peninsula (TOP) team started the season off with a decisive victory over Wing Point Country Club, Bainbridge Island, on their home course. Way to go team! Our second match was held on Monday, April 24, but the results were not available at the writing of this article.

This month the first major tournament will be held. The Spring Tournament, Cinco de Mayo, will be held on **Tuesdays, May 2 and 9**. This will be a four-person team event with a two-day eclectic format. Jan Samples will oversee the tournament, and Sandie Yonke and her committee will host the event luncheon on **Tuesday, May 9**. This is a fun tournament and a favorite of all the members.

On **Thursday, May 25**, we will host a 9-/18-hole exchange day with the Ladies Niners. We always enjoy the opportunity to play with members of the Niners and have a nice lunch to renew our old friendships. Please remember to sign up for this event.



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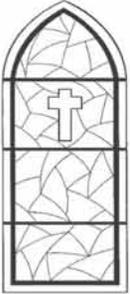


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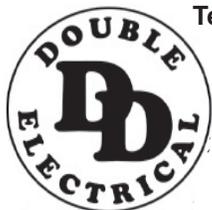
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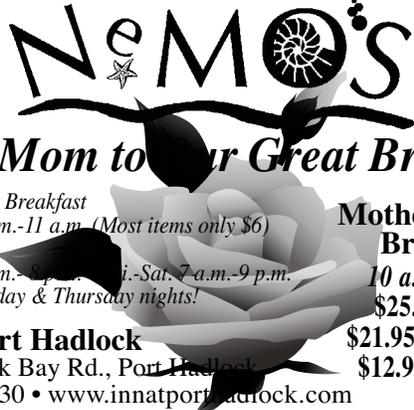
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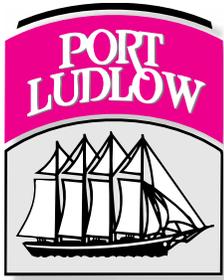
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The mission of the Port Ludlow Voice is to inform its readers of events and activities in the Village, and within close proximity to the Village. We will print news articles that directly affect our residents. The Voice will not take an editorial position, but will, however, print any issue that is presented as an item of news.

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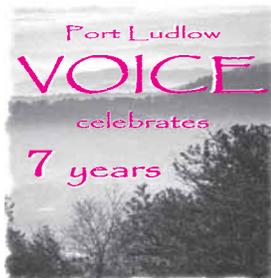
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☯ LIVING WITH LESS ☯

Sixth Edition

Cleaning? Moving? Making room? Redecorating? Tidying the yard? Here are some ways to sell, recycle, donate and diminish your stuff. Calling before taking materials is wise. PL=Port Ludlow, PH=Port Hadlock, PT=Port Townsend.

APPLIANCES

Note - Refrigerators and freezers contain freon which, if not disposed of properly, will damage the ozone layer.

- Furniture and More Store, Habitat for Humanity - see Furniture. Takes working appliances five years or newer.
- Poulso Recycle Center - 21868 NW Viking Way and Highway 305, 360-779-1044, Tues. - Sat. 8-3:30. Takes refrigerators, dishwashers, washing machines, hot water tanks, stoves, microwaves, etc. for \$16.50 apiece. Customers must unload; call ahead to ensure space is available in enclosure.
- Solid Waste Transfer Station - see Trash. Takes refrigerators and freezers for \$19.81 apiece, others charged by weight.
- See also - Thrift Stores.

ANTIQUES

- The Antique Company, 10894 Rhody Dr., PH, 385-9522. Buys or barter for well-maintained early 20th century or older furniture. Also considers china and porcelain in fine condition.

BOATS, BOATING EQUIPMENT

- Marine Exchange, 2706 Washington St., inside the Port of Port Townsend, 385-4237. Buys, trades or takes marine gear, tools and dinghies on consignment, usual cut is 30%.
- Sea Scouts, c/o Dennis Madson, 437-5156. Accepted donations are sold through Wooden Boat Foundation of PT, with profits used for local Sea Scout group. Tax deductible.

BOOKS

- Insatiables, 821 Washington St., PT, 385-9262. Buys old, collectible and technical books.
- Jefferson County Library, 620 Cedar Ave., PH, 385-6544. Takes donations. Books it can't add to its collection are sold by the Friends of the Library, and profits used for other library needs.
- Northwest School of Wooden Boatbuilding - see Tools. Takes donations of nautical books for its community resource library.
- Port Townsend Library, 1220 Lawrence St., PT, 385-3181. Same policy as Jefferson County Library, above.
- William James Bookseller, 829 Water St., PT, 385-7313. Buys used books on Mon. and Thurs. 11-4.

BUILDING MATERIALS

- Waste Not Want Not, 304 10th St., PT Boat Haven, 379-6838. Takes doors, windows, cabinets, light fixtures, toilets, tools, architectural salvage. Will pay for items of higher value. May pick up.

CELL PHONES

Note - Cell phones are usually discarded long before their useful life is over. They can be refurbished and resold, or deactivated, reprogrammed and donated to domestic violence agencies. Both approaches keep them out of landfills.

- Jefferson Recycle Center - see Trash. Recycles cell phones, chargers and rechargeable batteries at no charge.
- Cell phones, accessories and their batteries can often be returned to retail stores such as Verizon Wireless at no charge, sometimes regardless of manufacturer or carrier. Check at www.recyclewirelessphones.com

CLOTHING

- ARC (Advocates for Rights of Citizens with Developmental Disabilities), 1-800-613-0813. Takes all clothing. Will pick up. Tax deductible.
- Fancy Feathers, 910 Water St., PT, 385-1414. Consignment store. Takes men's and women's clothing, some

shoes and accessories, on Tues.-Fri. 10:30-5. Clothes must be washed, ironed, on hangers, with no holes or stains.

- The Wandering Wardrobe, 823 Washington St., PT, 379-4691. Consignment store. Takes seasonal men's and women's clothing, shoes and accessories, up to ten items at a time in good condition, Mon.-Fri. 11-3.
- Working Image OlyCAP, 385 Benedict St, PT, 385-2571. Provides interview-appropriate clothing to low-income women seeking employment. Donations must be washed, ironed or dry cleaned. Not accepted: undergarments, used cosmetics, jeans, used pantyhose, men's clothing, sweats. Tax deductible.
- See also - Thrift Stores.

ELECTRONIC EQUIPMENT

Note - Most electronics contain hazardous materials such as lead, cadmium and mercury. Electronics in landfills leach toxins and contaminate soil and groundwater; incinerated ones pollute the air. There is no EPA certification process for e-waste recyclers, nor any U.S. ban on e-waste exports. Our recycling may become another nation's environmental problem; ask for documentation about where and how materials are recycled to ensure they are responsibly handled. Before donating equipment, you must call ahead to ensure it is acceptable. Unusable units divert valuable program dollars to pay recycling fees. Before donation or disposal, it is wise to erase personal data. For evolving disposal information, see also <http://dnr.metrokc.gov/swd/takeitback/>.

- Dave Conklin, 344-3383, places newer computer equipment with deserving local families, and with those affected by Hurricane Katrina.
- Goodwill - see Thrift Stores. Accepts working computer systems, printers, scanners, fax machines, no monitors.
- Jefferson Recycle Center - see Trash. Recycles electronics for .35/lb. to Total Reclaim, Inc., Seattle.
- www.greendisk.com - Recycles "techno trash," including computers, pagers, videotapes, CDs, DVDs and their jewel cases, via prepaid boxes and mailing labels, with U.S. Postal Service pickup. See website.

EYEGASSES

Note: National eye care chains such as For Eyes, LensCrafters and Pearle Vision also recycle glasses to needy persons.

- Elks Club, c/o labeled bin at Bay Club, 120 Spinnaker Pl., PL.
- Kiwanis Club, c/o labeled bin at Pacific Optical, 2029 E. Sims Way, PT, 385-9580.

FABRIC AND YARN

- Project Linus, c/o Boni Parker, 43 S. Stromberg Ave., PT, 379-5535. Takes washable yarn and solid or child-friendly print material. Volunteers make quilts and blankets which are donated to Seattle Children's Hospital. Can pick up.

FURNITURE AND HOUSEWARES

- Furniture and More Store, Habitat for Humanity, 2001 W. Sims Way, PT, 385-9653, Wed. and Sat. 10-4, Fri. 12-5. Takes furniture and housewares in good condition. Call 379-2827 to schedule pick ups. Tax deductible.
- See also - Thrift Stores.

HOUSEHOLD HAZARDOUS WASTE (NO CHARGE FOR DISPOSAL)

Note - Common cleaners, chemicals and auto products may be hazardous to store and dangerous to you and to the environment. Such waste is either flammable, corrosive, reactive, toxic or a combination of these characteristics. In general, any product labeled with the words *Caution*, *Warning*, *Danger*, *Toxic*, or *Poison* can be considered hazardous. Disposal of this waste in your garbage is prohibited by State and County regulations. The average house contains more than 60 hazardous products.

Adhesives, Aerosol Sprays, Antifreeze, Batteries (Auto or Rechargeable), Fuels, Fluorescent Bulbs, Garden and Lawn Chemicals, Motor Oil (Contaminated), Propane Bottles [put empties in trash], Oil-based Paint, Solvents

- Moderate Risk Waste Facility, inside Port Townsend Industrial Park, across from McDonald's, PT, 379-6911. Fri. and Sat. 10-4:30.

Batteries (Alkaline and Lithium)

- Poulsbo Recycle Center - see Appliances.

Latex Paint

- If unable to give the paint away, dry it out by opening the can (away from children and animals) and letting the water evaporate. You can speed this process by adding kitty litter, sawdust or Quikrete and stirring until the liquid is absorbed. When paint is solid, throw away in your regular garbage.

Motor Oil and Antifreeze (Used)

- Jefferson Recycle Center, Jacob Miller Rd., PT, 385-0404. Mon.-Sat. 9-4:30.
- Port Hadlock Marina, 310 Hadlock Bay Rd., PH, 385-6368. Daily 8-5.
- Port Ludlow Marina Store (Oil only), 1 Gull Drive, PL, 437-0513. Sun.-Thurs. 8-7. Ask for key.

INK-JET AND LASER TONER CARTRIDGES

Note - It takes 2 ½ ounces of oil to produce the plastic in a new inkjet cartridge. National chains Office Depot, OfficeMax and Staples all collect used printer cartridges for recycling.

- Olympic Printer Resources, Kingston, 1-800-689-5488. Takes cartridges for recycling, sells reconditioned items at a discounted price. Call to confirm your make, model #. Free pickup and delivery with a \$50+ order.

JUNK MAIL

- Mail Preference Service, Direct Marketing Assoc., PO Box 643, Carmel, NY 10512. Send your name and address and ask to be placed on their do-not-mail roster. Good for five years, but not used by all marketers to purge lists.
- To remove your name from credit card and insurance solicitation lists, call OPTOUT at 1-888-567-8688.
- Write "Remove this name and address from your mailing list" on undesired mail solicitations and return in the envelope provided.

MAGAZINES

- Jefferson General Hospital, 834 Sheridan Ave., PT, 385-2200. Takes recent "family" magazines at the front desk in the lower lobby. Okay to leave in a bag or box on the back counter if no one is there.
- Port Townsend Library - see Books. Takes recent magazines for free exchange.
- See also - Recycling.

MEDICAL EQUIPMENT

- ECHHO (Ecumenical Christian Helping Hands Organization), 1111 Franklin, PT, 379-3246. Takes durable medical equipment (walkers, canes, hospital beds, recliners, crutches, etc.). Makes no-charge equipment loans via social service agencies. Can pick up. Tax deductible.

MUSICAL INSTRUMENTS

- Instruments for Youth, c/o Andy Mackie, 390-4454 or 316-9556. Takes musical instruments, especially stringed, and places with local elementary and high schools for students. Tax deductible.

OUTDOOR SPORTS GEAR

- The Wilderrest, 929 Water St., PT, 379-9013. Takes clean, usable equipment and outer clothing for hiking, camping, paddling, snowboarding, XC skiing and snowshoeing on consignment, splits sale 50/50. Daily 10-7.

PACKING MATERIALS

- Coyote Found Candles, 31 Workman St., PT, 385-4142. Takes foam peanuts only. Uses or donates.
- Mail and More (Post Office), 46 Village Way, PL, 437-2939. Takes foam peanuts, bubble wrap. Gives away.
- "Motivated individual," PT. Contact Christopher for drop-off site, 385-0655. Takes block polystyrene (white material composed of small bonded pellets used for shipping electronic equipment), foam peanuts. Small donation appreciated to offset transportation costs to Portland recycling center.
- The UPS Store, 2023 E. Sims Way, PT, 385-7447. Takes foam peanuts, bubble wrap. Resells.

PLASTIC BAGS

- Donate larger bags to thrift stores for reuse (see list below).
- Newspaper sleeves may be returned periodically in a delivery box to the carrier for reuse.
- Recycle at deposit boxes in Central Market, QFC and Safeway.

PLASTIC PLANT POTS

- Gardens at Four Corners, 321 Four Corners Rd., PT, 379-0807. Takes round and square pots 6" across (one gallon size) and larger, as well as plastic trays. Reuses and donates.

RECYCLING

Note - If a bin is full, go to another site or come back later. Leaving items outside of boxes is unsightly, illegal and punishable by fine. Call 385-7678 with any recycling questions. Curbside collection of recyclables is available for a fee from your trash company.

Cans (no loose lids), Corrugated (not waxed), Glass (Brown, Clear and Green), Magazines/Mixed Paper, Newspaper, Plastic Water or Soda Bottles (PET #1), Plastic Detergent, Dish Soap, Juice, Kitty Litter and Vitamin Bottles (HDPE #2)

- Jefferson Recycle Center (Transfer Station) - see Trash. No charge for drop-off of correct recyclable materials.
- Drop boxes are in the following locations: Kala Point outdoor storage lot; Port Hadlock, across from Sheriff's Office; Port Ludlow Village Center parking area; PT Post Office (rear of building, mixed paper only).

THRIFT STORES

Note - Leaving materials outside closed stores causes theft, ugliness and extra costs. Unusable items divert store resources to landfill fees. The following stores are all tax deductible, and take usable clothing, furniture, housewares and small working appliances.

- Children's Hospital Thrift Store, 2120 Sims Way, PT, 385-6639, Open Mon.-Sat 9:30-5:30, Sun. 9:30-4.
- Community Thrift Store, 1433 Sims Way, PT, 385-6926. Closed weekends.
- Goodwill, 602 Howard St., PT, 385-6600. Open Mon.-Sat. 9-8, Sun. 10-6.
- Jefferson Better Living Center (The Free Store), 1505 Franklin St., PT, 385-4057, Tues and Thurs. 10-3.
- Northwest Passage Thrift Shoppe, 10632 Rhody Dr., PH, 379-3648. Open Mon.-Sat. 10-5.

TOOLS

- Furniture and More Store, Habitat for Humanity - see Furniture. Takes most hand and working power tools.
- Northwest School of Wooden Boatbuilding, 42 N. Water St., PH, 379-8007. Donations it doesn't need are sold, and profits used for other school expenses. Industrial clamps are always wanted.

TRASH

Note - Our garbage is consolidated in PT and hauled by truck and rail to a landfill in Klickitat County, eastern WA.

- Solid Waste Transfer Station, 325 Landfill Rd., off Jacob Miller Rd., PT, 385-3194, Mon.-Sat., 9-4:30. Vehicles weighed going in and out. \$113.96/ton, \$4.95 flat fee up to 80 lb.

YARD DEBRIS

Note - To learn when compost is available for sale, call 385-7908.

- PT Bio-Solids Composting Facility at the Transfer Station - see Trash. Free drop-off of leaves, branches and grass clippings. No dirt, sod, rocks or stumps.



If you have information to make this resource more complete or up-to-date, please contact Kate Madson at 437-5156 or kmadson@olypen.com. This list is printed as a service by the *Port Ludlow Voice*, and may be copied and distributed by others. Look for extras at the County and Port Townsend libraries, and at the PL Beach and Bay Clubs.

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